Current Pedorthics Continuing Education Questions for the article
Who is the Boss: The Back or the Foot?
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1. A simple test for determining hypermobility of the body includes
   a. Flexion of the thumb to the volar aspect of the forearm
   b. Hyperextension of the fifth digit of the hand to be parallel with the forearm
   c. Hyperextension of the knees
   d. All of the above

2. The angle of the medially rotated position of the femur in relation to the position of the head and neck of the femur is called
   a. The Bermuda angle
   b. The angle of torsion
   c. The angle of inclination
   d. The Coxa valga angle

3. The pedorthic strategies for hip retrotorsion does not include
   a. Rocker shoes
   b. Forcing the legs inward with braces
   c. Full contact insert
   d. Sitting in reverse tailor position

4. Coxa Vara results in which of the following:
   a. The contralateral iliac crease is higher during double limb stance
   b. There is a leg length difference
   c. An appearance of the thighs looking bigger and the calves looking smaller
   d. All of the above

5. Hypermobility at the subtalar and midfoot joints may result in which of the following:
   a. External rotation of the lower leg
   b. Internal rotation of the lower leg
   c. Upper body backward tilt
   d. Decreased medial foot loading

6. Ehlers Danlos Syndrome may cause
   a. Poor proprioception (joint perception)
   b. Joint instability
   c. Pain in multiple joints of the body
   d. All of the above

7. Some of the strategies for dealing with supination in the patient with coxa vara include:
   a. Motion control shoe
   b. Rigid outsole
   c. Neutral shoe
   d. Back brace
8. Some of the test for retroversion include
   a. Craig’s test
   b. Gait Analysis
   c. Testing for the amount of hip rotation in prone and supine
   d. All of the above

9. Who is the Boss?
   a. The back
   b. The foot
   c. Sometimes the boss is the back and sometimes the foot runs the show
   d. Neither

10. What are the influences of the foot on the back during pronation?
    a. Anterior rotation of the pelvis
    b. Internal rotation of the tibia
    c. Eversion of the calcaneus
    d. None of the above
Current Pedorthics CE Answer Sheet and Payment Information

Who is the Boss: The Back or the Foot?

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