Last month I used this space, in addition to my normal column, to request that you become prepared for a statewide legislative initiative to pass an amendment to Title XIX of the Social Security Act, which would define Doctors of Podiatric Medicine as “physicians” in Medicaid, in the same manner as we are defined as physicians in Medicare. This is the HELLPP Act (Helping Ensure Life- and Limb-Saving Access to Podiatric Physicians Act), HR 2235.

Step One/First Part (published in last issue of newsletter) was to determine the name and contact information of your Congressional Representative. I asked this because, as you know, the Pennsylvania Supreme Court redrafted our Pennsylvania Congressional Districts prior to the 2018 elections. Therefore, your Congressional Representative may have changed with little or no notice to you. Hopefully you went to www.APMA.org/eAdvocacy, placed your address in, and now you know the name of your U.S. Representative.

I asked you to complete that exercise because we knew that APMA was about to introduce the HELLPP Act in Congress. Here are the steps you need to take now:

Step One/First Part: Determine if your elected officials are already cosponsors of our legislation. Go to the APMA Website and see who has sponsored the act in the prior Congressional session (Visit www.apma.org/HELLPPCosponsors).

If your Representative is not listed, then we need your collective phone calls to urge that he or she sign on in this session.

Step Two: Presenting “The ASKs” to Your Legislators

Pennsylvania Supreme Court redrafted our Pennsylvania Congressional Districts prior to the 2018 elections. Therefore, your Congressional Representative may have changed with little or no notice to you. Hopefully you went to www.APMA.org/eAdvocacy, placed your address in, and now you know the name of your U.S. Representative.

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Step 1. Determine if your elected officials are already cosponsors of our legislation. Go to the APMA Website and see who has sponsored the act in the prior Congressional session (Visit www.apma.org/HELLPPCosponsors).

If your Representative is not listed, then we need your collective phone calls to urge that he or she sign on in this session. It is important to keep it simple, so when speaking with Congressional staff members, refer to bill number HR 2235.

CONTINUED ON PAGE 3
Contact Jennifer Richardson with the John Yurconic Agency to learn why more podiatrists are choosing PICA as their trusted medical professional liability insurance provider.

(877) 261-7622, ext. 119 • www.yurconic.com/pmap

5910 Hamilton Blvd., Allentown, PA 18106
President’s Message

Step Two

CONTINUED FROM PAGE 1

Step 2. Call the Capitol switchboard (202-225-3121) to get your phone call connected to the appropriate House office. Alternatively, from eAdvocacy, you can be connected to your elected officials by clicking the “My Legislators” link at the top of the screen, and then “Call.”

Step 3. Greet the staff member answering the phone by providing your name, stating that you are a constituent and a podiatric physician from (city/county, state), and ask to be connected to the senior staff member responsible for health-policy issues. If you are asked what your call is regarding, say “bipartisan legislation to strengthen Medicare and Medicaid, and enhance patient access to specialty foot and ankle care”; and that you would like to discuss the Representative’s support.

Step 4. If you get connected to voicemail, leave your name and where you live. Ask that the person please call you back at a time and phone number convenient to you “to discuss support for HR 2235, The Helping Ensure Life- and Limb-Saving Access to Podiatric Physicians (HELLPP) Act.”

Step 5. If you get connected live to healthcare staff, here are some helpful talking points for your discussion. Be sure to review these points prior to making your call(s).

“Hello, my name is . As a constituent and a podiatric physician, I am calling to request that your boss cosponsors the HELLPP Act/HR 2235.”

Step 6. Discussion points:

Who introduced the bill? U.S. Reps Diana DeGette (D-CO) and Bill Johnson (R-OH) on behalf of themselves and 11 original cosponsors.

What does the bill do? There are three legs to this Bill. This common-sense, bipartisan legislation will modernize and strengthen Medicaid and Medicare by:

- Including podiatric physicians in the Medicaid program as physician providers, just as we have been under Medicare for more than 40 years;
- Clarifying and strengthening the ability of all licensed physicians to prescribe and furnish therapeutic shoes for diabetics under Medicare; and by
- Providing a pay-for mechanism which roots out fraud and abuse caused by tax-delinquent Medicaid providers.

This important legislation puts an end to arbitrary treatment under the Medicaid program, and ensures a full range of choices for foot and ankle medical care needs.

How will this lower costs for Medicaid?

Podiatric physicians have a proven track record for preserving the mobility of patients, for reducing costly emergency room and hospital visits, and for preventing even more costly amputations.

- A Thomson Reuters study validates these positive contributions by podiatric physicians. A copy of this study can be accessed at www.tinyurl.com/trstudy.
- After the reinstatement of coverage of podiatric physicians and surgeons under Arizona’s Medicaid Program, the University of Arizona conducted a study to determine the costs or savings from the elimination of that coverage. They found that for every $1 the state expected to SAVE, they actually SPENT $48! Clearly it’s more cost effective to include us than it is to discriminate against us.

Who else supports the Bill?

