ESSENTIAL ARTICLES OF PM&R

OCCUPATIONAL AND INDUSTRIAL REHABILITATION MEDICINE

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Practical aspects of functional capacity evaluations.
A good review of the theory and perceived validity of functional capacity evaluations. Also briefly comments on preplacement testing.

Improved functional capacity evaluation performance predicts successful return to work one year after completing a functional restoration rehabilitation program.
This article reports on the success rates of a multidisciplinary functional restoration program. Ninety-six percent of patients improved in their physical demand level and the final levels predicted return to work and work retention.

Common musculoskeletal problems in the performing artist.

Post-offer, pre-placement testing in industry.

Association between compensation status and outcome after surgery - A meta-analysis.

Gender differences in the relations between work-related physical and psychosocial risk factors and musculoskeletal complaints.

Disparities in work-related injuries associated with worker compensation coverage status.

Factors affecting recovery from work-related, low back disorders in autoworkers.

Carpal tunnel syndrome and its relation to occupation: a systematic literature review.
Repetitive strain injury.

Exercise proves effective in a systematic review of work-related complaints of the arm, neck, or shoulder.

Ergonomics, Musculoskeletal disorders and computer work.

Hard work never hurt anyone: or did it? A review of occupational associations with soft tissue musculoskeletal disorders of the neck and upper limb.

Randomized controlled trial of nocturnal splinting for active workers with symptoms of carpal tunnel syndrome.

Lumbar surgery in work-related chronic low back pain: can a continuum of care enhance outcomes?

Return to work in the setting of upper extremity illness.

Early patient screening and intervention to address individual-level occupational factors ("blue flags") in back disability.

Biomechanical risk factors for carpal tunnel syndrome: A pooled study of 2474 workers.

Vocational rehabilitation process and work life.

Pain and the injured worker.
Cost-Effectiveness of early versus delayed functional restoration for chronic disabling occupational musculoskeletal disorders.

Rothstein, MA. JAMA 2015;313(22):2221-2222.