Program

June 19–22, 2019
Sheraton Station Square
Pittsburgh, PA
Could your patients with panic benefit from a non-medication treatment option?

Freespira is revolutionizing how panic is treated with an FDA-cleared, at-home digital therapy that reduces or eliminates the symptoms of panic in only one month.

85% panic free immediately post-treatment\(^1\) 81% free from panic attacks 12 months post-treatment\(^1\)

If you have patients suffering from panic, call us at 800.735.8995.

Make sure and visit our booth at the PPA 2019 Convention June 19th - 22nd.


PPA would like to thank all of our sponsors and exhibitors for their support of PPA2019!

Please make sure you visit all of our exhibitors in the Exhibit Hall on Thursday, June 20 and Friday, June 21!

WellCare


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- Student Liability
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* The Trust Practice and Risk Management Association (TrustPARMA) is a national nonprofit membership organization, established by The Trust to support psychology, mental health, and allied health professions by promoting education, risk management, and practice management.

Underwriting and administrative details regarding The Trust programs can be found at trustinsurance.com.

For more information, please visit www.trustinsurance.com.
Welcome to PPA2019!

The definition of a hero is “a person who, in the opinion of others, has special achievements, abilities, or personal qualities and is regarded as a role model or ideal.” Dr. Nicole Quinlan’s theme for 2019 celebrates psychologists as heroes – to each other, and to those we serve. “Heroes” use their wisdom (including scientific knowledge and grounding), courage, justice, and compassion to help others. What better example of this is there than psychologists? As a community, we share characteristics of steadiness and strength that have served well as we have grown personally and professionally, both individually and as the organization that is the Pennsylvania Psychological Association. Within the field of psychology, regardless of differing views, there is still mutual respect, support, openness, and a commitment to justice and equity.

The goal of this year’s theme is to continue to share these skills and views with those within, and outside, of our organization. How can we be involved in the world outside of PPA to champion these views and ideals? What ways can we continue to support our members and our clients? Exploring these themes will allow us to grow as a community of heroes together, as we strive to exemplify compassion, wisdom, justice, and courage both internally and externally.

#PPA2019: Social Media Savvy

When using social media (Twitter, Facebook, Instagram, LinkedIn), tag us by adding #PPA2019 to all of your posts and pictures. This tool allows us to easily search all social media entries and pictures from the 2019 convention.

Proposal Selection Committee

A Special thank-you to the Proposal Selection Committee members, who spent many hours reviewing and selecting proposals for PPA2019!

Molly Cowan, PsyD
Chair, Program and Education Board

Eileen Barron, PhD
Eric Bernstein, PhD
Allyson Galloway, PsyD
William Hasek, PhD
Erin Johnson, PsyD
Lisa May, PhD
David Rogers, PhD
Dea Silbertrust, PhD, JD
Williametta Simmons, PsyD

