Executive Committee

- **Chair:** Becky Routson, RN (Endoscopy)
- **Vice Chair:** Vacant
- **Secretary:** Vacant
- **Treasurer:** Vacant
- **Grievance Chair:** Jeri Jablonski, RN (Endoscopy)
- **Staffing Com. Chair:** Cori Christensen, RN (Critical Care)
- **Membership Chair:** Larena Braseth, RN (Acute Care)
- **PNCC Chair:** Cori Christensen, RN (Critical Care)

Leadership Vacancies

We have several vacancies and need your help! If you are interested in any of the following positions and would like to nominate yourself or a coworker, please click here to complete the form online or contact your Chairperson Becky Routson or ONA Labor Representative, Jaime Newman, at Newman@OregonRN.org.

- Vice Chair
- Secretary
- Treasurer
- Staffing Committee Chair

Wage Increases!

The Oregon Nurses Association (ONA) and Mid-Columbia Medical Center (MCMC) held discussions over the past few weeks regarding the changes to the Oregon Family Leave, click here for more information.

We are very pleased to announce we were able to work collaboratively to reach an agreement with MCMC to increase wages for ONA nurses. Our contractual wage increase of three percent was scheduled for July of 2023. That will be replaced by a nine percent increase for steps 1-9, and an eight percent increase for steps 10-16. These increases will be effective the first pay period after March 1, 2023.

Your ONA nurse leaders worked thoughtfully and diligently to advocate for the nursing staff.

Upcoming union drop-in membership meetings! We will be available for you to drop in to share concerns, ask questions, and stay up-to-date on all things union!

- Monday, Feb. 27 - 5 - 8 p.m. via Zoom (stay tuned for more information)
- Monday, May 22 - 5 - 8 p.m. (location to be announced)
- Monday, Sept. 11 - 5 - 8 p.m. (location to be announced)
ONA stewards are the lifeblood of what makes our union strong. A strong union has at least one steward for every unit and shift. Stewards are there to answer colleague’s questions and discuss concerns and help keep every nurse up to date on important union activities.

Introductory steward trainings focus on representing your coworkers and problem-solving workplace issues.

More training dates will be announced as they are finalized.

www.OregonRN.org/Steward-Training

Topic and Date

Introductory Steward Training
• Saturday, Feb. 25
Learn what it takes to become a union steward! We will be teaching the basics of:
• Knowing your union rights
• Representing a co-worker
• Filing and processing a grievance
• How to find important items in your contract
• How to make our union stronger!

You play a critical role at the bedside but your stories and concerns rarely get told. Let’s change that.

Even before the COVID-19 pandemic, you were under tremendous pressure due to staffing shortages. CEOs put profits ahead of patients despite warnings from researchers and frontline nurses. Those shortages have pushed many nurses to leave the field, led to violence in your workplace and caused unnecessary mental trauma.

Your stories about unsafe staffing will help move hearts and minds of lawmakers so we can pass new laws to raise staffing standards at healthcare facilities across Oregon.

You Know It Matters • You Know You Care • Help Make an Impact!
Oregon Paid Family Leave

Oregon’s Paid Family and Medical Leave Law went into effect in January 2023 and provides 12 weeks of paid leave for welcoming a new child, your own serious health condition, or to care for a family member.

MCMC will participate in the state plan. Under this law, approximately 2/3 of wages are replaced (not 100%). Employers and employees pay into this plan. The .6% deduction first appeared on your paystubs in January 2023. You will be able to access these benefits beginning Sept. 3, 2023. It renews each year, unlike other accrual-based leave benefits.

This law is a huge victory by workers and unions to provide paid leave to all Oregon workers. To read more, please click here. This new state benefit does not negate your existing contractual benefits - those are still there and applicable!

We believe the wage increases that were just negotiated will more than offset the .6% deductions that began this year. As always please reach out with any questions!

ONA 2023 Statewide Elections: Help Lead the Organization into the Future!

Open Positions:

- Vice-President / ANA Delegate (1)
- Treasurer (1)
- Director (4)
- Director: Recent Grad (1)
- Cabinet on Education (3)
- Cabinet on Health Policy (4)
- Cabinet on Human Rights & Ethics (2)
- Cabinet on Nursing Practice & Research (3)
- Cabinet on Organizing (2)
- Labor Cabinet (3) - Labor Cabinet seats are regionally based, please see description for more information.
- Nominating Committee (2)
- Elections Committee (3)
- ANA Delegate Seats for 2024 & 2025 (9)

www.OregonRN.org/Elections
REGISTER NOW TO ATTEND A SAFE STAFFING HEARING

You served your patients at one of the most critical times in history. Now join us to improve your working conditions. The Oregon legislature is holding hearings on our safe staffing legislation, HB 2697. We must show up in full force to demonstrate to the legislature and hospital executives that change is needed – NOW!

Help us pack the room on either or both days:

- Mon, Feb. 27, 3:00 - 4:30 p.m. – Invited Testimony Only You must arrive by 2:15 p.m.

- Tues, Feb. 28, 5:00 - 6:30 p.m. – Public Testimony You must arrive by 4:15 p.m.

Register to attend at www.oregonrn.org/legislativehearings

Important Details

Wear your ONA swag! Don’t have any? We will have a limited number of extra shirts available.

Due to construction, the main entrance on Court Street is CLOSED. You should enter through the central entrance on State Street, shown in the map above. The hearing will convene in Room F and ONA staff will be there to guide you to the room.

Parking spots on State Street are limited. A map of free parking in the area can be found on the City of Salem website or through the QR code to the left. There are metered spots near the Capitol.