Pennsylvania Coalition of Nurse Practitioners

16th Annual Conference

Nov. 1-3, 2018
Kalahari Resort & Convention Center | Pocono Manor
Welcome to the 16th Annual Conference!

Pennsylvania Coalition of Nurse Practitioners

Table of Contents
- General Conference Information ................................................................. 3
- Conference Schedule .................................................................................. 4
- Registration Information ............................................................................. 7
- Venue & Housing Information .................................................................... 8
- Thank You Sponsors and Exhibitors ......................................................... 9
- Additional Information ............................................................................... 10
- Conference Planner .................................................................................. 11

Educational Schedule at a Glance

Wednesday, Oct. 31
- 8:00 a.m.-11:00 a.m. All-Day Workshop Part 1

Thursday, Nov. 2
- 8:00 a.m.-11:00 a.m. Morning Workshops
- 1:00 p.m.-4:00 p.m. Afternoon Workshops
- 4:00 p.m.-6:00 p.m. Opening Reception in Exhibit Hall

Friday, Nov. 3
- 8:00 a.m.-10:00 a.m. General Sessions
- 10:45 a.m.-11:45 a.m. Concurrent Sessions 1
- 1:15 p.m.-2:15 p.m. Concurrent Sessions 2
- 2:30 p.m.-3:30 p.m. Concurrent Sessions 3
- 4:00 p.m.-5:00 p.m. Concurrent Sessions 4

Saturday, Nov. 4
- 8:00 a.m.-10:00 a.m. General Sessions
- 10:30 a.m.-11:30 a.m. Concurrent Sessions 5
- 1:00 p.m.-2:00 p.m. Concurrent Sessions 6
- 2:15 p.m.-3:15 p.m. Concurrent Sessions 7
- 3:30 p.m.-4:30 p.m. Concurrent Sessions 8
General Conference Information

ABOUT PCNP
The Pennsylvania Coalition of Nurse Practitioners (PCNP) is the state association that represents the interests of more than 10,000 nurse practitioners across the Commonwealth. Composed of 17 regional groups and members-at-large, PCNP has been advocating for professional practice and improving access to high-quality healthcare since the 1980s. PCNP proudly offers the largest nurse practitioner educational conference in the state, and is dedicated to providing a dynamic event for attendees and exhibitors alike.

COURSE DESCRIPTION
The PCNP Annual Conference is a four-day conference offering current information to enhance the practice and professional development of nurse practitioners who care for patients across the lifespan. Both primary and acute care topics will be presented as well as workshops with hands-on learning. Networking opportunities are incorporated to enhance professional growth.

COURSE OBJECTIVES
Following the program, the participant will be better able to:

• Integrate evidence-based knowledge into clinical practice.
• Apply current pharmacotherapeutics into clinical practice.
• Verbalize understanding of current policies affecting NPs both regionally and nationally, including how to effect change.

ACCREDITATION/CONTINUING EDUCATION
This education activity will be submitted to the American Association of Nurse Practitioners for approval.

POLICY ON FACULTY AND SPONSORSHIP
It is the policy of PCNP to have the faculty and sponsors disclose real or apparent conflicts of interest relating to the topics of the educational activity. Faculty and sponsors will also disclose discussion of unlabeled, unapproved uses of drugs or devices during their presentations.

SAVE THE DATE:
PCNP’S 17TH ANNUAL CONFERENCE
Oct. 3-5, 2019
The Westin Convention Center | Pittsburgh, PA
Conference Schedule

WEDNESDAY, OCT. 31
7:00 a.m.-5:30 p.m.  Registration Open
8:00 a.m.-5:00 p.m.  Workshop - Part 1: Fundamentals of Critical Care Support - Brenda Engler, ACNP-BC

