Can we change the recipe?

Suboptimal Outcomes

Optimal Outcomes

See physician
Select treatment
Get treatment

See physical therapist

Can we change the recipe?

Anatomy

NAHD

Symptoms

Diagnosis

Treatment

Surgeon

Physical Therapist

Patient

How can these 3 stakeholders work together during an evaluation to identify appropriate treatment?

78.6% have no strong preference between PT & Surgery

76.4%

25%
Before we test if an interdisciplinary evaluation changes treatment plans...

Step 1. Is an interdisciplinary evaluation feasible?

213 new patients
65 approached
n=11, AVN n=3, Fracture n=55, OA n=15, Extra-articular n=28, Missed n=6, Systemic n=10, Bilateral n=3, <18yo n=6, Previous surgery n=11, Non-hip n=5, Time n=3, Single-provider care n=2, Negative experience with PT n=1, Current PT n=1, Uninterested in Research 53 enrolled

Interested in PT 12%
Urgency to reduce pain 12%
Multiple provider care 24%
Research participation 40%
"Why not" 12%

No participants withdrew despite increased time in clinic
Resources

Protocol Registration:
https://clinicaltrials.gov/ct2/show/NCT03519087?cond=non-arthritic+hip+disease&rank=1