Association of Academic Physiatrists (AAP)

2015 Annual Report
While the year at AAP has come to an end; it is just the beginning; we are excited about the momentum gained over the past year, and 2016 is already off to an amazing start! 2015 marked a milestone year for AAP, reaching record-high membership numbers and annual meeting attendance, increased participation in renowned training programs, and the launch of additional programs and products to enhance mentorship, leadership, and discovery in your home institutions, at AAP, and for the specialty of physiatry as a whole. We appreciate your continued engagement and support of AAP, it is an honor to represent our academic physiatry colleagues and friends. Thank you for making AAP your academic home for physiatry.
Creating the future of academic physiatry through mentorship, leadership, and discovery.

Mission

Creating the future of academic physiatry through mentorship, leadership, and discovery.

About the Annual Report

The AAP Annual Report is designed to provide an overall snapshot of how your organization works to advance the goals and priorities of academic physiatrists. We invite you to read and share our successes including descriptions of activities and accomplishments from committees and councils, highlights for 2015 initiatives and programs, membership statistics for the reporting year, and information about AAP’s fiscal status. The AAP Annual Report is aligned with the AAP strategic plan, at the top of each section you will find the overarching goal of each of AAP’s focus areas. Thank you for being the most important part of AAP and for your invaluable support throughout the past year.
The Physiatric Research Consulting Program officially launched in 2015 following a successful pilot program in 2014. The AAP Research Committee visited the University of Utah and Baylor Institute for Rehabilitation to provide customized onsite recommendations for expanding each institution’s rehabilitation research capacity. The AAP consulting team provided us with actionable items. We had experts in the area devote an extended period of time and energy to our site. We appreciated the direction that they provided in identifying and validating areas of research.

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- Simon Driver at Baylor Institute for Rehabilitation

Thank you to the Foundation of PM&R for their generous support of the program.

TIGRR Stipends for AAP Members

In 2015, AAP invited Rick Segal to explain the benefits of the Training in Grantsmanship for Rehabilitation Research (TIGRR) program to interested AAP members and also offered stipends for AAP members to attend the workshop. Two (2) AAP members received funding, the program also served to increase the number of overall physiatrists attending the TIGRR.

Physician applications increased from an average of 2 per year to 11 for 2016. Joline Brandenburg, MD and Brad Kurowski, MD, MS received the AAP funding for 2016.

Comments Submitted

The Research Committee crafted and submitted comments on behalf of the AAP in response to Requests for Information (RFIs) in regards to the NIH Precision Medicine Cohort Initiative, and for New Ideas for the NIH Blueprint for Neuroscience Research.
Annual Meeting

The 2015 AAP Annual Meeting was the 4th record-breaking year in a row exceeding 850 attendees, 40 exhibitors and sponsors, and increased educational and networking offerings.

Podcasts

AAP’s Education Committee recorded more academic physiatric podcasts for AAP members to enjoy while relaxing or on the go:

**Mentor-On-Demand**

These new podcasts are for residents, fellows, and medical students interested in pursuing a career in Physical Medicine and Rehabilitation. Topics added to the library this year include: Fellowship Opportunities for Pediatric Rehabilitation, Fellowship Opportunities for Spinal Cord Injuries, Fellowship Opportunities for Brain Injury Medicine, Career Options in Academic Medicine for Graduating Physical Medicine and Rehabilitation Residents, and Career Opportunities in Physical Medicine and Rehabilitation: Pain Medicine.

**Journal Podcast**

The AAP Journal Podcasts features selected articles from the *American Journal of Physical Medicine and Rehabilitation* and allow authors to share insight, additional information, and personal experiences from the development of the publication. Three journal podcasts were released this year (1) Gait Training with a Robotic Leg: A Randomized Controlled Pilot Study; (2) An Exploratory Study Examining Clinical Measures of Adiposity Risk for Predicting Obesity in Adolescents with Physical Disabilities; and (3) Feasibility of Using Mobile Health to Promote Self-Management in Spina Bifida.

...MORE PODCASTS TO COME SOON!

Virtual Campus

AAP’s new Virtual Campus launched in October 2015 to serve as the AAP-member hub for all web-based educational activities and CME tracking and recording.

MEMBERSHIP

Goal: To increase AAP membership and retention throughout one’s academic career.