THURSDAY, NOV. 1
7:00 a.m.-5:30 p.m.  Registration Open
8:00 a.m.-5:00 p.m.  Workshop - Part 2: Fundamentals of Critical Care Support - Brenda Engler, ACNP-BC
8:00 a.m.-11:00 a.m.  Workshop: Suturing Workshop - Denise Ramponi, DNP, FNP-C, ENP-BC, FAEN, FAANP
8:00 a.m.-11:00 a.m.  Workshop: Blending Eastern and Western Approaches to Health Care: The Use of Aromatherapy, Reiki and Health Touch for Self and Patients - M. Elayne DeSimone, PhD, NP-C, FAANP
12:00 p.m.-1:00 p.m.  Lunch on Your Own
1:00 p.m.-4:00 p.m.  Workshop: Minor Procedures - Elizabeth Blunt, PhD, RN, FNP-BC | Colleen Stellabotte, CRNP
1:00 p.m.-4:00 p.m.  Workshop: Women’s Primary Care Office Procedures - Susan Hellier, PhD, DNP, FNP-BC, CNE
4:00 p.m.-6:00 p.m.  Opening Reception in Exhibit Hall

FRIDAY, NOV. 2
6:00 a.m.-6:55 a.m.  Zumba
7:00 a.m.-5:00 p.m.  Registration Open
7:00 a.m.-8:00 a.m.  Breakfast with Exhibitors
8:00 a.m.-8:15 a.m.  Welcome and Association Update - Peggy Pearl | PCNP Executive Director
8:15 a.m.-9:15 a.m.  President’s Remarks and PCNP Update - Adele Caruso, DNP, CRNP | PCNP President
  Pennsylvania is Ready for Full Practice Authority!
  Shelia Gealey Award
9:15 a.m.-9:45 a.m.  Legislative Update
9:45 a.m.-10:00 a.m.  PCNP: A New Era in Shaping Health Policy! - Introduction - Adele Caruso, DNP, CRNP | PCNP President
  Remarks - Maria Battista, JD, EdD | Director of Policy and Government Affairs
10:00 a.m.-10:45 a.m.  Refreshment Break in Exhibit Hall
10:45 a.m.-11:45 a.m.  Concurrent Sessions 1
  101 Adolescent HIV Pre-Exposure Prophylaxis (PrEP): What You Need to Know – Andrea Bailer, MSN, CRNP
  102 Chest Pain Evaluation Using the HEART Score: A Retrospective Review – Sandra Arnold, DNP, CNS, FNP-BC
  103 Lyme Disease, Thinking Beyond the Stereotypical Rash: Atypical Case Study Presentations – Tricia Meyer, DNP, CRNP, FNP-BC, AGACNP-BC, NE-BC
  104 Comprehensive Strategies in Treating Irritable Bowel Syndrome in Primary Care – M. Elayne DeSimone, PhD, NP-C, FAANP
  105 Precepting an Advance Practice Student? - Best Practice for Precepting Adult Learners – Debbie Rahn, EdD, MSN, RN, FABC
Conference Schedule

12:00 p.m.-1:00 p.m. Lunch
1:15 p.m.-2:15 p.m. Concurrent Sessions 2

201 Pap, Breast, and All the Rest: Re-examining the Preventive Health Narrative of the Gynecologic Exam
    – Beth Kotarski, MSN, FNP, WHNP-BC

202 Post Intensive Care Syndrome - What Primary Care Nurse Practitioners Need to Know
    – Barbara Birriel, PhD, ACNP-BC, FCCM | Kimberly Joseph, MD, FACS, FCCM

203 Buprenorphine and Acute Pain: What’s Next? – Gina Slobogin, MSN, RN, APRN, FNP-BC, DNPC

204 Primary Care of Headache and Migraines – Ann Kriebel-Gasparro, DrNP, MSN, CRNP, DNP-BC, GNP-BC

205 Health, Safety and Wellness at the Touch of a Finger – Kimberly Olszewski, DNP, CRNP, COHN-S/CM, FAAOHN

2:15 p.m.-2:30 p.m. Refreshment Break - Poster Exhibit in the Exhibit Hall
2:30 p.m.-3:30 p.m. Concurrent Sessions 3

301 Identifying High Risk Behaviors of Adolescents in the Primary Care Setting – Jennifer Sheaffer, MSN, FNP-BC

302 Venous Thromboembolic (VTE) Disease: A Case-Based Approach to Risk Assessment, Prevention and Management – Tiffany Pellathy, ACNP-BC

