

It is All About the Foot (Part 1): *Basic Skeletal Structure*

CEU Program Quiz

(Fill out answer sheet on page 3 and Payment Information on last page.)

1) All of the planes below are cardinal body planes except one. Which one is not?

- a) Frontal
- b) Transmetatarsal
- c) Transverse
- d) Coronal

2) The plane that divides the body in half anterior to posterior is:

- a) Transverse
- b) Frontal
- c) Sagittal
- d) Coronal

3) The motion in the coronal plane is:

- a) Inversion/eversion
- b) Dorsiflexion/plantarflexion
- c) Varus/valgus
- d) Abduction/adduction

4) The plane allowing pronation/supination is:

- a) Coronal
- b) Transverse
- c) Posterior
- d) Sagittal

5) The feet and hands comprise about half the bone count in the human body?

- a) True
- b) False

6) The foot is divided into _____ distinct areas:

- a) Two
- b) Three
- c) Four
- d) Five

7) The area of the foot that handles "landings" is the:

- a) Forefoot
- b) Bigfoot
- c) Rearfoot
- d) Midfoot

8) An abnormality in a distal or proximal area of the foot can cause problems in a region distal or proximal to it. A common abnormality is arch collapse. A common plantar pathology can be associated with this abnormality can be:

- a) Corn
- b) Callus
- c) Hallux valgus
- d) Jones fracture

9) The foot has _____ commonly defined arches that allow for triplanar motion:

- a) 2
- b) 3
- c) 4
- d) 5

10) There are three ossified bone parts in the foot of an infant that is visible on radiograph. Outlines of "bones to be" are visible on the radiograph. What material comprises these "shadow bones?"

- a) Tendon sheaths
- b) Muscle bellies
- c) Cartilage
- d) Magic pixie dust

-end of "It is All About the Foot (Part 1): Basic Skeletal Structure" quiz

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(Answer list)

1)

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2)

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3)

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4)

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