75 YEARS OF PHYSIATRY

The Future of Physiatry Happens Here

Celebrating 75 years of Physiatry with the American Board of Physical Medicine and Rehabilitation

PRELIMINARY PROGRAM  REGISTER NOW TO SAVE AT WWW.PHYSIATRY.ORG/2022
We Missed You...

it’s time to reunite with your AAP family!

We Missed You... Join us as we come together for an unforgettable experience in NOLA. Physiatry ’22 will foster lively discussions, collaborations, new ideas and unprecedented career growth with rehabilitation professionals and peers from all over the country. Immerse yourself in a welcoming and passionate community, experience diverse and interactive educational opportunities, and meet up with new and old friends. We can’t wait to see your smiling faces again.

Your Safety is Our Priority
Phsiatrists, educators, trainees and researchers are innovating and adapting every day due to COVID-19. There has never been a more valuable time for you to take time for yourself, plug into the latest advances in physiatry, and prepare for the road ahead. As of now, we are confident that by February, AAP will be able to hold a safe and intimate in-person meeting. The AAP is consulting with Hilton, the Center for Disease Control (CDC) and World Health Organization (WHO), our conference management team at ConferenceDirect, the state of Louisiana, and other partners to create and follow health and safety protocols during the Physiatry ’22 meeting. This information will continue to evolve leading up to Physiatry ’22 and will we keep you updated at every turn.

Early Bird Savings
Become a member of the AAP and register by December 17, 2021 to save up to $300. You will also be entered to win one of two free registrations for Physiatry ’23. Join our community for even better rates at www.physiatry.org/join or renew at www.physiatry.org/renew.

Get Social
In this increasingly virtual era, more and more physiatrists and PM&R programs are taking to social media. Make sure you’re following our accounts to connect and learn! Hear from speakers and presenters, exchange diverse insights and opinions, and stay on top of the event’s latest news using #Physiatry22, our official event hashtag.

Follow us on:
- Association of Academic Physiatrists
- @AAPhysiatrists
- aaphysiatrists
- Association of Academic Physiatrists

Register Now

- Visit physiatry.org/2022
- Mail your check (in US dollars)
- Call +1 (410) 654-1000
  (credit card payments only)

REGISTER BY DECEMBER 17, 2021 TO SAVE!
The Future of Physiatry Happens Here

On behalf of the Association of Academic Physiatrists (AAP), it is our pleasure to invite you to the physiatry event of the year — Physiatry ’22 in New Orleans, Louisiana, USA!

It is our vision to foster a meeting environment and culture where every member and partner feels valued, supported with top quality educational and networking opportunities, and inspired to achieve individual and common goals as a critical foundation to providing state-of-the-art care for our patients. You will discover the latest in education, clinical techniques, research, technology and more. Whether you’re looking to sharpen your clinical or academic skillset, affect positive change within your institution, or become an emerging or stronger leader in the field of physiatry, we offer the tools and network you need to grow.

We promise you that Physiatry ’22 will be lively, dynamic and forward-thinking. After more than a year of holding virtual events, we are excited to welcome back members in-person to reconnect and recharge for the year to come. We’ll also be kicking off 75 years of physiatry alongside ABPMR — Physiatry ’22 will be a party you won’t want to miss!

Until We Meet in New Orleans,

Alex Moroz, MD, MHPE
Chair, AAP Program Committee
Residency Program Director & Vice Chair for Education & Training
NYU Langone Health/ Rusk Rehabilitation
Welcome to New Orleans
Let the Good Times Roll!

New Orleans is one of the top ten most-visited cities in the United States. From its world-renowned French Quarter, boisterous jazz music scene, iconic Cajun and Creole flavors, and 2009 NFL Superbowl championship team; the “Big Easy” promises an unforgettable time with your AAP family. Here are some unique adventures to experience while here:

VISIT HISTORIC SITES  Immerse yourself in history by strolling along the French Quarter (established in 1718), Garden District, the mighty Mississippi River, St. Louis Cathedral and more.

CHOW DOWN ON EXPANSIVE DINING  Take a bite out of the bayou by visiting top notch restaurants like Cafe Beignet, Liuzza’s by the Track, or Jacques-Imo’s. Don’t leave town without trying a local gumbo or jambalaya!

SOAK UP THE SUNSHINE  Get around outdoors on airboat, steamboat, streetcar and more. Activities like the New Orleans Swamp Tours, Chalmette Battlefield & Jean Lafitte National Park, and Audubon Nature Institute are sure to wow you.

APPRECIATE THE ARTS  The arts scene is so big for good reason! If you’re looking to be visually stunned, check out public art displays at Studio Be and Music Box Village. To appreciate this city with a soundtrack: local brass music can be heard over at Preservation Hall and just about any venue along Frenchmen Street.

Hotel: Hilton New Orleans Riverside
2 Poydras Street, New Orleans, LA 70130
1-504-561-0500
Room Rate: $229
Room Reservation deadline: January 10, 2022
MENTION PHYSIATRY ’22 OR AAP TO GET THIS ROOM RATE.
Physiatry ’22 offers unbiased, actionable insights on the trends and tools that are shaping our specialty across the country. Take part in educational sessions, lively networking events and spontaneous meet-and-greets.

Schedule at a Glance

**TUESDAY, FEBRUARY 1**
- RFPD & Program Coordinators Workshop

**WEDNESDAY, FEBRUARY 2**
- RFPD & Program Coordinators Workshop
- Pre-Conference Workshops
- Fellowship & Job Fair
- Chairs and Administrative Directors Joint Session

**THURSDAY, FEBRUARY 3**
- Exhibit Hall Open
- Educational Sessions
- Plenary Speaker
- Poster Gallery Reception
- President’s Reception & Kick-Off Party

**FRIDAY, FEBRUARY 4**
- Rehab 5K Run, Walk & Roll
- Exhibit Hall Open
- Educational Sessions
- Plenary Speaker
- Complimentary Lunch in the Exhibit Hall
- Poster Gallery Reception
- Resident & Fellow Networking Night

**SATURDAY, FEBRUARY 5 (HALF DAY)**
- AAP Annual Member Caucus & Awards
- RMSTP Scientific Papers
- Plenary Speaker
- Educational Sessions

Visit www.physiatry.org/2022 for the most up-to-date schedule and news!
WORLD-CLASS REHABILITATION CARE MEETS UNIVERSAL COMPASSION.

MetroHealth Rehabilitation Institute, a leader in rehabilitation, has been recognized as #1 in Ohio by US News & World Report.

In 1953, MetroHealth in Cleveland, Ohio, created one of the first facilities in the nation dedicated solely to rehabilitation. Over 60 years later, our reputation for excellence continues with our recognition as the #1 rehabilitation hospital in the state. We are the only rehabilitation facility in the world led by two members of the National Academies as well as many of the world’s best physiatrists and rehabilitation researchers under one roof. Which is why our institution continues to lead the way. To learn more about the MetroHealth Rehabilitation Institute, go to metrohealth.org/rehab

- **Neurorehabilitation** – one of only 14 centers in the US designated as a Model System Center for spinal cord injury care
- **Research** – ranked number three in the nation and number one in Ohio for National Institutes for Health funding for rehabilitation research
- **Innovation** – new technology like an implantable system that allows spinal cord injury patients to use their arms and legs for functional tasks
- **Education** – residency training program and fellowships in brain injury, spinal cord injury and pain medicine

MetroHealth Rehabilitation Institute

Devoted to Hope, Health, and Humanity
Did you know that ABPMR administered the first board exams in 1947? That means that 2022 will officially mark 75 years of physiatry and what better place than Physiatry ’22 in New Orleans to kick off the celebration!

