PCNP 13TH ANNUAL CONFERENCE
NOV. 5-7, 2015 | LANCASTER, PA

HONORING THE PAST
SHAPING THE FUTURE
ADVANCING THE PROFESSION

PENNSYLVANIA COALITION OF NURSE PRACTITIONERS
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EDUCATIONAL SCHEDULE AT A GLANCE

THURSDAY, NOV. 5
8:00 a.m.-11:00 a.m. Morning Workshops
1:00 p.m.-4:00 p.m. Afternoon Workshops

FRIDAY, NOV. 6
8:15 a.m.-10:15 a.m. Keynote Presentation
10:45 a.m.-11:45 a.m. General Session
1:00 p.m.-5:00 p.m. Concurrent Sessions

SATURDAY, NOV. 7
8:00 a.m.-12:00 p.m. General Sessions
12:00 p.m.-1:00 p.m. Luncheon with Poster Presentation Awards
1:00 p.m.-4:30 p.m. Concurrent Sessions
GENERAL CONFERENCE INFO

ABOUT PCNP
The Pennsylvania Coalition of Nurse Practitioners is the state association that represents the interests of more than 9,900 nurse practitioners across the Commonwealth. Composed of 18 Regional Groups and members-at-large, PCNP has been advocating for professional practice and improving access to high quality healthcare since the 1980s. PCNP proudly offers the largest nurse practitioner educational conference in the state, and is dedicated to providing a dynamic event for attendees and exhibitors alike.

COURSE DESCRIPTION
The PCNP Annual Conference is a three-day conference offering current information to enhance the practice and professional development of nurse practitioners who care for patients across the lifespan. Both primary and acute care topics will be presented as well as workshops with hands-on learning. Networking opportunities are incorporated to enhance professional growth.

COURSE OBJECTIVES
Following the program, the participant will be better able to:

• Integrate evidence-based knowledge into clinical practice.
• Apply current pharmacotherapeutics into clinical practice.
• Verbalize understanding of current policies affecting nurse practitioners both regionally and nationally, including how to effect change.

ACCREDITATION/CONTINUING EDUCATION
This program is approved for 19.15 contact hour(s) of continuing education (which includes 5.83 hours of pharmacology) by the American Association of Nurse Practitioners. Program ID 1508383. This program was planned in accordance with AANP CE Standards and Policies.

POLICY ON FACULTY AND SPONSORSHIP
It is the policy of PCNP to have the faculty and sponsors disclose real or apparent conflicts of interest relating to the topics of the educational activity. Faculty and sponsors will also disclose discussion of unlabeled, unapproved uses of drugs or devices during their presentations.
CONFERENCE SCHEDULE

THURSDAY, NOV. 5
7:00 a.m. Registration Open
8:00 a.m.-10:00 a.m. ER/LA Opioid REMS: Achieving Safe Use While Improving Patient Care
  – Brett Snodgross, MSN, APRN, FNP-C
8:00 a.m.-11:00 a.m. Chest X-Ray Interpretation Workshop – Denise Ramponi, DNP, FNP-C, ENP-BC, FAANP, FAEN
8:00 a.m.-11:00 a.m. Emergent and Critical Point-of-Care Ultrasound Workshop
  – Thomas Kerhl, MD; Dan Kaminstein, MD; Mark Gonzales, MD; Steven Kleinman, MD
12:00 p.m.-1:00 p.m. Lunch on Your Own
1:00 p.m.-4:00 p.m. Wilderness Workshop – Eric Bowman, MD
1:00 p.m.-4:00 p.m. Suturing Workshop – Denise Ramponi, DNP, FNP-C, ENP-BC, FAANP, FAEN;
  Thomas White, D.Ed., MSN, CRNP, CEN, FNP-BT; Susan Hellier, DNP, FNP-BC, PhD-C

