PCNP 17th Annual Conference

Bridging the Healthcare Gap

Conference Brochure

Oct. 3-5, 2019

The Westin Convention Center | Pittsburgh, PA

www.pacnp.org/conference
Welcome to the 17th Annual Conference!

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EDUCATIONAL SCHEDULE AT A GLANCE

WEDNESDAY, OCT. 2
8:00 a.m.-5:00 p.m.
All-Day Workshop
Part 1

THURSDAY, OCT. 3
8:00 a.m.-11:00 a.m.
Morning Workshops
1:00 p.m.-4:00 p.m.
Afternoon Workshops
4:30 p.m.-6:00 p.m.
Opening Reception in Exhibit Hall

FRIDAY, OCT. 4
8:00 a.m.-9:45 a.m.
General Sessions
10:15 a.m.-11:15 a.m.
Concurrent Sessions 1
11:30 a.m.-12:30 p.m.
Concurrent Sessions 2
1:40 p.m.-2:40 p.m.
Concurrent Sessions 3
3:45 p.m.-5:30 p.m.
General Sessions
5:30 p.m.-7:30 p.m.
PAC Reception

SATURDAY, OCT. 5
8:00 a.m.-10:00 a.m.
General Sessions
10:30 a.m.-11:30 a.m.
Concurrent Sessions 4
1:00 p.m.-2:00 p.m.
Concurrent Sessions 5
2:15 p.m.-3:15 p.m.
Concurrent Sessions 6
3:30 p.m.-4:30 p.m.
Concurrent Sessions 7
ABOUT PCNP
The Pennsylvania Coalition of Nurse Practitioners (PCNP) is the state association that represents the interests of more than 12,400 nurse practitioners across the Commonwealth. Composed of 17 regional groups and members-at-large, PCNP has been advocating for professional practice and improving access to high-quality healthcare since the 1980s. PCNP proudly offers the largest nurse practitioner educational conference in the state, and is dedicated to providing a dynamic event for attendees and exhibitors alike.

COURSE DESCRIPTION
The PCNP Annual Conference is a four-day conference offering current information to enhance the practice and professional development of nurse practitioners who care for patients across the lifespan. Both primary and acute care topics will be presented as well as workshops with hands-on learning. Networking opportunities are incorporated to enhance professional growth.

COURSE OBJECTIVES
Following the program, the participant will be better able to:

- Integrate evidence-based knowledge into clinical practice.
- Apply current pharmacotherapeutics into clinical practice.
- Verbalize understanding of current policies affecting NPs both regionally and nationally, including how to effect change.

POSTER PRESENTATIONS
Visit the poster presentations featuring the latest evidence in the field. You can view the posters any time on Friday or Saturday morning. A detailed schedule with information on attended poster presentations will be available in the final handouts.

ACCREDITATION/CONTINUING EDUCATION
This education activity will be submitted to the American Association of Nurse Practitioners for approval.

POLICY ON FACULTY AND SPONSORSHIP
It is the policy of PCNP to have the faculty and sponsors disclose real or apparent conflicts of interest relating to the topics of the educational activity. Faculty and sponsors will also disclose discussion of unlabeled, unapproved uses of drugs or devices during their presentations.

SAVE THE DATE:
PCNP’S 18TH ANNUAL CONFERENCE
Oct. 23-25, 2020
Philadelphia 201 | Philadelphia, PA
## Conference Schedule

### WEDNESDAY, OCT. 2

- 7:00 a.m.-8:00 a.m. | Registration Open
- 8:00 a.m.-5:00 p.m. | **Workshop – Part 1**: Fundamentals of Critical Care Support - Brenda Engler, ACNP-BC

