The future of physiatry HAPPENS HERE.
How We Are Creating A BRIGHT FUTURE

JANUARY 2019
- Launched our fourth MOC activity on the AAP's Virtual Campus (a fifth one was also launched in the summer)

FEBRUARY 2019
- Record-breaking 1,302 people attended Physiatry '19 in San Juan, Puerto Rico
- Adam Stein, MD was elected as President of the AAP's Board of Trustees

MARCH 2019
- Physiatry once again matched 100% of its PGY-1 positions in the National Resident Matching Program

APRIL 2019
- Launched an Academic Advancement Guide for steps to your next career stage

MAY 2019
- The Rehabilitation Medicine Scientist Training Program (RMSTP) was refunded by the National Institutes of Health (NIH)
- Premiered Grand Rounds on the AAP's Virtual Campus

JUNE 2019
- The impact factor for the American Journal of Physical Medicine & Rehabilitation (AJPM&R) increased to 1.908

JULY 2019
- Launched the revamped AAP member magazine, Physiatry Forward, featuring behind-the-scenes stories of members and departments across the country

AUGUST 2019
- 25 medical students participated in the AAP's summer externships

SEPTEMBER 2019
- Celebrated 7 leaders and rising stars in physiatry during Women in Medicine Month
- The AAP’s Board of Trustees visited Capitol Hill to advocate for increased GME and research funding

OCTOBER 2019
- Reintroduced Research Badges, a step-by-step guide on conducting research for a peer-reviewed publication
- Launched the new Resident-Fellow Section in AJPM&R

NOVEMBER 2019
- Received 2,069 abstracts from authors in 77 countries for poster presentations at ISPRM 2020 in Orlando, Florida

DECEMBER 2019
- Ended the year with:
  - 2,014 active members from 35 countries
  - 454 volunteers who shared their time and talent with the AAP
  - 7 PM&R Medical Student Fairs funded to increase awareness of and interest in the specialty
  - 20 podcasts released with career growth tips and the latest in research

“AAP has been helpful to me. It provides an intimate support network that continues to inspire me to teach. Thank you for the support.”

“I’m proud to be a member of AAP!”

“AAP IS THE BEST FORUM TO MEET ACADEMIC PHYSIATRISTS OF ANY RANK.”

Keep reading to discover even more!
Message from OUR PRESIDENT

Dear Colleagues,

As 2019 came to a close, it was easy to reflect on a host of AAP organizational successes. Our annual scientific meeting in San Juan, Puerto Rico was our best attended and most successful yet. AAP membership topped 2,000, a very important milestone in our history. The American Journal of Physical Medicine & Rehabilitation saw its impact factor rise once again. Our impactful signature programs such as the Rehabilitation Medicine Scientist Training Program and the Program for Academic Leadership overcame funding challenges and remain available to the future leaders of academic physiatry. We look forward with tremendous excitement for an even more memorable 2020 – which kicks off with our first truly global event, the joint AAP/ISPRM meeting in Orlando, Florida. I look forward to seeing you all there.

Sincerely,
Adam Stein, MD
President of the Board, Association of Academic Physiatrists

Future Physiatrists START HERE

“This organization has provided a wealth of resources for me as a medical student about physiatry. Otherwise, I would have no resources available at my institution.”

MEDICAL STUDENT EXTERNSHIPS

Cultivating early interest and mentorship for medical students is vital to helping them confidently choose PM&R as a career. That’s why the AAP offers summer externships to expose students to structured research and clinical experiences and the most respected physiatrists.

We selected 19 students to participate in our Medical Student Summer Clinical Experience (MSSCE) and 6 students for the Rehabilitation Research Experience for Medical Students (RREMS).


RREMS participants will present their scientific research at ISPRM 2020, and Sarah Libfraind, BS received the Best Paper Award for her abstract, “The Acute Impact of Lower Body Positive Pressure Treadmill Walking on Biological Markers of Joint Disease and Joint Pain in Individuals with Knee Osteoarthritis.”

Thank you to our 20 site sponsors, dozens of mentors and generous funders: the Craig H. Neilsen Foundation, the Roosevelt Warm Springs Foundation and the Foundation for PM&R.

“Before my participation in RREMS, I would have ranked PM&R only slightly ahead of the other specialties that I am considering. Now, it is a clear favorite, and I am excited to continue to learn more about the specialty as I continue with my training.”

“Interested in hosting a fair? APPLY FOR A GRANT.”