Membership Update

- Membership has steadily increased in 2015, totaling 411 new members joining the AAP with a significant increase in the newly created ‘early career’ membership category.
- AAP exceeded 1,400 members, reaching an all-time high in membership support. A growing AAP means more resources and support for our members, and a larger network of physiatrists dedicated to mentorship, leadership, and discovery in academic physiatry.

Member-Get-A-Member

The AAP Membership Committee continued with the second annual Member-get-a-Member campaign. Dr. Noel Rao, MD of Marianjoy Rehabilitation Hospital was drawn as the winner at the recently concluded AAP meeting! Congratulations Dr. Rao, he will receive a $500 gift card or complimentary registration for AAP 2017 Puerto Rico. Thank you to EVERYONE who participated in the campaign.

PM&R Medical Student Fairs

AAP’s PM&R Medical Student Fairs movement continues to expand its reach across the country with the goal of increasing awareness and appreciation of the specialty of physiatry within the medical student community. In 2015, AAP funded medical student fairs held at Rutgers-New Jersey Medical School/Kessler PM&R and University of Pittsburgh Medical Center (UPMC). Approximately 150 medical students participated in the fairs which combine informational PM&R presentations with hands on demonstration stations.

Five PM&R Fairs were approved for funding in 2015:

- Icahn School of Medicine at Mount Sinai
- University of Pittsburgh Medical Center
- Rutgers-New Jersey Medical School/Kessler Institute for Rehabilitation
- Montefiore Medical Center/Albert Einstein College of Medicine (Feb. 2016)
- Wayne State University/Rehabilitation Institute of Michigan (March 2016)
New Members of the Editorial Board

**Associate Editors:**
Dan Herman - University of Florida  
Peter Lim - Singapore General Hospital/Baylor  
Raj Mitra - University of Kansas

**Members of the Editorial Board:**
Eric Altschuler - Temple University  
Steven Brose - Case Western Reserve University  
Lumi Sawaki - University of Kentucky  
Douglas Weeks - St. Luke’s Rehabilitation Institute

Impact Factor Increases Again

AAP’s official journal, The American Journal of Physical Medicine & Rehabilitation (AJPM&R) continues as a leader in the category of rehabilitation medical journals with another increase in Impact Factor. AJPM&R’s impact factor of 2.202 places our ‘blue journal’ 11th out of 64 titles in rehabilitation worldwide, and 20th out of 81 titles in Sports Sciences.

2015 submissions to the AJPM&R have increased again in 2015. With the large amount of submissions, AJPM&R now has the availability to be more selective, thus allowing the acceptance rate to drop to 12% from 18% in 2014.
New Committee Takes Shape

2015 saw the start of AAP’s newest committee, the Public Policy Committee. Spearheaded by John Whyte, MD, PhD the public policy aims to focus on:

- Graduate Medical Education
- Research Funding
- Sent Letters Re: NCMRR Legislation
- Monitoring NIDILRR
- Creating Position Statements
- Awareness of Physical Medicine and Rehabilitation

Senate HELP Committee

Senate HELP Committee Passes Bill S.800 to Enhance the Stature and Visibility of Medical Rehabilitation Research at NIH

Senate HELP Committee passed bill S.800, which enhances the stature and visibility of medical rehabilitation research at the world’s premier medical research agency - the National Institutes of Health (NIH). Introduced by Senators Mark Kirk (R-IL) and Michael Bennet (D-CO), the bill is enthusiastically supported by the Disability and Rehabilitation Research Coalition (DRRC) membership because the time is now to enhance the stature and visibility of medical rehabilitation research at the world’s premier medical research agency. AAP continued in 2015 as a member of the DRRC Steering Committee along with AAPM&R, ACRM, AOTA, APTA, ASHA, and BIA.

Hill Visits

AAP President Gerard Francisco, MD; and Public Policy Committee Chair John Whyte MD PhD visited the hill in November 2015 to visit with numerous government officials, including NCMRR director, Alison Cernich; and Texas Rep Kevin Brady, head of House Ways and Means Committee, to advocate for GME and rehabilitation research.
Program for Academic Leadership (PAL)

Under the direction of Gary S. Clark, MD, CPE, MMM, PAL continues in its success in providing basic administrative framework and skill sets to promising physiatric academic faculty to enhance leadership abilities within a department, medical school, and the specialty of PM&R at large.