FRIDAY, NOV. 6
6:00 a.m. Registration Open
6:00 a.m. Zumba
7:00 a.m.-8:00 a.m. Breakfast with Exhibitors and
  Poster Presentations
8:00 a.m.-8:15 a.m. Opening Remarks
  – Lorraine Bock, DNP, CRNP, CEN, FAANP
8:15 a.m.-9:15 a.m. Keynote Address – Karen M. Murphy, PhD, RN
9:15 a.m.-10:15 a.m. General Session: Let Me Tell You a Story:
  The Secret to Policy Engagement
  – Tay Kopanos, DNP, NP
10:15 a.m.-10:45 a.m. Refreshment Break with Exhibitors
  and Poster Presentations
10:45 a.m.-11:45 a.m. General Session: Stay Ahead of the Curve –
  Don’t Become a Case Study: Malpractice
  Claim Trends for NPs, Case Studies and Risk
  Control Recommendations
  – Michael Loughran

Submit Your Poster Today!

PCNP’s Poster Presentations are always a popular platform for attendees to share research and ideas related to NP practice. Don’t miss the opportunity to submit your poster proposal! Submission information can be found at pacnp.org/conference. The deadline for abstract submissions is Aug. 9.

New this year, PCNP will present awards to the top three posters, voted on by attendees at the conference. Award winners will be announced at the Saturday afternoon luncheon.
11:45 a.m.-1:00 p.m. Lunch
1:00 p.m.-2:00 p.m. **Concurrent Sessions 1**
- **Gout Evaluation and Management in Primary Care**
  – Elizabeth Attig, MSN, CRNP, AGNP-BC
- **The Art of the Well Woman Exam** – Valerie Ballard, DNP, CRNP
- **The ABCs of Diagnosing and Treating Vaccine-Preventable Diseases** – Melany Chrash, MSN, ANP-BC, OHCNS-BC, PN; Wendy Forrest Edgar, MSN, RN, FNP-BC
- **Career Building for the Nurse Practitioner: Finding and Getting Your Ideal Job**
  – Judd Mellinger-Blouch, MPA
- **Stroke Prevention in Atrial Fibrillation** – Mary Ellen Roberts, DNP, APNC, FAAN, FAANP
2:00 p.m.-2:30 p.m. Refreshment Break with Exhibitors and Poster Presentations
2:30 p.m.-3:30 p.m. **Concurrent Sessions 2**
- **When the Sizzle Fizzles: Female Sexual Dysfunction** – Susan Hellier, DNP, FNP-BC, PhD-C
- **Navigating Multimodal Analgesia with Hepatic and Renal Insufficiency**
  – Sue Hodgkins, MSN, CRNP-BC
- **The Heart of the Matter: Biotechnology, Heart Failure and Management of End Stage Heart Failure** – Patricia Maani Fogelman, DNP; Janine Gerringer, MSN, CRNP
- **NP Education: Is Post-Graduate Training Needed?**
  – Barbara Todd, DNP, ACNP-BC, FAANP; Erin Davis, MSN, CRNP
- **Test Your Skills: Not-to-Miss Dermatologic Conditions in Children**
  – Victoria Weill, MSN, CPNP-PC, CRNP
3:30 p.m.-4:00 p.m. Refreshment Break with Exhibitors and Poster Presentations
CONFERENCE SCHEDULE

4:00 p.m.-5:00 p.m.  Concurrent Sessions 3
• The Incidental Renal Mass in the Primary Care Setting – Adele Caruso, MSN, CRNP
• From Graduate Student to CRNP: Navigating the Transition into Practice – Lois Chappell, MSN, CRNP, FNP-C
• Neurofibromatosis I and II: What You Need to Know for Primary Care – Beth Heuer, DNP, CPNP-PC, PMHS
• Do Unit-Based Nurse Practitioners Increase Nursing Staff’s Level of Satisfaction? – Patricia Meyer, DNP, CRNP
• Diseases of the Breast: What You Need to Know in Primary Care – Diane Sholder, MSN, CRNP

5:15 p.m.-6:15 p.m. Zumba

Friday Evening 50th Anniversary Celebration Reception
6:30 p.m.-8:00 p.m.
Join fellow attendees for our Friday Evening 50th Anniversary Celebration Reception! Enjoy heavy hors d’oeuvres and drinks while mingling, networking and celebrating the NP profession. Cost to attend is $45. Use this valuable time to share ideas with fellow NPs across the state of Pennsylvania!

