Dear Southwestern Regional Psi Chi members,

I hope your fall semester is going well. I want to take this opportunity to share some updates on how Psi Chi plans to support advisors, officers, and members during the upcoming academic year. Listed below are several important updates, announcements, and resources to keep in mind for this year.

**Upcoming Convention**

- The annual meeting of the Southwestern Psychological Association (SWPA) will be Thursday, March 28, to Saturday, March 30, 2024, in San Antonio, Texas. Projects in progress will be considered for the SWPA and Psi Chi program, but only completed projects will be eligible for Regional Research Awards.
- In addition to Regional Research Awards, Psi Chi offers Regional Travel Grants to support student travel to SWPA. Applications are due January 15.
- We are excited to share this year’s Psi Chi speaker. Dr. Christopher Beevers (professor and director of the Institute for Mental Health Research at UT Austin) will be Psi Chi’s Distinguished Lecturer. Dr. Beevers’ research focuses on the cognitive etiology and treatment of major unipolar depression. He leverages technology for the treatment of depression (e.g., internet interventions) and data science to determine who is most likely to benefit from these interventions.
- If you are planning to submit for Psi Chi Regional Research Awards, there are a few details to consider:
  - The top-scoring abstracts for completed projects will be accepted into the program as Psi Chi Regional Research Award presentations. All award presentations are assigned as paper presentations.
  - Abstracts by Psi Chi members submitted to the SWPA competition that are not selected for a Regional Research Award will then be considered by the SWPA program committee.
  - For consideration in the Psi Chi program, the abstract must describe an empirical research project.
For consideration for a Regional Research Award, the abstract must describe a completed project.

Abstracts must be submitted through SWPA’s website by the published deadline of November 19, 2023.

For full details on the Psi Chi awards at the SWPA convention, please visit the Call for Papers section of the SWPA website.

Opportunities to Get Involved

- **Do you or your chapter have an idea for an event at SWPA this year?** (e.g., panel discussions, workshops, special speakers)? Planning for the convention is currently underway, and there is room in the program for your chapter to be involved. Please reach out to me at southwesternvp@psichi.org if you have ideas for SWPA programming by January 15, 2024.

- Psi Chi continues to welcome involvement in a number of collaborative research projects. This is a great way to gain valuable research experience and build your résumé. Find out more about these projects and other research resources on the Psi Chi website.

- Applications for Psi Chi grants and awards are accepted approximately 30 days prior to the deadline. These programs are an excellent opportunity to practice grant writing and to potentially support your research or schooling. More about these opportunities.

- I would also like to remind you of opportunities at the Psi Chi Headquarters.

  - As you plan your fall recruitment drives, remember that Psi Chi can now collect membership dues individually, rather than by chapter. If you decide to use this option, students will pay their society dues through the Psi Chi website when they are approved. Learn more about this option.

  - Please submit a brief Chapter Activity Report for potential publication in *Eye on Psi Chi*. The Chapter Activity Report is one of the objectives for the Model Chapter Award. Submit your activity.

  - Students: Make sure to add your non-university email address to your member profile so you can stay connected with Psi Chi after you graduate! Update your profile.

  - Celebrate your academic achievements with Psi Chi graduation regalia. Order in advance to avoid rush shipping charges.
I hope that chapters in our region will be able to continue to connect virtually, share resources, and make plans for this academic year. Please visit the Psi Chi website often and explore the many grants, awards, and learning opportunities that are available. Membership in Psi Chi provides many benefits. Take advantage of these!

If there is anything that I can do for you, please contact me at southwesternvp@psichi.org.

Hope to see you in San Antonio!

Lisa Rosen, PhD
Southwestern Regional Vice-President
Texas Woman's University