303 Optimizing Dementia Associated Psychosis Care in Older Adults – Cynthia Blevins, MEd, DNP, CRNP

304 Heart Failure Case Studies - Incorporating Guideline Directed Medical Therapy into Practice – Mary Louise Osevala, MSN, CNS, CHFN, ANP-BC

305 Transgender Care: What You Need to Know – Marie Engberg, MSN, FNP-BC, PMHNP-BC | Joanne Goodall, MSN, CRNP | Janelle Johns, MSN, CRNP

4:00 p.m.-5:00 p.m. Concurrent Sessions 4

401 Endometriosis: Beyond the Basics – Pamela Keller, MSN, FNP-C

402 Current EBP Guidelines in Sepsis and Septic Shock – Don Bucher, DNP, ACNP-BC, FCCP

403 Drugs of Addiction – Mary Jo Cerepani, DNP, FNP-BC, CEN, FAANP

404 Managing Dyslipidemia: 2018 Update – Caroline DeRichemond, MSN, CRNP

405 Leadership: A Role Every Nurse Practitioner Plays – Craig Ronco, MSN, CRNP

5:00 p.m. Adjourn

Evening on Your Own – Enjoy exploring all that Kalahari has to offer!

SATURDAY, NOV. 3

6:00 a.m.-6:55 a.m. Zumba
7:00 a.m.-4:15 p.m. Registration Open
7:00 a.m.-8:00 a.m. Breakfast with Exhibitors
8:00 a.m.-9:00 a.m. Practice Authority and Future Roles for Nurse Practitioners
    – Col. Edward E. Yackel, DNP, FNP-C, FAAN

8:00 a.m.-9:00 a.m. Malpractice Case Studies Against Nurse Practitioners – David Griffiths, MBA, BS
Conference Schedule

10:00 a.m.-10:30 a.m.   Refreshment Break in Exhibit Hall
10:30 a.m.-11:30 a.m.   **Concurrent Sessions 5**
   **501** Autism Spectrum Disorder in the Primary Care Setting – Victoria Weill, MSN, CRNP, PPCNP-BC, CPNP-PC
   **502** Acute Coronary Syndrome: Diagnosis and Management – Valerie Dziados, MSN, CRNP, ANP-BC, AGACNP-BC
   **503** Recognizing and Assisting Victims of Human Trafficking – Mary Wilby, PhD, MPH, CRNP
   **504** The Role of a Nurse Practitioner in the Screening and Diagnosis of Hematuria: What Do You Need to Know? – Adele Caruso, DNP, CRNP
   **505** Value-Based Healthcare: Implications for Nurse Practitioners – Kathleen Sheikh, PhD, FNP-BC
11:45 a.m.-12:45 p.m.   Lunch - Poster Award Winners
1:00 p.m.-2:00 p.m.   **Concurrent Sessions 6**
   **601** Integrative Approach to Women’s Health Issues in Family Practice – Valerie Ballard, DNP, NP
   **602** Aortic Disease: Surveillance and Criteria for Surgical Intervention – Melanie Freas, MSN, CRNP-BC
   **603** Pain Management in an Opioid Crisis – Corinne Koch-Blaydon, MSN, CRNP
   **604** Past, Present, and Future of Inhaled Medications for COPD – Donald Bucher, DNP, ACNP-BC, FCCP
   **605** Tending Your Inner Garden: Leveraging the Microbiome to Improve Health – Brenda Hage, PhD, DNP, CRNP, FNP, AGPCNP-BC, CCM, RN-BC
2:15 p.m.-3:15 p.m.   **Concurrent Sessions 7**
   **701** Implications of Vaccines and Resistance Patterns in Choosing Outpatient Pediatric Respiratory Antibiotics – Victoria Weill, MSN, CRNP, PPCNP-BC, CPNP-PC
   **702** Fundamentals of Vital Signs: A Case-Based Approach to Differential Diagnosis – Megan Vennero, MSN, ACNP-BC
   **703** Clinical Update on Screening & Pharmacologic Management of Alcohol Use Disorder – Kirstyn Kameg, SNP, PMHNP-BC
   **705** Bias! Who? Me? – Cheryl Jackson, DNP, FNP-C
3:15 p.m.-3:30 p.m.   Break
3:30 p.m.-4:30 p.m.   **Concurrent Sessions 8**
   **801** Heart Smart 101 for Women and Heart Disease – Kathaleen King-Dailey, DNP, CRNP, CCRN, CHFN
   **802** CDC Guidelines on Opioid Management: An Update and Clinical Review – Mark Wells, DNP, NP-C
   **803** Complementary Health Approaches to Treat Depression, Anxiety, and Insomnia: What Does the Evidence Say? – Shannon Romano, MSN, CRNP | Karen Detweiler, MSN, ANP-BC
   **804** If It’s Viral, Wait a While: Antibiotic Stewardship in the Outpatient Setting – Elizabeth Gillette, MSN, CRNP, FNP-c, DNP-s
   **805** Workforce Satisfaction and Staff Turnover: How to Recognize Burnout and What To Do About It – Cheryl Fattibene, DNPC, MSN, MPH, CRNP
4:30 p.m.   Adjourn
Registration Information

