YEAR in review

2018

Association of Academic Physiatrists
“I am always in awe of the incredible people I get to meet and interact with at the AAP. From staff to medical students to residents to fellows to attendings, I feel so motivated and inspired.”

ALLISON BEAN, MD, PHD

“I always come away from AAP with a mental springboard for new ideas and projects to implement.” JEFFREY FINE, MD

JANUARY 2018
Created the first national PM&R Medical Student Council, which has already created the Pocket Mentor Podcast, developed a registry of PM&R Student Interest Groups and piloted an online Virtual Journal Club

FEBRUARY 2018
1,176 people attended Physiatry ’18 in Atlanta, GA
Partnered with UPMC to launch a Research Mentorship Video Series

MARCH 2018
Physiatry was one of four specialties that matched 100% of positions. The AAP congratulated the next generation with welcome packets and badge reels!

APRIL 2018
Launched an improved member e-newsletter elevating members’ accomplishments and educational activities

JUNE 2018
The impact factor for the American Journal of Physical Medicine & Rehabilitation (AJPM&R) increased to 1.843

PHYSIATRY was one of four specialties that matched 100% of positions. The AAP congratulated the next generation with welcome packets and badge reels!

It’s a Match!
Dear [FNAME],
There has never been a more exciting time to be a physiatrist. Education and research continue to grow — and that growth was ever-present in this year’s competitive Match into Physical Medicine and Rehabilitation. Yet your hard work and passion prevailed. We couldn’t be more proud to call you one of our own. The future of physiatry looks bright with in-training physiatrists like you.

We would like to personally welcome you to the specialty and introduce you to the Association of Academic Physiatrists (AAP). The AAP is an influential and intimate professional society with more than 1,700 members. Many of our members are the most prominent leaders in academic physiatry, including your new professors and directors. Our core values are mentorship, leadership and discovery — all of which will guide you on your way to becoming the next trailblazer in physiatry.

We know that you will find unparalleled opportunities for growth and collaboration within your residency program and the AAP. We’ve included in this packet tokens of our enthusiasm that bring our core values to life:

Mentorship
We want to help you build your network early. Connect with these local contacts that will be supportive and inspirational on your journey.

Leadership
Show your pride for the specialty and your early career success with this “Proud Physiatrist” badge reel. You may even catch leading professors and researchers sporting one.

Discovery
Read Physiatry Forward, the AAP’s quarterly newsletter that shines a light on hot topics and issues. Join us at an upcoming AAP Annual Meeting — Physiatry ’19 in Puerto Rico this February — which brings together influencers and up-and-coming leaders in a collegial environment.

In addition, you can stay connected to residents across the nation with resources created by the AAP’s Resident/Fellow Council (RFC). Those include an online forum open to all (pmrresisandfellows.freeforums.net), a new Resident-Fellow Corner in the American Journal of Physical Medicine & Rehabilitation, and a quarterly newsletter (www.physiatry.org/RFCNewsletter).

As you begin your journey as a physiatry resident, engage with the larger physiatry family on social media! Follow the AAP and RFC on Twitter at @AAPhysiatrists and @AAPhysiatry_RFC, Instagram at @AAPhysiatrists, and Facebook at /AssociationofAcademicPhysiatrists and groups/AAPRFC.

Thanks again for sharing your passion and innovation with our specialty. We are here as a resource throughout your residency and career, so please let us know if there’s anything we can do.

Warm Regards,
John Chae, MD, ME
Allison Bean, MD, PhD
Neal Rakesh, MD
Department Chair
Chief Resident
President, AAP
Chair, AAP’s RFC
Vice Chair, AAP’s RFC
jchae@metrohealth.org
acbean@gmail.com
nealrakesh@gmail.com

P.S. We hope you’ll consider joining the AAP as a resident member and taking us with you through your career! Learn more at www.physiatry.org/membership.
LOOK AT WHAT WE accomplished together

“The AAP continues to provide a rich environment for learning all facets of academia.”  MARLIS GONZALEZ-FERNANDEZ, MD, PHD

JULY 2018
Introduced two new initiatives in *AJPM&R* — social media and evidence-based physiatry

AUGUST 2018
23 medical students participated in the AAP’s summer externships, RREMS and MSSCE

SEPTEMBER 2018
Celebrated 8 leaders and rising stars in physiatry during Women in Medicine Month
Received a record 882 abstracts submitted for poster presentations at Physiatry ’19 in San Juan, PR

NOVEMBER 2018
Unveiled a new AAP website featuring bold pictures and stories of our members, communities pages and more.