SATURDAY, NOV. 7

6:00 a.m.  Registration Open
7:00 a.m.-8:00 a.m. Breakfast with Exhibitors and Poster Presentations
8:00 a.m.-9:15 a.m.  General Session: The Origin of Our Species and Your Role in Our Success: PCNP Today & Sheila Gealy Award Presentation – Sheila Gealey, MSN, CRNP; PCNP Leadership
9:15 a.m.-9:45 a.m. Refreshment Break with Exhibitors and Poster Presentations
9:45 a.m.-10:45 a.m.  General Session: Advanced Directives – Margaret Costella, JD, MPH
10:45 a.m.-11:45 a.m.  General Session: Managing Inflammatory Bowel Disease: Advances in Immunopathogenesis and Treatment – Sharon Dudley-Brown, PhD, FNP-BC, FAAN
11:45 a.m.-1:00 p.m. Lunch with Poster Presentation Awards
1:00 p.m.-2:00 p.m. Concurrent Sessions 4
- Calm Your Hormones or Everything You Should Know about Hormone Therapies in Women’s Health – Jill Earl, CNM, CRNP
- Demystifying Pulmonary Nodules – Joan Gallo, MSN, CRNP
- Integrative Approaches to the Management of Diabetes – Lynn Green, APNP-BC, ANP-C, MSN, MHC; Mary Ellen Francescani, CRNP
- Autism Spectrum Disorder: Update for Primary Care Providers – Susan Van Cleve, DNP, CPNP-PC, PMHS, FAANP
- Chronic Thromembolic Pulmonary Hypertension: Is There a Cure? – Jennifer Keeley, DNP, ANP-BC

2:00 p.m.-2:15 p.m. Break

2:15 p.m.-3:15 p.m. Concurrent Sessions 5
- Utilizing Evidence-Based Guidelines in the Management of Acute Kidney Injury – Lori Cox, MSN, ACNP-BC, ACNPC, FCCM
- CMS Chronic Care Management: Another Step Towards Care Coordination – Aparna Gupta, CRNP, ANP-BC, APRN, MSN, PGDBA
- Evidence-Based Contraception for Patients with Complex Medical Conditions – Susan Hellier, DNP, FNP-BC, PhD-C
- Triple Anti-Thrombotic Therapy and Management for Cardiovascular Patients in Primary Care – Kathaleen Johnson, DNP, NP-C, CCRN
- Eliminating Confusion: Elimination Diets – Shenoa Williams, CRNP

3:15 p.m.-3:30 p.m. Break
3:30 p.m.-4:30 p.m. Concurrent Sessions 6

- **When Your Patient Is Facing a Serious Illness: How to Help Patients Make Value-Based Healthcare Decisions When They Matter Most**
  - Christine Coletta Hansen, ANP-BC, ACHPN

- **Stages of Dementia Along with Strategies and Medications Used to Treat Symptoms and Behaviors**
  - Sandra Stom, CRNP, FNP-BC

- **Everybody Needs a Mother or a Nun: Care of the Woman with HIV Disease**
  - Robin Gallagher, PhD, CRNP; Ruth Neeley, CRNP

- **Men’s Health Recommendations and Concerns: Teen to Elder Years**
  - Cheryl Jackson, DNP, CRNP, FNP

- **Update on Surgical Treatment of Valvular Heart Disease: TAVR and Beyond**
  - Rhonda Moore, PhD, APN-BC, CHFN

### REGISTRATION FEES

#### CONFERENCE REGISTRATION

<table>
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<tr>
<th>Registration</th>
<th>One Day</th>
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<td>Non-Member</td>
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<td>50th Anniversary Celebration Reception</td>
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#### WORKSHOP REGISTRATION

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<td>Opioid REMS</td>
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<tr>
<td>X-Ray Interpretation</td>
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<tr>
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REGISTRATION INFORMATION AND CANCELLATION POLICIES

REGISTRATION CANCELLATION POLICY
All registration cancellations and refund requests must be made in writing by Oct. 2, 2015. A refund of the full conference fee, minus a $50 administrative fee, will be given for cancellations received by that date. No refunds will be granted for requests emailed on or after Oct. 2, 2015. All requests must be submitted to pcnp@pacnp.org. PCNP regrets that refunds will not be given for no-shows. All cancellation requests will be handled after the completion of the conference.

