2014 AAP ANNUAL REPORT

Creating the future of academic psychiatry through mentorship, leadership, and discovery.
Association of Academic Physiatrists (AAP)

MISSION
Creating the future of academic physiatry through mentorship, discovery, and leadership.

TAGLINE
MENTOR. DISCOVER. LEAD.

Strategic Plan

RESEARCH
Goal - Develop the research infrastructure, benchmarks, and training necessary to expand the evidence for physical medicine and rehabilitation.

EDUCATION
Goal - Provide comprehensive educational opportunities training future educators, leaders, researchers, and administrators in academic physical medicine and rehabilitation.

MEMBERSHIP
Goal - Increase AAP membership and retention from medical student through emeritus members.

ADVOCACY
Goal - Improve research and education funding for physical medicine and rehabilitation.

THE JOURNAL - AJPM&R
Goal - Make AJPM&R the premier journal for physical medicine and rehabilitation in the world.

ACADEMIC DEVELOPMENT
Goal - Promote career development and networking for physiatrists.

2014 HIGHLIGHTS

- Launched new logo and freshly redesigned website, quarterly AAP NEWS, weekly e-Brief, new cover for AAP’s official journal AJPM&R, and revitalized Facebook, Twitter, and LinkedIn presence.

- Surpassed the 1300 membership mark, welcoming 279 new members, including 47 diplomats and 41 early career members (a new membership category offered in 2014!)

- Hosted another incredibly successful and record breaking Annual Meeting in both attendee and exhibitor registration

- Introduced multiple projects and programs to enhance membership value including podcasts, Badge Project, Physiatric Research Consulting Program and Mentor Program.

- Declared AAP’s “Blue Journal,” a leader in the field with jump in Impact Factor, launch of modern automated submission system, and significant increases in manuscript submissions and quality.
Thank you to all AAP volunteers and members.

Every success we enjoy is through your participation.

The AAP Annual Report is designed to provide an understanding of how the AAP works to advance the goals and priorities of academic physiatrists. We invite you to read and share our successes including descriptions of activities and accomplishments from committees and councils, highlights for 2014 initiatives and programs, membership statistics for the reporting year, and information about the AAP’s fiscal status. The AAP Annual Report is aligned with the AAP strategic plan, at the top of each section you will find the overarching goal of each of AAP’s focus areas. Thank you for being an important part of AAP and for your invaluable support throughout the past year.
RESEARCH

Goal – Develop the research infrastructure, benchmarks, and training necessary to expand the evidence for physical medicine and rehabilitation.

RESEARCH MILESTONES

- The AAP Research Committee, chaired by Gwendolyn A. Sowa, MD, successfully conducted its first Physiatric Research Consulting Program at the Medical College of Wisconsin. The program aims to increase physiatric research capacity by providing customized assistance and recommendations for institutions seeking to expand or develop their research program.
  - Thank you to the Foundation for PM&R and APEC for your support.

Our PM&R department is very grateful to the AAP for its sponsorship of the Research Consulting Program. The application and needs assessment facilitated an understanding of our current state of research and the gap toward our desired state. We now look forward to finalizing our strategic research plan inclusive of joint faculty recruitment with a much sharper focus!

Diane Braza, MD
Department Chair, Physical Medicine and Rehabilitation

- Four (4) AAP Research White Papers, authored by Gwendolyn Sowa, MD, PhD; Andrea Cheville, MD; Amy Wagner, MD; and John Whyte, MD, PhD were published in the Oct 2014 of AJPM&R.

- The AAP Research Committee has developed and launched a Research Benchmarking Project exploring 1) protected research time; 2) start-up packages; 3) recruitment packages; 4) salary and academic/research incentives.

- RMSTP participants secured $1,399,904 in funding for research in PM&R in 2014.
  - The RMSTP is funded by NIH, NICHD, NCMRR, and AAP. The Neilsen Foundation continues to fund related travel costs for two (2) additional applicants attending the RMSTP Workshop.

- RMSTP participants and graduates won numerous 2014 awards including the Electrode Store Best Paper Award (John-Ross Rizzo, MD), the Young Academician Award (David Morgenroth, MD) and the McLean Outstanding Resident/Fellow Award (Prakash Jayabalan, MD, PhD).

- Congratulations to 2014 RMSTP graduates Amy Houtrow, MD and Jennifer Zumsteg, MD.
EDUCATION

Goal – Provide comprehensive educational opportunities training future educators, leaders, researchers, and administrators in academic physical medicine and rehabilitation.

EDUCATION MILESTONES

- The 2014 AAP Annual Meeting was AAP’s largest meeting (754 attendees) surpassed only by the 2015 AAP Annual Meeting in San Antonio (858 attendees). The AAP Annual Meeting has grown in virtually every area including attendance, educational offerings, and exhibitor and sponsor participation.