### THURSDAY, OCT. 3

- 7:00 a.m.-5:30 p.m. | Registration Open
- 8:00 a.m.-5:00 p.m. | **Workshop - Part 2**: Fundamentals of Critical Care Support - Brenda Engler, ACNP-BC
- 8:00 a.m.-11:00 a.m. | **Workshop**: Suturing Workshop - Denise Ramponi, DNP, FNP-C, ENP-BC, FAEN, FAANP
- 8:00 a.m.-11:00 a.m. | **Workshop**: Bits, Bites and Other Things - Elizabeth Blunt, PhD, RN, FNP-BC | Colleen Stellabotte, CRNP
- 12:00 p.m.-1:00 p.m. | Lunch On Your Own
- 1:00 p.m.-4:00 p.m. | **Workshop**: Minor Procedures - Elizabeth Blunt, PhD, RN, FNP-BC | Colleen Stellabotte, CRNP
- 1:00 p.m.-4:00 p.m. | **Workshop**: Women’s Primary Care Office Procedures - Susan Hellier, PhD, DNP, FNP-BC, CNE
- 4:30 p.m.-6:00 p.m. | Opening Reception with Exhibitors

### FRIDAY, OCT. 4

- 6:00 a.m.-6:55 a.m. | Yoga
- 7:00 a.m.-5:00 p.m. | Registration Open
- 7:00 a.m.-8:00 a.m. | Attended Poster Session | Breakfast with Exhibitors
- 8:00 a.m.-8:30 a.m. | **Welcome – Adele Marie Caruso, DNP, CRNP | PCNP President**
- 8:30 a.m.-9:45 a.m. | **Welcome and Announcements** – Erin Davis, MSN, CRNP | PCNP Program Chair
- 8:30 a.m.-9:45 a.m. | **Connected Care: The Nurse Practitioner’s Call to Action** – Tearsanee Davis, DNP, FNP-BC
- 9:45 a.m.-10:15 a.m. | Attended Poster Session | Refreshment Break with Exhibits
- 10:15 a.m.-11:15 a.m. | **Concurrent Sessions 1**
  - **101 Taming the Starfish of Death: Emergent Management of Acute Intracranial Hemorrhage** – Jacob Miller, FNP, ACNP, CNS, CCRN, CFRN, EMT-P
  - **102 Diagnosis and Management of Anemia in the Outpatient and Inpatient Setting** – Lisa Johnson, DNP, CRNP, ACNP-BC | Andrea Wolf, DNP, FNP-BC, ANP-BC, PMHCNS-BC
  - **104 Rabies: A Bite That Could Kill You** – Maria Lanzi, MS, MPH, ANP-BC, COHN-S, CTH
  - **105 The Art of Difficult Conversations: Tips, Tools, and Techniques** – Elizabeth Wirth-Tomaszewski, DNP, CCRN, ACNP-BC, ACNPC
- 11:30 a.m.-12:30 p.m. | **Concurrent Sessions 2**
  - **201 ARDS: Is There Anything New?** – Don Bucher, DNP, ACNP-BC, FCCP
  - **202 Case Studies in Adult Primary Care and Pain Management** – Mary Verderame, MSN, CRNP | Kelly Bieber, MSN, CRNP
  - **203 My Diagnosis is Wrong? Metacognition, Cognitive Bias, and Debiasing Strategies to Improve Diagnostic Accuracy** – Patricia Griffith, MSN, CRNP
  - **204 Malpractice: Cases, Trends, and a Walk-through of a Lawsuit** – David Griffiths
  - **205 The Nurse Practitioner Role in Team-Based Care for Chronic Diabetes Management** – Janelle Johns, MSN, CRNP | Sarah Winter, PharmD, BCPS
Conference Schedule

