

**WEEK 2
RESPECT**

DAY 8

**RACISM
ERADICATION**

Listen to On Being
Conversation with Resmaa
Menakem

DAY 9

**EQUITABLE HIGH
QUALITY CARE**

Read "Hidden in Plain Sight"
NEJM article

DAY 10

SOCIAL SUPPORT

Read Black paper from Black
Mamas Matter Alliance

DAY 11

PAY ATTENTION

Watch Dr. Taylor testimonial

DAY 12

EMPATHETIC CARE

Listen to Natal podcast

DAY 13

**CULTURAL
HUMILITY**

Diversity your news sources

DAY 14

**TALK LESS,
LISTEN MORE**

Watch Nightline "Hear Her
Voice" episode

NOTES & REFLECTIONS

**ANTI-
RACISM
SPEAK UP
CHALLENGE**