

***Modern Theory of Adult Acquired Flat Foot and an
Updated Spring Ligament Classification System***

- CEU Program Quiz -

(Complete the quiz. Fill in the form at end of quiz with Payment Information.)

Name: _____

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- 1) What has traditionally been considered the cause of adult acquired flat foot?**
 - a) Plantar fasciitis
 - b) Elevated calcaneal angle
 - c) Tibialis posterior insufficiency
 - d) Pes cavus

- 2) *Johnson and Strom's* relate the clinical state of the foot to the state of the _____ .**
 - a) Achilles tendon
 - b) posterior tibial tendon
 - c) transverse arch
 - d) ankle

- 3) The assumed connection on Johnson and Strom's theory is that the relationship between the deformity at the medial longitudinal arch and the stretching of the posterior tibial tendon makes that tendon a ____ .**
 - a) primary invertor
 - b) primary plantarflexor
 - c) primary pronator
 - d) primary dynamic stabilizer of the medial longitudinal arch

- 4) What group of patients is most likely to present with the clinical hallmarks of medial longitudinal arch collapse and inability to single stance leg raise?**
 - a) Males less than 20 years old
 - b) Females less than 20 years old
 - c) Females with a high BMI
 - d) Males with a low BMI

- 5) **The tibialis posterior musculotendinous unit is second in strength only to what other lower leg musculotendinous unit?**
- a) Achilles group
 - b) Peroneal group
 - c) Intrinsic group
 - d) Evertor group
- 6) **In the paper published by Yeap et al that describes the results of 12 tibialis posterior tendon transfers, all of the participants developed planovalgus deformities of the foot.**
- a) True
 - b) False
- 7) **What ligament are the authors associating as the primary pathology of adult acquired flat foot deformity?**
- a) Lateral collateral ligament
 - b) Deltoid ligament
 - c) Spring ligament
 - d) Posterior talocalcaneal ligament
- 8) **In cadaveric studies, cutting of the Spring ligament complex alone created instability in the foot.**
- a) True
 - b) False
- 9) **In the proposed new classification system, Stage 2 deformity involves Spring ligament failure with tendon lengthening and flexible planovalgus deformity.**
- a) True
 - b) False
- 10) **The authors conclude that Adult Acquired Flat Foot Deformity is primarily a disease of the Spring ligament, but can be treated with early surgical treatment of the posterior tibial tendon.**
- a) True
 - b) False

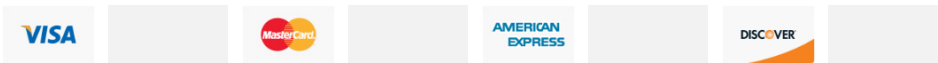
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