Party Like a Physiatrist
WE HAVE A LOT TO CELEBRATE!
The specialty of physiatry has never been more critical and in the spotlight. AAP members have bravely stepped up to challenge after challenge during the past year and a half. We are looking forward to reuniting with our AAP community in-person to celebrate the anniversary of physiatry as well as the resiliency of our members and the specialty. That’s why we’ll be hosting a party (free to all registered attendees) on Thursday, February 3, 2022 for all of our members, meeting participants, and partners. Stay tuned for the exciting venue-reveal!

Make Connections that Matter
SPONSOR, EXHIBIT, ADVERTISE
The world’s most influential leaders and rising stars in physical medicine and rehabilitation (PM&R) will come together for Physiatry ’22. Showcase your first-class organization among this captivated audience who are eager to network, collaborate and expand.

Aligning your brand with Physiatry ’22 is a guaranteed way for you to develop a reputation for your organization in the physiatry community. Prominent placements fill quickly, so contact us today to learn more about exhibit space and custom sponsorships.
PHYSICAL MEDICINE AND REHABILITATION

RESTORATION >> RECOVERY >> RE-INTEGRATION

MED.UTH.EDU/PMR
These thought leaders are bringing their big ideas that will influence your research, education, practice and career.

Plenary Speakers

ANDRÉS J GALLEGOS, ESQ
Chairman for the National Council on Disability

A Voice for Health Equity
Description: Unquestionably, this has been the hardest 18+ months in healthcare in virtually all of our lifetimes. The pandemic has unmasked a level of state sanctioned discrimination against people with disabilities not seen since the 1970s and has given license to individual healthcare providers to expressly discriminate against people with disabilities in the provision of healthcare and other health related services. People with disabilities, in particular, people with intellectual and developmental disabilities and those living in congregate settings were disproportionately affected by the COVID-19 virus. In part, they suffered the most because of the decades of neglect in addressing the significant health disparities that exist between people with disabilities and their nondisabled counterparts. That neglect significantly affected the ability of people with disabilities to ward off the virus and resiliency to fight against the virus. As we plan to build back better, health equity for people with disabilities has to be addressed. The National Council on Disability is a federal voice for health equity for people with disabilities, but your voice — individually and collectively — is needed to achieve health equity for people with disabilities.

GWENDOLYN SOWA, MD, PHD
Director, UPMC Rehabilitation Institute and AAP President

NIH Panel: The Helping to End Addiction Long-term (HEAL) Initiative
The United States has experienced ongoing challenges related to drug use, abuse and overdose deaths, and academic physiatry is at the forefront of addressing this challenge. Importantly, the COVID-19 pandemic has resulted in increases in opioid misuse and overdose deaths, and further complicated factors contributing to pain and addiction. The NIH HEAL Initiative has addressed this challenge through supporting a research agenda which includes clinical research in pain management as well as pre-clinical and translational research aimed at enhancing pain management. In particular, the BACPAC Research program, funded through the HEAL initiative, has created a nationwide consortium working collaboratively to phenotype research participants with chronic low back pain with the goal of informing precision medicine treatment approaches for this common and costly condition. This panel will discuss the progress to date, opportunities for supported research in this domain, the creation of publicly available large datasets, and future impact for our patients with chronic pain.
Panel Members: Dr. Leslie Derr, PhD, Health Science Administrator, NIH/NIAMS, BACPAC Coordinator; Dr. Bob Carter, MD, Deputy Director, NIH/NIAMS; Dr. Linda Porter, PhD, Dr. Bob Carter, MD, Deputy Director, NIH/NIAMS

GWENDOLYN SOWA, MD, PHD
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DOROTHY ROBERTS, JD
Penn Integrates Knowledge Professor and George A. Weiss University Professor of Law & Sociology at the University of Pennsylvania

The Problem with Race-based Medicine
Description: The medical profession has long defined disease and treated patients according to race. Some doctors continue to defend this practice by arguing that race serves as a helpful proxy for underlying clinical factors. Learn how Dorothy Roberts traces race-based medicine to false assumptions about innate biological differences and to justifications for slavery and medical exploitation. Today, race-based medicine diverts attention and resources from the social determinants that cause racial gaps in health. Discover tools to abandon this backward legacy and to join efforts to end health inequities caused by racism, not by genetic difference.

DeLisa Lecture

MED.UTH.EDU/PMR
PHYSICAL MEDICINE AND REHABILITATION
RESTORATION        RECOVERY        RE-INTEGRATION
The new, state-of-the-art Craig H. Neilsen Rehabilitation Hospital at University of Utah Health offers the unique care teams only an academic medical center can provide. Our spinal cord injury program includes a dedicated spinal cord team with board certified physiatrists subspecializing in spinal cord injury.

Our spinal cord injury programs (to name just a few) include:

- Ventilator Weaning and Management
- Diaphragmatic Pacing Program
- 1:1 Individualized Education
- Peer Support
- Advanced Assistive Technology

An interdisciplinary spinal cord injury team helps patients thrive, with occupational and physical therapists, speech language pathologists, psychologists, and more.

Craig H. Neilsen Rehabilitation Hospital is a leader in recovery initiatives, such as the TRAILS adaptive sports program. It allows participants to enjoy recreational experiences that help bridge the gap between rehabilitation and returning to the community.

To learn more how our physiatry expertise is changing lives, visit uofuhealth.org/spinalcordinjury
Who will you meet at Physiatry ’22?

Signature Networking Events

Access to the events is included in your registration fee!

RFPD Cocktail Reception
TUESDAY, FEBRUARY 1, 2022, 4:30PM-6:00PM
Following the RFPD workshop, join with your friends from PM&R residency programs across the country for hors d’oeuvres, cocktails and company. Thank you to our event sponsor Merz for their longstanding support!

President’s Reception & Kick-Off Party
THURSDAY, FEBRUARY 3, 2022 7:00PM – 9:00PM
Kick off Physiatry ’22 at our President’s Reception (in the Exhibit Hall) and Physiatry Party, hosted by AAP President Gwendolyn Sowa, MD, PhD and sponsor UPMC! Mix and mingle with peers and mentors across the country as you enjoy an exciting NOLA themed venue, hors d’oeuvres, cocktails and company.

Poster Gallery Receptions
THURSDAY, FEBRUARY 3, 2022, 5:00PM-6:30PM
FRIDAY, FEBRUARY 4, 2022, 5:00PM-6:30PM
Discover cutting-edge research studies and case reports as you interact with PM&R residents and leading researchers. With over 800 posters being presented, you are sure to walk away with new ideas and collaborations! Refreshments will be served.

Resident & Fellow Networking Night
FRIDAY, FEBRUARY 4, 2022, 7:00PM-9:00PM
Kick back and have a few laughs as you make lifelong connections with your PM&R peers. Enjoy food, drinks and friendly competition. Thank you to our event sponsor Allergan for their longstanding support!
Learn and Practice with Faculty Who are Driven to Discover

For 70 years, the University of Minnesota Medical School’s Department of Rehabilitation Medicine has set a gold standard for PM&R care, education, and research. We are ranked 4th in the nation for NIH PM&R research funding by the Blue Ridge Institute and were recently designated a Spinal Cord Injury Model System. What makes us different?

• We lead cutting edge clinics in wound care, movement disorders, spine care, pediatric rehabilitation, cancer rehabilitation, and COVID-19 rehabilitation.
• Our unique interdisciplinary concussion clinic provides the latest in highly individualized care for those with mild to moderate traumatic brain injury.
• Our learners work in a highly collaborative environment at five unique sites across the Twin Cities, ensuring access to unique patient populations and a mastery of the clinical components of PM&R.
• We are ranked fourth in the nation for PM&R research with portfolios in spinal cord injury, performance validity measures in neuropsychology, cognitive and emotional factors associated with varied neurological and physiological conditions, human physiology, and rehabilitation across all systems.