REGISTRATION FEES

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REGISTRATION CANCELLATION POLICY

All registration cancellations and refund requests must be made in writing by Oct. 5, 2018. A refund of the full conference fee, minus a $75 administrative fee, will be given for cancellations received by that date. No refunds will be granted for requests received on or after Oct. 5, 2018. Submit all requests to Olivia Heider at meetings@pacnp.org. PCNP regrets that refunds will not be given for no-shows. Refunds will not be processed until after the conference.

REGISTRATION NOTES

- Members must log into the PCNP website to receive member pricing.
- Every attendee must register separately, including attendees from the same institution.
- All registrants MUST choose their courses under “Attendee Selections.” Those who choose to attend a workshop will have to make that selection and choose the corresponding ticket to add it to your registration.

EMERGENCY ILLNESS OR DEATH OF REGISTRANT OR IMMEDIATE FAMILY MEMBER

Registrants who are unable to attend the PCNP 16th Annual Conference because of a serious illness or death may receive a partial refund (amount paid minus the $75 processing fee) or full credit for a future meeting (as applicable) in the following instances:

- Personal illness or death of the attendee;
- Illness or death in the immediate family of the attendee. Immediate family refers to a person’s parents, spouse, children, and siblings and will also include the parent’s spouse.

Requestors must submit the request in writing to the PCNP Office along with written documentation from a provider. The Executive Director and PCNP President will review the request to ensure it is in accordance with written policy.

SUBSTITUTIONS

You may substitute registrants (from the same office/practice) prior to the conference. Please contact the PCNP Office at 412-243-6149 x104 for assistance. PCNP does not accept responsibility for no shows at the conference.
Venue & Housing Information

CONFERECE VENUE/HOTEL
Kalahari Resort and Conference Center
250 Kalahari Blvd
Pocono Manor, PA 18349

CONFERENCE ROOM RATE
$195 per night*

Set amidst a forest in the Pocono Mountains, this sprawling, African-themed resort is 2 miles from I-380 and 11 miles from Pocono Raceway.

Warm, modern rooms have free high-speed Internet and flat-screens, plus minifridges, microwaves and pull-out sofas. The 2- to 5-bedroom suites add living areas and fireplaces.

Amenities include 14 restaurants and bars, a convention center, and a 100,000 sq ft indoor water park, as well as a spa, a shopping center and a gym. There's also an arcade, a virtual reality gaming arena and an outdoor adventure park, plus a sports center offering seasonal activities like fishing, ice skating and cross-country skiing.

Attendees will receive hotel booking information in their conference registration confirmation email. You must register for the conference before booking your room at Kalahari.

*The PCNP block is NOT guaranteed through the deadline of Oct. 1, 2018. Once the block sells out, rooms will be available on a “space and rate availability basis” and the discounted conference rate will NOT be guaranteed. It is advised that you make your hotel arrangements as soon as possible.