DECEMBER 2018
ENDED THE YEAR WITH:
1,855 active members from 24 countries
Over 200 volunteers who shared their time and talent with the AAP
8 PM&R Medical Student Fairs funded to increase interest in the specialty
8 podcasts released on Soundcloud and iTunes with career growth tips and the latest research
7 position statements and white papers published in *AJPM&R* and *Academic Medicine*

Keep reading to discover even more!
Dear Colleagues,

I was introduced to the AAP as a fledgling Program Director. My involvement as a medical educator allowed me to become a candidate to Chair a department, as I do now at the Zucker School of Medicine at Hofstra/ Northwell. The AAP has been critical to my career growth from the start, and now I am eager to give back in this stage of unprecedented growth. Learn more about my vision for the future of the AAP and academic physiatry in this short video.

https://youtu.be/8csxv-YkMkl

Sincerely,

Adam Stein, MD
President of the Board
Association of Academic Physiatrists
Here’s how we are cultivating interest, ideas and physician-scientists in physiatry.

**MEDICAL STUDENT EXTERNSHIPS**

Cultivating early interest and mentorship for medical students is vital to helping them confidently choose PM&R as a career. That’s why the AAP offers summer externships to expose students to structured research and clinical experiences and the most respected physiatrists.

Interest continues to grow in our competitive externships with a 5% increase in applicants in 2018! We selected 16 students to participate in our Medical Student Summer Clinical Experience (MSSCE) and 7 students for the Rehabilitation Research Experience for Medical Students (RREMS). RREMS participants presented their scientific research at Physiatry ‘19, and Ahish Chitneni received the Best Paper Award for his abstract, “Assessing Nociception & Pain in Patients with Severe TBI: Effects of Unconsciousness and Agitation.”

Thank you to our 28 site sponsors, dozens of mentors and generous funders: Craig H. Neilsen Foundation, Roosevelt Warm Springs Foundation and the Foundation for PM&R.

“The best parts of the RREMS program is having the opportunity to go to a new place and conduct research with a mentor at the top of the field. I felt like I matured quite a bit in the program because along with working in a professional setting, I also learned about myself in going to a completely new place, which forced me to get out of my comfort zone to meet new people and make new connections.”

“Since physiatry is not as talked about as other specialties, I believe it is imperative for programs like the MSSCE to exist. Students must be able to participate in some sort of experience that provides insight to something they may want to do the rest of their lives. This was an excellent program that was comprehensive and provided a good networking opportunity.”
RMSTP has helped dozens of graduates advance their careers and their institutions, improve research capacity and encourage rehabilitation research. Led by Co-Directors Michael Boninger, MD and John Whyte, MD, PhD, this renowned AAP program combines multidisciplinary mentoring, networking and workshops.

Here’s a look at the grants and honors RMSTP participants and graduates received in 2018.

- **Alejandra Camacho-Soto, MD**
  - Honored as Washington University School of Medicine Faculty Diversity Scholar

- **Nathan Evanson, MD, PhD**
  - Won the 2018 Pediatric Rehabilitation Excellence in Teaching Award
  - Principal Investigator of a $33,940 grant from the NICHD
  - Principal Investigator of a $200,000 grant from Cincinnati Children’s Hospital

- **Molly Fuentes, MD**
  - Celebrated as Seattle Children’s Center for Diversity and Health Equity’s first Health Equity Mentored Scholar for her project, “Culturally Relevant Rehabilitation for American Indian/Alaska Native Children and Youth”
  - Received $122,340 as the Principal Investigator

- **Prakash Jayabal, MD, PhD**
  - Received the Foundation for PM&R’s Justus Lehmann Research Grant for his study on “The Acute Impact of Positive Pressure Lower Body Treadmill Walking on Biological Markers of Joint Disease in Individuals with Knee Osteoarthritis”
  - Won the American Medical Society for Sports Medicine (AMSSM) Foundation Young Investigator’s Award
  - Awarded an Alliance for Research in Chicagoland Communities (ARCC) Seed Grant

- **Prathap Jayaram, MD**
  - Presented with the Foundation for PM&R Richard Materson ERF New Investigator Award of $10,000 for his research on “In Vivo Gene Therapy Treatment Compared to Autologous Conditioned Plasma for Post-traumatic Osteoarthritis”

- **Randel Swanson, DO, PhD**
  - Recruited as lead physiatrist in Penn PM&R’s Traumatic Brain Injury (TBI) Research Program
  - Co-Investigator for the Pennsylvania Consortium on Traumatic Brain Injury (PACT) grant, a $3,999,000 grant from the Pennsylvania Department of Health

- **Jennifer Zumsteg, MD**
  - Received the AAP’s first Innovation & Impact Award for outstanding new developments and improvements in education that benefit academic PM&R and the physiatric community.

