

## The Value of ONA Membership

Mission: The Oregon Nurses Association is a professional association and labor union representing registered nurses. ONA's mission is to advocate for nursing and quality health care.

### Practice Advocacy

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- > Consultation on practice questions
- > Access to standards of nursing practice
- > Access to Code of Ethics for Nurses
- > Consultation on occupational health and safety
- > Networking with nursing colleagues
- > Availability of liability insurance through National Service Organization (NSO)
- > Representation at the Oregon State Board of Nursing (OSBN)
- > Evidence and nursing research related to:
  - Staffing, work environment, safety in the workplace, nursing education
  - Access to special interest groups:
  - Nurse Practitioners of Oregon (NPO)
  - Oregon Council of Clinical Nurse Specialists (OCCNS)

### Legislative and Regulatory Advocacy

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- > Development of legislative priorities/bills on health care, nursing practice, labor and education
- > Political influence in Oregon legislature
- > Representation at Oregon State Board of Nursing (OSBN)
- > Advocacy with Oregon Health Division on nurse practice related issues and other regulation affecting nursing practice.
- > Advocacy for Public Employees Retirement System
- > Analysis of health policy and regulatory issues affecting nursing
- > Liaison with other nursing and health care organizations
- > Supports pro-nursing candidates and pro-union ballot measure positions through endorsement and grass roots organization (ON-PAC and NU-PAC).
- > Assists nurses to provide legislative testimony, lobby their elected officials, and politically organize around targeted issues affecting the nursing practice and patients.
- > Provides an Advocacy Alert e-mail to those nurses interested in being politically involved and making a difference in their communities.

### Nursing Education and Scholarship

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- > Updates on current nursing practice, education and health care trends
- > Education on health and safety issues (such as patient lifting, latex, health care environment)
- > Continuing education at ONA Convention
- > Oregon Nurses Foundation (ONF) scholarships
- > Publications:
  - The Oregon Nurse
  - ANA's newsletter The American Nurse
  - American Nurse Today
  - Bargaining Unit Newsletters
  - ONA informational brochures

## Union Advocacy/Benefit

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- > Contract Negotiations (Salary/Benefits Increase)
- > Bargaining Unit Newsletters
- > Workplace Rights Enforcement
- > Protection Against Unfair Treatment
- > Bargaining Unit participation
- > Free Legal Consultation
- > Discount legal services
- > Involvement in National Federation of Nurses
- > Labor Education
- > Union Home Loans Program
- > AFL-CIO Representation
- > National Labor Relations Board Representation
- > Employment Relations Board Representation
- > Leadership Workshop
- > Dispute Resolution
- > Professional Nursing Care Committees (PNCC)

## Member Involvement in ONA

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- > ONA Board of Directors
- > House of Delegates
- > American Nurses Association (ANA)
- > Cabinet on Education
- > Cabinet Economic & General Welfare
- > Cabinet on Human Rights and Ethics
- > Cabinet on Nursing Practice and Research
- > Cabinet on Health Policy
- > Oregon Nurses Foundation (ONF)
- > WorkHealthy Oregon (ONF)
- > Districts/Constituent Associations
- > National Federation of Nurses (NFN)
- > ANA Convention delegates
- > Develop leadership skills
- > Oregon Nurses Political Action Committee
- > Nurses United Political Action Committee

## Nurse Practitioners of Oregon (NPO)

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- > NPO Newsletter
- > NPO Website  
([www.nursepractitionersoforegon.org](http://www.nursepractitionersoforegon.org))
- > Discount at NPO Conference
- > Discount rate for non-collective bargaining members
- > Networking
- > Nurse Practitioner Legislation
- > Nurse Practitioner Information
- > Nurse Practitioner Advocacy



## Oregon Council of Clinical Nurse Specialists (OCCNS)

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- > OCCNS Newsletter
- > Clinical Nurse Specialist Legislation
- > Networking
- > Clinical Nurse Specialist Directory
- > Clinical Nurse Specialist Information
- > Clinical Nurse Specialist Advocacy
- > Discount rate for non-collective bargaining members

ONA is a constituent member of the American Nurses Association (ANA) and the National Federation of Nurses (NFN).



