

## Commonly Used and Important Acupuncture Points

(These are just a few points that can be taken home and used in treatment and by no means are exclusive.)

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### Abstract:

- This lecture will go over some commonly used, easy to find, and very influential acupuncture points. Following this lecture, attendees should be able to localize these points on their patients and begin to utilize them in every day practice.

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## Lung 7 (LU 7)

Lie Que  
Broken Sequence

- K9- Radial nerve
- EQ- Musculocutaneous nerve
- In the depression proximal to most medial prominence of radial styloid, 1.5 cun proximal to transverse crease of the carpus
- Master point for the head and neck- any disorders of head or neck
- Any respiratory problem
- Local pain
- CHF
- Constipation
- Pruritis, allergies

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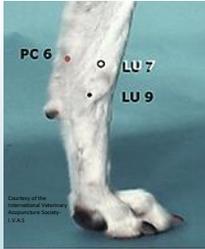
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## Lung 7 (LU 7)



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## Lung 7 (LU 7)



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## Large Intestine 11 (LI 11)

Qu Chi  
Pond on the Curve

- Caudal cutaneous antebrachial nerve and deeper, the radial nerve
- In the depression of the transverse cubital crease, just cranial to the lateral epicondyle of the humerus. Between the extensor carpi radialis and the common digital extensor. Easier to find if the joint is flexed.
- Homeostatic point and helps immune stimulation
- Stiffness and inflammation
- Allergic and skin disorders, skin infections
- Fore limb pain
- Eye, ear or mouth pain
- Vomiting and diarrhea
- Seizures, epilepsy

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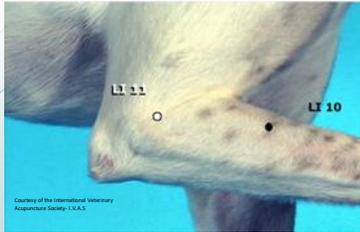
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## Large Intestine 11 (LI 11)



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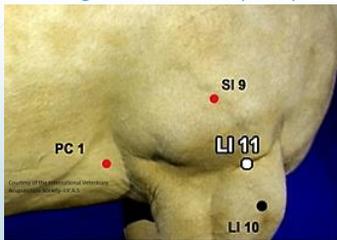
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## Large Intestine 11 (LI 11)



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## Stomach 36 (ST 36)

Zu-San-Li  
Walk 3 Miles

- K9- Peroneal nerve
- EQ- Superficial peroneal nerve
- In the depression lateral to the distal aspect of the cranial border of the fibial tuberosity, approximately in the middle of the cranial fibialis muscle
- Master point for the abdomen and gastrointestinal tract
- Acute and chronic gastritis, gastroenteritis
- Spasmodic and analgesic effects of gastrointestinal tract
- Regulates gastric motility and acidity
- Local pain
- Excellent point for geriatrics to help restore homeostasis to the body

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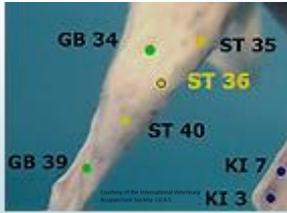
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Stomach 36 (ST 36)



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Stomach 36 (ST 36)



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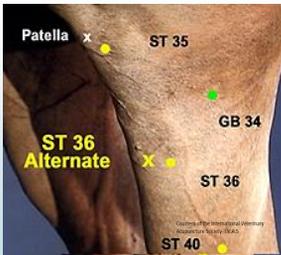
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Stomach 36 (ST 36)



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## Spleen 6 (SP 6)

San-Yin-Jiao  
Three Yin Intersection

- K9- Tibial nerve
- EQ- Tibial and saphenous nerves
- In the depression 3 cun proximal to the tip of the medial malleolus of the tibia, on the caudal border of the tibia
- Master point for the caudal abdomen and urogenital area
- Immune stimulation
- Vomiting, diarrhea, constipation
- Allergic and immune disorders
- Endocrine disorders- diabetes, Cushing's Disease
- Allergic and immune disorders
- Paralysis and weakness of hind legs

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## Spleen 6 (SP 6)



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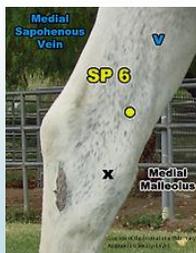
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## Spleen 6 (SP 6)