In the last session, the HELLPP Act garnered support from a number of health professional and patient advocacy organizations such as—

- The American Public Health Association;
- The California Medical Association;
- The AFL-CIO;
- The Florida AFL-CIO;
- The National Hispanic Medical Association; and

Does anyone oppose the bill? No. The American Medical Association and the American Osteopathic Association are neutral on this legislation.

“This important legislation puts an end to arbitrary treatment under the Medicaid program, and ensures a full range of choices for foot and ankle medical care needs.”

CONTINUED ON PAGE 4
Step Two
CONTINUED FROM PAGE 3

Key Points:
• It's important to keep in mind that this legislation neither mandates new Medicaid services or benefits, nor requires any Medicaid beneficiary to seek care from a podiatric physician.
• The legislation does not expand the scope of practice for podiatric physicians, nor would it expand utilization. The legislation simply says that where foot and ankle medical care is covered under Medicaid, beneficiaries will have an equal range of choices for their medical care.
• The Medicare section of the HELPP Act resolves regulatory inconsistencies in the operation of Medicare’s Therapeutic Shoe Program for persons with diabetes. It doesn't make sense that I can operate on my Medicare patients, but when I prescribe therapeutic shoes for those same patients, they have to go back to their primary care doctor for authorization for the shoes. And it’s not just podiatric physicians—Medicare patients of foot and ankle orthopedic surgeons also have to do the same thing. Our bill fixes this problem for all of us!

PPMA Board Member Alicia Canzanese, DPM, Participated in APMA State Advocacy Forum in 2017

In 2017, Alicia Canzanese, DPM, ATC, attended the APMA State Advocacy Forum in Salt Lake City, UT, as a Young Physician Scholarship winner. She realized by attending the Forum the value in starting at the ground level in order to initiate change. “Relationships with officials and Senators have to start somewhere. Forming relationships on the local and state level can help formulate connections and relationships with people in the future that can help initiate that change on a governmental level,” she says.

Where to start? Dr. Canzanese offers:
1) Encourage young practitioners to establish a line of communication with their Representatives by directing them to online resources on how to find their local and state legislators.
2) Continually engage these new doctors to contact their Members of Congress about “active” issues important to podiatry and submit comments about these policies.
3) Give them easy access to information about fund-raisers/events hosted by their legislators.
4) Start at the Residency level, before they get into practice, to educate these young professionals about the importance of civic engagement, becoming more involved with advocacy, and the current issues before the legislature.

During the Forum, Dr. Canzanese had the opportunity to hear from Utah Representative Justin Fawson and Nebraska Senator Robert Hilkemann (a retired podiatrist). She learned many tips and techniques not just from these legislators, but the other speakers as well on how to communicate with government officials.

But her main take-home pearl was that, “You should not wait until you have an issue to talk to your state legislators. “For example, if your legislator is not aware of what a podiatrist is or how they are trained, you can have that discussion with them and educate them on the importance of podiatry to their state and constituents before there is an issue,” says Dr. Canzanese. This way, when an issue does come along, your legislator is already aware of the profession and its importance.

Already having an established relationship gives the profession an advantage when it comes time to advocating a key issue.

PPMA Board Member Jane Pontious Contacted All Her Reps by Email

1) I contacted my Representative by email. I contacted all of them from the list sent to me by Executive Director Michael Davis/PPMA, and wrote a personalized letter stating my experience with the venue change back in the time when it was initiated; and how it impacted not only podiatry but medicine in general. I received an email back almost immediately!
2) I sent the letter after I forwarded it to Michael Davis for review and made my case how Venue Shopping didn’t work in the past and how it wasn’t going to now.
3) I was quite surprised to get such a quick response and that someone was interested in helping. The next step was would I volunteer my time to take part in a Press Conference to state my case. Of course, the answer was yes given the opportunity.
4) The support I received from Michael Davis and PPMA throughout the entire process was indispensable, and I can not express my gratitude enough.

“I’m just glad that we had representation from podiatry … there were only two doctors from the state representing this issue, myself and an OB/GYN,” says Dr. Pontious.
PPMA Past-President Pete Smith, DPM, Contacts Reps by Email and Meets With Them

1. Your Representatives/Senators do not understand your concerns unless you let them know. Think of it this way, when a patient walks in the door and tells you he has had heel pain for a year, and the first thing you say is “Why didn’t you call me?” It’s the same way with contacting your Representatives.

2. Contacting your Representative, whether it is your State Rep or Federal, is very easy now. PPMA and APMA often put out requests for when to contact your Rep on hot topics; and this is usually done through email.

3. I have contacted all my Representatives via email when something has come up that concerns me. It is very easy to go to www.apma.org/eAdvocacy website (the link for this portal is also on www.ppma.org in middle of the home page) and with a few mouse clicks you can let them know how you feel about an issue!

4. I have also sat down with a number of Representatives in their offices in Lancaster, in Harrisburg, and in DC. This is a bit more involved, but most make themselves available.

5. Any and every topic you have a concern about can be addressed to your Reps, whether it is local or national, pertaining to podiatry, or just something that you want them to know about. Again, they don’t know how you feel, unless you tell them.