Handout Information

PPA2019 is paper light! In an effort to be environmentally responsible, PPA is trying to reduce the amount of paper we use at our annual conventions. Workshop handouts will be available at www.papsy.org. We encourage you to download handouts to view on your electronic device during the workshop. We will be copying a very limited number of handouts this year.
<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>June 18</td>
<td>3:30-5:30P</td>
<td>Executive Committee Meeting</td>
</tr>
<tr>
<td></td>
<td>6:30-8:30P</td>
<td>General Assembly Dinner Meeting</td>
</tr>
<tr>
<td>June 19</td>
<td>8:00A-5:15P</td>
<td>Registration</td>
</tr>
<tr>
<td></td>
<td>8:00A</td>
<td>Continental Breakfast</td>
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<tr>
<td></td>
<td>8:15-10:15A</td>
<td>ACT 31 Workshop</td>
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<tr>
<td></td>
<td>10:15-10:30A</td>
<td>Break</td>
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<tr>
<td></td>
<td>10:30-10:45A</td>
<td>Welcome &amp; Overview (non-CE)</td>
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<td></td>
<td>10:45A-12:15P</td>
<td>Keynote Address: Let's Get in Formation: On Becoming a Psychologist-Activist in the 21st Century by Dr. Kevin Nadal</td>
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<td></td>
<td>12:15-1:30P</td>
<td>Gratitude Luncheon (non-CE)</td>
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<tr>
<td></td>
<td>1:30-3:30P</td>
<td>Foundation Board of Directors Meeting</td>
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<td></td>
<td>1:30-4:30P</td>
<td>Workshops</td>
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<tr>
<td></td>
<td>4:30-5:00P</td>
<td>Refreshment Break</td>
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<tr>
<td></td>
<td>5:00-8:00P</td>
<td>Workshops</td>
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<tr>
<td>June 20</td>
<td>7:30A-5:15P</td>
<td>Registration</td>
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<tr>
<td></td>
<td>7:30-8:30A</td>
<td>Continental Breakfast in Exhibit Hall</td>
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<tr>
<td></td>
<td>8:30-11:30A</td>
<td>Workshops</td>
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<tr>
<td></td>
<td>11:30-11:45A</td>
<td>Break</td>
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<tr>
<td></td>
<td>11:45A-1:45P</td>
<td>Lunch with the State Board of Psychology</td>
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<tr>
<td></td>
<td>2:00-5:00P</td>
<td>Workshops</td>
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<tr>
<td></td>
<td>2:00-4:00P</td>
<td>PennPsyPAC Board of Directors Meeting</td>
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<td></td>
<td>5:00-6:30P</td>
<td>Exhibitor Wine &amp; Cheese Reception</td>
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<td></td>
<td>6:30-8:00P</td>
<td>PPA Annual Banquet and Awards Dinner including Student Foundation Awards (non-CE)</td>
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<tr>
<td>June 21</td>
<td>6:45A-5:15P</td>
<td>Registration</td>
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<td></td>
<td>6:45-9:00A</td>
<td>Continental Breakfast in Exhibit Hall</td>
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<td></td>
<td>7:00-9:00A</td>
<td>Psychopharmacology Breakfast: Prescribing Authority for Qualified Psychologists: Education, Outreach and Advocacy — Dr. Judi Steinman (2 CE Credits)</td>
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<tr>
<td></td>
<td>7:00-9:00A</td>
<td>Workshops</td>
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<td></td>
<td>9:00-10:30A</td>
<td>Town Hall Plenary Session (including committee awards)</td>
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<td>10:30-11:00A</td>
<td>Break</td>
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<td>10:30A-noon</td>
<td>Conversations with Poster Presenters (non-CE)</td>
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<tr>
<td></td>
<td>11:30A -1:30P</td>
<td>Psychology in Pennsylvania Luncheon: The Soldiers’ Heart as a Moral and Spiritual Calling — Dr. Roger Brooke</td>
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<td></td>
<td>noon-4:45P</td>
<td>Early Career Psychologists and Students Learning Lounge</td>
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<td></td>
<td>2:00-5:00P</td>
<td>Workshops</td>
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<tr>
<td></td>
<td>2:00-5:00P</td>
<td>PPA Board of Directors Meeting</td>
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<tr>
<td></td>
<td>5:00-6:30P</td>
<td>Student/ECP Speed Mentoring/Networking Reception</td>
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<td></td>
<td>7:00-10:00P</td>
<td>Pittsburgh Pirates Game with fireworks</td>
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<tr>
<td>June 22</td>
<td>8:00A-1:30P</td>
<td>Registration</td>
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<tr>
<td></td>
<td>8:00-9:00A</td>
<td>Continental Breakfast</td>
</tr>
<tr>
<td></td>
<td>9:00A-4:00P</td>
<td>Workshops</td>
</tr>
</tbody>
</table>
Continuing Education Credits

Psychologists
PPA is approved by the American Psychological Association (APA) to sponsor continuing education credits for psychologists. PPA maintains responsibility for all our continuing education programs and their content. The continuing education credits for each workshop are designated in the workshop descriptions. You must attend the entire program in order to receive the credit(s), complete the Participant Satisfaction/Evaluation form, and return it to your presenter or monitor at the conclusion of the program.

Partial credits will not be given. A participant may arrive no more than 10 minutes late nor leave more than 10 minutes early to receive credit for a program. There will be no exceptions. Certificates of Attendance will be available at papsy.org after the convention.

Social Workers, Marriage and Family Therapists, and Professional Counselors
Social workers, marriage and family therapists, and professional counselors can receive continuing education from continuing education providers approved by APA. Because PPA is approved by APA to sponsor continuing education, licensed social workers, licensed clinical social workers, licensed marriage and family therapists, and licensed professional counselors will be able to fulfill their continuing education requirement by attending PPA continuing education programs.

For further information, please visit the State Board of Social Workers, Marriage and Family Therapists and Professional Counselors (dos.state.pa.us/social).

As an APA-approved sponsor of continuing education, PPA is committed to the identification and resolution of potential conflicts of interest in the planning, promotion, delivery, and evaluation of continuing education. Consistent with concepts outlined in the APA Ethical Principles of Psychologists and Code of Conduct, potential conflicts of interest occur when an individual assumes a professional role in the planning, promotion, delivery, or evaluation of continuing education where personal, professional, legal, financial, or other interests could reasonably be expected to impair his or her objectively, competence, or effectiveness. No conflicts of interest or commercial support have been identified for PPA 2019.

Program Categories
Introductory: Participants need no prior knowledge of the specific topic or content to participate fully and effectively in the workshop. The information or skills being taught might be unfamiliar to participants.

Intermediate: Participants should have some basic knowledge of the specific content but need not have in-depth knowledge or skills. The workshop will provide information at a level beyond the basic knowledge of the topic.