Our goal is to improve our patients’ quality of life -- through excellent care, innovative research, and in-depth education. Come join us. It will be one of the best decisions you ever make.

Four Divisions

- Adult Neuropsychology
- PM&R (Physical Medicine & Rehabilitation)
- Physical Therapy
- Rehabilitation Science

Why Minnesota?

- Ranked in nation for PM&R research through Blue Ridge Institute
- Consistently ranked in the top 3 places to live according to US News and World Report
- Fortune 500 Companies
- Excellent healthcare environment

z.umn.edu/RehabMed21

The University’s mission, carried out on multiple campuses and throughout the state, is threefold: research and discovery, teaching and learning, and outreach and public service. The University of Minnesota is an equal opportunity educator and employer.
Other Opportunities to Connect & Collaborate

This is a unique opportunity to meet physiatry and rehabilitation experts from across the country — and we’re helping you create those career-building connections with these organized events.

Fellowship & Job Fair
WEDNESDAY, FEBRUARY 2, 2022, 5:30PM – 7:00PM
Looking for a new challenge or weighing different career paths? Speak to more than 50 institutions recruiting for a variety of open positions, including fellowships!

AAP Member Caucus & Awards Breakfast
SATURDAY, FEBRUARY 5, 2022, 7:30AM – 8:45AM
Come together with your fellow AAP members and leadership to discover what we’ve accomplished over the past year, and what’s on the horizon. Stay for our Awards Ceremony to help us honor deserving rock-star physiatrists.

Scientific Paper Presentations
THURSDAY, FEBRUARY 3, 2022 – SATURDAY, FEBRUARY 4, 2022
Discover the latest and greatest in physiatry research at our Scientific Paper Presentation sessions. These sessions are organized by topic and presented throughout the meeting.

Town Halls & Round Table Discussions
Build connections, share ideas and get insights into challenges that lie ahead in our informal town halls and round table discussions!

Exhibit Hall Refreshments & Lunch
Get to know institutions and organizations that are offering innovative programs, services and products for physiatry and rehabilitation. Join us for complimentary lunch on Friday, February 4, 2022!

Demonstration Pods
Stop by our Demonstrations Pods in the Exhibit Hall during morning and afternoon refreshment break Thursday, February 3 and Friday, February 4, 2022. Grab a snack and experience hands-on learning and innovations brought to you by our amazing sponsors.

Breakfast, Lunch & Happy Hour Symposia
Fill your stomach and your mind at one of our sponsored breakfast or lunch symposiums! Topics and times will be announced. Space is limited, so keep an eye out for opportunities to reserve your spot.
Residency & Fellowship Program Directors and Program Coordinators Workshop (RFPD)

PRICE: $250 for AAP members/ $450 for non-members

This workshop keeps RFPD coming to the AAP Annual Meeting year after year — and we can’t wait to see this tight-knit group connected in-person again. Join us to learn and grow your programs with best and novel practices.

TUESDAY, FEBRUARY 1, 2022
RFPD Annual Updates and Hot Topics in Graduate Medical Education (GME)
12:00-12:30pm
ABPMR Update
James McDeavitt, MD

12:30-1:00pm
Resident Recruitment Update
Michael Saulino, MD

1:00-1:30pm
GME Summit Update
Greg Worsowicz, MD

1:30-2:00pm
Teaching Pain and Addiction in GME
Michael Mallow, MD and Danielle Perret Karimi, MD

2:15-3:15pm
Evidenced-Based Practices for Recruiting Diverse Applicants to PM&R Residency
Monica Verduzco-Gutierrez, MD, William Filer, MD (AAP Diversity and Community Engagement Committee)

3:15-3:45pm
Diversity, Equity and Inclusion (DEI) Residency Curriculum
Sheital Bavishi, DO and Monica Verduzco-Gutierrez, MD

3:45-4:30pm
RFPD Council Business Meeting
Alex Moroz, MD

4:30-6:00 pm
RFPD Cocktail Hour

WEDNESDAY, FEBRUARY 2, 2022
Accreditation Council for Graduate Medical Education (ACGME) Updates and Assessment Workshop
8:00-9:00am
ACGME Residency Review Committee (RRC) Updates
Caroline Fischer and Wendy Helkowski, MD

9:00am-12:00pm
ACGME Interactive Workshop on Assessment
Eric Holmboe, MD

• Assessment Tools – Evaluate different assessment tools and effective ways to integrate tools into the workflow of our residents and faculty
• Integration Milestones 2.0 into Usable Assessment Tools
• New ACGME Assessment Tools/Toolkits

Resident, Fellow & Medical Student Bootcamp
WEDNESDAY, FEBRUARY 2, 2022
8:00am - 12:00pm
Nathan Olafsen, MD and Jennifer Soo Hoo, MD

Experience hands-on exposure to physiatric procedures — FREE with your resident, fellow or medical student registration! You will rotate through separate stations taught by expert PM&R faculty and gain skills that will help you excel in your training and career. The stations will include ultrasonography, electromyography, spasticity management and fluoroscopic procedures.

At the end of this workshop, you will have better hands-on knowledge of how to perform basic procedures and identify common physiatric procedures. Reserve your spot when you register!

PRICE: Free for residents, fellows, and medical students with paid meeting registration. Space is limited. You must sign up when registering for Physiatry '22.
Medical Education in Physiatry: Building Teaching Skills
WEDNESDAY, FEBRUARY 2, 2022
12:00 – 4:00pm
Leslie Rydberg, MD, Amit Bhargava, MD, Idris Amin, MD, Ben Seidel, DO, Patrick Kortebein, MD, Nitin Jain, MD, Robert Irwin, MD, Aaron Yang, MD, Michael Mallow, MD, Jackie Neal, MD, Adam Lewno, MD, Nathan Katz, Ashlee Bolger, MD, MEd and Maya Therattil, MD
Whether you are a physiatry trainee, junior faculty, or experienced faculty, this course offers the knowledge and skills to build stronger teachers and medical educators. This interactive, hands-on course includes small group activities, discussions, and experiences to demonstrate the importance of active learning techniques to promote audience engagement. Topics include adult learning theory to frame the different educational approaches as well as teaching skills in different settings, teaching in a virtual setting, how to give a lecture, feedback, and mentorship. Participants will have the chance to examine their own teaching styles and experiences and apply the information from the course to develop new methods of teaching in different settings.
PRICE: $99 for AAP members/ $149 for non-members

Musculoskeletal Ultrasound-A to Z (with some letters missing): Hands-on Workshop
WEDNESDAY, FEBRUARY 2, 2022
11:00am – 5:00pm
Amit Bhargava, MD, Heakyung Kim, MD, Jonathan Kirschner, MD, Mark Hurdle, MD, Fernando Sepulveda, MD, Kentaro Onishi, MD, Mooyeon Oh-Park MD, MS, Adam Lewno, MD and Allison Schroeder, MD
Build your skills with the function, capabilities and limitations of diagnostic ultrasound. Through didactic, interactive, and hands-on segments, attendees will learn the basics of performing a diagnostic ultrasound of joints and muscles of upper and lower limbs. Attendees will recognize normal anatomy, common pathologies, and critically evaluate the images. Leave with a skillset to guide and implement musculoskeletal ultrasound into a practice.
PRICE: $99 for AAP members/ $149 for non-members

Spasticity and Other Muscle Overactivity Disorders, an Advanced Course
WEDNESDAY, FEBRUARY 2, 2022
1:00 – 5:00pm
Katharine Alter, MD, Cindy Ivanhoe, MD, Heakyung Kim, MD and Atul Patel, MD
Designed for the advanced physiatrist, join leading experts in PM&R and Neurology in this comprehensive workshop to master the latest innovations in the treatment of spasticity and dystonia. Our clinical experts will explore strategies for assessing patients, designing appropriate treatment plans – including botulinum neurotoxin therapies, and utilizing advanced techniques for the best outcomes.
PRICE: $99 for AAP members/ $149 for non-members

Department Chair and Administrative Director Meet Up
Supporting Department Financial Health through Philanthropy and Other Creative Solutions
WEDNESDAY, FEBRUARY 2, 2022
7:00 – 8:30pm Joint Session
8:30 – 9:00pm Chair Council Business Session
David Steinberg, MD, Ross Zafonte, DO, Catherine Raney Norman
Department leaders will join together for a presentation and discussion addressing successful strategies for supporting department financial health through philanthropic support and other mechanisms.
PRICE: Free for chairs and admin directors with paid meeting registration
Proudly restoring quality of life in partnership with the nationally recognized Spain Rehabilitation Center through high-quality patient care and innovative basic science and clinical research for over 50 years.