“I had sent out a number of emails on the VA Parity Bill to my federal Congressman and Senators and just recently sent emails to my State Reps regarding the proposed Venue Change in front of the PA Supreme Court now,” says Dr. Smith.

SOME TIPS:

- GET INVOLVED and let your voice be heard!
- Fax or email your concerns to your Reps.
- Attend a fund-raiser or dinner given by your Representative.
- Make your point known to them and inform them of what is important to YOU.
- It only takes a few minutes and allows you to be a part of the decision process.

Please Call the PPMA Office to Report Contact Made With Congressional Office

Additionally, ask to meet the Congressman or Congresswoman in his/her district office in order to request this co-sponsorship. Set a face-to-face time and notify the PPMA office. A staff or Board member can go with you to the meeting. APMA also has a great video, “A Podiatrist’s Guide to Grassroots Advocacy,” demonstrating, via role play, on what to say and what not to say during a one-on-one meeting. Go to https://tinyurl.com/y63ssuxz (don’t forget must login first). This Bill will fix problems that we are now seeing in the Medicaid program. Please take time and help us solve this problem by being successful in Washington! UPDATE

— Todd Zeno, DPM, PPMA President
The annual PPMA House of Delegates will be here before you know it! This year’s HOD will be held June 7–9 at the Hershey Lodge, Hershey, PA, http://www.hersheylodge.com/. Please be sure your Division holds a meeting NOW to select delegates to represent you. If you’re interested in being a delegate, contact your Division President—

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<td>Christine Nolan: <a href="mailto:cknolan@susquehannahealth.org">cknolan@susquehannahealth.org</a></td>
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<td>Joseph Adamitis: <a href="mailto:jxadams@verizon.net">jxadams@verizon.net</a></td>
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PPMA Divisions: Time to Select Delegates for PPMA House June 7–9 at Hershey Lodge, Hershey, PA
Demands on Podiatric Offices Have Increased Partly Due to Increased Deductibles

In today’s healthcare environment, patients are much more involved in their healthcare than ever before, which in turn has placed increased demands on podiatric offices. This is partly due to high insurance deductibles. “Patients are no longer choosing their treatment based on what is best for them, but more what their pocket can afford,” says Lois Clauss, PMAC, Office Manager for Allentown Family Foot Care, PC.

Lois has been witness to much change in her 41 years in healthcare and is grateful for the support offered through the assistants’ organizations during the years. She joined Allentown Family Foot Care in 1991 and made her way from assisting to Office Manager. When she became a PMAC, Lois relied upon the ASPMA to educate herself and find conferences on things such as office protocols and EHR. “Learning never ends,” she says.

As far as what the future holds for podiatric medical assistants, Lois believes that patient healthcare has nearly lost all its “personal” touch since technology has come to the forefront more and more, and will continue to do so. The future is ever-changing, and Lois has experienced simpler times. “Starting with manila folders as charts with short little scribbled notes, along with an appointment book you wrote in pencil to erase cancelled appointments, … to electronic medical records (which seem at times to be more cumbersome), practice management software for patient and insurance billing, … I wonder what really can be next for the upcoming generations as well as myself who will fall into the consumer category,” she says.

What she is certain about is podiatric practices must continue to strive towards giving patients a more personal touch even in the midst of all the technological advancements! UPDATE

Calling all podiatric medical assistants who wish to share their “point of view” in an issue of the PPMA UPDATE, contact susan@ppma.org.
“There is little success where there is little laughter.”

—Andrew Carnegie

How many of you were ever a child? If you were, then stop and think back to those days when fun was a way of life. For example, what would you do if someone gave you a garden hose? Squirt your friend? Your dog? Maybe set it down full blast and chase after it like it was an out-of-control serpent? I’d guess that getting wet was probably the least of your worries! In fact, it was practically mandatory.

Fast forward to adulthood. What would you do with that hose now? Likely something responsible like water the plants or the grass, maybe wash your car, all the while making sure no part of you gets accidentally splashed in the process.

When did we get so serious? Did you know that a child laughs an average of 400 times a day; however, by age 35, that number drops to a mere 15 times a day? Sure, there is a time and place to be serious and responsible, and a time and place to have fun. Does that mean these two life undertakings can't ever happen at the SAME time and place or that there is less room for fun in our lives the older we get? Only if we let it!

Allowing Some Fun

How much fun do you have at work? Maybe the better question is how much fun do you ALLOW at work, because in all honesty, it’s not the boss or manager’s duty to make the workplace fun. But it is their responsibility to allow fun to happen. Unfortunately, that is not always the case.

During one of my Q&A sessions in Chicago, a doctor in the audience stood up and proclaimed, “I do not permit laughter in my office. It is unprofessional, and my patients don’t like it. When my staff laughs, patients think they are laughing at them.” WOW. I would be hard pressed to apply for a job in that office, especially because our office was always full of laughter, with patients commenting positively. In fact, it was one of the main reasons I stayed for over 30 years.