HOUSING BOOKING ALERT
The PCNP 16th Annual Conference is NOT affiliated with a housing company. Please be careful if approached by any company or service claiming to be an official housing provider for PCNP 16th Annual Conference. PCNP offers the guaranteed lowest rate available. In the past, the PCNP has been made aware of travel companies that are entirely fraudulent, misleading exhibitors and attendees with false information. Please note that you can ONLY book a room in the PCNP 16th Annual Conference block by using the booking information found in your conference registration confirmation email. If you are contacted by a housing company trying to sell hotel rooms for this conference, please contact PCNP conference management at 412-243-6149 x 104.
Thank You Sponsors & Exhibitors!

Exhibitors confirmed as of July 2, 2018

**Gold Sponsors**

Abbott
Alecion Pharmaceuticals
Allegheny Health Network
American Association of Nurse Practitioners
Amgen
AstraZeneca
California Casualty Auto & Home Insurance
Correct Care Solutions
DeSales University of Nursing and Health
FHEA
Geisinger
Guthrie Clinic
Gwynedd Mercy University Nursing

Inspire Medical Systems, Inc.
MedExpress
Merck & Co., Inc - Women’s Health
Merck & Co., Inc
Miller University Nursing Department
National Network of Libraries of Medicine MAR
Novo Nordisk
Penn Medicine
Sanofi
Shriners Hospital for Children
Valeritas
West Chester University
Wolters Kluwer

KNOW A COMPANY THAT SHOULD EXHIBIT?

Visit the PCNP conference page – [www.pacnp.org/conference](http://www.pacnp.org/conference) – to share our digital exhibitor prospectus! We know you work with industry-leading companies every day. Share our prospectus with your contacts and encourage them to exhibit in Kalahari this November. With nearly 600 attendees, the PCNP 16th Annual Conference is the largest gathering of nurse practitioners in the commonwealth.
Workshops

PCNP is offering pre-conference workshops options to provide hands-on learning on several topics. Plan to come early to benefit from sessions on a variety of topics from critical care, acute care, primary care, and women’s health.

**TWO-DAY WORKSHOP**

**FUNDAMENTALS OF CRITICAL CARE SUPPORT**

*Brenda Engler, ACNP-BC*

When: Oct. 31 - 8:00 a.m.-5:00 p.m. | Nov. 1 - 8:00 a.m.-5:00 p.m.

Cost: $300

This two-day comprehensive course addressing fundamental management principles for the first 24 hours of critical care. The Fundamentals of Critical Care Support (FCCS) curriculum is intended to introduce principles important in the initial care of critically ill/injured patients to nurse practitioners who may or may not be skilled in critical care but who must care for such patients during early stabilization and in anticipation of the arrival of an intensivists, specialist or pending transfer of the patient to a tertiary center. FCCS is designed to prepare health care providers caring for unstable, critically ill or injured patients. As such, the course is designed:

- To better prepare the non-intensivist for the first 24 hours of management of the critically ill patient until retransfer or appropriate critical care consultation can be arranges.
- To assist the non-intensivist in dealing with sudden deterioration of the critically ill patient.
- To prepare house staff for ICU coverage.
- To prepare nurses and other critical care practitioners to deal with acute deterioration in the critically ill patient.

Objectives:

- Prioritize assessment needs for the critically ill or injured.
- Select appropriate diagnostic tests.
- Identify and respond to significant changes in the unstable patient.

**HALF-DAY MORNING WORKSHOPS**

**SUTURING WORKSHOP**

*Denise Ramponi, DNP, FNP-C, ENP, BC, FAWN, FAANP*

When: Nov. 1 - 8:00 a.m.-11:00 a.m.

Cost: $100

This is an introductory workshop for nurse practitioners who have limited or no experience in suturing. The Suturing workshop covers instrument basics such as suture types and selection, proper loading of the needle, wound assessment, local anesthesia, aftercare, and documentation. Participants will have the opportunity to demonstrate stapling and a variety of suturing techniques.

**BLENDING EASTERN AND WESTERN APPROACHES TO HEALTH CARE: THE USE OF AROMATHERAPY, REIKI, AND HEALING TOUCH FOR SELF AND PATIENTS**

*M. Elyane DeSimone, PhD, NP-C, FAANP*

When: Nov. 1 - 8:00 a.m.-11:00 a.m.