Advanced: To participate fully, those enrolled must possess a substantial working knowledge or skill level in the specific content area. Generally, the knowledge or skill involved is currently used by the participant in his or her job. At this level, advanced techniques or knowledge are offered to refine and expand current expertise.
HIGHLIGHTS

WEDNESDAY, JUNE 19

Act 31 Workshop: Child Abuse Recognition and Reporting 2019
Grand Station I
8:15 – 10:15 a.m.
Join us on Wednesday morning, June 19, as we kick off the Convention with the Act 31 workshop. Attend this session to complete one of the requirements for license renewal in 2019!

Keynote Address: “Let’s get in formation”: On Becoming a Psychologist- Activist in the 21st Century
Grand Station I
10:45 a.m.–12:15 p.m.
Join keynote speaker Kevin Nadal, PhD as he discusses how many psychologists have struggled with how to advocate for social justice, while maintaining their professional responsibilities and ethical boundaries.
Sponsored by The Trust

Gratitude Luncheon
Trackside Restaurant
12:15 p.m.–1:30 p.m.
This special luncheon is complimentary for PPA members who have donated to either the Pennsylvania Psychological Foundation (PPF) or the Pennsylvania Political Action Committee (PennPsyPAC) and/or are PPA Sustaining Members. We want to take this opportunity to thank these members for their support of these important organizations!

THURSDAY, JUNE 20

Update Your Professional Headshot!
PPA is offering attendees the opportunity to update their professional headshot! Do so for a donation of at least $10 to either PennPsyPAC or the Pennsylvania Psychological Foundation. Times available on Thursday and Friday, on a first-come, first-served basis.

Lunch with the State Board of Psychology
Grand Station I
11:45 a.m.–1:45 p.m.
This 1.5-CE workshop includes lunch and features Board members and professional staff as they present on a number of topics, including the role and mission of the Board and recent changes in the licensing law.
Sponsored by Freespira

Exhibitor Wine & Cheese Reception
Grand Station II
5:00 p.m.–6:30 p.m.
Join your peers and our exhibitors in the exhibit hall for this event on Thursday evening. Sample food, wine, and other beverages.

PPA Annual Banquet & Awards Dinner
Grand Station I
6:30 p.m.–8:00 p.m.
Join us as we celebrate the recipients of this year’s Distinguished Contributions and Distinguished Service to the Science and Profession of Psychology Awards and the Public Service Award. New this year, we will be honoring the winners of the Student Foundation Awards through the Pennsylvania Psychological Foundation. We will also use this opportunity to “pass the gavel” from PPA’s outgoing president, Dr. Nicole Quinlan, to incoming president Dr. Marie McGrath.

FRIDAY, JUNE 21

Psychopharmacology Breakfast
Haselton I
7:00 – 9:00 a.m.
Prescribing Authority for Qualified Psychologists: Education, Outreach and Advocacy
Join Dr. Judith Steinman, a leader in the field of Psycho-pharmacology, for breakfast and CE credits as PPA brings back this popular event. Check at registration if you’d like to add this to your itinerary!
Sponsored by Wellcare

Town Hall Plenary Session
Grand Station I
9:15 a.m.–10:30 a.m. (1 CE)
This year’s Town Hall Session features PPA Committee awards and so much more! Get updates on PPA—where the organization and interact with leadership and hear from incoming president, Dr. Marie McGrath.

Psychology in Pennsylvania Luncheon
Grand Station I
11:30 a.m.–1:30 p.m.
This year’s luncheon features Dr. Roger Brooke, Director of the Military Psychological Services at Duquesne University. Dr. Brooke will discuss “The Soldier’s Heart as a Moral and Spiritual Calling,” and introduces psychologists to a reframing of PTSD.
Sponsored by We Work For Health PA

Student/ECP Reception and Speed Mentoring
Fountainview
5:00 – 6:30 p.m.
This is the perfect opportunity for students and ECPs to mingle with more experienced psychologists and learn more about PPA and psychology as a profession.

Pittsburgh Pirates Game with Fireworks
7:00 – 10:00 p.m.
PPA is headed out to the ball game! Head across the river (via ferry!) to watch the Pittsburgh Pirates as they take on the San Diego Padres. There are still tickets available! Check with the registration desk for more information.
## WORKSHOPS