If you don’t feel that a fun environment is contagiously healthy, just Google the constructive effects that humor has and you would find everything from the physical (reduced pain and stress), to the emotional (mood elevator, increased optimism), the cognitive (increased memory, problem-solving abilities, and creativity), and finally the social traits (teamwork and friendliness). So which of these positive aspects would you NOT choose for your practice?

If your office appreciates the value of humor in the workplace, consider these “fun”-damentals:

1. Make time during your staff meetings (you ARE having staff meetings, aren't you?) to:
   a. Have everyone share uplifting patient stories with the rest of the team;
   b. Verbalize compliments, appreciations, and other kind sentiments to each other;
   c. Include participatory team building activities in the agenda for more cohesiveness;
   d. Ask team members to suggest new high-energy creative ideas.
2. Dress up for Halloween or for a particular holiday/event, i.e., in all-pink for Breast Awareness or in local team colors for special game days.
3. Celebrate employee birthdays. Patients love knowing and extending birthday wishes.
4. Have quarterly “themed” staff luncheons; with each staff member contributing a favorite dish.
5. Encourage a relaxed attitude where professionalism and properly defined humor co-exist.
6. Initiate staff contests, “star employees” or other incentive programs to reward positive actions.
7. Get to know each other a little better to learn what makes everyone smile. Email me lynn@soshms.com for a complimentary survey to share with staff.
8. Conduct contests for patients, i.e., match the baby pictures to the doctors and staff; or count how many candies or _____ in the jar with a prize to the winner(s).
9. Decorate your office for holidays.
10. Walk into the office wearing a smile that says YOU enjoy being there—because if you don’t, why should your staff? You have choices, choose happy!

“Did you know that a child laughs an average of 400 times a day; however, by age 35, that number drops to a mere 15 times a day?”
Tracie started running to overcome PTSD.

She just finished her first 10K.

This is her SOLO moment.

Help your patients achieve their personal best with custom orthotics from SOLO Labs.
PPMA/Foundation Add Two Staff

Most of you likely have met Judy Aumiller already at last June’s PPMA House of Delegates or talked to her on the phone. Judy’s been with PPMA since October 2017 on a part-time basis. She initially started out as Education Admin Assistant for the Goldfarb Foundation, but since Barb Pollihan joined the staff in February 2019, Judy is now Administrative Assistant for PPMA. Both Judy and Barb answer the phone for the office, and both have expertise in office administration.

Judy Aumiller is originally from McClure, PA, moving to Harrisburg, PA, in 1960. Her first employer was the Commonwealth of Pennsylvania as a Clerk Typist for the Bureau of Vocational Rehabilitation. After staying home for several years to raise three children, she returned to work as an Administrative Assistant to the Camp Hill Data Center Manager for Electronic Data Systems (EDS). She held several positions throughout her tenure. After 20 years of service, EDS offered an early-out agreement to employees so Judy made the decision to leave EDS.

She then obtained employment with American Welding & Tank (AWT), a subsidiary of Harsco Corporation, as the Administrative Assistant to the Vice President of Sales and Marketing where she served for the next nine years. After taking a few years off she entered the workforce once again, doing temporary assignments and enjoying the variety of jobs and work-sites these positions allowed.

Judy and her husband Michael have been married 58 years and live in Mechanicsburg. They have three children, six grandchildren, and one great-grandchild.

Barb Pollihan is originally from Baltimore, Maryland, moving to Harrisburg, PA in 1992. She has worked at several Associations prior to joining the Goldfarb Foundation: The Bar Association as Meeting Registrar; The PA Medical Society as Association Administrative Assistant; and The Pennsylvania Veterinary Medical Association as Membership and Meeting Assistant.

Her last position before joining the Foundation was Office Manager for The Historical Society of Dauphin County handling membership and special events held at the John Harris Mansion.

She is happily married to Jim Pollihan and they have one daughter, Madison, who will be graduating from college this May. UPDATE
So go ahead —LOL, LYAO, FOTFL—it’s never too late to get those endorphins pumping and spread positive vibes through the office. Remember how easily you laughed when you were a child? Life is too short to be too serious and the older that you get, the more you realize that. **UPDATE**

An edited version of this article was originally published by Podiatry Today as a DPM Blog on October 29, 2015. The article has been adapted with permission from Podiatry Today.

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**Podiatry Papers 2019 spring**

This Reference Guide is a member benefit published by PPMA, and was sent through the mail in April. It includes updated contact/practice information for the various entities members deal with on a regular basis.

Members will be able to quickly find the contact information for the APMA and PA State Board of Podiatry, as well as other podiatric organizations.

Podiatry Papers 2019 also can be found online at www.ppma.org, by going to Member Center tab, then “Latest Podiatry Papers.”

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Every year, PPMA sends Delegates to the APMA House of Delegates to make sure that PPMA membership is heard on decisions about the strategic direction of APMA. **l–r:** Joseph Gershey, DPM; John Mattiacci, DPM; Maryann Hartzell, DPM; PPMA President Todd Zeno, DPM; William Schlorff, DPM; Joseph Pasquino, DPM; Edwin Hart, III, DPM; President-Elect Sabrina Minhas, DPM; Joseph Smith, DPM; Laura Virtue, DPM, PPMA Vice President; Gerald Gronborg, DPM; Pete Smith, DPM; and Mark Pinker, DPM.
Have you seen Sammy lately?