## Additional Benefits

The Oregon Nurses Association has teamed up with the other organizations and companies to provide our members with exclusive opportunities and offers. Further details and links to these partners can be found under the Benefits of Membership section of the “Member Services” menu at [www.oregonrn.org](http://www.oregonrn.org).

### Nurses Service Organization

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Because ONA believes it is important for every nurse to carry her own professional liability insurance so that he or she is fully protected against malpractice claims, ONA has endorsed the Nurses Service Organization (NSO). NSO liability insurance is affordable and very competitive. They offer a basic rate, plus other rates for all specialties and, just as ONA offers half price rates to new nursing graduates, they also offer half price rates to new graduates. The plan, underwritten by one of the most respected insurance companies in the country, C.N.A., also offers outstanding protection.

- > Contact NSO at 1-800-247-1500
- > Or visit Member Services on [www.oregonrn.org](http://www.oregonrn.org) for more details

### American Nurses Credentialing Certificate (ANCC)

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ONA members save \$140 on the exam registration for the American Nurses Credentialing Certificate (ANCC). This certification offers proof of professional accomplishment leading to a broader range of job opportunities.

### ANA Programs

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As a member of ONA, you are eligible for a variety of programs through the American Nurses Association. These programs include insurance, travel services, and gifts for National Nurse Week.

- > Visit the ANA website at [www.ana.org](http://www.ana.org)

### Bank of America Credit Card Program

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Bank of America has been a partner with the Oregon Nurses Association (ONA) since 1987. Every time you use your ONA Credit Card, proceeds go back to the organization. With your support, ONA is able to use the proceeds to assist you with your needs and stay true to their mission. We offer many products from credit cards to mortgages and unsecured loans

- > to apply for an ONA credit card, please call toll free 800-932-2775
- > Or visit Member Services on [www.oregonrn.org](http://www.oregonrn.org) to apply online

## Get Away Today Vacations

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Oregon Nurses Association and Get Away Today Vacations have recently partnered to bring you and your family valuable vacation savings! Get Away Today has been in business since 1990 helping families save up to 50% on their vacation destinations including the Disneyland® Resort, San Diego, the Walt Disney World® Resort, Hawaii, the Caribbean and so much more! Their friendly and knowledgeable reservations team is eager to assist you in planning even the smallest of details to ensure your family's getaway is unforgettable!

- > Call 1-866-FUN-TRIP and be sure to mention ONA
- > Or visit Member Services on [www.oregonrn.org](http://www.oregonrn.org) and learn about the Get Away Today specials

## Nurses House, Inc.

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Nurses House, Inc. is the only national charity offering help to nurses in need. We help nurses who are facing illness, injury, or other dire circumstances with their financial needs (including rent, mortgage, heat, food, medicine, health insurance, etc.). We are a non-profit organization and offer this assistance without discrimination to RNs in all 50 states. You do not need to be a member to benefit from our services. We are solely here to help nurses through difficult times. We typically offer one time grants ranging from \$300-\$2000, depending on the nurse's needs. There is an application process to receive a grant.

- > Visit [www.nurseshouse.org](http://www.nurseshouse.org) for more information

## Umpqua Bank Mortgage Program

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Now Oregon Nurses Association members can gain access to great service and a wide variety of mortgage programs to meet your individual needs.

- > Zero loan processing fees
- > Zero underwriting fees
- > No up front application fees
- > Local processing & underwriting

## Unitus Community Credit Union

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As one of the oldest credit unions in Oregon, Unitus Community Credit Union serves over 60,000 members with a wide range of products and services designed to save you money or time. Or both! The undeniable advantages—lower rates on loans, higher rates on savings, 24/7 account access, a dedicated management team and staff with your best interest at heart—are all around you.