UAB.EDU/MEDICINE/PHYSICALMEDICINE

The University of Alabama at Birmingham
As always, our Program Coordinators Council is creating a schedule filled with hot topics to help Coordinators navigate this new era of residency management.

**THURSDAY, FEBRUARY 4, 2022 & FRIDAY, FEBRUARY 5, 2022**

**Topics include:**

- **Residents who Fail to Progress**  
  Mitchell Sokolosky, MD

- **Disability as Diversity**  
  Nicole Taylor, DO

- **Take Care of Yourself so You Can Take Care of Others/ Stress Management + Burnout**  
  April Pruski, MD

- **TAGME**  
  Coretha Davis, University of Miami  
  Miller School of Medicine

- **Wildcat Wednesdays: General Adaptiveness in the Coordinator Role**  
  Leslie Justice (Combs)

- **Coordinator A to Z**  
  Rachael Daigle Breeland, MHA  
  Thomas Petruska, MS

- **ERAS Update**  
  Richard Peng, Association of American Medical Colleges

- **Successful Strategies for PECs and/or “Coordinator Well-Being: Fostering a Collaborative Environment**  
  Jessica Burkhart

- **ABPMR**  
  Carmen Pitzen, ABPMR

- **ACGME RRC Web ADS Updates**  
  Caroline Fischer, MBA, ACGME  
  Wendy Helkowski, MD

- **Milestones 2.0**  
  Cynthia Volack

- **ACGME Site Visits 101**  
  Andrea Chow, ACGME

- **Using Twitter to Promote Your Program**  
  Michelle Osterlund

- **Formal Mentor Process and Individual Learning Plans for Residents**  
  Delilah Kowalke

- **Working Forward**  
  Thomas Petruska, MS
A LEADER IN PROVIDING EXPERT REHABILITATION CARE

NATIONALLY RANKED IN REHABILITATION BY U.S. NEWS & WORLD REPORT
- More than 40 years of providing quality rehabilitation to obtain optimal function and independence

SPECIALIZED SERVICES
- Amputation
- Brain injuries
- Cardiopulmonary disorders
- Neuromuscular disorders
- Pain and sports medicine
- Stroke
- Trauma and orthopedics

ACCREDITATION COUNCIL FOR GRADUATE CONTINUING MEDICAL EDUCATION (ACGME) PROGRAMS INCLUDE:
- Physical Medicine & Rehabilitation Residency Program
- Brain Injury Medicine Fellowship
- Pain Medicine Fellowship

JFKJohnson.org | 732-321-7070
Design Your Physiatry ‘22 Experience

Physiatry ‘22 will feature powerhouse speakers and presentations that showcase the latest research and off-the-press information about clinical care, administration and education. We’ve organized the experience into 5 unique tracks.

AAP strives to create interactive learning experiences for our attendees. Certain sessions have been selected by the AAP Program Committee to include unique hands-on activities to engage participants. Keep an eye out for this symbol over identifying sessions that are interactive.

Academic
Discover the best practices and latest trends in educational curricula, career development and more.

Clinical
Take real-world scenarios to practice with our clinical track, bringing you the sought-after topics in patient care.

Administration
Find insights on building ongoing success for your program, department, institution, and the future of the specialty worldwide.

Research
Examine the latest discoveries from across the spectrum of rehabilitation research.

Student, Resident & Fellow
Trainees, learn critical career development skills from your peers and leaders in the specialty.

BUILD YOUR PERSONALIZED AGENDA
The following schedule is subject to change. View the latest updates, browse sessions and speakers, and create your personalized itinerary on www.physiatry.org/2022.

Earn up to 31.0 AMA PRA Category 1 Credits™!
EDUCATIONAL SESSIONS 1
8:00am-9:00am

Creation of Faculty Coaching Promotion Program at Baylor College of Medicine
Faye Chiou Tan, MD, Nancy Moreno, PhD
Evaluate the development and success of a new faculty promotions coaching program. You will participate in an interactive coaching program through use of a workbook to help start the process.

Off the Grid: Unusual Board Certifications and Fellowships
Michael Saulino, MD, PhD, Miriam Segal, MD, Kimberly Heckert, MD, Hemant Kalia, MD, MPH, Christopher Plastaras, MD
Explore some of the less common board certifications and fellowships that may be of interest to physiatric trainees. You will discuss pain vs. NASS fellowships, headache certification (both interventions and non-interventional) and spasticity fellowships.

The Future of Neurorehabilitation is Bright, If We Choose It to Be
Catherine Lang, PT, PhD
Explore aspirational goals for the future of neurorehabilitation. Visions for how biological, engineering, and clinical rehabilitation research and practice will be transformed in 20 years will be presented, with discussion regarding how individuals, departments, and organizations might contribute to these future goals.

VA COVID-19 Rehab Care Continuum: From Bedside to Back Home and Beyond
Dixie Aragaki, MD, Brionn Tonkin, MD, Babak Darvish, MD, Lynn Chang, DO
The Veterans Affairs Healthcare System has harnessed the strength of its well-established telehealth platform and nationwide network to share valuable lessons learned by independent teams during the pandemic. The AAP VA Council presents this session of case-based perspectives from an inpatient COVID-19 Rehabilitation Unit to a home-based COVID-19 Rehabilitative Therapy program to an outpatient multi-disciplinary Post-COVID-19 Program.

Working with the WHO to Bring Rehabilitation Medicine to Countries Around the World
Donna Nimic, MD
Review how health care providers from around the world come together to discuss specific topics in Rehabilitation with the goal to make relevant recommendations about the process of providing care for different diagnoses.

BREAK IN THE EXHIBIT HALL
9:00am–9:30am

PLENARY SESSION:
9:30am-10:30am

A Voice for Health Equity
REFRESHMENT BREAK IN THE EXHIBIT HALL
10:30am–11:00am

EDUCATIONAL SESSIONS 2
11:00am-12:00pm

Demystifying Industry Sponsored Research Compensation Models in Academic Medicine
Jennifer Soo Hoo, MD, Jaspal Ricky Singh, MD, John Chae, MD, Gerard Francisco, MD, Michael O’Dell, MD
There have been increased participation by physiatrists in industry-funded research. Gain clarity on how to best work with industries as well as identify best practices of developing an industry sponsored research compensation model for an academic institution.