12:30 p.m.-1:30 p.m.  Lunch
1:40 p.m.-2:40 p.m.  Concurrent Sessions 3

- **301 RRTs: Improving Outcomes Through Best Practices**
  - Anne Dabrow Woods, DNP, RN, CRNP, ANP-BC, AGACNP-BC, FAAN
- **302 Addiction: Family, Friends, Provider and Brain**
  - Lynn Thompson, FNP-BC
- **303 When it’s Not “Uncomplicated”: Treating Syphilis, Gonorrhea, and Chlamydia**
  - Lorraine Bock, DNP, FNP-BC, ENP-C, FAAN
- **304 Let’s Get SMART Technology to Help Older Adults to Age in Place**
  - Lori Martin-Plank, PhD, FNP-C, GNP-BC, DFNAP, FAANP
- **305 Interpretation of the Obesity Guidelines and Implementing Weight Loss Strategies in Primary Care**
  - Bernadette Sherman, DNP, FNP-C, CCRN

2:40 p.m.-3:45 p.m.  Attended Poster Session | Refreshment Break with Exhibitors
3:45 p.m.-5:30 p.m.  PCNP General Session

- **Pennsylvania is Ready! Where We Are Today** – Adele Marie Caruso, DNP, CRNP | Long & Nyquist
- **The PCNP Advantage!** – Adele Marie Caruso, DNP, CRNP | PCNP President
- **Association Update** – Margaret Pearl | PCNP Executive Director
- **PCNP: A New Era in Shaping Health Policy** – Maria Battista, JD, EdD | Director of Policy and Government Affairs
- **PCNP Annual Business Meeting** – Adele Marie Caruso, DNP, CRNP
- **Sheila Gealey Award Presentation** – Mary Jo Cerepani, DNP, FNP-BC, ENP-C, FAANP, FAEN

5:30 p.m.-7:00 p.m.  PAC To the Future Networking Event

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Meet our 2019 Keynote Speaker:

**Tearsanee Davis, DNP, FNP-BC**

Tearsanee Davis is the Director of Clinical and Advanced Practice Operations for the Center for Telehealth at the University of Mississippi Medical Center in Jackson, Mississippi. Dr. Davis is responsible for all telehealth clinical operations and serves as principal investigator for telehealth research projects. In this role, Dr. Davis promotes the use of technology to reduce barriers to healthcare as it relate to access to care for underserved areas. With over 20 years of nursing experience, she has worked in various healthcare settings which include private practice, community health, emergency medicine, and academia. She is a member of numerous professional organizations and participates in committees that promote the profession of nursing, removing barriers to nurse practitioner (NP) practice, and others that bring attention to improving access to care for all. Dr. Davis is committed to sharing knowledge obtained during her work as a nurse practitioner in Telehealth and in her service as NP faculty in various programs and as a national speaker. Dr. Davis is the Principal investigator of the Mississippi Diabetes Telehealth Network which led to the enactment of legislation for increased reimbursement for Telehealth services in Mississippi. One of her greatest accomplishments is being selected for a Bronze Medal Award for Excellence in Research at the University of Mississippi Medical Center in 2018. To date, she is the only Nurse Practitioner to receive the award since its inception in 2000. She obtained a Bachelor of Science in Nursing from the University of Southern Mississippi, Master of Science in Nursing (FNP) from Alcorn State University, and a Doctorate of Nursing Practice from the University of Alabama at Birmingham.
**SATURDAY, OCT. 5**

6:00 a.m.-6:55 a.m.  Yoga
7:00 a.m.-4:15 p.m.  Registration Open
7:00 a.m.-8:00 a.m.  Breakfast with Exhibitors
8:00 a.m.-10:00 a.m.  **Pain Management and Opioids: Balancing Risks and Benefits**
10:00 a.m.-10:30 a.m.  Refreshment Break with Exhibitors
10:30 a.m.-11:30 a.m.  **Concurrent Sessions 4**

401  **Understanding Pennsylvania Act 169 and Advance Directives: Nurse Practitioner Roles**  – Debbie Rahn, EdD, MSN, RN
402  **Seamless and Successful Sickle Cell Care: Bridging a Gap Between Hospital and Primary Care**  – Michelle DeCastro, MSN, CRNP | Gaye S. Riddick-Burden, CRNP-BC
403  **Riding The Wave of Change in Heart Failure Management: New Drugs and Technology**  – Suzanne Frazier, MS, CRNP, Np-C, CHFN
404  **Are You Ready for a Disaster: Personally and Professionally?**  – Kay Bleecher, MSN, CRNP, CEN, PHRN, FAEN
405  **Navigating New Jobs and Balancing Your Life**  – Cindy Blevins, DNP, MEd, CRNP