- The AAP Education Committee, chaired by Susan V. Garstang, MD, recorded two new Journal Club Podcasts that are available to AAP membership on the AAP website:
  - Research White Paper Series – Gwendolyn Sowa, MD, PhD; Andrea Cheville, MD; Amy Wager, MD; John Whyte, MD, PhD
  - Gait Training with a Robotic Leg Brace after Stroke – Joel Stein, MD

- Building on the success of the Journal Club Podcasts, the AAP Education committee launched a new podcast series “Mentor on Demand” currently focused on PM&R fellowships
  - Sports Medicine vs. Sports and Spine Fellowship – Alice Hon, MD; Michael Mallow, MD
  - Training Opportunities, Fellowships – Alice Hon, MD; Susan Garstang, MD

- The AAP RFPD held a session at the AAPM&R Annual Assembly in San Diego, California. The session focused on the ACGME Next Accreditation System and Strategies directed by Vu. Q.C. Nguyen, MD. Presentation slides from the session are available on AAP’s Milestone’s Central, a tool sharing network for Program Directors and Coordinators.

- The AAP Education Committee has researched available resources on MedEdPortal focused on faculty development and teaching skills and launched a MedEdPortal Resource Library on the AAP website to share these resources with PM&R educators.

Christopher J. Garrison, MD and Michelle Gittler, MD record a podcast in front of a live audience at the AAP Annual Meeting.
MEMBERSHIP

Goal – To increase AAP membership and retention from medical student through emeritus membership

MEMBERSHIP MILESTONES

- The AAP Membership Committee, Chaired by Adam B. Stein, MD, continues to grow membership with innovative campaigns and activities to enhance member value. AAP membership saw a 7% growth in the year 2014 and continues to grow, already surpassing the 1300 milestone in February of 2015. **Current total membership is 1319!**

- The AAP Membership Committee launched the official AAP Mentor Program in 2014, offering mentors in the areas of Research, Academic/Educator, and Administration.

- AAP first offered in the 2014 a new membership category, “Early Career,” providing discounted membership fees to physiatrists for the first 3 years post residency training.

- AAP launched its first annual Member-Get-A-Member campaign in 2014, soliciting 111 new members from referrals!

  - Thank you to everyone who participated and contributed to the success of the campaign!

Membership in AAP afforded me the opportunity to meet and be mentored by leaders in PM&R. The philosophy that these friendships and mentorships are fostered and encouraged by AAP is priceless.

Justin Hata, MD
AAP’s official ‘Blue’ Journal, the American Journal of Physical Medicine & Rehabilitation, saw significant growth in 2014, surpassing a 2.0 impact factor for the first time, launching a modern automated submission system, and increasing manuscript submissions.

### AJPM&R MILESTONES

- Interest in publishing with AJPM&R is growing. AAP’s ‘Blue Journal’ received 679 manuscript submissions in 2014, an 18% increase from 2013.

- AJPM&R’s acceptance rate has decreased to 18%, allowing for only the highest quality manuscripts being accepted for publication:

![Graph showing AJPM&R's acceptance rate over the years]

- AJPM&R’s impact factor jumped to 2.012, making AAP’s “Blue Journal” a leader in the field of rehabilitation.

### AJPM&R Details

- Editor-in-Chief: Walter R. Frontera, MD, PhD
- ISSN: 0944-9115
- Online ISSN: 1537-7385
- Frequency: 12 issues / year
- Ranking: Sports Sciences 23/81  Rehabilitation 13/62
- Impact Factor: 2.012

### Current Issue: April 2015 - Volume 94 - Issue 4

Subscribe to eTOC
In 2014, the Association of Academic Physiatrists (AAP) continued its partnership with the American Academy of Physical Medicine & Rehabilitation (AAPM&R) and the American Congress of Rehabilitation Medicine (ACRM)—in addition to the American Physical Therapy Association (APTA) and the American Occupational Therapy Association (AOTA)—in advocating for elevation of rehabilitation science at the National Institutes of Health (NIH). By helping to lead a coalition known as the Disability and Rehabilitation Research Coalition (DRRC), the AAP is actively engaged in NIH advocacy. The DRRC Coalition is composed of over 30 national non-profit organizations committed to improving the science of rehabilitation and disability and seeks to maximize the return on the federal investment in rehabilitation and disability research with the goal of optimizing the health, function, and quality of life of persons with injuries, illnesses, disabilities, and chronic conditions. The DRRC is a coalition the AAP founded—along with the AAPM&R and the ACRM.

The DRRC, which the AAP helps lead, has advocated for the elevation of the center for several years and recommended to fully implement all of the panel’s recommendations. The AAP is focused on educating Senators and Representatives in Congress on the importance of elevating the stature of rehabilitation science at NIH.

The AAP Program for Academic Leadership (PAL) continues in its success under the direction of Gary S. Clark, MD, CPE, MMM. The goal of PAL is to provide a basic administrative framework and skill set to promising physiatric academic faculty to enhance leadership abilities within a department, medical school, and the specialty of PM&R at large.

