Thank you Susan!

ONA Labor Representative Change

It has been my pleasure to work with all of you during the past 2 years.

The work you do for your community and your colleagues is appreciated and important. I wish all of you the best in the future.

Sincerely,
Susan Bruce

Rebecca Cooper will be the interim Labor Representative for the Amedisys bargaining unit effective January 20, 2022.

Rebecca’s contact information is:
R.Cooper@OregonRN.org
(503) 293-0011 ext. 1384

ANA Resilience & Nurse Suicide Prevention Resource Site

The American Nurses Association (ANA) is committed to meeting the needs of nurses and has launched a NEW Nurse Suicide Prevention and Resilience Resource site to provide information and tools to address the critical issue of suicide prevention.

Research indicates that nurses are at a much higher risk of suicide than the general public. During this unprecedented time, nurses are struggling with mental health issues like fear, anxiety, depression, and post-traumatic stress as they respond to COVID-19 and continue to care for all patients.

Effectively managing these mental health issues is essential in nurse suicide prevention.

ANA’s Resilience and Nurse Suicide Prevention Resource site provides information and tools to:

• Build resilience.
• Assist in active crises.
• Support suicide survivors.
• Offer grief and bereavement coping strategies.
• Honor a nurse’s memory.

We encourage all nurses to check out the site, bookmark the pages, and share the resources with a colleague or a friend in need.

Nurses, you are not alone. Help is available. Learn more here.
New Protections for Nurse Staffing Law

Last year, ONA members brought evidence showing hospitals exploited the state of emergency to deviate from staffing plans, sometimes when they had no COVID-19 patients! The state legislature listened and passed House Bill 3016 (HB 3016), placing greater restrictions on hospitals.

On Jan. 1, 2022 these new restrictions went into effect, making it incredibly difficult to deviate from staffing plans that have been approved by the hospital nurse staffing committee.

ONA members should empower themselves by taking time to read the new language here.

You can learn more about this and other staffing rules and best practices on the ONA website at www.OregonRN.org/113.

As Oregon faces another surge it is important for ONA members to hold hospital executives accountable to the law!

Some key highlights of the changes:

- Clear limits on how long a Hospital can deviate from plans.
- To deviate from staffing plans there needs to be “a national emergency or state emergency requiring implementation of a facility disaster plan and crisis standards of care.”
- The incident command shall report a written assessment to both co-chairs of the staffing committee within 30 days of deviating from a plan.
- Deviation may not occur for more than 90 cumulative days unless approved by the staffing committee.

Steward Trainings

ONA stewards are the lifeblood of what makes our union strong. A strong union has at least one steward for every unit and shift. Stewards are there to answer colleague’s questions and discuss concerns and help keep every nurse up to date on important union activities.

There are three different steward training offered throughout the year. Introductory steward training focuses on representing your coworkers and problem-solving workplace issues. Grievance handling covers identifying, filing and following up on contract grievance. Building worksite power stresses how to build your union and create an environment that results in improvements for nurses.

Stay tuned for more training dates as they are finalized.

Space is limited so register today at:

www.OregonRN.org/Steward-Training

Introductory Steward Training
- Saturday, February 5
- Wednesday, March 9
- Saturday, April 2
- Friday, May 6
- Saturday, June 4

Grievance Handling Training
- Saturday, January 29
- Monday, March 28
- Saturday, May 28

Building Power Training
- Tuesday, February 22
- Saturday, April 16
- Monday, June 20
Serving as a statewide leader in ONA is a rewarding opportunity and a way for you to weigh in on the most important issues facing nurses today. ONA is actively seeking enthusiastic, engaged nurses to run for leadership in our organization’s statewide elections!

Nominations are now open and the full list of available positions open for the 2022 elections is available. Consider how you can get involved in your statewide professional organization.


**ONA Convention & House of Delegates, May 17-19, 2022**

The ONA Convention and House of Delegates will be held May 17-19, 2022 at the Hyatt Regency in Portland, OR. The theme for the convention is Stand Up, Rise Up, Celebrate! The Power of Our Profession.

The past two years have been difficult for everyone, bringing new challenges at every turn, all while exacerbating many of the issues that nurses have been facing for years. The 2022 ONA Convention is an opportunity for leaders from across the state to come together to learn from these challenges, share our knowledge, and move the nursing profession forward.

Together, we can stand up to employers who seek to put corporate profits ahead of those who are caring for the community. Together, we can rise up and build a better health care system that values caregivers and patients. Together, we can celebrate our victories, small and large, over the last two years as we continue to fight for a health care system that works for us, our colleagues, our patients, and our communities.

Join us for the ONA House of Delegates (May 18) and two days of educational sessions (May 17 & 19) that delve into topics such as equity in health care, racism as a public health crisis, building collective power, safe nurse staffing, and so much more.

[Convention & House of Delegates Registration is now open, click here.](http://www.OregonRN.org) Or go to [www.OregonRN.org](http://www.OregonRN.org) and follow the link.

[House of Delegates Nomination page, click here.](http://www.OregonRN.org)
Executive Committee Nominations

Please nominate as many candidates as you wish for any office listed below.

Nominated candidate must be an ONA member in good standing. If nominating yourself, please sign the consent to serve form, either online or on a paper copy of the nomination form (see below); otherwise it will be necessary to contact you separately to verify your willingness to run and serve.

Deadline for nomination is Feb. 10, 2022.

Please endeavor to get the signature if you nominate someone so we know that the nurse you nominate is willing to serve if elected.

See your Amedisys bylaws by clicking here or going to www.OregonRN.org/Amedisys and follow the bylaws link.

ONLINE NOMINATION FORM:
https://www.surveymonkey.com/r/AMED-NOMS22

QR CODE (SCAN WITH YOUR PHONE):

Please nominate as many candidates as you wish for any office listed below. Nominated candidate must be an ONA member in good standing. If nominating yourself, please sign the consent to serve portion of the form; otherwise it will be necessary to contact you separately to verify your willingness to run and serve.

Deadline for nomination is Feb. 10, 2022.

Please endeavor to get their signature so we know that the nurse you nominate is willing to serve if elected.

Please Mail to: ONA, 18765 SW Boones Ferry Rd Ste 200, Tualatin OR 97062-8498; fax to ONA: 503.293.0013

Chairperson (Name of Nominee)
Vice-Chairperson (Name of Nominee)
Secretary (Name of Nominee)

CONSENT TO RUN AND SERVE

If nominated, I consent to run and, if elected, I consent to serve for the following offices (list all that apply):

Printed Name __________________________ Signature __________________________ Date __________________________