11:45 a.m.-12:45 p.m.  Lunch | Poster Award Winners | Basket Raffle and 50/50
2:15 p.m.-3:15 p.m.  Concurrent Sessions 6

601  **Diagnosis, Management, and Prevention of Common Acute Care Infections**  – Lori Cox, MSN, ACNPC, CCRN, FCCM
602  **Trauma, Self-Harm, and Depression in Adolescents**  – LuAnn Richardson, PhD, DNP, FNP, PMHNP
603  **Prescribing Antiepileptic Medications for Adults**  – Kristen Fulton, MSN, AG-ACNP-BC
604  **What I Wish I Had Known About Rheumatology**  – Cindy Blevins, DNP, MEd, CRNP
605  **Influenza: History and Progress**  – Maria Lanzi, MS, MPH, ANP-BC, COHN-S, CTH

3:15 p.m.-3:30 p.m.  Refreshment Break
4:30 p.m.  Adjourn
REGISTRATION FEES

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<tr>
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<th>Member Rate</th>
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REGISTRATION CANCELLATION POLICY

All registration cancellations and refund requests must be made in writing by Sept. 2, 2019. A refund of the full conference fee, minus a $75 administrative fee, will be given for cancellations received by that date. **No refunds will be granted for requests received on or after Sept. 2, 2019.** Submit all requests to Lisa Oddo at meetings@pacnp.org. PCNP regrets that refunds will not be given for no-shows. Refunds will not be processed until after the conference.

REGISTRATION NOTES

- Members must log into the PCNP website to receive member pricing.
- Every attendee must register separately, including attendees from the same institution.
- All registrants MUST choose their courses under “Attendee Selections.” Those who choose to attend a workshop will have to make that selection and choose the corresponding ticket to add it to your registration.

EMERGENCY ILLNESS OR DEATH OF REGISTRANT OR IMMEDIATE FAMILY MEMBER

Registrants who are unable to attend the PCNP 17th Annual Conference because of a serious illness or death may receive a partial refund (amount paid minus the $75 processing fee) or full credit for a future meeting (as applicable) in the following instances:

- Personal illness or death of the attendee; or
- Illness or death in the immediate family of the attendee. Immediate family refers to a person’s parents, spouse, children, and siblings and will also include the spouse’s parent.

Requestors must submit the request in writing to the PCNP Office along with written documentation from a provider. The Executive Director and PCNP President will review the request to ensure it is in accordance with written policy.

SUBSTITUTIONS

You may substitute registrants (from the same office/practice) prior to the conference. Please contact the PCNP Office at 412-243-6149 x 104 for assistance. PCNP does not accept responsibility for no shows at the conference.
Venue & Housing Information

CONFERENCE VENUE/HOTEL
The Westin Convention Center, Pittsburgh
1000 Penn Ave
Pittsburgh, PA 15222

CONFERENCE ROOM RATE
$189 per night*

Rising high above the Steel City is The Westin Pittsburgh, a true urban oasis. Welcoming guests with curated amenities, design-forward accommodations and a perfect downtown location, the hotel sets the stage for a relaxing and productive stay in Pittsburgh. Benefit from the direct connection to the David L. Lawrence Convention Center and easily access must-sees like Heinz Field, PNC Park, Market Square and PPG Paints Arena. Airy and serene, guest accommodations are brimming with signature details like Westin Heavenly® Bed and Heavenly® Bath. Dine at Penn City Grille, the vibrant breakfast restaurant, or visit Bill’s Bar and Burger for mouthwatering American classics. Reenergize in the WestinWORKOUT® Fitness Studio, a state-of-the-art facility showcasing the latest cardio equipment.