Fellowship Roundtables
Ryan Hafner, MD moderates a panel of Various Fellowship Directors
With so many programs and types of fellowships to choose from, come learn about all the nuances between each of them! For those of you who already have your ideal fellowship in mind, this session is also a great opportunity to hear some advice and guidance regarding the application process to fellowship from previous applicants.
Improving Evidence Production in PM&R - The Cochrane Rehabilitation Contribution

Prof. Stefano Negrini, MD, Carlotte Kiekens, MD

Cochrane Rehabilitation focuses on the improvement of evidence-based medicine in the field. Beyond spreading Cochrane Reviews relevant to rehabilitation practice, it is also engaged in improving the methodology of evidence production. Two projects will be discussed: the new reporting guidelines RCTRACK (Randomized Controlled Trials Rehabilitation Checklist) and GUIDE-Rehab (Guideline on Interventions Descriptions in Rehabilitation) and the new rehabilitation definition for research purposes.

Novel Approaches to Post Acute Sequelae of SARS-CoV2 Infection

Farha Ikramuddin, MD, MHA

Response to the COVID-19 pandemic involves the physiatrist being on the frontline of both acute and post-discharge care. Armed with the right tools, a physiatrist is poised to become the central feature of the strategy to combat COVID-19. You will close key gaps in knowledge for successful therapy of the COVID-19 long-haulers.

Regenerative Medicine Consultations - Enhancing Patient-Physiatrist Communication

Allison Bean, MD, PhD, Fabrisia Ambrosio, PhD, MPT, Zubin Master, PhD, Shannon Strader, DO

Take away knowledge, resources, and strategies to improve understanding of the current state of the science and ethics of regenerative medicine relevant to physiatric patients, and enhance physician-patient communication and engagement. This interactive session is led by a bioethicist, translational researchers, and practicing physiatrists.

Unveiling the Hidden Curriculum: Active Learning for Teaching Residents Professional Skills

Laura Malmut, MD, Emily Kiviehan, MD, Leslie Rydberg, MD, Eric Wisotzky, MD, Shelly Hsieh, MD

Residency training contains a hidden curriculum beyond the six core competencies for GME. Residents are expected to learn and demonstrate professional skills that others in the PM&R community will use to judge their competence as clinicians, researchers, and educators. Explore active learning techniques to teach residents various non-clinical professional skills, including how to: be a good teacher, receive feedback, be a good mentee, prepare a research poster for a medical conference, and engage in the professional use of social media.

De-implementation of Low-Value Interventions in Physiatry (Informed by Evidence-Based Reviews)

Thiru Annaswamy, MD, MA, Raj Mitra, MD, Dinesh Kumbhare, MD, PhD

Discuss principles of implementation science, its applicability to the clinical practice in physiatry, the importance of de-implementation of low-value interventions, and lessons learned from campaigns such as Choosing Wisely. Results from a recent systematic review of clinical practice guidelines on low back pain will be discussed as it pertains to de-implementation of low-value interventions.

Demystifying Compensation - Lessons Learned

Gregory Worsowicz, MD, MBA, Diane Brazo, MD, James McDeavitt, MD, Gwendolyn Sowa, MD, David Steinberg, MD, MMM

Physician compensation programs are an essential and critical component in building an academic department. Not only do department leaders need to understand important variables for success and potential pitfalls but future leaders and all faculty should as well. Four department chairs and institutional leaders will share in both success stories and unforeseen lessons learned from their individual experiences. Roundtable discussion and audience Q&A is included.

Design, Implementation and Evaluation of Community-Based Rehabilitation Programs for Underserved Communities: A Global Perspective

Adalberto Loyola-Sanchez, MD, MSc

Review the process of utilizing mixed methods research within a participatory research strategy to design, implement and evaluate community-based rehabilitation programs for people living with complex disabilities in underserved communities. This review will be based on experiences accumulated along the way by working in Indigenous communities in Southeast Mexico and, Indigenous and non-Indigenous rural communities in Alberta Canada.

“One & Done”: Preparing for the PM&R Intern Year

Nicholas Elwert, DO, MS

The PM&R intern year is a year in which a PGY-1 resident experiences tremendous growth in all facets. Medical students will take away key knowledge that all PM&R interns should understand while discussing the basics of post-acute care settings and therapy modalities as well as covering the basics of key PM&R diagnoses.
Repetitive Head Impacts and CTE: Updates on Diagnostic Criteria and Pathology

Dan Daneshvar, MD, PhD, Ann McKee, MD, Ross Zafonte, DO

Chronic traumatic encephalopathy (CTE) is a neurodegenerative disease associated with exposure to repetitive head impacts, including contact and collision sports, military, and occupational exposure. The study of CTE has rapidly advanced, with new studies demonstrating validation of previous pathologic staging criteria, new pathologic diagnostic criteria, validation of previous clinical diagnostic criteria, and new clinical diagnostic criteria. New research has also explored the relationship between CTE and genetics, age of first exposure to head impacts, comorbid neuropathologic disease, and in vivo biomarkers.

Use of a Shared Mini-didactic Curriculum to Enhance Inpatient PM&R Rotations Across Multiple Institutions

Amanda Harrington, MD, Michael Kryger, MD, Christine Cleveland, MD, Venessa Lee, MD

Faculty representing four academic residency programs will demonstrate a shared mini-didactic curriculum for inpatient PM&R rotations, using Spinal Cord Injury as an example. The variable components to the curriculum will be described and the process of sharing the curriculum across institutions will be explained.

REFRESHMENT BREAK IN THE EXHIBIT HALL
2:30pm–3:00pm

EDUCATIONAL SESSIONS 4
3:00pm–4:30pm

Beyond Read More: A Workshop to Improve Written Feedback to Learners

Justin Weppner, DO, Daniel Herman, MD, PhD, Sara Raiser, MD, William Ide, MD

Practice writing feedback to trainees using an evidence-based framework and discuss perspectives with other participants. Take away practical tools that will help integrate effective written feedback into teaching methods.

Speak Up, Stand Out: Public Policy Committee Town Hall and Effectively Communicating with Members of Congress

Felicia Skelton, MD, Chris Rorick, Danielle Perret Karimi, MD, W. Evan Rivers, DO, Gregory Worsowicz, MD, MBA, John Melvin, MD

Join members of the Public Policy Committee to explore the legislative and advocacy initiatives of the Public Policy Committee over the past year, and for an interactive primer on how to meet with members of Congress. You will simulate conversations with congressional leaders and/or their staff, and the audience will be invited to provide feedback.

Step-by-Step Task-Oriented Gait Training

Yang-Soo Lee, MD, PhD, Ae Ryoung, Kim MD, Jinung An, PhD

Gain practical knowledge to step-by-step task-oriented gait training. It is easy to learn, easy to do, and you don’t need expensive equipment. Step-by-Step task-oriented gait training not only reduces burden on physical therapists, but is applicable in multiple clinical conditions in all regions of the world. It is cost-effective, simple and user-friendly.

Vision and Vestibular Impairments after Acquired Brain Injury: A Hands-on Demonstration

Shanti Pinto, MD, Kelly Crawford, MD, Katie Sewell, PT, DPT, Lisa Michaud, OTR/L

Vision and vestibular deficits are common after acquired brain injury. Review relevant anatomy contributing to vision and vestibular impairments. Experience hands-on demonstration to discuss the clinical assessment and important rehabilitation interventions.

