Investing in the Future of Psychology
Annual Report: July 1, 2017–June 30, 2018
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Our Mission

Recognizing and Promoting Excellence in the Science and Application of Psychology

New Chapters 2017–18

- Holy Cross College, MW region
- Saint Mary’s University of Minnesota, Minneapolis, MW region
- Viterbo University, MW region
- Eureka College, MW region
- Keiser University, SE region

University of Toronto, Scarborough (INT), MW region
University of Nicosia (INT), MW region
University of Guam (INT), SW region

*Denotes chapters that have been Board approved but not yet installed.
**Denotes chapter that held first induction after June 30, 2018.

NEW CHAPTERS BOARD APPROVED
TOTAL ACTIVE CHAPTERS SINCE 1929
AWARDED IN FINANCIAL ASSISTANCE
NEW MEMBERS INDUCTED
TOTAL MEMBERS SINCE 1929
A Message of Hope

Dear Friends and Members of Psi Chi,

In 2017–18, Psi Chi tackled numerous ambitious goals. In addition to expanding a wealth of educational and networking resources for psychologists, Board President Dr. R. Eric Landrum devoted his presidential year to establishing Psi Chi’s new #Help_HelpedMe Initiative. Its purpose? To create a world where people who need any kind of help feel encouraged and safe to ask for it, whenever and wherewith they may need it.

This vision of “helping others” spread, quickly and passionately, to all corners and through all aspects of our Society. From chapters supporting victims of Hurricanes Maria and Harvey, to a new mobile app that connects future and current leaders and mentors. Just turn the pages of this report to see five meaningful areas of accomplishments: advocacy, awards and grants, leadership, networking, and research.

At the Central Office, the renewed focus on helping others is most evident in the streamlining of Awards and Grants requirements to increase funding that is awarded, the growth of the Help_HelpedMe Initiative, and increased promotion of our Membership Assistance Fund. Regional Vice-Presidents eagerly embraced Dr. Landrum’s vision too, as can be seen throughout their regional convention programming and other endeavors.

Ultimately, the idea to focus on helping others carried incredible power, inspiring countless chapter projects and events around the world. And a big part of that power is also due to increased support and donations from friends of Psi Chi. This year, numerous individuals and organizations decided to become a part of this movement on behalf of members and the long-term health of the Society. We cannot thank you enough for your faith in Psi Chi and the role that psychology plays in improving human lives.

It is an exciting time to become involved with our Professional Organization. This is the start of Psi Chi’s 89th year, but it is only the beginning of our next big opportunity to change the world. With generous contributors and supporters like you, we are confident in the great Psi Chi journey ahead!
I. Helping Others

Would you ask someone for help if you thought that you might be looked down on for doing so?

The idea behind Psi Chi’s #Help_HelpedMe Initiative is to provide advice and resources that Psi Chi’s thousands of members can use locally and internationally to promote opportunities and information about healthy help-seeking behavior.

Whether you are struggling with a mental illness, bullying, test-taking, sexual-harassment/abuse, or any other issue—you should feel comfortable asking for help whenever you need it. And you should be praised and respected for your honesty and willingness to better yourself or address some other problem.

Spearheaded by President Dr. R. Eric Landrum, the #Help_HelpedMe Initiative encourages people to tell their personal success stories in order to improve mental, physical, and academic health surrounding our chapters and universities. As Dr. Landrum puts it: “Let’s all work together toward a future where seeking help is universally perceived as a psychological strength.” Here are some the many creative ways that Psi Chi and local chapters have supported the initiative:

In October 2017, Psi Chi officials met in Chattanooga, TN, to discuss strategies to make Psi Chi’s new #Help_HelpedMe Initiative a success. After much hard work, then and since, numerous people in many local chapters are now working together to support this important cause. Psi Chi is proud to have dedicated its annual giving campaign, Give Back to Psi Chi, along with board-designated funds, to support the initiative aimed at encouraging people to ask for help and ultimately destigmatizing help-seeking.