Attendees will receive hotel booking information in their conference registration confirmation email. You must register for the conference before booking your room at the Westin.

*The PCNP block is NOT guaranteed through the deadline of Sept 2, 2019. Once the block sells out, rooms will be available on a “space and rate availability basis” and the discounted conference rate will NOT be guaranteed. It is advised that you make your hotel arrangements as soon as possible.

HOUSING BOOKING ALERT
The PCNP 17th Annual Conference is NOT affiliated with a housing company. Please be careful if approached by any company or service claiming to be an official housing provider for PCNP 17th Annual Conference. PCNP offers the guaranteed lowest rate available. In the past, the PCNP has been made aware of travel companies that are entirely fraudulent, misleading exhibitors and attendees with false information. Please note that you can ONLY book a room in the PCNP 17th Annual Conference block by using the booking information found in your conference registration confirmation email. If you are contacted by a housing company trying to sell hotel rooms for this conference, please contact PCNP conference management at 412-243-6149 x 104.
Thank You Sponsors & Exhibitors!

Exhibitors confirmed as of June 17, 2019

**Gold Sponsors**

- Duquesne University School of Nursing
- NSO
- UPMC Pinnacle

**Exhibitors**

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<th>Abbott Diabetes Care</th>
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<td>Medical Diagnostic Laboratories, LLC</td>
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**KNOW A COMPANY THAT SHOULD EXHIBIT?**

Visit the PCNP conference page – [www.pacnp.org/conference](http://www.pacnp.org/conference) – to share our digital exhibitor prospectus! We know you work with industry-leading companies every day. Share our prospectus with your contacts and encourage them to exhibit in Pittsburgh this October. With nearly 600 attendees, the PCNP 17th Annual Conference is the largest gathering of nurse practitioners in the commonwealth.
Workshops

PCNP is offering pre-conference workshops options to provide hands-on learning on several topics. Plan to come early to benefit from sessions on a variety of topics in critical care, acute care, primary care, and women’s health.

**TWO-DAY WORKSHOP**

**FUNDAMENTALS OF CRITICAL CARE SUPPORT**

*Brenda Engler, ACNP-BC*

When: Oct. 2 – 8:00 a.m.-5:00 p.m. | Oct. 3 - 8:00 a.m.-5:00 p.m.
Cost: $299

This two-day comprehensive course addressing fundamental management principles for the first 24 hours of critical care. The Fundamentals of Critical Care Support (FCCS) curriculum is intended to introduce principles important in the initial care of critically ill/injured patients to nurse practitioners who may or may not be skilled in critical care but who must care for such patients during early stabilization and in anticipation of the arrival of an intensivist, specialist or pending transfer of the patient to a tertiary center. FCCS is designed to prepare health care providers caring for unstable, critically ill or injured patients. As such, the course is designed:

- To prepare the non-intensivist for the first 24 hours of management of the critically ill patient until transfer or appropriate critical care consultation can be arranged.
- To assist the non-intensivist in recognition and treatment of sudden deterioration in patients not currently within a critical care setting.
- To prepare nurses and advanced practice providers early in their career in the intensive care unit to manage the acute deterioration of a critically ill patient.

Objectives:

- Prioritize assessment needs for the critically ill or injured.
- Select appropriate diagnostic tests.
- Identify and respond to significant changes in the unstable patient.

**HALF-DAY MORNING WORKSHOPS**

**SUTURING WORKSHOP**

*Denise Ramponi, DNP, FNP-C, ENP, BC, FAWN, FAANP*

When: Oct. 3 – 8:00 a.m.-11:00 a.m.
Cost: $100

This is an introductory workshop for nurse practitioners who have limited or no experience in suturing. The Suturing workshop covers instrument basics such as suture types and selection, proper loading of the needle, wound assessment, local anesthesia, aftercare, and documentation. Participants will have the opportunity to demonstrate stapling and a variety of suturing techniques.