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## Heart 7 (HT 7)

Shenmen  
Mind Door

- Ulnar nerve
- In the depression on the transverse crease of the carpal joint, lateral to the flexi carpi ulnaris and superficial digital flexor tendons
- Calms the mind
- Anxiety
- Heart issues
- Carpal issues, pain

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## Heart 7 (HT 7)



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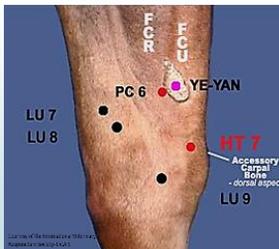
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## Heart 7 (HT 7)



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## Bladder 23 (BL 23)

Shen Shu (transpositional)  
Back Shu point for Kidney

- K9- T13 - L2 Spinal nerves
- EQ- L2 Spinal nerve
- In the depression 1.5 cun lateral to the caudal border of the spinous process of 2<sup>nd</sup> lumbar vertebra
- Benefits the kidney and its function
- Strengthens bone, marrow and brain
- Urogenital problems
- Lumbosacral problems
- Asthma and ear problems
- Hock pain
- (This is a transpositional point, not the TCVM point, which is lateral to the L5 space)

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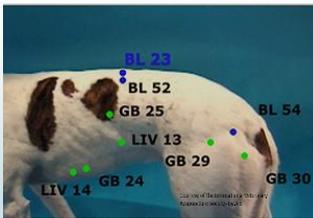
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## Bladder 23 (BL 23)



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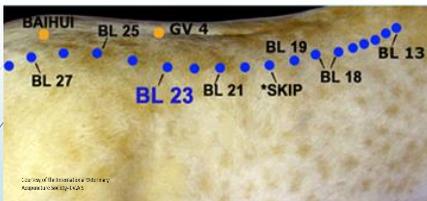
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## Bladder 23 (BL 23)



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## Bladder 40 (BL 40)

Wei-Chung  
Center of Bend

- K9- Tibial nerve
- EQ- Tibial, peroneal, and caudal cutaneous femoral nerves
- In the depression of the popliteal fossa at the midpoint of the transverse crease in the division of the biceps femoris and semitendinosus muscle. Easier to find with the stifle flexed.
- Master point for the caudal back and hip region
- Paralysis of hind legs, IVDD
- Sciatica, neuropathies
- Local point for stifle pain
- Gastrointestinal issues
- Fever

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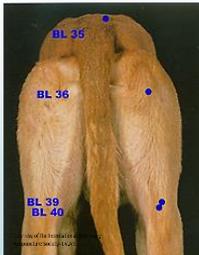
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## Bladder 40 (BL 40)



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## Bladder 40 (BL 40)



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## Bladder 54 (BL 54)

Zhibian  
Lowermost Edge

- K9- Caudal gluteal nerve
- EQ- Caudal cutaneous femoral, middle clunial, and sciatic nerves
- In the depression dorsal to the greater trochanter
  
- Hip pain, hip dysplasia
- Pain in lumbar, sacral and gluteal region
- Hind leg paresis
- Regulates the lower abdomen

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## Bladder 54 (BL 54)



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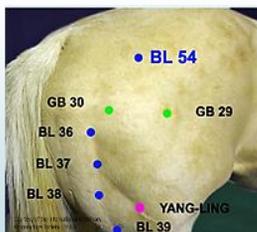
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## Bladder 54 (BL 54)



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## Bladder 60 (BL 60)

Kuntun  
High Mountain

- Peroneal (fibular) and tibial nerve
- In the depression cranial to the tuber calcanei at the approximate midpoint between the tip of the lateral malleolus and the point of insertion of the common calcaneal tendon
- Aspirin point- alleviates swelling and pain in the whole body
- Hock, back, neck and head problems
- Headaches
- Hind leg weakness or paralysis

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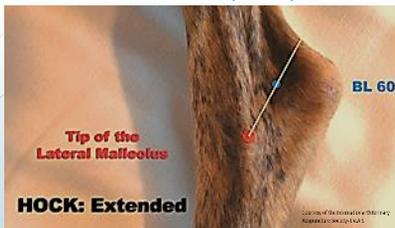
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## Bladder 60 (BL 60)