PM&R MEDICAL STUDENT FAIRS

The AAP provided grant funding for 7 Medical Student Fairs in 2019, reaching 320 students. These fairs were held at the Albany Medical College, the Icahn School of Medicine at Mount Sinai, JFK Johnson Rehabilitation, Johns Hopkins University, Medstar National Rehabilitation Hospital, Montefiore Medical Center, and University of Colorado.

More and more institutions are taking advantage of this grant opportunity — there are already 6 fairs planned for the first half of 2020!
We welcomed 1,302 eager attendees from 13 countries to Puerto Rico for Physiatry ’19, the AAP’s 2019 Annual Meeting. With a special learning pathway on musculoskeletal disorders, over 80 educational sessions and 662 poster presentations inspired today’s and tomorrow’s leaders in the field.

Did you know that 45 new activities made their debut on the AAP’s Virtual Campus in 2019? Our Virtual Campus is your destination for lifelong learning. Some of the highlights include:

- 2 new American Board of Physical Medicine & Rehabilitation (ABPMR) approved maintenance of certification (MOC) activities
- 10 Grand Rounds on topics ranging from cerebral palsy to low back pain
- New and improved Research Badges, a step-by-step guide to conducting research for a peer-reviewed publication
- Recorded plenaries and hot sessions from past Annual Meetings
- A 6-part spasticity series
- 12 new AJPM&R CME activities, one for each issue
- And much more!

PAL is a three-year program that develops academic leadership skills in junior PM&R faculty through a valuable combination of education and one-on-one mentoring. It is organized around one of three “themes” each year:

- Academic Department Administration
- Teaching & Education (including medical students, residents, fellows and faculty)
- Research (both funded and unfunded)

Our 2019 graduating class joins 101 PAL alumni!

- Mohammad Agha, MD, University of Missouri
- David Haustein, MD, University of Louisville/Robley Rex VA Medical Center
- Danielle Powell, MD, MSPH, University of Alabama at Birmingham
- William Evan Rivers, DO, University of New Mexico
- Lisa Marie Ruppert, MD, Memorial Sloan Kettering Cancer Center
- Monica Verduzco-Gutierrez, MD, UT Health/McGovern Medical School

"PAL is an extremely valuable experience. As a participant I acquired the knowledge base and skill set essential for effective leadership and personal academic growth. The networking, guidance and support available to participants is unlike any other leadership program I have participated in. The skills and support I received through PAL allowed me to lead a faculty development program in research for my service. I highly recommend this program and thank the AAP for their investment into our professional development."

Lisa Ruppert, MD

The AAP’s membership reached its highest yet in 2019 with 2,014 total members ranging in age from 21 to 87. Of those 2,014 members, 42% identify as female and 58% identify as male.

We also welcomed 6 new Academic Partners in 2019 — Michigan Medicine, Montefiore Medical Center, Sunrise Health GME Consortium, University of Alabama at Birmingham, University of Puerto Rico, University of Washington — reaching a new high of 52 institutions.

The AAP is increasingly becoming the academic home for physiatry with new member benefits such as our Mentorship Program, an e-leadership series, monthly podcasts and much more in the pipeline.

HONORING 2019 MILESTONE MEMBERS

50 YEARS
- John Ditunno, MD
- John Melvin, MD

40 YEARS
- Michael Krebs, MD
- Dennis Matthews, MD
- Kirstjan Ragnarsson, MD
- Mehrsheid Sinaiki, MD, MS

30 YEARS
- Michael Andary, MD, MS
- Karen Andrews, MD
- Gregory Carter, MD, MS
- Holmes Marchman, MD
- Teresa Massaggi, MD
- Scott Paul, MD
- Nicholas Spellman, MD
- Steven Stiens, MD, MS
- Kathryn Stolp, MD, MS
- Jeffrey Thompson, MD
- John Whyte, MD, PhD

20 YEARS
- Jonathan Bean, MD, MS
- Sara Cucunulo, MD
- Paul Diamond, MD
- Steven Farrell, MD
- Patricia Huford, MD
- Amanda Keel, MD
- Ria Mitra, MD
- Michael Saulino, MD
- Rachna Soriano, DO
- W. Alan Van Dam, MD

10 YEARS
- Amy Allenmon
- Ziyad Ayyoub, MD
- Rita Bailey
- Andrea Cheville, MD
- Kimberly Garza
- Daniel Herman, MD, PhD
- Alice Hon, MD
- Erik Hoyer, MD
- Shernaz Hurlong, DO
- Amy Kakitis-Fawley
- Herman Lau, MD
- Priya Mhatre, MD
- Jared Olson, MD
- Jennifer Perianayagam
- Amy Wilson, MD

AAP PUBLICATIONS

The Inner Circle, the AAP’s weekly e-newsletter, hit members’ inboxes 50 times in 2019. We were proud to profile the achievements of 203 members in our bi-weekly “Members Making Moves” column. Julie Silver, MD was featured the most — a total of 11 times!