Cost: $100

Holistic approaches to self-care and patient care have become integrated into Western Societies. This three hour workshop is intended to introduce the participant to two complementary therapies: the use of essential oils and the use of Reiki/ healing touch. A presentation of the current evidence base for both strategies will be followed by demonstration and practice session. Participants will be able to demonstrate the safe use of essential oils for personal and prescriptive use and be exposed to a variety of oils and blends that are commonly used. Each participant will receive a sample of essential oils with which to practice during session. In the second half of the workshop participants will be introduced to and practice setting intention, hand positions and basic Reiki and Healing Touch components.
HALF-DAY AFTERNOON WORKSHOPS

MINOR PROCEDURES
Elizabeth Blunt, PhD, EN, RNP-BC | Colleen Stellabotte, CRNP
When: Nov. 1 - 1:00 p.m.-4:00 p.m.
Cost: $100
This hands-on presentation will cover digital block, ingrown toenail management, nail removal, subungual hematoma release, and abscess I & D. Participants will have an opportunity to practice the skills presented under faculty supervision. Content will include:
• Identification and management of ingrown toenail
• Indications for digital block and anesthesia choices
• Indications and procedure for subungal hematoma release
• Indications and procedure for abscess I & D
Participants will have an opportunity to practice the skills demonstrated.

WOMEN’S PRIMARY CARE OFFICE PROCEDURES
Susan Hellier, PhD, DNP, FNP-BC, CNE
When: Nov. 1 - 1:00 p.m.-4:00 p.m.
Cost: $100
In response to the growing body of evidence that simulation is a satisfactory way to instruct procedural skills, I have developed an innovative model to teach common gynecologic procedures such as cervical cancer and STD screening, cervical polyp removal, intrauterine device removal, and endometrial biopsy. In a well-reviewed three-hour workshop setting that uses low-fidelity simulation, participants’ will learn common primary care gynecological procedures using evidence based techniques.

Sponsored Dinners
Engage in additional educational content sponsored by several vendors. Learn more information about each dinner and how to register in your conference registration confirmation email.

Thursday, Nov. 1, 2018 6:00 p.m.
Clinical Training Program for NEXPLANON (etonogestrel implant) 68 mg Radiopaque
Sponsored by Merck

Friday, Nov. 2, 2018 6:00 p.m.
Hypertriglyceridemia & Pancreatitis: Separating Secondary Causes from Familial Chylomicronemia Syndrome (FCS)
Sponsored by AKCEA Therapeutics
OPENING RECEPTION
The PCNP 16th Annual Conference Opening Reception is a great way to kick off what is sure to be a terrific conference! Join fellow attendees and exhibitors on Thursday, Nov. 1 from 4:00 p.m. to 6:00 p.m. in the exhibit hall for light hors d’oeuvres and a cash bar while mingling with nurse practitioners from across the commonwealth. Take time to visit the exhibitor booths to learn about the latest products and services applicable to your practice. You can also create a fun keepsake with your NP friends and colleagues in our photo booth! Generously sponsored by NSO, the photo booth will be available during the reception to capture your PCNP 16th Annual Conference memories.

HEADSHOT BOOTH
Dress for success and have your professional headshot taken in our headshot booth. Generously sponsored by NSO, the photo booth will be open on Friday and Saturday to sit with our professional photographer. Remember to bring your white coat to use the shot on your company’s website, on social networks, for volunteer opportunities and more.