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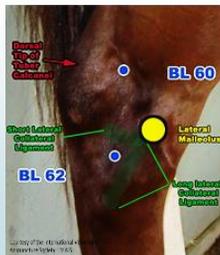
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## Bladder 60 (BL 60)



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## Kidney 1 (KI 1)

Yangquan  
Bubbling Spring

- K9- Tibial nerve
- EQ- Tibial and peroneal nerves
- In the depression on the plantar surface of the foot between the 2<sup>nd</sup> and 3<sup>rd</sup> metacarpal bones, proximal to the metatarsal-phalangeal joint. Point may be above or under the metatarsal pad.
- Rescue point
- Shock
- Epilepsy, active seizures
- Anxiety
- Fever
- Paralysis

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## Kidney 1 (KI 1)



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## Kidney 1 (KI 1)



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## Kidney 3 (KI 3)

Tai Xi  
Greater Stream

- ▶ Tibial nerve
- ▶ In the depression cranial to the tuber calcanei at the approximate midpoint between the tip of the medial malleolus and the point of intersection of the insertion of the common calcanei tendon. It is medial and slightly distal to BL 60.
- ▶ Tonifies the kidneys and benefits kidney function
- ▶ Urogenital problems
- ▶ Caudal back pain
- ▶ Hock pain
- ▶ Paralysis of hind legs

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## Kidney 3 (KI 3)



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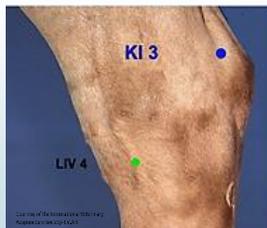
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## Kidney 3 (KI 3)



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## Pericardium 6 (PC 6)

Nei-quan  
Middle Gate

- K9- Median nerve
- EQ- Musculocutaneous nerve
- In the depression 2 cun proximal to the transverse crease of the carpus between the tendons of the flexor digitorum superficialis and the flexor carpi radialis
- Master point for the chest and cranial abdomen
- Calms the mind
- Cardiac or chest problems
- Nausea, motion sickness
- Cranial abdomen problems

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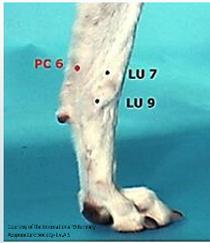
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## Pericardium 6 (PC 6)



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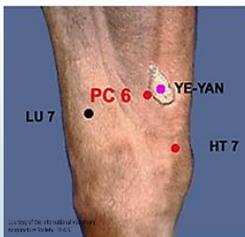
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## Pericardium 6 (PC 6)



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## Gall Bladder 29 (GB 29)

Ju-Liao (transpositional)  
Squatting Crevice

- K9- Cranial gluteal nerve
- EQ- Lumbar spinal and cranial clunial nerve
- In the depression 1/3 the distance from the greater trochanter to the cranial dorsal iliac spine
- Hip dysplasia, arthritis
- Pain in hind legs
- Paralysis of hind legs

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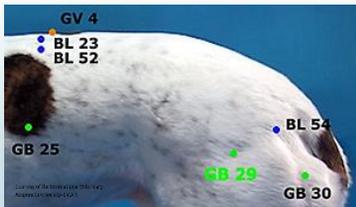
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## Gall Bladder 29 (GB 29)



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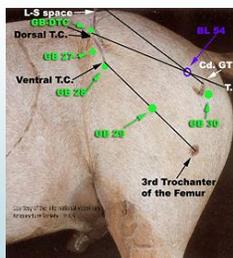
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## Gall Bladder 29 (GB 29)



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## Gall Bladder 30 (GB 30)

Huan-Tiao (transpositional)  
Jumping Circle

- K9- Sciatic nerve
- EQ- Sciatic and middle clunial nerve
- In the depression midway between the greater trochanter and the tuber ischia
- Hip dysplasia and arthritis
- Caudal back problems
- Sciatica and regional muscle soreness

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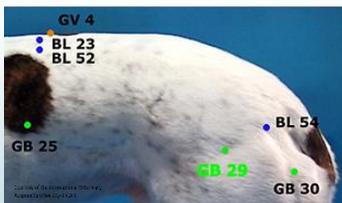
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## Gall Bladder 30



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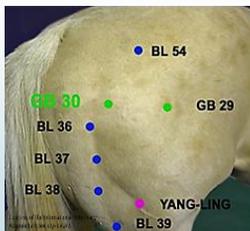
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## Gall Bladder 30 (GB 30)