**BITS, BITES, AND OTHER THINGS**

*Elizabeth Blunt, PhD, EN, RNP-BC | Colleen Stellabotte, CRNP*

When: Oct. 3 – 8:00 a.m.-11:00 a.m.
Cost: $100

This hands-on presentation will cover multiple techniques for foreign body removal from the ear, nose, and soft tissue including fish hooks and thrombosed hemorrhoids. Animal bites and indications for tetanus and rabies immunization and vaccination will be discussed. Participants will have an opportunity to practice the skills presented under faculty supervision. Content will include:

- Identification and management of thrombosed hemorrhoids
- Indications for local and anesthesia
- Indications and procedure for foreign body removal from the ear and nose
- Identification and management animal bites
- Indications for rabies vaccine

Participants will have an opportunity to practice the skills demonstrated.
HALF-DAY AFTERNOON WORKSHOPS

MINOR PROCEDURES
Elizabeth Blunt, PhD, EN, RNP-BC | Colleen Stellabotte, CRNP
When: Oct. 3 - 1:00 p.m.-4:00 p.m.
Cost: $100
This hands-on presentation will cover digital block, ingrown toenail management, nail removal, subungual hematoma release, and abscess I & D. Participants will have an opportunity to practice the skills presented under faculty supervision. Content will include:
• Identification and management of ingrown toenail
• Indications for digital block and anesthesia choices
• Indications and procedure for subungal hematoma release
• Indications and procedure for abcess I & D
Participants will have an opportunity to practice the skills demonstrated.

WOMEN’S PRIMARY CARE OFFICE PROCEDURES
Susan Hellier, PhD, DNP, FNP-BC, CNE
When: Oct. 3 - 1:00 p.m.-4:00 p.m.
Cost: $100
In response to the growing body of evidence that simulation is a satisfactory way to instruct procedural skills, I have developed an innovative model to teach common gynecologic procedures such as cervical cancer and STD screening, cervical polyp removal, intrauterine device removal, and endometrial biopsy. In a well-reviewed three-hour workshop setting that uses low-fidelity simulation, participants will learn common primary care gynecological procedures using evidence based techniques.

Pain Management and Opioids: Balancing Risks and Benefits

Saturday, October 5, 2019 | 8:00 a.m.-10:00 a.m.

Learning Objectives:
• Describe the pathophysiology of pain as it relates to the concepts of pain management
• Accurately assess patients in pain
• Develop a safe and effective pain treatment plan
• Identify evidence-based non-opioid options for the treatment of pain
• Identify the risks and benefits of opioid therapy
• Manage ongoing opioid therapy
• Recognize behaviors that may be associated with opioid use disorder

Activity announcement - IMPORTANT
AANP was able to bring this activity to PACNP and provide us with a small stipend to support our conference because of an educational grant from the REMS Program Companies. AANP wants to show the FDA and RPC that NPs have voluntarily taken this important education and are committed to patient safety and improved outcomes. The only way they can do that is by having everyone participate. If you haven't already, please take a moment and grab your device of choice and go to the URL up on the screen and take the pre-activity assessment – don’t forget to answer all the questions. After the presentation don’t forget to return and complete the post-activity assessment.
OPENING RECEPTION
The PCNP 17th Annual Conference Opening Reception is a great way to kick off what is sure to be a terrific conference! Join fellow attendees and exhibitors on Thursday, Oct. 3 from 4:30 p.m. to 6:00 p.m. in the exhibit hall for light hors d'oeuvres and a cash bar while mingling with nurse practitioners from across the commonwealth. Take time to visit the exhibitor booths to learn about the latest products and services applicable to your practice.