### Wednesday, June 19

<table>
<thead>
<tr>
<th>Time</th>
<th>CE Credits</th>
<th>Station</th>
<th>Workshop</th>
<th>Presenter(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:15 –10:15 a.m.</td>
<td>2</td>
<td>Grand I</td>
<td>W01 Pennsylvania Child Abuse Recognition – Act 31 Workshop</td>
<td>Rachael Baturin, MPH, JD</td>
</tr>
<tr>
<td>10:30 a.m.–12:15 p.m.</td>
<td>1.5</td>
<td>Grand I</td>
<td>W02 Welcome &amp; Overview and Keynote Address: Let’s Get in Formation: on Becoming a Psychologist-Activist in the 21st Century</td>
<td>Dr. Kevin Nadal, PhD</td>
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<tr>
<td>1:30 –4:30 p.m.</td>
<td>3</td>
<td>Grand I</td>
<td>W03 Twelve Ways to Improve the Treatment of Suicidal Patients</td>
<td>Brett Schur, PhD; Samuel Knapp, EdD, ABPP</td>
</tr>
<tr>
<td>3 CE Credits, Intermediate</td>
<td>Brighton I</td>
<td>W04 Evaluating for Dementia with the Intellectually Disabled Population</td>
<td>Lisa May, PhD</td>
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<tr>
<td>3 CE Credits, Intermediate</td>
<td>Brighton II</td>
<td>W05 The Anatomy of an Organizational Consultation</td>
<td>Jeanne DiVincenzo, PsyD; Jeff Sternlieb, PhD</td>
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<tr>
<td>3 CE Credits, Intermediate</td>
<td>Hazelton II</td>
<td>W06 Telespsych and PSYPACT</td>
<td>Alex. M. Siegel, JD, PhD</td>
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<tr>
<td>3 CE Credits, Intermediate</td>
<td>Brighton IV</td>
<td>W07 Co-Morbid Mental Health Issues in Neurologic Disorders- Psychogenic Non-Epileptic Seizures, Chronic Traumatic Encephalopathy, and Dementia</td>
<td>Donald P. Masey, PsyD</td>
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<tr>
<td>3 CE Credits, Intermediate</td>
<td>Brighton III</td>
<td>W08 A Lawyer Contacted Me—Now What? Practical and Ethical Skills</td>
<td>Rachael Baturin, MPH, JD; Ashley Milspaw, PsyD; Steven Cohen, PhD</td>
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<tr>
<td>5:00 –6:00 p.m.</td>
<td>1</td>
<td>Brighton IV</td>
<td>W09 10 Clinical Considerations When Working with Veterans</td>
<td>Sr. Elizabeth Acri, PsyD; Leigh Burnett, MA</td>
</tr>
<tr>
<td>5:00 –8:00 p.m.</td>
<td>3</td>
<td>Hazelton II</td>
<td>W10 Understanding the APA Ethics Code-Intermediate</td>
<td>Molly Cowan, PsyD; Samuel Knapp, EdD, ABPP; Linda Knauss, PhD</td>
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<tr>
<td>5:00 –8:00 p.m.</td>
<td>3</td>
<td>Brighton I</td>
<td>W11 Removing the Cape: Self-Care &amp; Vicarious Traumatization</td>
<td>Samantha Nagy, MS; Wayne Roffer, PsyD</td>
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<tr>
<td>5:00 –8:00 p.m.</td>
<td>3</td>
<td>Brighton III</td>
<td>W12 Understanding the Parenting Coordination Process</td>
<td>Rachael Baturin, MPH, JD; Steven Cohen, PhD</td>
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<tr>
<td>6:30 –8:00 p.m.</td>
<td>1.5</td>
<td>Hazelton II</td>
<td>W13 When Clients Threaten Therapists: Ethics and Practical Aspects</td>
<td>Richard F. Small, PhD, ABPP; Aviva Gaskill, PhD; Karianne Bilsky, PhD; Robin Hornstein, PhD; Donald McAleer, PsyD, ABPP</td>
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<tr>
<td>6:30 –8:00 p.m.</td>
<td>3</td>
<td>Brighton II</td>
<td>W14 Labracadabra! Magical Power of Animal-Assisted Intervention</td>
<td>Cynthia Wright, DEd; Yvonne M. Eaton-Stull, DSW, LCSW</td>
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</tbody>
</table>

**Student/ECP Reception Sponsors**

PPA would like to thank the sponsors of this year’s Student/ECP Reception:

- National Register of Health Service Psychologists
- Springfield Psychological
- Northshore Psychological
- Department of Professional Psychology, Chestnut Hill College
- Immaculata University
- Michelle Wonders, PsyD

PPA may use photographs taken during this year’s convention in its future publications and promotions. If you would like to opt out of having your personal image used in this manner, please email PPA at ppa@papsy.org. Thank you.
# Thursday, June 20

**8:30 – 11:30 a.m.**

<table>
<thead>
<tr>
<th>3 CE Credits, Introductory</th>
<th>Hazelton I</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>W15</strong> A Yoga Practice Based on Mindfulness</td>
<td>Aviva Gaskill, PhD; Megan Flinn, ERYT-500, LMT</td>
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<tr>
<th>3 CE Credits, Advanced</th>
<th>Grand Station I</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>W16</strong> Understanding the APA Ethics Code — Advanced</td>
<td>Molly Cowan, PsyD; Samuel Knapp, Ed, ABPP; Linda Knuss, PhD</td>
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**2:00 – 5:00 p.m.**

