A Step into Diabetes

CEU Program Quiz

(Fill out answer sheet on page 3 and Payment Information on last page.)

Name: _____

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Date Completed: _____

1) Which of the following is/are true?

- ☐ Diabetes was discovered in 1675
- ☐ Diabetes means sugar
- ☐ Diabetes is a group of diseases
- ☐ Diabetes has single etiology
- ☐ Type 1 Diabetes is the most common type

2) Which of the following is/are true?

- ☐ Obesity is a pandemic disease
- ☐ The central nervous system plays a role in energy expenditure
- ☐ The central nervous system plays a role in appetite
- ☐ The central nervous system plays a role in body weight
- ☐ Obesity is normal

3) Which of the following is/are true?

- ☐ The pancreas mainly produces insulin
- ☐ The pancreas helps neutralize stomach acid
- ☐ The pancreas is an exocrine gland
- ☐ The pancreas is an endocrine gland
- ☐ The pancreas produces several important hormones

4) Which of the following is/are true?

- ☐ 100 units of insulin equals 1 liter
- ☐ The A1c target of the American Diabetes Association is 7%
- ☐ eAG is a blood test
- ☐ A1c and HbA1c differ in their correlation to blood glucose
- ☐ Preprandial means 1-2 hours after the beginning of a meal

5) Which of the following is/are true?

- ☐ 7% of the US population has diabetes
- ☐ Direct cost of diabetes in 2012 was 76 billion dollars
- ☐ Lower limb loss is associated with a 15% 5 year mortality rate
- ☐ Diabetes has become one of the major causes of premature illness and death in most countries
- ☐ African-Americans are twice as likely to have an amputation than white Americans

6) The presence of a minor lesion was clearly the strongest predictor of a plantar foot ulcer recurrence in neuropathic diabetic patients.

True ☐ or False ☐

7) Diabetic foot infections almost always follow trauma

True ☐ or False ☐

8) Diabetic foot wounds of 30 days or more are at risk for diabetic foot infection

True ☐ or False ☐

9) Day-to-day variation in stride count helps prevent ulcers

True ☐ or False ☐

10) Infection is a risk factor for diabetic foot ulceration

True ☐ or False ☐

-end of "A Step into Diabetes" quiz

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