APSA's 14th Annual Meeting will take place at the Fairmont Hotel in Chicago, IL

This April, hundreds of physician-scientists and physician-scientists trainees will come together in Chicago, IL for the AAP/ASCI/APSA Joint Annual Meeting. Two major themes for this year's talks are "Aging and Health Living" and "Human Genetics and Healthy Longevity." This year's APSA Lasker Award Winner Lecture will be given by Sir Peter Ratcliffe, FRS, who will be speaking on the elucidation of cellular oxygen sensing pathways and its implications for medicine. Additionally, APSA members have put together a number of helpful events for trainees. The Resilience Workshop will have essential, but often unspoken, tips for successfully negotiating first jobs, navigating the career path with significant others, and conquering challenges along the way. The Alternative Careers Panel will feature physician-scientists who have experienced roles in the FDA, NASA, the US House of Representatives and more. They will discuss their paths to success, either planned or unplanned! The Critical and Social Perspectives on Aging Panel will call on scholars in anthropology, history, and bioethics to critically consider the annual meeting theme of healthy longevity through a discussion of the complexities of aging in different cultural and historical contexts. The Residency Luncheon will allow trainees the opportunity to meet with residency directors from over 16 residency programs from around the country. These are just a few examples of the various lectures, workshops, and networking opportunities that will be at the Annual Meeting. Be sure to follow the event on social media and post your own updates using the hashtag #APSA18!

SAVE THE DATE:

September 29, 2018
South Regional Meeting
South Atlantic Regional Meeting
Midwest Regional Meeting
Southeast Regional Meeting
West Regional Meeting
2019 Annual Meeting
Northeast Regional Meeting

October 13-14, 2018
Houston, TX
Charlottesville, VA
St. Louis, MO
Nashville, TN
Davis, CA
Chicago, IL
TBD
TBD
TBD
Clinical Continuity Survey identifies helpful resources for physician-scientist trainees

APSA Memberships Committee performed a survey to detail the types of activities available to help students retain their clinical knowledge during the PhD phase of their training.

The structure of dual-degree training programs typically results in a separation of the first and second halves of medical training by 3-5 years that are devoted to PhD work. This poses a particular problem of how to retain clinical knowledge during this time period. Last year, our Membership Committee performed a preliminary survey of Institutional Representatives to identify programs with plans in place for their students, and to determine the types of activities in these plans. 51 programs responded to the request for information, and 78% of MD/PhD programs represented have some form of clinical continuity plan. A majority of these programs made this a mandatory part of training. Clinical continuity activities include beginning **M3 clerkships** before the PhD (8%), providing **clinical activities** during the PhD (59%), and offering a **re-entry program** within the year before M3 starts (35%), or a combination of these strategies (51%). We are currently planning a future study to reach more programs and ultimately publish our results.

**TOP CLINICAL ACTIVITIES**
- Continuity clinic
- Shadowing preceptors
- Working at free clinics
- Longitudinal M3 clerkships

**TOP RE-ENTRY PROGRAMS**
- Clinical refresher activities
- Transitional workshops
- Re-joining M2 activities
- Informal M3 clerkships in family medicine/internal medicine

New APSA resolutions policy provides members the opportunity to influence APSA operations

The APSA Board of Directors has recently approved a resolutions process to provide a mechanism for grassroots membership to have a formal input to the Executive Council and Board of Directors.

Recognizing the need for a formal process to assess the needs of our membership, our Policy Committee implemented a new resolutions process this year. With this, Institutional Representatives are able to submit resolutions (“asks”) that they would like the organization to adopt. These resolutions then go through two rounds of voting: first Institutional Representatives vote following the Annual Meeting then the Board of Directors votes on those passed by the Institutional Representatives. Adopted resolutions are then referred to the appropriate Standing Committee for implementation. The first set of resolutions are out for discussion, but keep an eye out next winter for the call for resolutions!
Undergrad Mentorship Program sees huge growth

New matching algorithm pairs undergraduates with mentors.