In addition, Physiatry Forward, the AAP’s quarterly member magazine, introduced a new look and new columns in 2019. Members now get exclusive access to the innovations happening in PM&R departments across the country, behind-the-scenes looks at the treasured belongings of well-known physiatrists, wellness tips — from recipes to books, news from AAP councils and much more. This year alone, the magazine expanded from 12 pages in the Spring 2019 issue to 28 pages in the Winter 2020 issue.

See what you’ve missed this year, find out how you can contribute and get access to 12 years of archives at www.physiatry.org/PhysiatryForward!

For your listening pleasure, the AAP debuted 2 new podcast series in 2019 (PM&R Pocket Mentor and The Road to Chair), thanks to the efforts of the RFC’s Digital Outreach Subcommittee! In total, 20 podcasts were released in 2019 covering research, career development and practice insights.

Visit www.physiatry.org/podcasts to start exploring.
Change is MADE HERE

COMMITTEES, COUNCILS & TASK FORCES
The AAP is proud to bring together influential physiatrists to participate in our 8 active committees (focused on everything from research to leadership development), 8 councils supporting physiatrists in every career stage, and 3 task forces. Our committees’ contributions can be found in every page of this report. Here are some lesser known activities from our councils and task forces!

• The Medical Student Council (MSC) created an e-newsletter for medical student members and student interest groups, publishing 3 issues in 2019
• The Administrative Director Council launched a membership campaign that increased their membership by 23% in 2019
• The Women in Academic Physiatry Task Force published a white paper on “The Vital Role of Professionalism in Physical Medicine and Rehabilitation,” AJPM&R, October 2019
• The Industry & Research Partnerships in Physiatry Task Force developed educational sessions and other resources to help guide these relationships and accelerate innovation in the field
• The Medical Student Educator Council published a white paper on “Competency-Based Curriculum Development to Meet the Needs of People with Disabilities: A Call to Action,” Academic Medicine, June 2019
• Thanks to the Global Academic Physiatry Task Force, the annual membership fee for tier 1 and tier 2 countries was reduced to $35
• The Resident/ Fellow Council (RFC) created three subcommittees (the Wellness Subcommittee, the Digital Outreach Subcommittee, and the Social Media Subcommittee) to develop more digital resources and presence for the AAP community. Find their content on Twitter @AAPPhysiatrists and Instagram @AAPPhysiatrists!
• The MSC and RFC relaunched a Mentorship Program that matches medical students interested in PM&R with passionate residents

ADVOCATING FOR RESEARCH, EDUCATION & CARE
Board members and AAP staff visited nearly 30 elected officials in September 2019 to build awareness about physiatry and advocate for investment in rehabilitation research and increased graduate medical education (GME). You can do your part too!

RMSTP helps residents and early career physicians develop competitive applications for mentored research development from NCMRR or other funding agencies, and ultimately to transition to independent research careers. The RMSTP is jointly supported by an R25 grant from the National Center for Medical Rehabilitation Research (NCMRR), within the NIH’s National Institute of Child Health Human Development (NICHD), and the AAP. Led by Co-Directors Michael Boninger, MD, John Whyte, MD, PhD, and a multidisciplinary Advisory Board of seasoned researchers, this renowned program combines mentoring, networking and workshops.

Here’s a look at the honors our participants and graduates received in 2019:
- Brad Dicianno, MD won the Dr. Timothy Brei Outstanding Healthcare Professional Award, Spina Bifida Association
- Nate Evanson, MD, PhD was nominated for UC Excellence in Undergraduate Research Mentoring Award
- Janna Friedly, MD won Seattle Met’s Top Doctors Award
- Amy Houtrow, MD, MPH, PhD won the Arnold Capote Award from the American Academy of Pediatrics Council on Children with Disabilities
- John-Ross Rizzo, MD won the best paper award at the Computer Vision Conference

In addition, W. David Arnold, MD, Scott Barbuto, MD, PhD, Brad Dicianno, MD, Nate Evanson, MD, PhD, Dan Herman, MD, PhD, John-Ross Rizzo, MD, Stacy Suskauer, MD and Yejia Zhang, MD, PhD received grants as principal investigators, totaling more than $4 million. Their research addresses topics as diverse as annual models of age-related weakness, clinical studies of motor deficits after mild TBI, development of wearable technology for individuals with visual limitations or powered wheelchairs for those with motor limitations, improvements in hospital service delivery systems, and more.

