

Polyiso Insulation and Water Absorption: Does Moisture Matter?

About Polyiso Insulation

Polyiso is a rigid foam insulation used in more than 70% of commercial roof construction and offers a continuous insulation solution for commercial and residential wall assemblies. As one of North America's most widely used and readily available building products, Polyiso is a cost-effective insulation option for reducing building energy use and improving the overall service-life of roofs and walls.

The benefits of using Polyiso include:

- High R-value per inch of thickness
- Excellent fire test performance
- Extensive building code approvals
- Cost-effective continuous insulation (ci) solution
- Compatible with most roof and wall systems
- Dimensional stability
- Compressive strength
- Moisture resistance
- Thinner walls and roofs with shorter fasteners
- Long service life
- Preferred insurance ratings
- Virtually no global warming potential
- Zero ozone depletion potential
- Recyclable through reuse
- Recycled content (amount varies by product)
- Regional materials (nationwide production network)
- QualityMark^{CM} certified LTTR-values

What is a Cavity Wall?

A cavity wall is two wythes of masonry, separated by a cavity of varying dimension. The masonry wythes may consist of solid brick, structural clay tile, or concrete masonry units and are bonded together with masonry ties. The cavity (ranging from 2 inches to 4 1/2 inches in width) allows spacing for insulation. Combining these elements with a sound structural design, appropriate details, quality materials and good workmanship will result in high performance cavity walls.

Resistance To Moisture Penetration

No single unreinforced 4" wythe of masonry is totally impervious to moisture penetration. A cavity wall is designed and built as a moisture-deterrent system. This system takes into account the possible moisture penetration through the outer wythe. Moisture will penetrate masonry walls where hairline cracks exist between masonry unit and mortar. Water which runs down the exterior wall surface can be drawn towards the inner cavity due to wind pressure exerted on the exterior of the wall and the negative pressure present within the cavity. Providing a clean air space will allow this moisture to flow unobstructed down the cavity face of the outer wythe. Flashing installed at recommended locations will then divert this moisture back to the building's exterior through weepholes. Proper drainage of moisture will reduce the chance of efflorescence and freeze-thaw damage.

Moisture and Insulation

The real enemy of insulation performance is water vapor. If water vapor passes into and condenses in the insulation, the overall thermal performance will decrease. The questions that should be asked are:

- Will water vapor pass into and condense in the wall insulation?
- How can you determine if insulation is prone to water vapor problems?

A material's resistance to water vapor is determined by testing the product via ASTM E96, a measure of water vapor transmission. This method produces permeance ratings, or perms. Typically, polyiso foil-faced sheathings have perm ratings of less than 0.3, which is 3-5 times better than common extruded polystyrene products. For this reason, polyiso is the best insulation for cavity wall applications. Designers are advised to determine the optimum thickness of polyiso by performing a dew point calculation for the system.



Surround yourself with the best.

Liquid water should never be present in a building system. If an insulation, polyiso or polystyrene, is submerged in water, the insulation benefit disappears as the water short circuits around the insulation. Insulations must be kept dry. If minor contact does occur, the foil facings and closed cells of polyiso provide excellent water resistance.

PIMA

For more than 30 years, PIMA (Polyisocyanurate Insulation Manufacturers Association) has served as the unified voice of the rigid polyiso industry proactively advocating for safe, cost-effective, sustainable and energy-efficient construction. PIMA's membership includes manufacturers of polyiso insulation and suppliers to the industry. The products of PIMA's members comprise the majority of the polyiso produced in North America.

PIMA produces technical bulletins to address frequently asked questions about polyiso insulation. These publications update and inform architects, specifiers, and contractors about and build consensus on the performance characteristics of polyiso insulation. Individual companies can provide specific information about their respective polyiso products.

For more information on polyisocyanurate insulation, visit www.polyiso.org



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