There has never been a better time to switch to SammyEHR.

We have the best support team in the industry, and our updated software and new products and services are worth another look. The price is right too!

Call 888-680-5711 or send an e-mail to sales@icssoftware.net today.

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Sammy Billing Service
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Starting at $399 per month for SammyEHR. One time implementation fee applies. If interested in our billing service, contact us to discuss your unique situation.

Call 888-680-5711
www.thesammysystems.com
Marlinz Pharma: The Tolcylen™ Way to Treat Onychomycosis

At Marlinz Pharma, it took a group of former extremity device executives and podiatrists to raise the bar for treating onychomycosis and other nail pathologies. It also took years of research, testing, and working with experienced pharmaceutical research scientists, but in February 2017, Tolcylen™ Anti-Fungal/Nail Renewal Solution was launched.

Tolcylen was developed because of unimpressive Rx, OTC, medical devices, and invasive procedure results for treating onychomycosis. It has met FDA guidelines for distribution as an OTC product, available directly through physician dispensing. It can treat fungal infections and improve nail appearance in most nail pathologies.

Tolcylen combines low molecular weight, low surface tension excipients with anti-fungal and cosmesis ingredients, such as tolnaftate, undecylenic acid, lactic acid, urea, and propylene glycol. “The company's mission is to introduce the Tolcylen product family to the podiatric profession and help practices educate patients on the availability of a new treatment for onychomycosis and other nail pathologies,” says Perry Forrester, President, Marlinz Pharma.

Tolcylen Anti-Fungal Skin Renewal Cream and Antimicrobial Shoe Spray can augment treatment, prevent cross-contamination, and cure/prevent athlete's foot.

With dispensing more than 40,000 units by hundreds of podiatrists who have made the switch to Tolcylen, it’s easy to understand why it’s fast becoming the “go to” product for onychomycosis. For more information, call 281-398-5656 or visit www.marlinzpharma.com. UPDATE
PPMA Scholarship Terms & Conditions

ELIGIBILITY: To grant an academic scholarship to a family member of an active member of the Pennsylvania Podiatric Medical Association (PPMA) whose professional liability insurance is supplied through the Podiatric Medical Assurance of Pennsylvania (PMAP) program. The grant shall be used by the family member to offset costs incurred to attend an accredited 4-year college, an accredited two-year college or an accredited trade school.

AMOUNT: This amount shall be determined annually at the House of Delegates of the Pennsylvania Podiatric Medical Association and shall be no less than $500.00 per year (for a period of up to four consecutive years). The amount may be changed from time to time in order to reflect support of this scholarship by related parties whose generosity shall be demonstrated through an increase in this grant amount.

TERMINATION OF SCHOLARSHIP BY PPMA BOARD: This is not an endowed scholarship grant, and its existence can be terminated at any time by the Board of the Pennsylvania Podiatric Medical Association. It is the intent of the Board, as composed at the time of the creation of this scholarship, to continue the granted amount through the academic tenure of the recipients for a period of up to four years. However, should this scholarship be discontinued, the Board, as then composed at the time of any termination, shall make the decision and continue or discontinue any outstanding grant in light of the financial condition of the Association. At that time, the Board shall have the power to terminate the scholarship outright, with no further grant obligations or continue it for the tenure of any recipient then having received a grant.

DURATION: This grant may be made for a single year or for the applicable term of higher education entered into by the family member of a qualifying PPMA member. The discretion shall be within the Board of the Association. If it is continued for a period of more than one year, annual evidence of satisfactory participation in the academic program of the recipient shall be required as a condition of continued support of this grant.

SCHOLARSHIP COMMITTEE: The decision on a Scholarship grant shall be made by a Scholarship Committee appointed by the President of the PPMA Board annually. That committee shall request a Resolution of the Board in order to finance the amounts to be granted annually. No grant shall be valid unless and until it is noted in a Resolution duly made and passed at a regularly scheduled meeting of the Board of the Pennsylvania Podiatric Medical Association.

ADVERTISING: The existence of this scholarship shall be advertised regularly in the Association newsletter. In addition, the Scholarship shall be listed as a Benefit in the list of membership benefits available to all members who qualify. All advertisements shall list the requirement of participation in the Podiatric Medical Assurance of Pennsylvania program, as well as dates for submission of application.
PPMA Family Member Scholarship Application

Pennsylvania Podiatric Medical Association
757 Poplar Church Rd
Camp Hill, PA 17011
PH: 717-763-7665
FAX: 717-761-4091
E-Mail: info@ppma.org
WEB: www.ppma.org

PPMA Scholarship Terms & Conditions

ELIGIBILITY: To grant an academic scholarship to a family member of an active member of the Pennsylvania Podiatric Medical Association (PPMA) whose professional liability insurance is supplied through the Podiatric Medical Assurance of Pennsylvania (PMAP) program. The grant shall be used by the family member to offset costs incurred to attend an accredited 4-year college, an accredited two-year college or an accredited trade school.