Women in Academic Physiatry: Overcoming Imposter Syndrome

Anne Felicia Ambrose, MD, Lyn Weiss, MD, Alexandra Tumminia, PhD, Cheri Blauwet, MD, Ellen Casey, MD, Andrea Cheville, MD, Talya Fleming, MD, Susan Garstang, MD, Marlis Gonzalez-Fernandez, MD, Rita Hamilton, DO, Ifejika Nneka, MD, Mooyeon Oh-Park, MD, Danielle Perret Karimi, MD, Heidi Prather, DO, Preeti Raghavan, MD, Monica Rho, MD, Sara Cuccurullo, MD, Gwendolyn Sowa, MD, Carmen Terzic, MD, Monica Verduzco-Guttierrez, MD

This session will feature Alexandra Tumminia, PhD from NYU Langone who researches “Impostor Phenomenon” and its contribution to psychological distress, continued self-monitoring, increased self-doubt and persistent fears of failure. Explore its impact on approaches to work, choice of performance strategies, and work-related psychological experiences. These negative attributes may be amplified in women and ethnic/racial minority groups. You will also participate in small group discussions to discuss successful strategies.

POSTER GALLERY RECEPTION
5:00pm–6:30pm

PRESIDENT’S RECEPTION & KICK-OFF PARTY
7:00pm–9:00pm
EDUCATIONAL SESSIONS 1
8:00am-9:00am

Are You for Real? Managing Conversion Disorder Within the Rehabilitation Setting
Kelly Crawford, MD, Jennifer Myatt, Ryan Medas, PT, DPT
Conversion disorder (Functional Neurological Symptom Disorder) can lead to impaired functioning and is often encountered in the rehabilitation setting. Review diagnostic criteria and risk factors for Conversion disorder and discuss the multi-disciplinary approach to treating these patients. Clinical cases will be described to highlight key points.

Build Resources for Physiatrists Around the World: AAP Global Academic Physiatrists Subcommittee
Mooyeon Oh-Park, MD, Christopher Parnell, DO, Alexandra Arickx, MD, Raul Rosario-Conception, MD, Wali Abushi
AAP launched Global Academic Physiatry Subcommittee to advance the global needs of physiatry training especially with respect to developing nations. This strategic action also explores opportunities to partner with ISPRM and other national physiatry groups in advancing global academic physiatry. Discuss the activities and vision of the subcommittee to support the global needs of rehabilitation and physiatry.

Discussing Bad News: Skills and Strategies to Utilize in the Rehab Setting
Dorothy Tolchin, MD, EdM, Andrea Cheville, MD, Sean Smith, Kim Barker, MD, Naomi Kaplan, MBBS
As the physiatry population becomes increasingly medically complex, talking with patients about prognosis and goal-setting also becomes more complex (and necessary). Evaluate evidence-based communication strategies and practice these in response to physiatry-specific clinical prompts. The session is presented by the AAP Physiatry/Palliative Care Task Force and will draw from both physiatry and palliative care expertise.

Funds Flow Models
Aaron Olsen, MBA
In this session for Administrative Directors, strategies will be described to help improve the flow of funds across PM&R departments within an academic health system. All members of the Administrator’s Directors Council are encouraged to attend.

Leading the Way to Get Cardiac Rehabilitation Federally Funded for Stroke Survivors
Sara Cucurullo, MD, Mooyeon Oh-Park, MD, MS, Preeti Raghavan, MD, Carmen Terzic, MD, PhD, Talya Fleming, MD
Stroke is a leading cause of long-term disability. Evidence based medicine is one way for cardiac rehabilitation to be federally funded for stroke survivors. Using clinical research data, demonstrate an innovative implementation of a post-stroke rehabilitation program and the aim of changing healthcare delivery for stroke survivors.

PM&R Boards Part I (Computer-Based Exam): Tips for Success from the ABPMR
Kim Van Brunt, ABPMR, Carolyn Geis, MD, Gerard Francisco, MD
Are you starting to prep for the PM&R boards? You are not alone, and the ABPMR is here to help. ABPMR leaders and exam volunteers will cover evidence-based study methods, deciphering the exam outline, and the latest exam research to help you prepare for the Part I Examination.

BREAK IN THE EXHIBIT HALL
9:00am–9:30am

PLENARY SESSION:
The Problem with Race-based Medicine
9:30am-10:30am

REFRESHMENT BREAK IN THE EXHIBIT HALL
10:30am–11:00am

EDUCATIONAL SESSIONS 2
11:00am-12:00pm

Facilitating Research and Clinician-Researcher Interaction: The Research Accelerator Program
James Sliwa, MD, Rick Lieber, MD, Melissa Briody
The Shirley Ryan AbilityLab has developed a research accelerator program. The aim of this program is to foster clinician-researcher interaction, stimulate research among clinicians and support hospital wide innovative thinking. Discuss program structure, initiatives implemented that have successfully engaged clinicians with researchers, and examples of innovative projects from multiple hospital departments.
Hospital Price Transparency
Lacy Owens, MPH
Review the newest legislation on hospital price transparency and the shift in healthcare consumerism. You will discuss potential future trends in price transparency and its impact on PM&R.

Not So Uncommon: Underrecognized Causes of Common Complaints
Timothy Tiu, MD, Mooyeon Oh-Park, MD, Yonghoon Lee, DO, Soo Kim, MD, Laura Huang, MD
Physiatrists are recognized as experts in diagnosing and managing musculoskeletal and neurologic disorders. If a treatment plan proves to be inadequate, we must explore alternative diagnoses. Discuss lesser-known conditions that present similarly to those that are more commonly encountered.

PM&R Boards Part II (Oral): Tips for Success from the ABPMR
Kim Van Brunt, ABPMR, Christopher Garrison, MD, MBA, Daniel Clinchot, MD
The ABPMR Part II Examination can loom large in the imagination of trainees. Demystify the process and content of the exam by covering exam processes, what examiners are looking for, and study tips and resources - culminating in a mock oral exam session. Residents and fellows, don’t miss it!

The Physiologic Basis of Vagus Nerve Stimulation (VNS) Paired with Upper Limb Rehabilitation in Chronic Stroke
Gerard Francisco, MD, Michael O’Dell, MD
Review the results of the pivotal, international, multi-center, randomized, triple-blind, controlled trial of VNS+Rehab for upper limb recovery in chronic post-stroke participants, was published by the Lancet in 2021, and discuss the basic science and physiology of VNS+Rehab in animal models. You will participate in an interactive activity alongside the presenters to determine the appropriateness of VNS+Rehab in at least 8 cases that will be presented.

Winding Down - Planning for Late, Middle and Career End
Kathleen Bell, MD, Diana Cardenas, MD, MHA, Peter Esselman, MD, MPT, John Whyte, MD, PhD, Gregory Worsowicz, MD, MBA
The presenters will combine didactic approach to considering the stages of career maturation and legacy planning along with individual experiences from a panel of distinguished “mature” leaders in PM&R. Experiences from both academic department and research institute areas will be presented. Emphasis will focus on transition planning and potential areas for continued involvement after official retirement. You will participate in an interactive activity to expand the experiential approach to this topic.

COMPLIMENTARY LUNCH SERVED IN EXHIBIT HALL
12:00pm-1:30pm

EDUCATIONAL SESSIONS 3
1:30pm-2:30pm

Basics of Starting a Successful Research Program: Common Themes from the Physiatric Research Consulting Program
W. David Arnold, MD, Kathleen Bell, MD, Prakash Jayabalan, MD, PhD, John Whyte, MD, PhD
Brought to you by the AAP Research Committee, review an overview of the basics that are needed to start a research program within a department. Common themes and insights from the previous Physiatric Research Consulting Program site visits will be used to create guidelines and a starting point for departments interested in adding to or increasing research capacity.

Let’s Talk About Sex Baby- Addressing Sexual Dysfunction Among Women with Cancer
Susan Malster, DO, Rohini Kumar, MD, Jaclyn Bonder, MD
Sexual health is an important aspect of human life and can be impacted by cancer and cancer treatment. Physicians often spend little time addressing sexual dysfunction. Summarize the importance of sexual health among women treated for cancer, as well as approaching sexual dysfunction in cancer rehabilitation practices.

