Raising Digital Avengers: How To Fight Cyberbullying When You Are A Single Parent

The challenges we face to keep our children safe have gone up to another level now that our kids are growing up in an age where the internet connects them to everything — the good and the bad. These challenges are only amplified when we are raising our children as single parents.

It can get overwhelming as we try to keep our children protected from online risks. Cyberbullying is one such danger that we will fiercely fight to keep our children safe from. The problem is, no parent has the time to monitor every minute of their children’s online activity.

Rather than fighting this battle on your own, as a parent, you can help in beating cyberbullying by raising children who are aware of this social issue and who do something about it when they see it happening, even if it is not affecting them directly.
It doesn’t take much out of your day to raise kids who are intolerant towards cyberbullying as these five following points will prove.

**Raise kids who are not indifferent to online abuse**

A study has shown that 90% of teens who witness cyberbullying ignore it when it has nothing to do with them. What your kids must know is that the feelings of isolation and the sadness victims of cyberbullying experience is so awful, some have committed suicide. They might think they don’t have the power to stop a cyberbully but studies show that 57% of cyberbullying stops when peers intervene.

**Create a great communication line**

Only one in ten children tell an adult when they are being cyberbullied. Creating a trusting relationship with your kids and having a great communication line will make it easier for them to open up to you when they are going through the horrible experience of being cyberbullied.
Teach them to recognize it

You would never intentionally raise your kids to be bullies but they might be indulging in cyberbullying without even knowing that they are. Teach your kids that sharing mean texts or photos, threatening someone and identity theft are all forms of online abuse.

Teach them how to take action

Not only should your kids not ignore a cyberbully but they should be raised with the instinctive feeling to take action to stop a cyberbully by reporting the post to the social site or by showing the media to an adult.

Reaching out to the victims
Whether that is through a text message or an e-mail, your kids ought to be encouraged to reach out to the victims privately, whenever it is possible. This way, the victim will feel less isolated and encouraged to move on from this bad experience knowing that there are people who care.