SUBSTITUTIONS
You may substitute registrants (from the same office/practice) prior to the conference. Please contact the PCNP Office at 412-243-6149 for assistance. PCNP does not accept responsibility for no shows at the conference.

EMERGENCY ILLNESS OR DEATH OF REGISTRANT OR IMMEDIATE FAMILY MEMBER
Registrants who are unable to attend the PCNP Annual Conference because of a serious illness or death may receive a partial refund (amount paid minus the $50 processing fee) or full credit for a future meeting (as applicable) in the following instances:
• Personal illness or death of the attendee; or
• Illness or death in the immediate family of the attendee. Immediate family refers to a person’s parents, spouse, children, and siblings and will also include the parent’s spouse.

Requesters must submit the request in writing to the PCNP Office along with written documentation from an advanced practice provider or physician. The Conference Committee will review the request to ensure it is in accordance with written policy.

Questions? Contact the PCNP Office with any questions you might have regarding the conference at 412-243-6149 or at pcnp@pacnp.org
THANK YOU TO OUR VENDORS AND SPONSORS!

Exhibitors confirmed as of April 30, 2015.

PLATINUM SPONSOR

GOLD SPONSORS

SILVER SPONSORS

EXHIBITORS

AbbVie Pharmaceuticals
AseraCare
Boehringer Ingelheim Pharmaceuticals
Duquesne University School of Nursing
Geisinger Health System
Gilead Services
Grand Canyon University
Matrix Medical Network
Merck and Company – Women’s Healthcare Division
NextGen Management, LLC
Nurse Practitioners Associates for Continuing Education (NPACE)
Nurses Service Organization (NSO)
Penn Medicine
Pfizer Vaccines
Reading Health System
Respirtech
Robert Morris University
Sleep Number
UPMC Talent Acquisition
Wolters Kluwer Health, Lippincott, Williams & Williams
ABOUT THE VENUE
LANCASTER MARRIOTT AT PENN SQUARE AND LANCASTER CONVENTION CENTER

25 S. Queen St. | Lancaster, PA, 17603

Group Rate: $136 per night
Reservation Deadline: Oct. 15, 2015

Experience this brand new, landmark Lancaster hotel featuring friendly elegance, impeccable service and historic elements. Centrally located and integrated beautifully with a world-class convention center, The Lancaster Marriott at Penn Square offers amenities discerning Lancaster hotel guests expect. This luxury hotel is a remarkable presence in vibrant Downtown Lancaster near Central Market, the Fulton Theatre, unique shopping/dining experiences, dozens of respected art galleries, Amish culture, Tanger outlets and more.

The group room rate is only available for registered conference attendees. Your conference registration confirmation will include the group code and details for making your reservation. The group code is required to book your reservation at the discounted rate.
PCNP ANNUAL CONFERENCE CHECKLIST

☐ Register to attend the conference at www.pacnp.org/conference.
☐ Register for the Friday Evening 50th Anniversary Celebration reception.
☐ Decide which workshop(s) to attend and register at www.pacnp.org/conference.
☐ Submit your poster proposal by Aug. 9.
☐ Secure your hotel room at the Lancaster Marriott at Penn Square by Oct. 15 to receive the discounted conference rate.
☐ Encourage your colleagues to attend.
☐ Visit www.pacnp.org/conference and share our Exhibitor Prospectus with your vendor contacts.
☐ Check email and website frequently for updates and new program information.
☐ Review the schedule and determine which concurrent sessions to attend.
☐ Bring business cards to exchange with fellow attendees and vendors.

WE’LL SEE YOU IN LANCASTER NOV. 5-7, 2015!