Resident/Fellow Hot Topics Roundtable
April Hyon, MD, Merna Naji, MD, Kuntal Chowdhary, MD
This session will consist of multiple roundtable discussions to address the pressing issues/ “hot topics” in physiatry education. This will serve as a professional networking event to allow residents across the nation to discuss how their respective programs negotiate these hot topics and to allow for open discussion on them.

The Changing Academic Inpatient Rehabilitation Team: The Role of Advanced Practice Providers
Kathleen Bell, MD, Heather Adair, MD, Toniqua Richardson, FNP, Haben ‘Lily’ Yissehak, PA-C, MPAS, Annie Abraham, MD
This session will review practice literature, information gained from a survey of academic programs and participants, lived knowledge, and viewpoints from physiatrists, APPs (both nurse practitioner and physician assistant), and a Physiatry resident. Attendees will understand the aspects of making the decision to include APPs, what works and what doesn’t, and formulate their plans to fit their institution. We plan an interactive and lively approach to a topic that sometimes creates controversy.
The Surveyors are Coming! Spotlight on Acute Care Rehabilitation at a Comprehensive Stroke Centers
Nneka Ifejika, MD, MPH, Suzanne Stone, BSN, RN, Kathleen Bell, MD, Latresa Billings, PharmD, BCPs, Julie Buchl, PT, DPT, MBA, CSCS, Audra Rabroker, LMSW, ACM, CMAC

Hands-On Learning - we will bring members of the team to describe their experiences as members of the Acute Rehabilitation Team in preparation for Comprehensive Stroke Center Re-certification.

REFRESHMENT BREAK IN THE EXHIBIT HALL
2:30pm–3:00pm

EDUCATIONAL SESSIONS 4
3:00pm–4:30pm

Advocacy and Educational Principles for Developing Disability Education
Margaret Turk, MD, Nethra Ankam, MD, Dorothy Tolchin, MD, EdM, Maya Therattil, MD, MS, Ravi Kasi, MD, Leslie Rydberg, MD, Carley Sauter, MD, Katherine Goss, MPH, Yelim Chung, MD, Courtney Reid

Discover the rationale for integrating disability content into overall medical student education, the roles for medical students and faculty as advocates, successful curricular examples. You will have the opportunity to develop both an advocacy pitch and teaching session to bring to your home institutions. Two breakout groups within the workshop will be coached by members of the Disability Integration Toolkit, the AAP Medical Student Educators Council, and the AAP Medical Student Council.

Developing Cancer Rehab Programs/Expanding Inpatient Rehabilitation Units
Lauren Collins, MHA moderates a panel of physicians and administrators

Discuss strategies and best practices for implementing cancer rehabilitation programs at academic institutions, including program structure, site of service, financials, challenges, and recruitment. Discover elements of business planning for expanding inpatient rehabilitation units, specifically focusing on partnering with hospital leadership, determining the appropriate number of beds, staffing the unit, securing capital for expansion, and comparing/contrasting models for inpatient units.

Enhancing Evidence-Based Medicine Education within PMR: A Hands-On Workshop for Residents and Faculty
Dinesh Kumbhare, MD, PhD, John Ross “JR” Rizzo, MD, Mahya Beheshti, MD, Maryam Hosseini, MD, Allison Bean, MD, PhD, Thiru Annaswamy, MD

Are you a busy, clinically active practitioner? Uncover practical, clinically applicable information about evidence-based medicine (EBM) that can used immediately. Effective practice of EBM requires the integration of the best research evidence with clinical expertise and each patient’s unique values and circumstances. Gain skills to ask a clinically relevant (but also answerable) question, acquire the evidence such that they can rapidly find the current best evidence and appraise it critically.

Research in Rehabilitation Medicine: Creating a “Research Division” From the Ground Up
Anne Felicia Ambrose, MD, MS, Matthew Bartels, MD, MPH, Mark Thomas, MD, Anupuma Kurra, MD

Rehabilitation Medicine lags behind other specialties in our ability to provide strong scientific basis for our treatment methods and protocols. This may be partly due to lack of research culture in majority of small-to-medium Rehabilitation Departments. Explore how the Department of Rehabilitation Medicine at Montefiore set out to overcome these barriers and jump-start a research program.

The Power of Story: Narrative Medicine in Physical Medicine and Rehabilitation
Unoma Akamagwuna, MD, Marina Ma, MD, Dan Mahoney, MD

Narrative medicine is an approach to practice that makes use of the personal story and narrative as a way to build communication, resilience and healing. In doing so, it promotes a more humane medical practice. Discuss key tenets of narrative medicine and provide practical ways to take narrative medicine back to your home institutions.

POSTER GALLERY RECEPTION
5:00pm–6:30pm

RESIDENT/FELLOW NETWORKING NIGHT
7:00pm–8:30pm
MEMBER CAUCUS BREAKFAST & AAP AWARDS CEREMONY
7:30am-8:45am

RMSTP SCIENTIFIC PAPER PRESENTATIONS
8:45am-9:30am

PLENARY SESSION:
NIH HEAL Initiative and BACPAC
9:30am-10:30am

BREAK
10:30am-10:45am

EDUCATIONAL SESSIONS 1
10:45am-11:45am

Everything You Wanted to Know About Board Certification but Was Afraid to Ask
Larry Robinson, MD, Carolyn Kinney, ABPMR
Review a range of research findings from the American Board of PM&R that relate to board certification. These include: predictors of examination performance, who is at risk for state medical board disciplinary action, impact of gender on exam performance, merits of longitudinal assessment, risk factors for physician burnout and others.

Mentorship: A Two-Way Street
Allison Schroeder, MD, Prakash Jayabalan, MD, PhD, April Hyon, MD, R. Samuel Mayer, MD
Develop knowledge and strategies to develop a network of mentors, sponsors, coaches, and role models. You will be challenged to envision your future physiatric career. Focus will be placed on developing a symbiotic relationship with a clinical and/or research mentor with the goal of optimizing their learning and productivity.

Procedure Visits: How to Teach, Build Patient-Doctor Relationships and Maintain Efficiency
Kelly Heath, MD, Jonathan Kirschner, MD, Meryl Stein, MD, Michael Mallow, MD
Procedure visit is not the first thing you think of when thinking of a strong patient doctor relationship. Whether performing ultrasound guided injections, botulinum toxin injections or trigger point injections, streamlining your procedures will improve your patient satisfaction as well as outcomes.

Structural, Genetic and Functional Outcomes in Musculoskeletal Diseases
Prathap Jayaram, MD, Nitin Jain, MD, MPH, Neil Segal, MD, MPH
Leading experts in the field will discuss osteoarthritis and rotator cuff disease. Gain exposure to cutting-edge diagnostic platforms that can be readily integrated into point of care physiatry practice.

Using Data to Improve Quality Outcomes
Elissa Charbonneau, DO, MS
Encompass Health comprises 137 inpatient rehabilitation hospitals all on a unified electronic health record (EHR). Explore how Encompass Health has used its EHR to improve patient outcomes, including identifying patients at high risk of acute care transfer during their inpatient stay, identifying patients at risk for readmission after discharge, reducing opioid prescriptions, improving medication reconciliation and patient education.

LUNCH
11:45am-12:45pm

EDUCATIONAL SESSIONS 2
12:45pm-1:45pm

Brain Injury and the Pelvic Floor: Assessing and Treating Pelvic Floor Dysfunction Within the Context of Neurological Injury
Maryam Sultan, MD
Bridge the gap between brain injury medicine and pelvic floor rehabilitation, describing the evaluation and treatment of pelvic floor pain and dysfunction that is related to sequelae of an acute or chronic brain injury. Examples of disorders to be addressed include intractable constipation due to hypertonicity of the anal sphincter and neuropathies within the pelvic floor in relation to lower limb spasticity.

