

SPEAK UP Champions[®]

Implicit and Explicit Racial Bias Education

February 16 & 23, 2021
8:30am-12:30pm
(Central Time Zone)

INSTITUTE FOR
**PERINATAL
QUALITY
IMPROVEMENT**

www.perinatalQI.org

A Black woman is 3 to 4 times more likely to die of pregnancy-related complications than a white woman. Research shows that inequities in outcomes are primarily due to differences in how women are treated within the health care setting based on race (racism).

The SPEAK UP Champions[®] Implicit and Explicit Racial Bias education is 8 hours of live virtual interactive learning that outlines quality improvement strategies to support individuals and groups with dismantling racism, providing quality equitable care, and reducing health disparities.

Target Audience

Healthcare professionals who support and care for patients before, during and after pregnancy or professionals that care for newborns.

Conference Objectives

- 01** Background Knowledge
Describe factors that contribute to perinatal disparities based on a social justice framework.
- 02** Improvement Science
Outline quality improvement strategies and tactics for eliminating implicit and explicit bias when caring for patients before, during, and after pregnancy.
- 03** Action Plan
Develop a quality improvement action plan for ensuring equity in perinatal outcomes.

Quotes from Previous Participants

“Eye opening!”

“I will continue to check myself and speak up when I see bias.
Excellent training! Thank you!”

“Great training. Very helpful and empowering!”

Faculty

Debra Bingham, DrPH, RN, FAAN
Renée Byfield, MS, RN, FNP, C-EFM

February 16th 2021: 8:30am-12:30pm CT

Time	Topics & Objectives	Speaker & Methods of Instruction
8:30 CT (15 min)	Welcome and Introductions	Dinah Welsh, President and CEO of TETAF Deborah Mordecai, DNP, MS, MA, BSN, CNM, CENP
8:45 CT (45 min)	Group Introductions Commitment to the Process	Debra Bingham, Renée Byfield & all participants
9:30 CT (60 min)	Current Trends <ul style="list-style-type: none"> Describe the current trends in maternal mortality and racial disparities 	Debra Bingham Lecture Videos Q&A
10:30 CT (20 min)	Myths and Historical Context that Impacts Racism <ul style="list-style-type: none"> Explore myths that misinform Black health and contribute to maternal racial and ethnic disparities 	Renée Byfield Lecture Q&A
10:50 CT	BREAK 10 min	
11:00 CT (45 min)	Factors that Contribute to Disparities, Part 1 <ul style="list-style-type: none"> Provide historical context to describe the negative impact of racism on Black women's health. Glossary of Terms Define implicit and explicit bias <i>Group Discussion: Sharing implicit bias results</i> 	Renée Byfield Debra Bingham Lecture Q&A
11:45 CT (40 min)	Factors that Contribute to Disparities, Part 2 <ul style="list-style-type: none"> Describe factors that contribute to maternal racial and ethnic disparities <i>Group Discussion: Scenarios</i> <i>Group Work: Shared Experiences</i> 	Panel Presentations Group Discussion Breakout Rooms
12:25 CT (5 min)	Closing statement Adjourn	Thank you for participating!

February 23rd 2021: 8:30am-12:30pm CT

Time	Topics & Objectives	Speaker & Methods of Instruction
8:30 CT (30 min)	Reflections	Debra Bingham Renée Byfield Group Discussion
9:00 CT (45 min)	Social Determinants of Health <ul style="list-style-type: none"> Describe social determinants of health Discuss tactics for using SPEAK UP when caring for perinatal patients with substance use disorder Describe how to use SPEAK UP to reduce inequities in care <i>Group Work: S.M.A.R.T. Goals</i> 	Debra Bingham Lecture Q&A Group Work Socio-Ecological Model Ishikawa Diagram
9:45 CT (15 min)	Strategies for Eliminating Perinatal Disparities <ul style="list-style-type: none"> Identify strategies for reconciliation and healing 	Debra Bingham Lecture Slides Q&A
10:00 CT	BREAK 15 min	
10:15 CT (75 min)	QI Strategies to Eliminate Perinatal Disparities <ul style="list-style-type: none"> Identify tactics for eliminating perinatal disparities <i>Group work: Utilize QI tools to create a QI Charter</i> 	Renée Byfield Debra Bingham Group Work Project Charter Worksheet Breakout Rooms
11:30 CT (55 min)	Next Steps and Evaluations <ul style="list-style-type: none"> Share one thing you learned 	Participants
12:25 CT (5 min)	Closing statement Adjourn	Thank you for participating!

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Continuing Education Credits

This nursing continuing professional development activity was approved by the Northeast Commission on Accreditation for 5.75 contact hours.

Conference Registration

	Early Bird	Regular
	Through Dec 15, 2020	Dec 16, 2020 or later
Current Paid PQI Individual or Premium Hospital Subscribers	\$170 per person Best Value	\$190 per person Best Value
UTMB staff or TETAF/TPS Survey Client who do not have a paid PQI subscription*	\$190 per person	\$214 per person
All who also purchase a paid PQI subscription*	\$170 + \$44 PQI Subscription= \$214 per person Best Value	\$190 + \$44 PQI Subscription = \$234 per person Best Value
All Others- Conference Fees only	\$240 per person	\$269 per person

*Institute for Perinatal Quality Improvement (PQI) paid subscriptions include: Two Action Briefs per year and full QI Project Maps search capability. Go to www.perinatalQI.org for more details about the PQI Action Briefs and QI Project Maps.

Register [HERE](#)

We suggest that you **register by February 1st 2021** in order to assure that a workbook can be made available to you.

Mail checks payable to the Institute for Perinatal Quality Improvement to: Institute for Perinatal Quality Improvement, 377 Willard Street, #284, Quincy, MA 02169.

Implicit Bias Self-Assessment

All participants are requested to complete the Harvard Implicit Bias (Race IAT) self-assessment prior to attending the SPEAK UP Champions© education. The test is free and can be accessed at: <https://implicit.harvard.edu/implicit/takeatest.html>

Additional Learning Activities

Registrants will receive a discount code* to access the online [SPEAK UP Module Bundle](#):

Module 1) Why Everyone Must SPEAK UP: Trends and Racial Disparities in Maternal Mortality and Morbidity

Module 2) Pledging to SPEAK UP: Recognizing Bias, Inequity, and Racism in Perinatal Care

Module 3) How to SPEAK UP Against Racism in Perinatal Care

**20% discount code expires 30 days after the conference.*

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