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DEADLINE: AUGUST 16, 2019
AMOUNT OF SCHOLARSHIP TO BE AWARDED: $1,000
($500 underwritten by PPMA and another $500 matched by The John Yurconic Agency)

IN ORDER TO QUALIFY:

1) Applicant must be a Child of an active PPMA member in good standing.

2) The PPMA Member must have professional liability insurance supplied through the Podiatric Medical Assurance of Pennsylvania (PMAP) program.

3) Applicant must be a High School Graduate currently accepted to or in an accredited four-year College, an accredited two-year college or an accredited trade school.

4) Applicant’s GPA must be 3.0 or higher.

PLEASE INCLUDE THE FOLLOWING WITH THIS APPLICATION:

1) Letter of recommendation from a past instructor familiar with your academic performance.

2) One copy of your official High School and/or College transcript. High School: include name with city and state, year of graduation and GPA. College: include name with city and state, number of hours completed and GPA.

3) List of special achievements, honors and recognition.

4) List of extracurricular activities, community involvement and employment.

5) Full name of student and address on each page submitted with this application.

6) An essay of 300 to 500 words (double-spaced, legible) stating your reasons for choosing your college major. Also include your academic and professional aspirations or inspirations.

7) Send Application and all of the above to PPMA for 2018–2019 school year by AUGUST 16, 2019:

PPMA Scholarship
757 Poplar Church Road
Camp Hill, PA 17011
DEADLINE: AUGUST 16, 2019

APPLICANT NAME

PPMA MEMBER NAME | MEMBER #

ADDRESS

CITY, STATE, ZIP

PHONE & FAX

EMAIL

PMAP POLICY NUMBER (to confirm enrollment)

APPLICANT SIGNATURE REQUIRED:

Applicant confirms that all information supplied with this form is true and correct:

PRINT NAME

SIGNATURE

DATE

DISCLAIMER:

PPMA confirms that all information supplied will not be copied, distributed, published, disseminated, in full or part, to any person, organization, entity, for any purpose other than consideration for award.
2019 PA-PPAC

2019 $500 GIFT CARD RAFFLE: Remember with every $100 contribution, your name will be entered at the end of 2019 in a raffle for a $500 gift card. So FILL UP THESE BLANK SPACES and keep the profession in the forefront on the Hill in PA!!

BERKS
Paul LaFata $82
Joseph Smith $84

BUCKS/MONTGOMERY
Rick Simon $100

CENTRAL

LEHIGH VALLEY

DELAWARE
Steven Chen $138
William Urbas $100

LUZERNE/N. CENTRAL

PHILADELPHIA
Lawrence Kassan $100
Leonard Portnoy $150

SOUTH CENTRAL
Thomas Ortenzio $44

ERIE/N. WESTERN

LACKAWANNA

LANCASTER
Peter Smith $88

WESTERN

TOTAL: $889.14

My Commitment to PENNSYLVANIA PPAC

To maintain and strengthen podiatry’s involvement on the state health care scene, I pledge my support to PA-PPAC’s 2019 Campaign. My voluntary political contribution of $________ is enclosed.

Name______________________________________________________________

Address_____________________________________________________________________

City/St/Zip_________________________________________________________________

Make check payable to PA PPAC. PERSONAL FUND CHECKS ONLY Contributions are not deductible for income tax purposes. You may contribute any amount or no amount without concern of being favored or disadvantaged. Send to PA PPAC, 757 Poplar Church Road, Camp Hill, PA, 17011-2383.
Paul R. Barton $150
Jo Ann Bevilacqua $50
Cherrie Fabry Cindric $150
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David J. Flannery $150
Raymond A. Fritz $100
Joseph A. Gershey $150
Gerald E. Gronborg $252
Maryann P. Hartzell $150
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Peter S. Holtz $100
Lawrence Kassan $200
Paul G. Lorincy $250
R. Craig Martin $50
John A. Mattiacci $160
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Sabrina Minhas $50
Albert R. Nalli $150
Anita A.C. Onufer $150
John J. Orlando $100
Thomas J. Ortenzio $200
Joseph D. Pasquino $150
Mark E. Pinker $300
Jane Pontious $50
Gary A. Raymond $500
I.E. Schifalacqua $150
William J. Schlorff $150
Rick Simon $100
Peter C. Smith $150
Joseph C. Smith $300
Teresa N. Tobin $300
Laura P. Virtue $100
Robert B. Weber $150

TOTAL: $6,513.00

Please note: Due to the delays in posting APMA contributor reports, it may take until the next issue to see your contribution.