SAVE BY JOINING PCNP
Not a member? Save on conference registration – and have a voice in your profession in the commonwealth – by joining PCNP. Visit www.pacnp.org/join to become a member. After you join, you can log into the PCNP website to enjoy additional savings on conference registration while keeping a pulse on the profession! Member benefits include:

- Professional Advocacy - PCNP is always working to advance and protect your practice in Pennsylvania. Your membership helps strengthen our collective voice in Harrisburg and beyond and continue to help remove barriers to NP practice.
- Employment Opportunities - Whether you are searching for a job, posting your resume, or posting a job opening, PCNP has the Career Center for you!
- Professional Development - PCNP offers conferences, events, and meetings at state and regional levels. Members also receive discounts on conference rates.
- Practice Assistance - Membership with PCNP grants you access to a professional, CRNP-only list serve to discuss clinical and professional issues.
- We Keep You Informed - When there are changes or news that affects you, you will receive information include scope of practice, educational events, political regulatory and career opportunities. PCNP publishes a weekly Friday eNews and a bi-annual newsletter.
- Student Membership Discount - To support NP students we offer a substantial discounted membership on annual membership dues.
- Preceptor and Mentor Finders - Online search programs located on our website to assist you in your search. The preceptors and mentors available are nurse practitioner members who have volunteered their time to do so. You may also have the opportunity to find a potential preceptor or mentor at a local or regional function.
- Educational Opportunities - PCNP offers not only the annual conference, but the Student Symposium which is perfect for students or NPs recently transitioning into practice. The conference covers topics such as negotiating contracts, obtaining licenses, collaborating to develop competency, and more.
- Employment Opportunities - Whether you are searching for a job, posting your resume, or posting a job opening, PCNP has the Career Center for you!

DONATE TO PCNP’S BASKET RAFFLES
PCNP relies on its PAC fund to help us in our lobbying efforts. The Annual Conference basket raffles are our PAC fund's largest fundraiser of the year. Last year, we were able to raise more than $16,500 at the conference alone! Each PCNP region donates a fun basket for our raffles. Individuals are also encouraged to donate to help us raise funds! Recent basket items have included:

- Vera Bradley purses and travel bags
- Wines, beers and gourmet foods
- Apple products (Apple Watch, iPad Mini)
- Region-specific food and house items
- Holiday items
- Coach leather goods
- Medical resources and supplies
- Gift cards
- Spa items

If you are interested in donating a basket, please email meetings@pacnp.org with the contents you intend to donate.
**Conference Planner**

Select your classes below and bring it with you to the conference for a customized, at-your-fingertips agenda in October.

**WEDNESDAY, OCT. 2**

8:00 a.m.-5:00 p.m.  o Workshop Day 1: Fundamentals of Critical Care Support

**THURSDAY, OCT. 3**

8:00 a.m.-5:00 p.m.  o Workshop Day 2: Fundamentals of Critical Care Support

8:00 a.m.-11:00 a.m.  o Workshop: Suturing  o Workshop: Bits, Bites, and Other Things

1:00 p.m.-4:30 p.m.  o Workshop: Minor Procedures  o Workshop: Women’s Primary Care Office Procedures

4:30 p.m.-6:30 p.m.  o Opening Reception

**FRIDAY, OCT. 4**

8:00 a.m.-8:30 a.m.  o Welcome and Announcements

8:30 a.m.-9:45 a.m.  o Connected Care: The Nurse Practitioner’s Call to Action

10:15 a.m.-11:15 a.m.  **Concurrent Sessions 1**
   - 101 Taming the Starfish of Death: Emergent Management of Acute Intracranial Hemorrhage
   - 102 Diagnosis and Management of Anemia in the Outpatient and Inpatient Setting
   - 103 Primary Prevention of Cardiovascular Disease: An Update of the 2019 Guidelines
   - 104 Rabies: A Bite That Could Kill You
   - 105 The Art of Difficult Conversations: Tips, Tools, and Techniques

11:30 a.m.-12:30 p.m.  **Concurrent Sessions 2**
   - 201 ARDS: Is There Anything New?
   - 202 Case Studies in Adult Primary Care and Pain Management
   - 203 My Diagnosis is Wrong? Metacognition, Cognitive Bias, and Debiasing Strategies to Improve Diagnostic Accuracy
   - 204 Malpractice: Cases, Trends, and a Walk-through of a Lawsuit
   - 205 The Nurse Practitioner Role in Team-Based Care for Chronic Diabetes Management