<table>
<thead>
<tr>
<th>3 CE Credits, Intermediate</th>
<th>Brighton I</th>
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<tbody>
<tr>
<td><strong>W24</strong> Making Ethics Come Alive through Self-Reflection</td>
<td>Jeffrey Sternlieb, PhD; Samuel Knapp, EdD, ABPP</td>
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<tr>
<th>3 CE Credits, Introductory</th>
<th>Grand Station I</th>
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<tbody>
<tr>
<td><strong>W25</strong> What Psychologists Need to Know about Co-Occurring Substance Use and Mental Health Disorders</td>
<td>Margaret King, PsyD</td>
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**2:00 – 4:00 p.m.**

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<thead>
<tr>
<th>2 CE Credits, Introductory</th>
<th>Brighton II</th>
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<tbody>
<tr>
<td><strong>W23</strong> Integrated Behavioral Health Care Heroes</td>
<td>Susan McGroarty, PhD, ABPP; Sydney Cole, MS; Nona Sharp, BA</td>
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</tbody>
</table>

**11:45 a.m. – 1:45 p.m.**

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<thead>
<tr>
<th>1.5 CE Credit, Intermediate</th>
<th>Grand Station I</th>
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<tbody>
<tr>
<td><strong>W22</strong> Lunch with the Licensing Board</td>
<td>Vito DonGiovanni, PsyD and State Board Staff</td>
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**2:00 – 4:00 p.m.**

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<thead>
<tr>
<th>2 CE Credits, Introductory</th>
<th>Brighton II</th>
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<tbody>
<tr>
<td><strong>W26</strong> Get the Latest, Most Scientific, &amp; Awesome Placebo Information Here!</td>
<td>Edward Zuckerman, PhD; Brett Schur, PhD; Richard Blackford, PhD; Jeanne Slattery, PhD</td>
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**2:00 – 5:00 p.m.**

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<tr>
<th>3 CE Credits, Intermediate</th>
<th>Brighton I</th>
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<tbody>
<tr>
<td><strong>W27</strong> Hidden in Plain Sight: Human Trafficking Victimization and Response: Part 2</td>
<td>Shari Kim, PhD</td>
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<tr>
<th>3 CE Credits, Intermediate</th>
<th>Brighton III</th>
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<tr>
<td><strong>W28</strong> Managing Problematic Reactions to Difficult Clients</td>
<td>Jeffrey A. Hayes, PhD</td>
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Friday, June 21

7:00 –9:00 a.m.
Non-CE, Introductory  Hazelton II
W29  PPA Emerging Leaders: Leading into the Future (non-CE)
Mary O’Leary Wiley, PhD; Margaret King, PsyD; Lauren Finnegam, PsyD; Brittany Dancy Caro, PhD
2 CE Credits, Introductory  Hazelton I
W30  Psychopharmacology Breakfast – Prescribing Authority for Qualified Psychologists: Education, Outreach and Advocacy
Judith Steinman, PhD

7:30 –9:00 a.m.
1.5 CE Credit, Introductory  Brighton IV
W31  Exposure Therapy for OCD: An introduction with case examples
Nicholas R. Flower, PsyD
1.5 CE Credits, Introductory  Brighton III
W32  The Importance of Enhancing Client Self-Efficacy to Improve Health Related Behaviors
Andriana Hamm, MS

8:00 –9:00 a.m.
1 CE Credit, Intermediate  Grand Station I
W33  The Essentials of Managing Suicidal Patients
Brett Schur, PhD; Samuel Knapp, EdD, ABPP
1 CE Credit, Introductory  Brighton II
W34  Reactive Aggression in Victims of Bullying
Amelia Herbst, MS; Corrie Jackson, PhD

9:15 –10:30 a.m.
1 CE Credit, Introductory  Grand Station I
W35  PPA Town Hall and Committee Awards

10:35 a.m.–noon
Non-CE, Introductory  Grand Station II-IV
Conversations with Poster Presenters

11:30 a.m.–1:30 p.m.
2 CE Credits, Introductory  Grand Station I
W36  Psychology in Pennsylvania Luncheon: The Soldiers’ Heart as a Moral and Spiritual Calling
Roger Brooke, PhD

2:00 –4:00 p.m.
2 CE Credits, Intermediate  Hazelton II
W37  Quandaries in Treating Eating Disorders: Examining Ethical Challenges
Melinda Parisi Cummings, PhD
2 CE Credits, Intermediate  Brighton III
W38  Breaking Stigma: Addiction and Mental Health
Patrick McElwaine, PsyD

2:00 –5:00 p.m.
3 CE Credits, Introductory  Brighton I
W39  Thinking Through Adult ADHD: CBT and How Thoughts Turn Intentions into Actions (or Not)
J. Russell Ramsay, PhD
3 CE Credits, Introductory  Brighton II
W40  Improving Cardiovascular Health Behaviors in Senior Women Through CBT
Anna Zacharcenko, PsyD; Charmaine Chan, DO
3 CE Credits, Introductory  Brighton IV
W41  An Introduction to Grief and Adaptation to Loss
Bonnie Gorscak, PhD
3 CE Credits, Introductory  Hazelton I
W42  Introduction to Cognitive Processing Therapy & Prolonged Exposure
Karianne Bilsky, PhD