My Commitment to APMAPAC - 2019

Check here if this contribution is drawn on: ☐ 12-Corporate Account
Enclosed is my voluntary, personal political contribution of:
☐ $25 (Student)  ☐ $75 (Young Physician)  ☐ $150
☐ $300  ☐ $500  ☐ $1,000  ☐ $2,500  ☐ $5,000

Name______________________________________________________APMA# _____________________
Address________________________________________________________________________________
State_________________Zip________________E-mail Address__________________________________

☐ Check       ☐ Credit Card       ☐ Other
Credit Card Number: ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐
Expiration Date___________Signature______________________________________

IMPORTANT: These are suggested amounts. You may contribute more, less, or not contribute without concern of being favored or disadvantaged. This information is required for contributions of $200 or more by the Federal Election Campaign Act. *Federal election law does not permit corporate contributions to be used for donation to candidates for federal office. Political contributions are not deductible for income tax purposes.

Mail your contribution to: APMAPAC, 9312 Old Georgetown Road, Bethesda, MD, 20814
NEW! PRACTICE FOR SALE
Exceptional opportunity for Primary or Secondary Podiatry Practice in Downtown Harrisburg. Gross revenues collected in 2018 over $600,000. Historic building with first floor office, parking lot, and seven apartments, appraised at $500,000; relocating due to spouse’s health. Contact Dr. Brian Dechowitz at dr-dechowitz@aol.com or 717-576-8124.

NEW! PRACTICE FOR SALE: LEMOYNE, PA
Centrally located to the Harrisburg metro area. Retiring by the end of this year. Seeing approximately 650 new patients per year on a 4-day work week. All aspects of podiatry. Most surgeries are referred out. Excellent potential for further income growth. Beautifully furnished and well-equipped office, including EMR and digital X-ray imaging. Great office for a solo practitioner or as a satellite office for an existing practice. Willing to sell below net income price. If interested, please contact Peter S. Holtz, DPM, after 5:00 p.m., Mon-Thurs evenings or anytime during Friday-Sunday. Cell phone # is 717-585-1662.

STATE COLLEGE PRACTICE FOR SALE: Only serious inquiries if interested in the transition/sale of Dr. Larry Assalita’s State College, PA, Podiatry office (home to Penn State’s University Park Campus). Contact him at LJADPM@aol.com to potentially arrange a site visit or for more information. Website is www.DrAssalita.com.

RETIRED SALE
PODIATRY OFFICE EQUIPMENT IMMEDIATE POSSESSION LANCASTER, PA:
• 3 treatment rooms (Midmark power treatment chairs, wall cabinets, stools, etc.)
• 1 Surgical Suite (Midmark power O.R. chair/table, surgical instruments, accessories, etc.)
• Reception Room furniture, desk chairs, desks.
NO REASONABLE OFFERS REFUSED. Serious inquiries respond to tgsaunders@gmail.com or 717-569-4924.


PODIATRIST WANTED CENTRAL PA: Full-time podiatrist needed for an established and rapidly growing practice. Candidate must be personable, self-motivated, and dedicated. Salary, malpractice, PTO, CME allowance, and 401 (k) available. Please e-mail CV to EmilyScholly@yahoo.com.

PART-TIME PODIATRIST WANTED Seeking a part-time podiatrist in Northampton/Monroe counties. Our practice is seeking a very personable, well trained Podiatrist to work on a part-time basis. Our current need is approximately two-days per week and would include both office hours and house call/nursing home visits. Please send letter of interest with CV to Lsc922@verizon.net or call 570-406-5585 for an immediate interview.

FOR SALE: THERABATH (Parafin Bath), Medical Electronics Inc., Complete Unit for $55. Call (215) 680-7475.

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Calendar of Events

CONTINUOUS

LOCUMS COVERAGE FOR ILLNESS, PREGNANCY LEAVE, AND VACATIONS: Self-insured, Diplomate of ABFAS, for Bucks, Chester, Delaware, Lehigh, Montgomery, Philadelphia counties; will consider other counties or locations. Call 267-221-6491 or email socksandshoes11@hotmail.com.

FEATURED

FOR SALE—QUALITY NEW & USED PODIATRY EQUIPMENT & NEW INSTRUMENTS: Most of our equipment is refurbished and comes with a one-year, 100% parts and labor or replacement warranty. Our instruments come with a life-time warranty so long as they are used for their intended purpose. Our chairs are almost all reupholstered in a choice of color; we have been told that it is as good as or better than the best new upholstery currently being sold by the leading chair manufacturers in the field in terms of fabric and workmanship. We also carry Mini C-Arms with Windows 7 computers that enable you to download images into your patient software. Let us equip your office for a fraction of the cost of new equipment. Phone: (440) 333-0007; Fax (440) 333-4902; parkhaven@hotmail.com; www.globalintermed.com. We also purchase name brand used equipment that is in good condition. (2019)

UPMC 19th ANNUAL PODIATRY CONFERENCE
“Current Concepts in Foot and Ankle Surgery” Saturday, JUNE 1, 2019
Regional Learning Alliance
Cranberry Township, PA
For more information, please contact Debra Bodner at bodnerda@upmc.edu or 412-232-5515

The PPMA Update is a publication of the Pennsylvania Podiatric Medical Association and the next issue will be July/August 2019. Advertising rates can be found on www.ppma.org.

2019

JUNE 2019 ONLINE COURSE
Conquer the Boards
JUNE 1, 2019
For those taking their ABFAS exam this FALL. View raw videos recorded from the 2019 Board Review Course.

