### ONA/ARRMC

**Executive Committee**

- Chairperson: Fred Katz
- Vice-Chairperson: Juniper Arthurs
- Secretary: VACANT
- Treasurer: Toni Asher
- Grievance Chairperson: Rob Campbell
- Communication Chairperson: David Baca
- Membership Chairperson: Meagan Pereira
- Member-at-Large: VACANT
- PNCC Chairperson: Keith Coddington
- Unit Rep Chair: VACANT

**ONA Labor Representative**

Misha Hernandez  
(503) 293-0011 ext. 1371  
Hernandez@OregonRN.Org

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**Nurses Week Celebration**

WOK Star Food truck has been contracted to provide meals for nurses at RRMC. Thanks to the great organization of your elected leadership at RRMC! From David Baca: This week to honor nurses at Rogue FREE Food at the WOK Star. Just bring your green badge. Limit 150 per day. Please share this information with all the nurses at rogue. Thanks.

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**FREE FOOD**

Honoring Rogue Regional Nurses for Nurses Week. Your ONA has arranged free food for the entire week at the Wok Star Food Truck (Limit 150 per day)

Just Show your green badge at WOK STAR which will be parked behind Adams deli to receive a free meal. Nurses can give their green badge to combine meals.

Questions text baca at 541.441.2943 and I will answer as best I can.

**Free MEALS AT The WOK STAR**

**MAY 9th – May 12th**

1100-1430

Just BRING your GREEN badge
The Oregon Nurses Association extends our deepest, heartfelt thanks to each and every member of our state’s nursing profession. During National Nurses Week, May 6-12, we honor the work of every nurse in keeping our communities healthy and safe.

This past year has shown every Oregonian how brave, committed, professional, and compassionate you are; in the face of an unprecedented health crisis, nurses have stepped up to the challenge and saved lives. Recognizing the challenges ahead, it’s important to look for opportunities to inspire, infuse leadership, and foster innovation in the months ahead.

**Oregon Proclamation of Nurses Week**
Signed, sealed, and delivered! Governor Kate Brown has declared May 6-12, 2022 Nurses Week to thank Oregon nurses for your ongoing "courage, compassion, dedication, and leadership in caring for our impacted communities, at great risk and personal sacrifice," during COVID-19 and every day.

[Click here to view Governor Kate Brown’s proclamation](#)

**ANA Nurses Month Events**

**Week 2: Recognition (May 8-14)**
Honor the work of nurses who lead, excel, and innovate, not only in our health care systems, but also in our communities which makes them vital to transforming the future of health care.

**Week 3: Professional Development (May 15-21)**
Access resources and insights to guide you in your professional development. Focus on how you can excel and lead in your nursing career or inspire and help others in their professional nursing journey.

**Week 4: Community Engagement (May 22-29)**
Focus on Engaging with your community this week, whether virtually or in-person. Educate members of your community on what nurses do beyond the bedside — advocacy, shaping public policy, or serving as organizational board members, among other duties. Encourage them to support current and future nurses.

[Click here to visit the ANA Nurses Month website to learn more.](#)

**Happy Nurses Week from ONA CA4!**
ONA Constituent Association 4 (CA4) will host a celebration on Saturday, May 14 from 12-3 p.m. at Roxy Ann Winery in Medford.

CA4 will provide charcuterie boards, a tasting flight, and a glass of wine for nurses PLUS one adult guest. Lacroix also available and it is kid-friendly. There will be a raffle and lawn games. Roxy Ann has a food truck on site for nurses who want to purchase lunch or additional food. Come meet your fellow nurses from PMMC and RRMC. Learn more about CA4 and the upcoming House of Delegates!

Space is limited (50 adults), you must RSVP via email by May 11 to CA4ONA@gmail.com. You must be a CA4 member to RSVP.
ANA Nurses Month Free Live Virtual Event, May 18

The past few years have been difficult for health care workers. Now more than ever, let’s agree that the world can’t survive these trying times without nurses. Nurses like you make a difference day in and day out. ANA wants to celebrate your commitment and shout out your stories on May 18, 2022, at 10 a.m. Pacific Time.

ANA is throwing a FREE virtual party and story jam for you and a few thousand of your nurse friends and colleagues. The objectives for the YOU Make a Difference — LIVE Nurses Event are to:

- Recognize and celebrate the nursing profession
- Connect through storytelling
- Learn how your story can make a difference to improve your communities and nursing

We anticipate that this nurses’ celebration will allow us to learn, laugh, and cry together!

Click here to learn more and to register

Upcoming Steward Trainings

**Grievance Handling Training**
- Saturday, May 28, 9am-1pm

**Introductory Steward Training**
- Saturday, June 4, 9am-1pm

**Building Power Training**
- Monday, June 20, 10am-2pm

www.OregonRN.org/Steward-Training
Student Debt Relief

Saddled with student debt? You may qualify for the Public Service Loan Forgiveness Program (PSLF). Thousands of health care workers, teachers and others who work in public service and consistently pay their monthly student loan bills can have their loans forgiven after ten years.

ONA is affiliated with the American Federation of Teachers (AFT) – Healthcare which means you have access to Summer, an organization that can help you navigate your student loan situation and support you through the repayment process.

Find more information at www.OregonRN.org/aft-summer.

Additionally, ONA will host two online clinics to help members understand PSLF, find out more about Summer and get the relief they deserve.

June 6 at 4 p.m.

Sign up at www.OregonRN.org/aft-summer.

Managing your student loan debt is the first step in taking on the inequities which plague our system of higher education.

ONA Convention & House of Delegates

May 17-19 in Portland

The ONA Convention and House of Delegates will be held May 17-19, 2022 at the Hyatt Regency in Portland, OR. The theme for the convention is Stand Up, Rise Up, Celebrate! The Power of Our Profession.

The past two years have been difficult for everyone, bringing new challenges at every turn, all while exacerbating many of the issues that nurses have been facing for years. The 2022 ONA Convention is an opportunity for leaders from across the state to come together to learn from these challenges, share our knowledge, and move the nursing profession forward. Together, we can stand up to employers who seek to put corporate profits ahead of those who are caring for the community. Together, we can rise up and build a better health care system that values caregivers and patients. Together, we can celebrate our victories, small and large, over the last two years as we continue to fight for a health care system that works for us, our colleagues, our patients, and our communities.

Join us for the ONA House of Delegates (May 18) and two days of educational sessions (May 17 & 19).

www.OregonRN.org/event/2022Convention