Student/ECP Sessions (non-CE)
12:00 –1:00 p.m.
S1 Practical Considerations for ECPs Starting Their Career in Psychology
Rachael Baturin, MPH, JD

1:15–2:15 p.m.
S2 EPPP Preparation
Michelle Wonders, PsyD

Ellwood
2:30–3:30 p.m.
S3 Finding the Right Fit
Michelle Wonders, PsyD; Leigh Burnett, MA

3:45–4:45 p.m.
S4 Preparing for Internship/Externship
Whitney Quinlan (Walsh), MS
### Saturday, June 22

#### 9:00 a.m.–noon

<table>
<thead>
<tr>
<th>Workshop Code</th>
<th>Title</th>
<th>Credits</th>
<th>Level</th>
<th>Room</th>
<th>Presenter(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>W43</td>
<td>Empowering Clients with a Little Help from Our Animal Friends: Part 1</td>
<td>3</td>
<td>Inter</td>
<td>Brighton II-III</td>
<td>Rise VanFleet, PhD, RPT-S, CDBC</td>
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<tr>
<td>W44</td>
<td>An Affect-Based Approach to Understanding Anger</td>
<td>3</td>
<td>Intro</td>
<td>Brighton II-III</td>
<td>Brett Schur, PhD</td>
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<tr>
<td>W45</td>
<td>Pre-operative Psychological Evaluations and Pre- and Post-operative Treatment of the Bariatric Patient</td>
<td>3</td>
<td>Intro</td>
<td>Hazelton II</td>
<td>Dina Goldstein Silverman, PhD</td>
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<tr>
<td>W46</td>
<td>Religion (Spirituality), Ethics, and Psychotherapy</td>
<td>3</td>
<td>Inter</td>
<td>Ellwood</td>
<td>Valerie Lemmon, PsyD; Samuel Knapp, EdD, ABPP</td>
</tr>
<tr>
<td>W47</td>
<td>Transforming Kryptonite: Making Measurement-Based Care Work for Clients (and You)</td>
<td>3</td>
<td>Intro</td>
<td>Hazelton II</td>
<td>Karianne Bilsky, PhD</td>
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#### 9:00 a.m.–1:00 p.m.

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<tr>
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<th>Level</th>
<th>Room</th>
<th>Presenter(s)</th>
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<tr>
<td>W48</td>
<td>Psychological First Aid</td>
<td>4</td>
<td>Intro</td>
<td>Brighton I</td>
<td>Jo Ann Jankoski, D.Ed., LCMSW, MS, CCTP; Megan Klingensmith</td>
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<tr>
<td>W49</td>
<td>A Qualitative Investigation of the Prisoner-Service Dog Relationship</td>
<td>1.5</td>
<td>Adv</td>
<td>Brighton IV</td>
<td>Kathleen Kocherzat, PhD</td>
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#### 1:00 –2:30 p.m.

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<th>Workshop Code</th>
<th>Title</th>
<th>Credits</th>
<th>Level</th>
<th>Room</th>
<th>Presenter(s)</th>
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<tbody>
<tr>
<td>W50</td>
<td>Empowering Clients with a Little Help from Our Animal Friends: Part 2</td>
<td>3</td>
<td>Inter</td>
<td>Hazelton II</td>
<td>Rise VanFleet, PhD, RPT-S, CDBC</td>
</tr>
<tr>
<td>W51</td>
<td>Systematically Evaluating the Comprehensiveness of an ADHD Treatment Plan</td>
<td>3</td>
<td>Inter</td>
<td>Hazelton II</td>
<td>Richard Tramontina Cook, Jr., MD, MPH</td>
</tr>
<tr>
<td>W52</td>
<td>Exploring Clinical and Assessment Challenges for School-based and Private Practice Psychologists</td>
<td>3</td>
<td>Inter</td>
<td>Hazelton II</td>
<td>Samuel K. Schachner, Ph.D.</td>
</tr>
</tbody>
</table>

### Workshop Handouts

PPA2019 is paper light! All workshop handouts will be available at papsy.org. We encourage you to download handouts to view on your electronic device during the workshop.

### Comfort & Etiquette Considerations

Please turn off your cell phone or set it to vibrate. If you need to answer your phone, please leave the meeting room to avoid disturbing the training. Bring a jacket or sweater, since it is often difficult to control the temperature in the meeting rooms.

### Special Needs

The PPA is committed to providing access and support to persons with special needs who wish to participate in the programs we sponsor. Persons with disabilities and special needs please visit the registration desk for assistance.
Mark your calendar for PPA’s 2019 Fall Continuing Education Conference

Thursday and Friday, November 7-8, 2019
DoubleTree Valley Forge
KING OF PRUSSIA, PA

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PPA 2020
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Wednesday, June 17 - June 20, 2020
Lancaster Marriott at Penn Square
LANCASTER, PA

Plan ahead and bring your family to PPA2021

June 23-26, 2021
Kalahari Resort and Conference Center
POCONO MANOR, PA
Thank you

The Pennsylvania Psychological Association wishes to express its gratitude to the following organizations for their financial support of PPA2019. We thank them for making our convention such a successful one, and we look forward to their continued support.