PAL has been recognized by the Association of American Medical Colleges (AAMC) as a model program for addressing the gap that exists in leadership development in academic medicine and is believed to be unique for its focus on benefiting a specialty by leadership development for early career faculty at a national level.

Thank you Roosevelt Warm Springs Foundation for continued support of PAL!

RREMS and MSSCE are eight-week summer PM&R externships offered to medical students between the first and second year of medical school with an attached stipend of $4,000. The availability of AAP PM&R student externships enhances the visibility of PM&R in the medical student community and attracts high quality and a more academically oriented cadre into the specialty of physiatry and into additional leadership training pathways.

Thank you Craig H. Neilson Foundation, Roosevelt Warm Springs Foundation, and Foundation for PM&R for continued support of RREMS & MSSCE!
In 2014, AAP refocused and revitalized the Association brand with a new strategic plan, mission statement, tagline and logo. Throughout the year, AAP has been building out its new brand across multiple channels.

**Website** – AAP’s official website, www.physiatry.org

AAP launched a redesigned website with improved navigation, collaboration tools, and Member Portal.

**AAPNews** – AAP’s quarterly printed newsletter
AAP’s new weekly e-Brief keeps members current on AAP announcements, academic news, funding opportunities, member highlights, and industry news.

AJPM&R – freshly redesigned cover with abbreviated TOC

Annual Meeting – redesigned Annual Meeting materials
Eight (8) press releases distributed to date totaling 5,510 hits.
AAP continues to grow strong financially, increasing total liabilities and net assets to $1,589,262 in FY14 over $1,355,479 in FY13.

### ASSOCIATION OF ACADEMIC PHYSIATRISTS, INC.
### STATEMENTS OF FINANCIAL POSITION
### AUGUST 31, 2014 AND 2013

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<th>ASSETS</th>
<th>2014</th>
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<td><strong>Total assets</strong></td>
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<th>LIABILITIES AND NET ASSETS</th>
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### NET ASSETS

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<td>Permanently restricted</td>
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<td><strong>Total net assets</strong></td>
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### TOTAL LIABILITIES AND NET ASSETS

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<td></td>
<td>1,589,262</td>
<td>1,355,479</td>
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What’s New for 2015?

Learning Management System (LMS) & eLearning Programs for AAP Members
AAP is investing in technology to improve the way AAP educational programs and products are delivered to AAP membership. The LMS will allow AAP to offer a comprehensive online library of interactive learning modules with video and self-assessment features.

Educational resources will include Annual Meeting content, research literacy tools, faculty development tools based on the Milestones, Journal & Academic Development podcasts, and more!

Lobbying Firm
In January 2015 AAP hired Bryan Cave, LLP to serve as the Association’s full-time government relations consultants to ensure that AAP members are appropriately represented before Congress and Federal Agencies while those bodies are making decisions that impact the field of rehabilitation medicine.

Some of the specific issues that Bryan Cave will address on behalf of AAP include helping to create a sustainable platform of federal funding for biomedical research; revamping the Graduate Medical Education system to ensure the field of rehabilitation medicine can continue to grow; Medicare payment policies; and advocating on behalf of the field as Congress looks to enact the 21st Century Cures Act. The 21st Century Cures act looks to revamp both the FDA and NIH to ensure that research and development of cures and therapies are reaching patients in a timely manner. It will be important for AAP to educate Congress on the role of rehabilitation medicine during this debate.

Training in Grantsmanship for Rehabilitation Research (TIGRR)
TIGRR is an intensive grant writing workshop that gives participants the expertise and support to be successful at the national level in obtaining grant support. AAP will be sponsoring the participation of AAP members in the TIGRR program to cover registration, hotel, and food for participants.

Medical Student PM&R Fairs
AAP will be providing the tools and funding that academic centers can utilize to develop Medical Student PM&R Fairs at their institutions to increase awareness and appreciation of the specialty in the medical student community.

More Volunteer Opportunities!
You are an important part of the AAP and if you are not already involved, please be on the lookout for new volunteer opportunities in 2015!
Thank you
to 2015 AAP Annual Meeting sponsors...

Platinum

Merz Neurosciences

Mayo Clinic

Gold

Allergan

Silver

KU Department of Rehabilitation Medicine

Rusk Rehabilitation

Bronze

ABPM&R

Fellowship & Job Fair.................................Merz Neurosciences
Hotel Keycards...........................................Merz Neurosciences
Lanyards..................................................Merz Neurosciences
Residents / Fellows Networking Reception........Allergan
President’s Reception..................................Mayo Clinic
WiFi......................................................Mayo Clinic
Residents / Fellows Career Pearls Program.........Mayo Clinic
RFPD Workshop........................................ABPM&R
Residents / Fellows Workshop........................Cadwell
The Electrode Store Awards ...................The Electrode Store
Annual Meeting Tote Bags ..................The Kansas University Department of PM&R
Administrative Directors Course........Rusk Rehabilitation / NYU Langone Medical Center
In kind support provided by ........Cadwell / FujiFilm Sonosite / Terason