Our Undergraduate Mentorship Program was established in 2014 to connect aspiring physician-scientist trainees with trainees in medical and graduate school. This year we saw a huge growth in undergraduate participation in the program, from 169 in 2016-2017 to **396 in 2017-2018**! This posed a problem for our Membership Committee of how to pair up mentors with this large number of mentees based on common interests and experiences. Thanks in particular to the work of Brandon Fox and Muhammad Shamim, we established a new algorithm this year to facilitate this matching going forward. Another new addition to the mentorship program is monthly prompts to help guide discussions between mentor and mentee pairs. This was added based on feedback from Institutional Representatives who recognized the need for more structure to help the mentorship pairs maintain a lively discussion throughout the program. **Applications for the 2018-2019 Undergraduate Mentorship Program will be available in Fall 2018.**

### 2017-2018 REGIONAL MEETING STATS

- **5 REGIONAL MEETINGS**
- **709 TOTAL ATTENDEES**
- **48% MD/PHD TRAINEES**
- **44% UNDERGRADUATES**

#### MIDWEST

**University of Iowa**  
Carver College of Medicine  
**Iowa City, IA**  
**January 13, 2018**

#### NORTHEAST

**University of Rochester**  
School of Medicine  
**Rochester, NY**  
**October 7, 2017**

#### WEST

**U of California Irvine**  
School of Medicine  
**Irvine, CA**  
**December 2, 2017**

#### SOUTH

**University of Texas**  
Health Science Center  
**San Antonio, TX**  
**January 20, 2018**

#### SOUTHEAST

**Emory University**  
School of Medicine  
**Atlanta, GA**  
**November 18-19, 2017**

### INTERACTIVE SESSIONS

Interactive sessions are a way to virtually connect physician-scientist trainees with experts to discuss relevant issues.

#### PAST SESSIONS

- **Sep/Oct**  
  Residency Applications
- **Nov/Dec**  
  Q&A with Dr. Dianna Willewicz
- **Jan/Feb**  
  Grant Writing
- **Mar/Apr**  
  Current Public Policy

#### FUTURE SESSIONS

- **May/Jun**  
  MSTP Applications
- **Jul/Aug**  
  Diversity
- **Sep/Oct**  
  Residency and PTSPs
- **Nov/Dec**  
  Physician-Scientist Spotlight

Look for announcements in your email for exact dates and times, and information on how to join the meeting!
2017 - 2018 EXECUTIVE COUNCIL

President
Jillian Liu
OHIO STATE UNIVERSITY

President-Elect
Audra Iness
VIRGINIA COMMONWEALTH UNIVERSITY

Vice President
Hanna Erickson
UNIVERSITY OF ILLINOIS AT URBANA-CHAMPAIGN

Co-Chair, Events
Allyson Palmer
MAYO CLINIC

Chair, Membership
Abhik Banerjee
UNIVERSITY OF SOUTHERN CALIFORNIA

Co-Chair, Events
Jason Siu
OHIO STATE UNIVERSITY

Co-Chair, Fundraising
Karen Doersch
TEXAS A&M HEALTH SCIENCE CENTER

Co-Chair, Fundraising
Nadav Weinstock
JACOB'S SCHOOL OF MEDICINE

Chair, Public Relations
Vadim Yerokhin
OKLAHOMA STATE UNIVERSITY

Chair, Partnerships
Daniel Barnett
MICHIGAN STATE UNIVERSITY

Co-Chair, Policy
Cindy Chou
UNIVERSITY OF PITTSBURGH

Co-Chair, Policy
Mariam Camacho
UNIVERSITY OF ILLINOIS AT URBANA-CHAMPAIGN

Co-Chair, Policy
Tim Kennell Jr
UNIVERSITY OF ALABAMA AT BIRMINGHAM

Member-at-large, Social Sciences & Humanities
Tewodros Mamo
MAYO CLINIC

Co-Member-at-large, Social Sciences & Humanities
Joshua Franklin
UNIVERSITY OF PENNSYLVANIA

Co-Lead, Undergraduate Liaison
Laura Flores
UNIVERSITY OF NEBRASKA

Co-Lead, Undergraduate Liaison
Iris Schwartz
UNIVERSITY OF ILLINOIS AT CHICAGO

Co-Lead, Undergraduate Liaison
Julia Weidmeier
MAYO CLINIC

Co-Lead, Undergraduate Liaison
Laura Flores
UNIVERSITY OF NEBRASKA

Lead, Resident Liaison
Julia Weidmeier
MAYO CLINIC

Co-Lead, Undergraduate Liaison
Iris Schwartz
UNIVERSITY OF ILLINOIS AT CHICAGO

SERVE ON A STANDING COMMITTEE

• Events
• Fundraising
• Memberships
• Partnerships
• Policy
• Public Relations
• Technology
• Ad Hoc Committees

BE AN INSTITUTIONAL REPRESENTATIVE

Serve as a liaison between the APSA Executive Council and physician-scientist trainees at your institution, and have a vote in APSA elections

CONNECT WITH A LOCAL CHAPTER

Join one of APSA’s 30+ active local chapters or start one at your institution using our Local Chapter in a Box resource. Funding opportunities are available!

WANT TO GET INVOLVED?

www.physicianscientists.org
for more information