Want to become a successful physician-scientist? Applications for the 2020 program open in September 2019.
Here’s how we are building resources and opportunities for today’s and tomorrow’s educators.

▶ PHYSIATRY ‘18

Over 1,170 attendees from 14 countries were energized and inspired at the AAP’s 2018 Annual Meeting in Atlanta, GA. With a special learning pathway on pain management, 275 speakers and 522 poster presenters led plenary talks, educational sessions and workshops, and informal meet-and-greets for professionals in every career stage.

Other highlights include:

• Our first philanthropy project, making capes and cards for children in local hospitals through Atlanta Ronald McDonald House Charities
• New pre-conference workshops with topics from teaching spasticity to quality improvement
• Social media buzz with 548 posts about #Physiatry18 with over 100,000 impressions
• DeLisa Lecture by Stefano Negrini, MD, Field Director of Cochrane Rehabilitation

“The AAP meeting is a great venue to reinforce practice skills, network with other program directors, and hear about hot topics in the field.”
MARY ANN MIKNEVICH, MD

“The AAP Annual Meeting continues to push the boundaries of academic physiatry and is an invaluable networking opportunity with one’s peers.”
PREETI RAGHAVAN, MD

▶ AAP VIRTUAL CAMPUS

Our Virtual Campus is full of lifelong learners looking to sharpen their skills — from mentoring podcasts to continuing medical education (CME) webinars. We launched two new American Board of Physical Medicine & Rehabilitation (ABPMR) approved maintenance of certification (MOC) activities, re-introduced podcast series featuring career development tips and in-depth looks at research published in AJPM&R, monthly journal CME articles, a new UPMC research mentorship video series, and more.

Take advantage of these and other new activities now at campus.physiatry.org!

Connect with a worldwide community of physiatry and rehab professionals at ISPRM 2020, the joint AAP Annual Meeting and International Society for Physical & Rehabilitation Medicine (ISPRM) World Congress! March 5-10, 2020, Orlando, Florida, USA
PROGRAM FOR ACADEMIC LEADERSHIP (PAL)

PAL is a three-year program that develops academic leadership skills in junior PM&R faculty through a valuable combination of education and one-on-one mentoring. It is organized around one of three “themes” each year:

- Academic Department Administration
- Teaching & Education (including medical students, residents, fellows and faculty)
- Research (both funded and unfunded)

Our 2018 graduating class joins 101 PAL alumni!

- Kevin Carneiro, DO, University of North Carolina
- Erika Erlandson, MD, Children’s Hospital of Michigan
- Alfred Gellhorn, MD, Weill Cornell Medical College
- Mary Kim, MD, Loma Linda University
- Christian Niedzwecki, DO, Baylor College of Medicine
- Sean Smith, MD, University of Michigan
- James Wyss, MD, Hospital for Special Surgery

“I found this 3-year experience invaluable and unlike any other professional education program. Not only did I acquire knowledge and skills essential for effective leadership, but the program allowed me to make valuable contributions to my home institution with support of the top physiatric talent in the country. The program stimulated me to seek education and additional training in the areas in which I was lacking — conflict negotiation, business and finance, to name a few. The AAP’s investment in this program is truly remarkable!”  

ALEX MOROZ, MD

Save the date! Applications for our 2020 program open in July 2019.
Here’s how we are shaping an influential and supportive community for academic physiatry professionals.

▶ SETTING RECORDS WITH MEMBERSHIP

The AAP’s membership reached its highest yet in 2018 with 1,855 total members ranging in age from 20 to 87! We also welcomed 3 new Academic Partners in 2018 — Beaumont Hospital, Rusk Rehabilitation at NYU Langone Health and the University of New Mexico — reaching a new high of 45 institutions.