SEPTEMBER 2019 ONLINE COURSE
Online Recert Prep Course
SEPTEMBER 1, 2019
For those Recertifying with ABFAS in 2020. Includes Online Lectures, Study Guide, and Boards by the Numbers.

NOVEMBER 2019 VALLEY FORGE 47th Clinical Conference
NOVEMBER 7–10, 2019
Valley Forge Casino Resort
King of Prussia, PA
CE Contact Hours TBA

2020

JANUARY 2020 PHILADELPHIA Board Review Course
JANUARY 22–25, 2020
Marriott Philadelphia Airport
Also Available Online Philadelphia, PA
CE Contact Hours TBA

SEPTEMBER 2019 MONTANA 14th Montana Meeting SEPTEMBER 4–8, 2019 Doubletree Missoula-Edgewater Missoula, MT 12 CE Contact Hours

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1. What in your opinion helped you make the decision to become a podiatrist?
I have enjoyed science and medicine since I was a child. I was consistently pre-med during high school and college, but I discovered podiatry during my Junior year of college. A friend of mine talked about applying to podiatry school, so I decided to shadow someone in the area. The balance of doing procedures/surgery and making long-term relationships with routine patients appealed to me the most. I also appreciate the many subsets of medicine pertaining to the foot and ankle that we must know in order to excel as podiatrists. Vascular, infectious disease, dermatology, sports medicine, orthopaedics, and others—we really do need to be experts of the foot and ankle!

2. What are the most important aspects that podiatry has brought to your life?
I love when patients walk out of the office and their pain is better, or maybe even gone. Something as simple as a metatarsal pad can make a huge difference. I also enjoy fixing someone’s pain through surgery. Particularly, a clear improvement on an X-ray of a deformity is very satisfying.

3. How do you propose to ignite the idea of a podiatric career to students?
I have actually been doing this with the local students at Muhlenberg College, located in Allentown, PA. I attended a couple of networking events at the university and spoke to the pre-med honors society about the field of podiatry. We are also fortunate enough to have several pre-podiatry students work as medical assistants in our office. I conduct monthly Journal clubs with them and the pre-med assistants, and pick articles from JAPMA and other similar journals. I’m even doing a suture workshop on pigs feet next month!

4. What has PPMA done for you lately?
I attended several local Division meetings in the past year. This has allowed me to meet podiatrists in the area as well as listen to guest speakers. The topics are usually pretty helpful to someone who is early in her career, like myself.

5. How does podiatry’s future look to you?
I think that the future of podiatry can only get brighter as time goes on. Training during residency is getting more rigorous as far as learning how to do more complex surgical procedures of the rearfoot and ankle. Furthermore, learning general medicine during rotations is becoming the norm.

UPDATE

Dr. Quinlan completed a three-year residency at St. John Hospital and Medical Center, Detroit, MI, in 2017. She is Board Qualified with ABFAS—RRA Surgery and Foot Surgery. She’s a Muhlenberg College Board of Associates member and is an Associate with Allentown Family Foot Care, Allentown, PA.
Better coverage is afoot.
Complete Voluntary Benefits for Qualified PPMA Members

During this **SPECIAL VOLUNTARY ENROLLMENT** period you can prepare for the unpredictable with guaranteed issue, employee-owned, **whole life, disability, critical illness, and accident insurance** policies for both doctors and employees.

- Get Group discounted benefits paid through payroll deduction
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**Contact Don Friedman at 877.261.7622 ext.109 or email: dfriedman@yurconic.com**

We also provide health insurance to qualified members of PPMA

**CALL FOR A FREE QUOTE ON:**
- Fully insured plans
- PPO plans
- Qualified HSAs
- Electronic enrollment & billing

*This program is currently offered to practices located in Pennsylvania.

Contact Don Friedman at 877.261.7622 ext.109 or email: dfriedman@yurconic.com
Upcoming Events
Online Conquer the Boards
June 1, 2019 | Online

PPMA House of Delegates
June 7–9, 2019 | Hershey

Online Recert Prep Course
September 1, 2019 | Online

14th Annual Montana Meeting
September 4–8, 2019 | Montana

47th Annual Clinical Conference
November 7–10, 2019 | Valley Forge

Board Review Course
January 22–25, 2020 | Philadelphia

PPMA/APMA DUES PAYMENT REMINDER

1) FIRST QUARTER DUES PAYMENTS for 2019–2020 are due no later than JUNE 1, 2019 to AVOID SUSPENSION.

2) Remember to place your PPMA Member Number or full name on check if remittance stub not sent back with payment.

3) Don’t forget to PAY ONLINE to assure payment is received on time!!!

4) Because APMA and PPMA engage in certain restricted lobbying activities, 5% of your National Dues and 10% of your State Dues are not deductible as an ordinary and necessary business expense, if otherwise deductible.

If you are having a problem paying your dues, please contact Jenna Clay at 717-763-7665, Ext. 213, or email Jenna@ppma.org to discuss possible payment options that may be available to you.