Meet Your Membership Chair!

Hello! My name is Shelby, and I work night shift in the emergency department. I started my career at GRH on MedSurg and was a night shift house float for six years.

I am excited to be involved by welcoming new nurses to the union, educating nurses about the contract, and ensuring all nurses are treated justly and equitably.

Our job has been tough the last few years and we need to stand up for ourselves and our vital role in the health care system. I encourage you to know our contract, know your Weingarten Rights, and don't be afraid to ask for help.

When I'm not working, I love going on outdoor adventures with my family and spend a lot of my time chasing around my two-year-old son. Please feel free to reach out to me with any questions. I can be reached by text at (541) 786-0090, email humphryshelby@gmail.com, or catch me whenever!

Use Your Education Benefits

If you are studying for a class such as ACLS or TNCC off the clock there are education hours for reimbursement. Remind your manager to add them to your timecard.

- Four hours for initial class + up to four hours for modules/videos
- Two hours for recert + up to four hours for modules/videos

In addition, there is a pool of money to be used by BU nurses to attend external education programs.

Look at Article 4 in your contract for specifics related to applying for and using this resource.

You have a paid leave of 36 hours to be used for continuing education including the work time lost and travel time to an approved event.

Education funds may be used to pay for certification and re-certification of nursing specialty courses such as TNCC, CNOR, etc.
Introductory Steward Training Feb. 25

ONA stewards are the lifeblood of what makes our union strong. A strong union has at least one steward for every unit and shift. Stewards are there to answer colleagues’ questions and discuss concerns and help keep every nurse up to date on important union activities.

The introductory steward training dives into the basics of being a steward, including: knowing your union rights; representing a coworker; how to find important items in your contract; and how to make our union stronger!

Members can go to stewards with questions and concerns and they in turn keep members in the know about important union activities.

There is a virtual introductory steward training scheduled for Feb. 25 and more dates are being finalized. Space is limited, so register today!

- Click here to register for one of the upcoming trainings

ONA Statewide Elections

Nominations Open through March 9

Serving as a statewide leader in ONA is a rewarding opportunity and a way for you to weigh in on the most important issues facing nurses today.

ONA is actively seeking enthusiastic, engaged nurses to run for leadership in our organization’s statewide elections! Click the link below to see all of the available positions and submit your nomination today!

Nominations are open through March 9, 2023.

Become a Member

Contact member services via email: memberservices@oregonrn.org, or scan the QR code with your phone or go www.OregonRN.org/Apply.

Nurse Staffing: Share Your Story

Your stories about unsafe staffing will help move hearts and minds of lawmakers so we can pass new laws to raise staffing standards at healthcare facilities across Oregon. Take a few minutes to write down your story and submit it to

www.oregonrn.org/nursingstories