# COVID-19 Personal Protective Equipment (PPE) Guidance

## OHA

The OHA released guidelines on March 16, 2020 for appropriate PPE for patients suspected of or confirmed of COVID-19. Patients suspected or confirmed of COVID-19 should have single room.

### Face mask or Respirator
- Facemask for patients suspected or confirmed of COVID-19 under normal circumstances
  1. Collecting nasopharyngeal swabs
- Respirator when caring for aerosolizing procedures for patients suspected or confirmed of COVID-19
  1. Collecting samples via aerosolizing procedures

### Eye Protection
- Face shield or goggles must be donned prior to entering patient care area or room

### Gloves
- Clean gloves must be donned prior to entering patient care area or room

### Gown
- Clean gown must be donned prior to entering patient care area or room

## CDC

The CDC released guidelines on March 5, 2020 for appropriate PPE with a focus on current supply chain shortages. These guidelines are to guide facility respiratory protection programs and state health authorities.

### Respirator or Facemask
- Facemask is acceptable, except during aerosolizing procedures
  1. After an aerosolizing procedure, disposable respirators must be disposed of and reusable respirators must be cleaned according to facility policy.
  2. Extended use of disposable respirators is preferred over reuse.
  3. Extended use means to continue wearing same N95 mask between multiple patients, while maintaining proper donning and doffing procedures
  4. Reuse would mean removing mask and attempting sterilization between patients
- Respirator when caring for aerosolizing procedures for patients suspected of or confirmed of COVID-19
  1. Collecting nasopharyngeal swabs
- When supply chains have been restored, CDC recommends facility respiratory protection programs return to utilizing respirators over facemasks

### Eye protection
- Face shield or goggles must be donned prior to entering patient care area or room
- Eye protection must be removed prior to leaving patient care area or room
- Rusable eye protection must be cleaned according to manufacturer’s instruction prior to reuse.

### Gloves
- Clean gloves must be donned prior to entering patient care area or room

### Gown
- Clean gown must be donned prior to entering patient care area or room
- In event of shortage, gowns should be prioritized for aerosolizing procedures or procedures in which splashes or sprays are anticipated

## WHO

The WHO released guidelines on March 19, 2020 for appropriate PPE for patients suspected of or confirmed of COVID-19. Patients should have own room or confirmed cases should be grouped together.

### Medical mask or respirator
- Medical mask for patients suspected of or confirmed of COVID-19 under normal circumstances
  1. Respirator and airborne precautions for care during aerosolizing procedures
- Collecting samples via aerosolizing procedures

### Eye Protection
- Face shield or goggles must be donned prior to entering patient care area or room

### Gloves
- Clean gloves donned prior to entering patient care area or room

### Gown
- Clean gown donned prior to entering patient care area or room

## For more information on these guidelines, visit:

- OHA guidelines: [healthoregon.org/hcpCOVID19](http://healthoregon.org/hcpCOVID19)
- WHO guidelines: [https://apps.who.int/iris/rest/bitstreams/1272420/retrieve](https://apps.who.int/iris/rest/bitstreams/1272420/retrieve)
- Oregon Nurses Association current: Research, FAQs, Up to date News Articles and Practice Recommendations: [Oregonrn.org/coronavirus](http://Oregonrn.org/coronavirus)