



We Stand With You

Thank you.

Yesterday, you came together as healthcare providers, parents, friends, and neighbors to care for each other under unimaginable circumstances.

As a fellow emergency department nurse, my heart is with each of you. I know that when tragedy strikes our communities, nurses are often the ones who step forward to care for others, even as we are processing our own grief, fear, and heartbreak. I also know that what we experience in these moments doesn't simply go away when our shift ends. I want you to know that the compassion, dedication, and care you provide during these incredibly difficult moments does not go unnoticed.

You have the admiration and support of 26,000 ONA members across Oregon. We see you, we appreciate you and we stand with you as you work to heal the devastating pain, trauma and loss this senseless tragedy has left behind. We can only imagine the pain and grief you are personally experiencing as you try to support your families and community.

As nurses and healthcare providers, we see the horrors of gun violence every day. It is a national public health crisis which leaves deep physical, mental, and emotional scars on everyone it touches.

No one is immune.

After learning of the shooting, ONA immediately contacted St. Charles to ensure it is doing everything it can to support caregivers as well as the immediate victims. We encourage you to use the resources they have identified.

On-Site Support at St. Charles Bend

St. Charles is offering on-site support from chaplains, social workers and behavioral health at St. Charles Bend in Conference Room A from 6 a.m. to midnight Friday with more sessions planned. Please check your CaregiverNet for details.

Canopy Employee Assistance Program

Your EAP, [the Canopy program](#) is also available at all times.

Community Support

Resources will be available to the public at the new Central Library in Bend from 10 a.m. to 3 p.m. and at Larkspur Community Center from 4 to 7 p.m. on Friday, Oct. 16. These events are available for anyone in need.

Trauma Counseling through AFT

In addition to local resources, ONA members have access to [free trauma counseling through our national union affiliate AFT](#).

For help setting up a new account, you can contact ONA's member services department at memberservices@oregonnm.org, 503-293-0011, or AFT's member services department at membership@aft.org or 1-888-238-5646. ONA's local union number is 05905.

Mental Healthcare for Healthcare Providers

Oregon nurses and healthcare professionals can access free, confidential mental health counseling from trauma-informed mental health providers experienced in caring for healthcare providers through [the Oregon Wellness Program \(OWL\)](#).

Please take care of yourself and one another. Give yourself grace and reach out for support when you need it.

Remember, you are not alone. As union members, we know we are strongest when we stand together. Your ONA colleagues are here for you and we will continue to support and stand with you.

In Solidarity,

Gina Ottinger, BSN, RN, CEN
ONA President



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