PAL has been recognized by the Association of American Medical Colleges (AAMC) as a model program for addressing the gap that exists in leadership development in academic medicine and is believed to be unique for its focus on benefiting a specialty by leadership development for early career faculty at a national level.

Thank you to Roosevelt Warm Springs Foundation for their continued support of PAL!

Rehabilitation Research Experience for Medical Students (RREMS) and Medical Student Summer Clinical Externship (MSSCE)

Rehabilitation Research Experience for Medical Students (RREMS) and Medical Student Summer Clinical Externship (MSSCE) are eight-week summer PM&R externships offered to medical students between the first and second year of medical school with an attached stipend of $4,000. The availability of AAP PM&R student externships enhances the visibility of PM&R in the medical student community and attracts high quality and a more academically oriented cadre into the specialty of physiatry and into additional leadership training pathways.

AAP significantly expanded RREMS and MSSCE in 2015 offering additional placement slots in each program. A total of 28 students completed RREMS and MSSCE externships in 2015.

Thank you Craig H. Neilson Foundation, Roosevelt Warm Springs Foundation, and Foundation for PM&R for continued support of RREMS & MSSCE!
# Fiscal Year 2015

## Assets

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<th>ASSETS</th>
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<th>2014</th>
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<tbody>
<tr>
<td><strong>CURRENT ASSETS</strong></td>
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<tr>
<td>Cash and cash equivalents</td>
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<td>Accounts receivable</td>
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<td><strong>PROPERTY AND EQUIPMENT - NET</strong></td>
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<td><strong>OTHER ASSETS</strong></td>
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<td>Security deposits</td>
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<td><strong>TOTAL ASSETS</strong></td>
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<td>$1,589,262</td>
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## Liabilities and Net Assets

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<th>LIABILITIES AND NET ASSETS</th>
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<th>2014</th>
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<tr>
<td><strong>CURRENT LIABILITIES</strong></td>
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<td>Accounts payable</td>
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<td>Accrued expenses</td>
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<td>Deferred revenue</td>
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<td><strong>NET ASSETS</strong></td>
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<td><strong>Total net assets</strong></td>
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<td><strong>TOTAL LIABILITIES AND NET ASSETS</strong></td>
<td>$1,709,748</td>
<td>$1,589,262</td>
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WHAT’S COMING IN 2016
A Look to the Future

2016 promises to bring new beginnings and continued success. The list below highlights the variety of new initiatives that will make their debut in 2016.

Maintenance of Certification (MOC) products developed especially academicians in physiatry offered on AAP’s new Virtual Campus.

An AAP physiatric awareness campaign to spread the word about physiatry among other medical specialties, patients, and the medical student community.

Media Campaigns to increase coverage and awareness for key PM&R research, authors, and institutions.

Web-based Milestones Tracking System to improve the way program directors evaluate residents

PM&R READI Program - A consultancy program to provide customized assistance in beginning or improving a PM&R residency program.
Save the Date – February 7-11, 2017

Save the Date for the 2017 AAP Annual Meeting and AAP’s 50th Anniversary Celebration in Puerto Rico, February 7-11, 2017! The AAP Annual Meeting brings together the leading minds in physiatry to share knowledge and expertise, advance science, promote education, and to collaborate with PM&R colleagues. The AAP Annual Meeting is the choice gathering of physiatrists with faculty appointments and where residents and fellows come to learn, network, and participate in mentorship opportunities with today’s leaders, up-and-coming stars in PM&R, and peers across the country. AAP also offers exceptional education and networking opportunities for administrative directors, program coordinators, researchers, and medical students.

A Special Destination for a Special Occasion – AAP’s 50th Anniversary

Puerto Rico is not only a beautiful tropical island in the Caribbean, it is the host location where AAP will celebrate 50 years of mentorship, discovery, and leadership in academic physiatry and look ahead to the next half century. AAP was formed in 1967 by a small group of dedicated physiatric educators with Ernest W. Johnson, MD considered AAP’s ‘founding father.’ AAP is your academic home for physiatry, as our community prepares to celebrate AAP’s accomplishments over the past 50 years, it is important to come together and present a unified voice. We invite all AAP members, and everyone in the academic physiatry community worldwide to save the date and plan to join together in celebration of this momentous occasion!