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## Gall Bladder 39 (GB39)

Xuanzhong  
Hanging Bell

- Peroneal Nerve
- In the depression 3 cun proximal to the tip of the lateral malleolus, between the caudal border of the fibula and the tendons of the peroneus longus and brevis muscle.
- Influential point for marrow
- Stiff or painful neck
- Paralysis of hind legs
- Weakness of hindlimbs
- Pain in stifles, lower back, hips

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## Gall Bladder 39 (GB 39)



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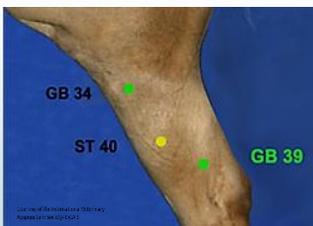
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## Gall Bladder 39 (GB 39)



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## YAO-BAI-HUI- K9 BAI-HUI- EQ

- K9- L3 (skin)-L7 (muscle) spinal nerves
- EQ- L5 spinal nerve
- In the depression on the dorsal midline in Lumbosacral space
- Lumbar issues and soreness
- Disc issues, IVDD
- Hip pain, Hind leg paralysis and paresis
- Relieves pain
- Sciatic pain

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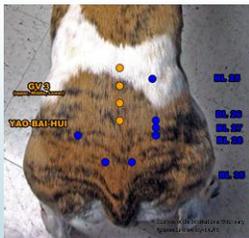
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## YAO-BAI-HUI, K9




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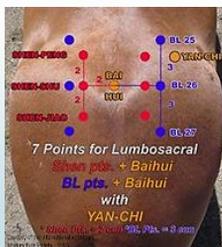
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## Lumbar BAI-HUI- EQ




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## Governing Vessel 14 (GV 14)

DAZ-HUI

- ▶ K9- C6 spinal nerve
- ▶ EQ- Cervicothoracic spinal nerve
- ▶ In the depression on the midline between the dorsal spinous processes of C7 and T1
- ▶ Meeting point of all of the Yang channels
- ▶ Any neck or back problems
- ▶ Forelimb issues
- ▶ Respiratory and brain issues
- ▶ Fever

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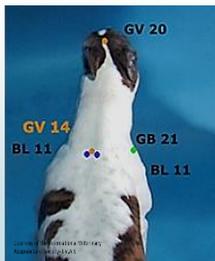
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## Governing Vessel 14 (GV 14)



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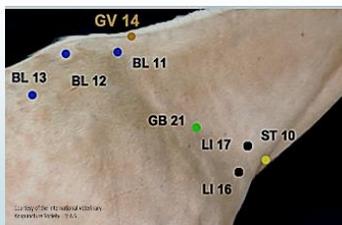
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## Governing Vessel 14 (GV 14)



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## Governing Vessel 20 (GV 20)

BAI-HUI (canine)

- CN V (frontal) and C2 spinal nerves
- In the depression on the dorsal midline of the skull just rostral to the sagittal crest
- Meeting Point for all of the Yang channels
- Clears the mind
- Brightens the eyes
- Lifts spirits
- Anxiety
- Epilepsy and seizures
- Rectal and uterine prolapse

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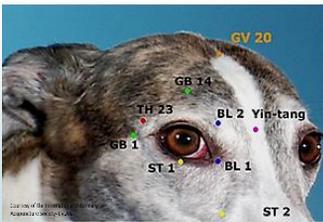
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## Governing Vessel 20 (GV 20)



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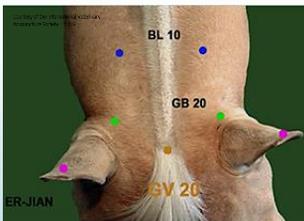
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## Governing Vessel 20 (GV 20)



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## Governing Vessel 26 (GV 26)

- CN V and VII nerves
- In the depression of the philtrum at the level of the ventral borders of the nares
- Rescue point
- Respiratory and cardiac arrest
- Shock
- DO NOT use on a fully awake and coherent dog

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## Governing Vessel 26



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## Governing Vessel 26 (GV 26)



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## References

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- Veterinary Acupuncture Course Notes, 7<sup>th</sup> Edition, International Veterinary Acupuncture Society, 1998
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