



**DISTRICT #3 OREGON NURSES ASSOCIATION**

**Winter Newsletter**

January/February 2013

**District #3 Officers:**

President:	Jeanna Thurston	(503) 510-0244	<a href="mailto:julygem26@aol.com">julygem26@aol.com</a>
Vice President	Kay Carnegie	(503) 399-5058	<a href="mailto:kay.carnegie@chemeketa.edu">kay.carnegie@chemeketa.edu</a>
Secretary:	Frieda Ryan Anzur	(503) 585-4264	<a href="mailto:friedar@hotmail.com">friedar@hotmail.com</a>
Treasurer:	Laura Bearham	(503) 383-8544	<a href="mailto:tooperkee@aol.com">tooperkee@aol.com</a>

Board Members: Jean DeJarnatt, Maxine Parr, Virginia Smith

Newsletter by: Frieda Ryan Anzur + submitted articles by ONA Members

**YOU ARE INVITED!!**

**Monday Feb. 11, 2013 \*\*ANNUAL DISTRICT #3 MEETING: Chemeketa Community College in Salem. The meeting will be held in Building 8 Room 215.**

*Address:* 4000 Lancaster Drive NE, Salem, OR Phone: 503.399.5000      *Directions:* Building 8 is shown on campus map located at:

[http://www.chemeketa.edu/earncertdegree/communitylocations/salem/documents/chemeketa\\_campus\\_map.pdf](http://www.chemeketa.edu/earncertdegree/communitylocations/salem/documents/chemeketa_campus_map.pdf)

*Time: 6:00 PM:* Dinner and ballot tabulation, 6:30 Program: *Experiences in Nicaragua*

Nursing students and nurses who travelled to Nicaragua with a Chemeketa Service Learning class will speak about their experiences in a rural community where they participated in health clinics and home visits.

Student Nurses from CCC and OHSU-Monmouth Campus are also invited.

**All RSVPs due on or before February 6, 2013.**

**DISTRICT #3 WILL TREAT EACH MEMBER OR STUDENT NURSE TO DINNER. . ALL NURSES & STUDENT NURSES PLEASE RSVP TO KAY CARNEGIE : [kay.carnegie@chemeketa.edu](mailto:kay.carnegie@chemeketa.edu) OR BY CALLING HER AT 503-399-5058**

**ONA 2013 NURSE LOBBY DAY**

Please consider participating in 2013 Nurse Lobby Day on Tuesday, February 19, 2013 in Salem. Lobby Day is an all-day event where ONA members and nursing students from around the state gather in Salem to lobby our legislators on ONA's top priorities. ONA will provide lunch, snacks, training and all materials you need for the day. Go to [OregonRN.org](http://OregonRN.org) to register. Contact Jenn Baker at [baker@oregonrn.org](mailto:baker@oregonrn.org) or phone at 503-293-0011

## **\$ Money Matters \$**

A percentage of your ONA Dues is allotted to your district to be used for the function of local ONA Activities. District #3 uses some of that money to pay for part of convention fees, hotel, meals & transportation costs for each elected nurse delegate who participates in the State Convention. All decisions regarding the use of District Funds are made by a majority vote of the Officers and Board of Directors. These are the folks you are electing on the enclosed Ballot.

**TREASURER'S REPORT:** DECEMBER 2012 Balance of Accounts: \$4098.38.

## **The Moms Program**

By Jean DeJarnatt RN, BSN  
Board Member, District 3

At Marion County Health Department, we have two very talented nurses who work with the Mom's program. MOMS stands for The Marion Polk Obstetric Mentoring Service. This program is designed to help pregnant and postpartum women who struggle with alcohol and or drugs.

The program consists of a team including the public health nurse, a mentor, and the pregnant mom. The public health nurse provides medical information and support for the pregnant client during the pregnancy and later, support for the post partum mom and her baby.

The mentors are women that have shared and overcome similar life experiences and provide assistance and emotional support for the MOM client. The teaming of the MOM's mentors and the PHN nurses provides an opportunity to share information and plan, in order to meet the health needs of the client.

Recently, the MOMS program received a national award for excellence. The National Association of Managed Care Physicians recognized the WVP Health Authority's MOMS program for innovation in behavioral health. Veronica Sheffield RN, who started the program, accepted the award in Las Vegas. The program has been effective in reducing the number of drug positive babies born in Marion County and taken into custody. Since the beginning of the program in 2006, when there were 114 positive drug babies, it has reduced to 12 drug positive babies in 2010.

It really shows how prevention programs help to keep medical insurance costs down along with having healthier moms and babies. Thanks to our district 3 public health nurses, Barbara Copple RN, and Claudia Will RN for the great work they do for moms and babies in our community.

## Visit our district website

Interested in seeing what is happening at our monthly district meetings? Check out our new website located on the ONA website. Go to [www.oregonrn.org](http://www.oregonrn.org), select "About ONA" on the home page, then select "Districts" and click on "District 3". We will be posting our monthly meeting minutes and other district information on this site.


**ALL ONA NURSES ARE WELCOME AT REGULAR DISTRICT MEETINGS:** Held on the *2<sup>nd</sup> Monday* of most months (we usually skip December, July, and August) **6:30 PM at IHOP Restaurant**, Lancaster Dr, Salem. If you have questions please call or e-mail one of the current officers.

**BALLOT Attached---**PLEASE VOTE  **FOR:**

**4 New officers (Vice President, Treasurer + 2 Board Member Positions)**

Feel free to "write in" candidates **IF** you have their permission to do so.

Please **BRING** your ballot to the **Annual Meeting Monday, February 11<sup>th</sup>**

 .....OR **MAIL** it to secretary, Frieda Ryan Anzur (address is printed on the back of your ballot) so that it is **received before** February 11<sup>th</sup>, 2012.