SAVE BY JOINING PCNP
Not a member? Save on conference registration – and have a voice in your profession in the commonwealth – by joining PCNP. Visit www.pacnp.org/join to become a member. After you join, you can log into the PCNP website to enjoy additional savings on conference registration while keeping a pulse on the profession! Member benefits include:

• Having your professional voice represented in Harrisburg and beyond
• Employment Opportunities
• Professional Development
• Professional Mentorship
• Access to professional, CRNP-only list serve to discuss clinical and professional issues
• Reduced conference rates
• Lobbying and Leadership on your behalf
• Contributing to the direction of the nurse practitioner profession

DONATE TO PCNP’S BASKET RAFFLES
PCNP relies on its PAC fund to help us in our lobbying efforts. The Annual Conference basket raffles are our PAC fund’s largest fundraiser of the year. Last year, we were able to raise more than $16,500 at the conference alone! Each PCNP region donates a fun basket for our raffles. Individuals are also encouraged to donate to help us raise funds! Recent basket items have included:

• Vera Bradley purses and travel bags
• Wines, beers and gourmet foods
• Apple products (Apple Watch, iPad Mini)
• Region-specific food and house items
• Holiday items
• Coach leather goods
• Medical resources and supplies
• Gift cards
• Spa items

If you are interested in donating a basket, please email meetings@pacnp.org with the contents you intend to donate.
Conference Planner

Select your classes below and bring it with you to the conference for a customized, at-your-fingertips agenda in November.

WEDNESDAY, OCT. 31
8:00 a.m.-5:00 p.m.  □ Workshop Day 1: Fundamentals of Critical Care Support

THURSDAY, NOV. 1
8:00 a.m.-5:00 p.m.  □ Workshop Day 2: Fundamentals of Critical Care Support
8:00 a.m.-11:00 a.m. □ Workshop: Suturing
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 □ Workshop: Women’s Primary Care Office Procedures

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 □ 103 Lyme Disease, Thinking Beyond the Stereotypical Rash: Atypical Case Study Presentations
 □ 104 Comprehensive Strategies in Treating Irritable Bowel Syndrome in Primary Care
 □ 105 Precepting an Advance Practice Student? - Best Practice for Precepting Adult Learners
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 □ 203 Buprenorphine and Acute Pain: What’s Next? □ 204 Primary Care of Headache and Migraines
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 □ 302 Venous Thromboembolic (VTE) Disease: A Case-Based Approach to Risk Assessment, Prevention and Management
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 □ 304 Heart Failure Case Studies - Incorporating Guideline Directed Medical Therapy into Practice
 □ 305 Transgender Care: What You Need to Know
4:00 p.m.-5:00 p.m. Concurrent Sessions 4
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 □ 403 Drugs of Addiction □ 404 Managing Dyslipidemia: 2018 Update
 □ 405 Leadership: A Role Every Nurse Practitioner Plays

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 □ 502 Acute Coronary Syndrome: Diagnosis and Management
 □ 503 Recognizing and Assisting Victims of Human Trafficking
 □ 504 The Role of a Nurse Practitioner in the Screening and Diagnosis of Hematuria: What Do You Need to Know?
 □ 505 Value-Based Healthcare: Implications for Nurse
1:00 p.m.-2:00 p.m. Concurrent Sessions 6
 □ 601 Integrative Approach to Women’s Health Issues in Family Practice
 □ 602 Aortic Disease: Surveillance and Criteria for Surgical Intervention □ 603 Pain Management in an Opioid Crisis
 □ 604 Past, Present, and Future of Inhaled Medications for COPD
 □ 605 Tending Your Inner Garden: Leveraging the Microbiome to Improve Health
2:15 p.m.-3:15 p.m. Concurrent Sessions 7
 □ 701 Implications of Vaccines and Resistance Patterns in Choosing Outpatient Pediatric Respiratory Antibiotics
 □ 702 Fundamentals of Vital Signs: A Case Based Approach to Differential Diagnosis
 □ 703 Clinical Update on Screening & Pharmacologic Management of Alcohol Use Disorder
3:30 p.m.-4:30p.m. Concurrent Sessions 8
 □ 801 Heart Smart 101 for Women and Heart Disease
 □ 802 CDC Guidelines on Opioid Use: An Update and Clinical Review
 □ 803 Complementary Health Approaches to Treat Depression, Anxiety, and Insomnia: What Does the Evidence Say?
 □ 804 If It’s Viral, Wait a While: Antibiotic Stewardship in the Outpatient Setting
 □ 805 Workforce Satisfaction and Staff Turnover: How to Recognize Burnout and What To Do About It