W. David Arnold, MD, Marcia Bockbrader, MD, PhD, Abby Cheng, MD, Brad Dicianno, MD, Amy Houtrow, MD, MPH, PhD, John-Ross Rizzo, MD, Ryan Solinsky, MD and Stacy Suskauer, MD received additional grants as co-investigators totaling more than $10.5 million.

In addition, W. David Arnold, MD, Scott Barbuto, MD, PhD, Brad Dicianno, MD, Nate Evanson, MD, PhD, Dan Herman, MD, PhD, John-Ross Rizzo, MD, Stacy Suskauer, MD and Yejia Zhang, MD, PhD received grants as principal investigators, totaling more than $4 million. Their research addresses topics as diverse as annual models of age-related weakness, clinical studies of motor deficits after mild TBI, development of wearable technology for individuals with visual limitations or powered wheelchairs for those with motor limitations, improvements in hospital service delivery systems, and more.

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The American Journal of Physical Medicine & Rehabilitation (AJPM&R) is the AAP’s official medical journal.

GROWING OUR REACH & RELEVANCE

We are proud to share that the Journal Impact Factor (JIF) for AJPM&R has once again increased to 1.908 (Clarivate Analytics, 2019)! In addition, AJPM&R is developing a worldwide reputation. In 2019, 50 countries submitted articles for publication and ajpmr.com had an average of 36,000 monthly visits.

Here are some of the journal’s biggest moments in 2019:

- In February 2019, AJPM&R partnered with Cochrane Rehabilitation to introduce the Cochrane Corner, a column presenting and disseminating Cochrane reviews of rehabilitation interest.
- In August 2019, Walter Frontera, MD, PhD began his monthly “Editor’s Pick,” making one article a month free and open to all.
- In October 2019, AJPM&R also proudly launched the Resident & Fellow Section, a monthly column with published articles authored by physiatry trainees. This new initiative introduces trainees to the peer-review process, encourages critical reading of primary literature, and leads residents and fellows to consider pursuing original research studies in the future.

The American Journal of Physical Medicine & Rehabilitation (AJPM&R) is the AAP’s official medical journal.

SUBMIT YOUR WORK FOR PUBLICATION!
AJPM&R publishes cutting-edge basic and clinical research, case reports, in-depth topical reviews and more. Submit your paper at www.EditorialManager.com/AJPMR/default.aspx

Statements of FINANCIAL POSITION
YEAR-END AUGUST 31, 2019

ASSETS
- Cash and cash equivalents $1,110,564
- Accounts receivable 1,350,522
- Investments 24,930
- Royalty receivable - net –
- Property and Equipment - net 18,441
- Security deposits 3,036
Total Assets $2,507,493

LIABILITIES AND NET ASSETS
- Accounts payable $42,394
- Accrued expenses 21,175
- Deferred revenue 177,523
- Net Assets
  - Unrestricted 2,140,498
  - Restricted 125,903
Total net assets $2,266,401
Total Liabilities and Net Assets $2,507,493

REVENUE
Revenue, gains and other support: $2,338,158
Net investment income: $30,644

EXPENSES
Operation expenses: $1,972,069
Reserve expenses: $196,452
Change in net assets $200,281
Our Supporters
MATTER!

We are grateful for all of our members, volunteers and partners who support the AAP’s mission. The AAP’s programs, events and activities continue to thrive thanks to your support!

ORGANIZATIONS – GRANTS & SPONSORSHIPS
- Allergan
- Burke Rehabilitation Hospital
- Cadwell
- The Craig H. Neilsen Foundation
- Foundation for Physical Medicine & Rehabilitation
- Ipsen
- Johns Hopkins Rehabilitation Network
- Konica Minolta
- Mayo Clinic
- Medtronic
- Merz Neurosciences
- MetroHealth
- Moss Rehab
- Northwell Health
- Roosevelt Warm Springs Foundation
- Saol Therapeutics
- Spaulding Rehabilitation Hospital/ Harvard Medical School
- The University of Kansas (KU)
- TIRR Memorial Hermann
- University of Pittsburgh Medical Center (UPMC)

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  AJPM&R Editor-in-Chief

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