ONA Members Pay It Forward

The ONA/SHMC executive committee is excited to announce a new effort to help members support members as we all continue to deal with the impacts of the COVID-19 pandemic on our work and personal lives. It has become apparent that Sacred Heart leadership is not going to step up to provide any meaningful help to nurses despite the many sacrifices we have all made these past two years.

Instead of continuing to wait for hospital administration to show some compassion, the executive committee has launched a Pay It Forward Facebook page where members can post requests for help or support and offers of help whether responding directly to those asking for help or just letting everyone know what support and resources they have to offer.

These can be small or significant needs, anything from helping run errands or walking the dog for someone who must quarantine to babysitting the kids for an evening so mom and dad can have a date night.

Your team will help manage the site, but it will be up to individual members to connect with one another to ask for and receive assistance.

We have all felt isolated and dispirited through this pandemic. This Nurses Pay It Forward campaign is an effort to strengthen our connections to one another and provide a tangible way to care for each other as we continue to feel the impacts of all that has occurred over the past two years. Check it out and share the link on your own page. The more members engaging in this positive action to support each other the better. Don’t be shy about posting your needs or offers of help. Together we can help each other not only survive but start to thrive again.

ONA Members Pay It Forward

Get your scrubs & buttons March 10

We are organizing a Day of Action to continue to put pressure on PeaceHealth Sacred Heart administration to come to the table with substantial responses to our COVID MOU. For five months PeaceHealth administration and SHMC leadership have been dragging their feet saying they are working on a counter proposal that would include some financial benefit, but they continue to fail to deliver.

Join in a Day of Action on Monday, March 14. We will be wearing black...
COVID-19 Campaign Continues  

scrum and buttons to show our disappointment with the lack of movement by Sacred Heart.

Scrub and Button Distribution Thursday, March 10:

- **7:30 – 9:00 a.m.** Room 12A Riverbend
- **1:30 – 4:30 p.m.** Cascade Room, University District
- **5:00 – 6:30 p.m.** Room 12A Riverbend

Come by any of these times (it doesn’t matter which campus you work at) to pick up your black scrubs and other items for the Day of Action. Due to limited supply, we are reserving the scrubs for nurses who didn’t receive them in 2018. But we will have buttons and other campaign materials and information to distribute to everybody. **Plan to wear your black scrubs and buttons on Monday, March 14!**

Stand in solidarity to let Sacred Heart leadership know how disappointed we are with their lack of support and caring for nurses.

Nomination & Consent to Serve Form – Riverbend Nurse Staffing Committee

To fill the form electronically go to:  
[www.surveymonkey.com/r/SHMC-RB-NSC22](http://www.surveymonkey.com/r/SHMC-RB-NSC22)

Or scan the QR code with your phone

Questions? Email Claire at [Syrett@OregonRN.org](mailto:Syrett@OregonRN.org) or call 541-953-7736.

ONA Convention & House of Delegates, May 17-19 in Portland

The ONA Convention and House of Delegates will be held May 17-19, 2022 at the Hyatt Regency in Portland, OR. The theme for the convention is **Stand Up, Rise Up, Celebrate! The Power of Our Profession.**

The past two years have been difficult for everyone, bringing new challenges at every turn, all while exacerbating many of the issues that nurses have been facing for years. The 2022 ONA Convention is an opportunity for leaders from across the state to come together to learn from these challenges, share our knowledge, and move the nursing profession forward. Together, we can **stand up** to employers who seek to put corporate profits ahead of those who are caring for the community. Together, we can **rise up** and build a better health care system that values caregivers and patients. Together, we can **celebrate** our victories, small and large, over the last two years as we continue to fight for a health care system that works for us, our colleagues, our patients, and our communities.

Join us for the ONA House of Delegates (May 18) and two days of educational sessions (May 17 & 19).

To attend the House of Delegates as a delegate, be sure to submit your delegate nomination form by March 14 at [www.OregonRN.org/Delegate](http://www.OregonRN.org/Delegate).