The AAP will increasingly become the academic home for physiatry with new member benefits such as our Member Savings Center, free ISPRM membership, a new Medical Student Council, academic advancement guides and more.

Refer your peers to the AAP to enter our monthly drawing for a $50 Amazon Gift Card!

▶ PM&R MEDICAL STUDENT FAIRS

The AAP provided grant funding for 8 Medical Student Fairs in 2018, reaching nearly 400 students. These fairs were held at the JFK Johnson Rehabilitation, Liberty University, Rutgers New Jersey Medical School, University of Colorado, University of Nebraska, Washington University Wayne State University and Zucker School of Medicine at Hofstra/ Northwell.

Interested a hosting a fair? Apply for a grant!
COMMITTEES & COUNCILS

The AAP brings together experts and rising stars in all aspects of academic medicine — from research to administration — to inspire innovation in individuals, teams, departments, institutions and the healthcare system. Thanks to their collaboration, the AAP published 7 position statements and white papers in 2018:

- “Graduate Medical Education Funding and Curriculum in Physical Medicine and Rehabilitation” AJPM&R, MARCH 2018
- “Federal Funding of Disability and Rehabilitation Research” AJPM&R, AUGUST 2018
- “Association of Academic Physiatrists Women’s Task Force Report” AJPM&R, SEPTEMBER 2018
- “Leading Practices and Future Directions for Technical Standards in Medical Education” ACADEMIC MEDICINE, NOVEMBER 2018
- “Physiatry, Pain Management, and the Opioid Crisis” AJPM&R, NOVEMBER 2018
- “State of the States: Growing Physiatry” AJPM&R, DECEMBER 2018
- “Competency-Based Curriculum Development to Meet the Needs of People with Disabilities” ACADEMIC MEDICINE, DECEMBER 2018

Our Councils also contributed hot topics to our quarterly newsletter, Physiatry Forward. Read articles on just-in-time teaching, research advice, common program requirements, medical student debt and more (plus 10 years of archives)!

Want to get involved?
Sign up to volunteer.

ADVOCATING FOR RESEARCH, EDUCATION & CARE

Board members and AAP staff visited over 20 elected officials in September 2018 to build awareness about physiatry and advocate for investment in rehabilitation research and increased graduate medical education (GME). You can do your part too!
The American Journal of Physical Medicine & Rehabilitation (AJPM&R) is the AAP’s official medical journal. Here’s how we are promoting excellence in research, education and patient care.

► GROWING OUR REACH & RELEVANCE

We are proud to share that the Journal Impact Factor (JIF) for AJPM&R increased to 1.843 (Clarivate Analytics, 2018)! The JIF will continue to grow with new efforts in evidence-based physiatry, social media and Cochrane Rehabilitation.

In addition, AJPM&R is developing worldwide prestige. In 2018, 55 countries submitted articles for publication — up from 50 in 2017. AJPM&R’s website has more international visits than overall Wolters Kluwer titles, a publisher that serves healthcare, finance, legal and regulatory professionals worldwide. We have also begun to publish quarterly issues in China and India, adding to our English and Spanish editions.

Submit your work for publication! AJPM&R publishes cutting-edge basic and clinical research, case reports, in-depth topical reviews and more. Submit your paper at www.editorialmanager.com/ajpmr.
STATEMENTS OF
Year-Ended August 31, 2018

ASSETS
• Cash and cash equivalents $ 817,514
• Accounts receivable -
• Investments 1,249,073
• Prepaid expenses 23,668
• Royalty receivable - net 15,049
• Property and Equipment - net 18,947
• Security deposits 8,036
Total Assets $2,132,287

LIABILITIES AND NET ASSETS
• Accounts payable $ 1,748
• Accrued expenses 39,082
• Deferred revenue 135,272

Net Assets
• Unrestricted 1,849,383
• Temporarily restricted 3,948
• Permanently restricted 102,854
Total net assets 1,956,185

Total Liabilities and Net Assets $2,132,287

REVENUE
Revenue, gains and other support: $2,159,485
Net investment income: $ 94,579

EXPENSES
Operation expenses: $1,834,749
Reserve expenses: $ 212,530
Change in net assets: $206,785
We are grateful for all of our members, volunteers and partners who support the AAP’s mission. The AAP’s programs, events and activities continue to thrive thanks to your support!

OUR SUPPORTERS matter!

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Northwell Health
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