What inclusionary resources can you use to expand the psychological literature, while aiding those in your classes and Psi Chi Chapter? Psi Chi publications are a good place to start planning for the new year. Check out these resources to help your students cope, learn, and be socially aware in 2022.

**Coping and Counseling**
Many people are struggling with race-, pandemic-, and holiday-related issues. As counselors and psychologists, it is our duty to help others instill coping mechanisms so they can thrive. Consider sharing these publications:

- Webinar: Moving Online: Tips to Survive and Thrive
- Podcast: Conquering COVID-19 Loneliness—With Group Therapy?
- Magazine: Self-Care Tips for Stress Management
- Magazine: Finding Meaning in the Pandemic Experience
- Magazine: How to Set and Achieve Annual Goals
- Blog: Clinical Psychology: The Impact of a Single Session
- Journal: Negative Emotion-Focused Coping Mediates the Relationships Between Neuroticism and Psychological Outcomes in College Students

**Teaching and Learning**
Educators switched almost completely to online lecturing, and many are now expected to reintegrate in-person teaching, as if nothing
happened. Here’s some information to help you and your students adjust and thrive in your new environments.

- Webinar: **Good Teaching and Student Success in the Time of COVID**
- Webinar: **Leading Difficult Organizational Transitions**
- Podcast: **How to Study During the Pandemic and Beyond**
- Magazine: **Fostering Resilience in College Students Amid the Pandemic**
- Magazine: **Throw Away What You've Heard About Learning Styles**
- Blog: **Improving Group Work in the Academic Setting**
- Journal: **Student Perceptions of Their Psychology Department's Learning Objectives for the Major**
- Journal: **Effects of Study Time and Study Performance on Undergraduate Test Performance**

**Social Justice and Diversity**
Consider our inclusive tips to use in your future classes and research. Acknowledging race and diversity will support those who your research applies to and help you to expand your research skills.

- Webinar: **Microaggressions**
- Podcast: **Empowering Diverse Student Success in Graduate School**
- Podcast: **How to Talk About Disabilities**
- Podcast: **Racism in Psychology Research?**
- Magazine: **Building Cultural Diversity, Inclusion, and Sensitivity Into Teaching, Research, and Service**
- Magazine: **Understanding First-Generation College Students' Transitions**
- Blog: **Trans-Parency: The Importance of Gender Diversity in Demographic Questionnaires**
- Journal: **Obstacles to Success for Nontraditional Students in Higher Ed**

**ANNOUNCEMENTS**

**Special Grace Period Allows Graduated Students to Join Psi Chi**
Psi Chi’s Board of Directors recognize that COVID-19 has disrupted campus operations across the globe, adversely affecting students in many ways. Therefore, the Board of Directors approved that any
students who graduated between March 1, 2020, and August 31, 2021, and who met chapter eligibility criteria to join Psi Chi as student members at the time of graduation, be allowed to join Psi Chi until the end of June 2022.

**ADVERTISEMENTS**

**Intensive, Funded Summer Research Experience Working With Children**
Ohio University researchers are recruiting students for an 8-week NSF-funded Research Experience for Undergraduates. Students engage in research for children with social, emotional, and behavioral problems; conduct a mentored, publishable project; and gain professional development skills. Visit HERE.

**Reorganizing Our Store**
This December, only graduation regalia and a limited selection of other products will be available for purchase in the Psi Chi Store. All items will be back online in early 2022. For a great holiday gift to your students, you can still purchase our graduate school or careers eBooks (contact psichieye@psichi.org for bulk order prices) or virtual gift cards. Thank you for your understanding as we update our store!

*Happy holidays from all of us at the Psi Chi Central Office!*