Integration of Simulation Lab into PM&R Residency
Se Won Lee, MD, Chaitanya Konda, DO, Chong Kim, MD, Joseph Hill, DO
Simulation-based educational technologies are increasingly available in PM&R resident education, including musculoskeletal assessment, intervention using imaging feedback, inpatient rehabilitation patient care using a high-fidelity patient manikin, and others. Discuss different simulation technologies, practical tips, and step by step approach to design curriculum, and implement simulation-based learning experience.
Optimizing PM&R Billing and Coding

Lauren Collins, MHA

Discover new E&M and procedural coding changes that impact the PM&R specialty and discuss strategies for optimizing billing.

BREAK
1:45pm–2:00pm

EDUCATIONAL SESSIONS 3
2:00pm-3:00pm

Advice to Medical Students: Roundtable with PM&R Residency Program Directors

Eric Jones, MS, Dixie Aragaki, MD, Manifa Brooks, MD, Nikola Dragojlovic, DO, Christopher Visco, MD

Join PM&R Program Directors as they share insights on how you can succeed in medical school, residency applications, and interviews. Bring your questions, as time will be made to answer any questions you have about becoming a successful resident physician.

Billing & Coding Crash Course

April Hyon, MD, Monica Verduzco-Gutierrez, MD, Ashlee Jaffe, MD, Ryan Hafner, MD

PM&R residents often receive little formal training in the business of physiatry, including on topics such as billing and coding. Discuss important terms and concepts that physiatrists-in-training should know related to billing and coding, in order to best serve our patients.

Osteopathic Manipulation for SI Joint Dysfunction and Piriformis Syndrome

Sukhdeep Bains, MD, Gurpreet Sarwan, DO

Sacroiliac dysfunction and piriformis syndrome are two of the most common causes of low back pain in patients in the outpatient setting. Explore how osteopathic manipulation can be an important non-invasive tool that can be used to provide immediate relief to patients.

Concurrent Programs

These signature AAP programs will have workshops and sessions designed for this year’s participants.

- Program for Academic Leadership (PAL) – Leadership training directed by William Bockenek, MD, CPE. Visit physiatry.org/PAL to learn more.

- Rehabilitation Medicine Scientist Training Program (RMSTP) – Research training directed by Michael Boninger, MD and John Whyte, MD, PhD. Visit physiatry.org/RMSTP to get involved.
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✓ Grants recipient from Move United and Craig H. Neilson Foundation

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Register by December 17, 2021 to save up to $300!

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Join or renew today for the lowest-rates and year-round collaboration. You will also be entered to win one of two free registrations for Physiatry ’23. Join our community for even better rates at www.physiatry.org/join or renew at www.physiatry.org/renew.

<table>
<thead>
<tr>
<th>Pre-Conference Workshops</th>
<th>AAP Members</th>
<th>Non-Members</th>
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</thead>
<tbody>
<tr>
<td>Residency &amp; Fellowship Program Directors (RFPD) Workshop</td>
<td>$250</td>
<td>$450</td>
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<tr>
<td>Resident, Fellow &amp; Medical Student Bootcamp</td>
<td>Free for residents, fellows, and medical students with paid meeting registration</td>
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<tr>
<td>Medical Education in Physiatry: Building Teaching Skills</td>
<td>$99</td>
<td>$149</td>
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<tr>
<td>Spasticity and Other Muscle Overactivity Disorders, an Advanced Course</td>
<td>$99</td>
<td>$149</td>
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<tr>
<td>Musculoskeletal Ultrasound-A to Z (with some letters missing): Hands-on Workshop</td>
<td>$99</td>
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Guest Package □ $215 per person
Rehab 5k Run, Walk & Roll □ no cost

Registration Total:

$ ________________
Register online at www.physiatry.org/2022!

Your Badge Information
Please include all information, name, degree, institution, city and state EXACTLY as you would like it to appear on your badge.

Name (First, Last): ____________________________________________
Degree(s): ___________________________________________________
Institution: ___________________________________________________
Address: _____________________________________________________
   City: ____________________ State/ Province: ____________________ Zip: ________________
Work Phone: __________________________________________________
Email: _______________________________________________________
Emergency Contact: ___________________________________________
   Phone: _____________________________________________________

☐ Check if you or a guest require special assistance. Please explain: ________________________________

Dietary Needs: ☐ Strict Kosher ☐ Allergy (please explain) ________________________________

*Guest Name/s: ________________________________________________________________

*Must purchase guest badge

Registration Information

Member: This category is designed for AAP members who are not suspended or expired, or who are purchasing a membership at the time of registration. Please check that all memberships are current before sending in registration forms. If you are unsure of your membership status or category, please call 410-654-1000 or email meetings@physiatry.org. IF REGISTERING ONLINE, YOU MUST LOG IN TO RECEIVE AAP MEMBER DISCOUNT.

Resident/ Fellow/ Medical Student: These packages are for residents, fellows and medical students only. You will receive access to the Resident & Fellow Networking Night.

Guest: Our guest package includes all attendee meals and breaks, and entrance to the plenary sessions and Exhibit Hall. This package cannot be used for a colleague or doctor — it is intended for a guest, spouse or family members only. Participants and guests will not be allowed into the main hall without a name badge.

Your Registration Includes: Access to plenary and educational sessions, select meals and coffee breaks, networking events (including the Welcome Reception & Opening Ceremony, Poster Gallery Receptions and Resident & Fellow Networking Night), and the Exhibit Hall! Pre-conferences have additional fees, so be sure to add them to your total when registering.

A Few Things to Note

• Full payment is due at the time of registration.
• Online registrations receive immediate confirmation; Mailed registrations will receive a confirmation within 10 days of receipt. If you do not receive a confirmation within 10 days of receipt please call the AAP’s office at +1 (410) 654-1000.
• All information must be accurately provided. Any registrations with information left blank will not be processed.
• While we appreciate as much advance notice of cancellations and refund requests as possible, AAP will accept full refund requests for any reason that are received in writing by January 31, 2022. Substitutions will be accepted if the request is made in writing via meetings@physiatry.org by January 15, 2022.
• By registering for Physiatry ’22, you give permission to the AAP to use all photos and videos with your likeness taken during educational sessions, networking events and other conference activities.
Physiatry ‘22 will be hosted at the Hilton New Orleans Riverside, conveniently just 13 miles from the Louis Armstrong International Airport, yet ‘in the center of it all’. Located on the River, downtown in the Warehouse and Arts District, you’ll be within walking distance to the French Quarter, Jackson Square, Aquarium, and close to countless restaurants, art galleries, shops, and entertainment venues. Discounted room rates of $229/ night are reserved for our attendees. You must book your room early to guarantee availability.

Complimentary WiFi and access to a fitness center are included in your room rate.

To book your hotel room, please visit www.physiatry.org/hotel.

Rates cannot be changed for guests who do not identify their affiliation at the time their reservation is made. All rooms are subject to availability. Once the block is full, no additional rooms will be available, so please book early. Thank you, in advance, for staying in rooms at our conference hotels as it helps the AAP offset the costs of meeting space and other costs associated with the meeting (from tables and chairs to power, air/heat and lighting)! Please help us keep registration fees down by making your reservation through our dedicated link or calling the hotel and requesting the AAP discounted rate!

The AAP does not use a third-party housing company nor will anyone from the AAP contact you to reserve your room. Anyone claiming to represent the AAP requesting to reserve your room or offer you a lower prize is fraudulent and should be reported.
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*as of September 1, 2021. Sponsorship and advertising opportunities still available! Claim your spot today.

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