Silver Sponsor

Freespira
www.freespira.com

Freespira is revolutionizing how panic is treated with an FDA cleared, at-home digital therapy that reduces or eliminates the symptoms of panic in only one month. If you have patients suffering from panic, call us at 800.735.8995.

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Supporting Sponsors

We Work For Health PA
https://www.weworkforhealth.org/in_our_states/pennsylvania

All of us play an important role in helping Americans gain and maintain access to life saving medicines, in order to fight chronic disease and to live longer, healthier lives.

We Work for Health Pennsylvania is a network of life science companies, business and labor groups, and patient/community organizations that educate our elected leaders, the news media and our communities about the important economic and social contributions of the life sciences industry.

We stand together on critical public policy issues that allow the life sciences sector and the surrounding community to thrive.

Foster an environment for increased economic development and service as a positive economic driver for Pennsylvania.

Lead in the research and development of new cures which make a difference in the quality of life for Pennsylvanians.

Invest effectively in our communities, our patients our employees, our businesses and community partners.

Follow us on social - @PAWWFH on Facebook and Twitter and @WeWorkforHealthPA on Instagram!

McNees Winter Group
www.wintergrouppa.com

McNees-Winter Group is a government affairs firm in Harrisburg with a solid track record of success. Our professionals work as a team, providing unique expertise to further the goals of our clients. We are in the business of building and maintaining relationships, both with elected and appointed leaders and with our clients. We maintain connections with legislators on both sides of the aisle and we work closely with administration officials.

Our firm has a diverse client list—we’ve worked extensively with nonprofit and membership organizations, addressing practice issues affecting their professions. We represent a variety of health care professional organizations with wide-ranging issues. This work keeps us up-to-date on health policy across a wide spectrum of issues. In recent years we’ve undertaken legislative action to address insurance reimbursements, patient safety, public safety, and professional development.

Exhibitors

Chatham University
www.chatham.edu

Chatham University’s MPCAC–accredited M.S. in Counseling Psychology and APA-accredited Doctor of Psychology in Counseling Psychology are built upon the university’s rich history of commitment to diversity and global awareness, sustainability and the environment, and women’s health and well-being. Graduates of our programs emerge prepared to make an immediate impact in work and study at academic institutions,
for social services organizations, with health and wellness corporations, and in private practice. Chatham also offers a Master of Arts in Psychology, which provides graduates with the training to further their education or be successful in a number of fields.

Clarion Psychiatric Center
www.clarioncenter.com
Is a 76-bed inpatient facility located in Clarion, Pennsylvania. It is located on 14 acres, providing a peaceful therapeutic environment for patients and their families. Clarion has inpatient programs for Children, Adolescents & Adults. We are fully accredited by the Joint Commission. We provide each of our patients with the care we would expect for ourselves or our loved ones. Recognizing the majority of those we provide care for are trauma survivors, we are a provider of Trauma-Informed Care. Confidential Assessments and Direct admissions from a healthcare professional are provided 24 hours a day by calling 1-800-253-4906.

Community Care Behavioral Health
www.ccbh.com
People can and do recover from behavioral health conditions. We believe that recovery from a mental health condition or an addiction is possible. Everyone should have a voice in their treatment.

Our goal is to improve patient health and well-being. We aim for this goal by helping patients get the right behavioral health treatment that meets all of their needs.

We believe that patients should live a life of meaning and purpose. We want them to reach goals that mean something to them on their path to recovery.

Community Data Roundtable
www.communitydataroundtable.org
Community Data Roundtable (CDR) is a nonprofit organization dedicated to the development of data-driven behavioral health and child welfare systems. With our proprietary CANS/ANSA/FAST software (The DataPool™), and advanced analytic and implementation science, we work with payers, purchasers, providers and parents to build an optimal system for patient care. Visit www.communitydataroundtable.org to learn more, or email us at info@communitydataroundtable.org.

Gateway Rehab
www.gatewayrehab.org
Gateway Rehab is a private, not-for-profit organization with the mission of helping all affected by addictive diseases to become healthy in body, mind and spirit. A positive force and leading resource for effective education, prevention, research and treatment of substance use disorders, Gateway Rehab serves nearly 1,700 adults and youth daily through four divisions at locations throughout Western Pennsylvania and Ohio. For more information about Gateway Rehab, visit www.gatewayrehab.org.

