A Review of Foot Pain - A Step Forward for the Pedorthist
(Part 1)

Examination Questions

1. Pathological foot pain is experienced following nociceptive pathology; involving ________ of either or both peripheral or central nervous system.
   A. biofeedback
   B. function
   C. dysfunction
   D. appreciation

2. Pain impulses are transmitted from the spinal cord to the brain stem and thalamus via _____ main nociceptive ascending pathways.
   A. one
   B. two
   C. four
   D. three

3. ________ stress either in part or fully has been identified by Maganaris et al as the reason for many common types of foot pain.
   A. Pressure
   B. Electrical
   C. Liquid
   D. Mechanical

4. The long-term effects of poor fitting shoes may cause bunions, corns, ________, misalignment of the toes, and a source of microtrauma injuries to the foot.
   A. acute gouty arthritis
   B. diabetes mellitus
   C. irritation of nerves and joints
   D. hypertension

5. An ingrown toenail is also known as___________.
   A. onychocryptosia
   B. onychomycosis
   C. onycholysis
   D. onychophagia
6. Hawke and Burns complied data and concluded that foot pain is experienced by_______ of the adult population.

   A. 25 to 30 %
   B. 1 to 50%
   C. 25 to 60%
   D. 17 to 42%

7. How many descriptors of mechanical stress have been identified?

   A. two
   B. three
   C. four
   D. five

8. Pedorthists can counsel people with diabetes on the dangers of use of over the counter ___________ products.

   A. salicyclic acid
   B. hydrooxygen acid
   C. sodium chloride acid
   D. potassium chloride acid

9. Surgical intervention treatment for severe ingrown toe nails include___________.

   A. removal of the offending nail matrix
   B. removal of the offending nail plate
   C. removal of the offending nail infection
   D. removal of nail bone

10. Callus foot lesions are described as hyperkerotic in nature: thick and superficial ________.

    A. epidermis
    B. mesoderma
    C. supercutaneous
    D. epiderma
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A Review of Foot Pain- A Step Forward for the Pedorthist (Part 1)

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