1:40 p.m.-2:40 p.m.  **Concurrent Sessions 3**
   - 301 RRTs: Improving Outcomes Through Best Practices
   - 302 Addiction: Family, Friends, Provider and Brain
   - 303 When it’s Not “Uncomplicated”: Treating Syphilis, Gonorrhea, and Chlamydia
   - 304 Let’s Get SMART Technology to Help Older Adults to Age in Place
   - 305 Interpretation of the Obesity Guidelines and Implementing Weight Loss Strategies in Primary Care

3:45 p.m.-5:30 p.m.  o PCNP General Session

5:30 p.m.-7:00 p.m.  o PAC to the Future Networking Event

**SATURDAY, OCT. 5**

8:00 a.m.-10:00 a.m.  o Pain Management and Opioids: Balancing Risks and Benefits

10:30 a.m.-11:30 a.m.  **Concurrent Sessions 4**
   - 401 Understanding Pennsylvania Act 169 and Advance Directives: Nurse Practitioner Roles
   - 402 Seamless and Successful Sickle Cell Care: Bridging a Gap Between Hospital and Primary Care
   - 403 Riding The Wave of Change in Heart Failure Management: New Drugs and Technology
   - 404 Are You Ready for a Disaster: Personally and Professionally?
   - 405 Navigating New Jobs and Balancing Your Life

1:00 p.m.-2:00 p.m.  **Concurrent Sessions 5**
   - 501 Heated High Flow Oxygen: It is Not Just More O2
   - 502 “Suboxone” Saving Lives and Changing Lives!
   - 503 Caring for Our Nation’s Heroes: Common Urgent Care Conditions in the Veteran Population
   - 504 Will You Be Our Camp Nurse Practitioner?
   - 505 Influenza: History and Progress

2:15 p.m.-3:15 p.m.  **Concurrent Sessions 6**
   - 601 Diagnosis, Management, and Prevention of Common Acute Care Infections
   - 602 Trauma, Self-Harm, and Depression in Adolescents
   - 603 Prescribing Antiepileptic Medications for Adults
   - 604 What I Wish I Had Known About Rheumatology
   - 605 Help! My Patient has Hyponatremia; Now What Should I Do?

3:30 p.m.-4:30 p.m.  **Concurrent Sessions 7**
   - 701 Critical Care of the Trauma Patient
   - 702 Commercial Sexual Exploitation of Children
   - 703 When Chronic Care Becomes End of Life Care: Bridging the Gap
   - 704 Veteran Suicide
Support the Future of Healthcare in Pennsylvania

Fuel your future by attending the PCNP PAC fund “PAC to the Future” event at the PCNP Annual Conference. Join fellow nurse practitioners and their guests for an evening of food, music and fun as we raise funds for the PCNP PAC fund. Our PAC fund helps remove barriers to practice, and our next step is full practice authority. But we need YOUR help to make this a reality! Attend this event to network with colleagues while benefitting the PAC fund.

What: PCNP “PAC to the Future” Networking Event
When: Friday, Oct. 4 | 5:30 p.m.-7:00 p.m.
Where: The Westin Pittsburgh | 1000 Penn Ave, Pittsburgh, PA 15222
Why: To improve patient access!
Cost: $50 per ticket

Support the PAC and register you and your guests for the PAC to the Future Networking Event today! Tickets include entrance to the event, two drink tickets and hors d’oeuvres.

Register for the PAC to the Future Networking Event

100% of proceeds from the PCNP “PAC to the Future” event directly benefit the PCNP PAC fund. The PCNP PAC fund helps shape and support the future of healthcare in Pennsylvania. PCNP cannot accept payments from employers or unions. All ticket purchases must come from a personal account or personal credit card.

There will be NO REFUNDS granted for this event.