Marsy’s Law, Pennsylvania
https://www.marsyslawforpa.com
Marsy’s Law seeks to elevate the rights currently afforded to crime victims in Pennsylvania to the state Constitution. While the accused and convicted have numerous rights codified in the Pennsylvania Constitution, crime victims currently only have statutory protections. This creates an imbalance of justice, because victims have no recourse if their rights are violated. Marsy’s Law will remedy this imbalance. Marsy’s Law will likely be on the November 2019 ballot as a voter referendum in Pennsylvania.

National Register
www.nationalregister.org
The National Register of Health Service Psychologists is the largest credentialing organization for psychologists and doctoral students. The National Register banks primary source credentials and provides benefits including licensure mobility, verifications to healthcare organizations, clinical expertise, continuing education courses, and referrals through FindaPsychologist.org. Credentialing scholarships are available for doctoral students and early career psychologists. More at www.nationalregister.org.

Pearson
www.pearson.com
Pearson Clinical Assessment offers a comprehensive portfolio of research-based instruments that are valid, reliable and represent the highest technical quality in clinical assessments today. We are particularly noted for our gold-standard contributions in cognitive/ability, memory, neuropsychology, behavior, personality/psychopathology, achievement and speech/language assessments. Noted brands include the Wechsler and Kaufman families of products, MMPI, BASC, OLSAT, CELF, and PLS. Our diverse customer base includes psychologists, speech-language pathologists, occupational therapists, and related assessment practitioners in academic and clinical settings.

Pennsylvania Department of Corrections
www.pa.gov
CAREERS IN CORRECTIONS
The Pennsylvania Department of Corrections is responsible for the state adult correction system and for youthful offenders who have been sentenced as adults. The Department’s employees are charged with the care, custody, and control of the inmate population. The Department’s primary responsibility is the protection of the community, but we also recognize that assistance and opportunities for personal improvement must be provided to offenders in order for them to successfully effect positive changes in their lives. The Department employs licensed psychologist, counselors, and various medical staff for each of the 25 institutions.
Recent scientific studies have demonstrated significant support for the use of Ketamine (a glutamate receptor antagonist) in the management of severe depression. Ketamine provides a dramatic and rapid improvement in chronic depressive disorder and in diminishing suicidal ideations. Dozens of research articles from leading universities and the NIH support that Ketamine infusion therapy offers new hope for managing patients unresponsive to other therapies. Ketamine therapy also provides promise in managing depression related to chronic pain syndromes. Pittsburgh Ketamine welcomes referrals from mental health professionals and invites you to visit our facility to meet our patients and staff.

Psychological Interjurisdictional Compact
www.asppb.net/page/PSYPACT

The Psychology Interjurisdictional Compact (PSYPACT) is an interstate compact designed to facilitate the practice of telepsychology and the temporary in-person, face-to-face practice of psychology across state boundaries. Currently nine (9) states have enacted PSYPACT language, including: Arizona, Colorado, Georgia, Illinois, Missouri, Nebraska, Nevada, Oklahoma and Utah. The goal of PSYPACT is to reduce regulatory barriers and increase access to mental healthcare.

TransAmerica/EHD/TAG
http://www.ehdadvisory.com/

PPA members will now have access to affordable and easy to manage, 401(k) and Solo 401(k) retirement solutions. PPA 401(k) Retirement Solution allows the business/practice owning psychologist to create a traditional 401(k) plan for him/herself and his/her employees. PPA Solo 401(k) Retirement Solution allows the business/practice owning psychologist with no employees to create a traditional 401(k) plan covering the psychologist and his or her spouse. A 401(k) can be one of your best tools for creating a secure retirement.

Contact Steven P. Maher
Principal, Corporate Retirement Plans, EHD Advisory Services
717-390-4336 ext. 245
spmaher@ehdadvisory.com

White Deer Run Treatment Center
www.whitedeerun.com

White Deer Run Treatment Network includes 16 centers throughout Pennsylvania where adults can receive an array of life-changing treatment services for chemical dependency and certain co-occurring mental health conditions. The services offered at White Deer Run programs include detoxification, residential rehabilitation, partial hospitalization programs (PHP), intensive outpatient programs (IOP), traditional outpatient programs (OP), and continuing care planning. The network also includes two halfway houses, one for men and one for women, where individuals who have completed residential rehabilitation can benefit from a structured step-down level of care that is designed to support their successful transition out of treatment and into the workforce.

Win a FREE All-Access Pass registration for PPA2020

Grab an “Exhibitor BINGO” card at registration, visit and learn more about all of the exhibitors while getting a signature on your card. Drop off the completed card at the registration office before the closer of the Convention on Friday and be entered into the drawing!

Exhibit Hall Hours
Grand Station II-IV
Thursday, June 20
7:30 am – 2:00 pm
5:00 pm – 6:30 pm
Friday, June 21
7:00 am – 2:00 pm

Breakfast and all refreshment breaks on Thursday and Friday mornings will be held in the exhibit hall

EXHIBITOR WINE & CHEESE RECEPTION
Thursday, June 20
5:00-6:30 pm
This function is free to all convention attendees!
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Visit the registration table for more information about all of these opportunities!