Left to right: Dr. Brian O’Leary (Psychology Department Chair, University of Tennessee at Chattanooga), Maggie Dempsey (Psi Chi Chapter President, University of Tennessee at Chattanooga), Dr. Brandon Rodgers (Director of Behavioral Health, Siskin Children’s Institute), Dr. Nicky Ozek (psychology faculty member, University of Tennessee at Chattanooga), Dr. Rachel Ammirati (psychiatry and Behavioral Sciences faculty member, Emory University), Dr. R. Eric Landrum (Psi Chi Board President, Boise State University, ID), Avante Smack (Northwestern University postdoctoral student), Dr. Nadine Kaslow (Psychiatry and Behavioral Sciences Vice-Chair, Emory University; Chief Psychologist, Grady Memorial Hospital), Dr. Martha S. Zlokovich (Psi Chi Executive Director), and Cynthia Wilson (Psi Chi Director of Membership and Development).
In collaboration with the Circle K Club, the Westfield State University (MA) Chapter invited students, faculty, and staff to be “pied” in the face, raising much-needed funds to support kids with terminal illness and help their families get group therapy sessions. The loss of a child is perhaps the greatest grief that a person can experience, a grief that no human should have to face alone. This chapter’s determination to pursue this cause— and to do so with a smile—is a resounding testament to the importance that Psi Chi chapters serve in their communities.

One way that members were able to encourage help-seeking behavior was by wearing official Help_HelpedMe buttons at conventions such as the 2018 Association for Psychological Science Convention in San Francisco, CA.

In support of the initiative, the University of Central Arkansas Chapter hosted two discussions by invited mental health advocate Dr. Colleen Coffey. A personal survivor of multiple diagnoses herself, Dr. Coffey facilitated a workshop for members and other psychology majors on helping others take steps toward professional treatment and help. This is the first known #Help_HelpedMe chapter program—What an exciting day for Psi Chi!
When the Lights Went Out

In the aftermath of Hurricane Maria, many families were negatively affected in different ways. When reports of Hurricane Maria’s full devastation surfaced, Psi Chi leaders offered to assist chapters in Puerto Rico and the Virgin Islands by allocating donations funding to allow all potential members to join for free this year and replacing damaged membership certificates for free. Through this special opportunity, 84 members joined for free and 74 received new certificates.

The University of Puerto Rico Rio Piedras Chapter Advisor, Dr. Nelson Cruz Bermudez, told us this:

“The devastation caused by Hurricane Maria in Puerto Rico negatively affected college students in different ways. Psi Chi supporters should know that their donations have been used to continue promoting excellence in the science and application of psychology, in the aftermath of a natural event. And that is a good reason to continue helping Psi Chi!”

Local chapters also assisted individuals affected by the hurricane and other natural disasters:

The Texas State University Chapter raised funds for students impacted by Hurricane Harvey by selling breakfast tacos around campus.

The University of Puerto Rico Rio Piedras Chapter joined the initiative, Queremos Jugar (We Want to Play), which collected toys for kids who lost theirs due to the hurricane. As part of the initiative, the chapter organized an activity called, Regala una Sonrisa (Give a Smile) where members gathered toys donated by university students, faculty, and staff. On November 10, members delivered nearly 200 toys to Queremos Jugar.

In the aftermath of Hurricane Harvey, two officers from the University of Arkansas at Monticello drove almost 400 miles each way to deliver chapter donations to Houston, TX.
Helped 100 Students Afford a Psi Chi Membership

A one-time joining fee of $55 is all it costs to be a Psi Chi member for life. Psi Chi is a large organization with endless benefits, and we are proud to keep our membership fee so incredibly low for the past five years. Affordability encourages people to join based to their academic achievements, regardless of their financial situations.

Even so, there are still those who need help paying to join Psi Chi. In response, our special Membership Assistance Fund (MAF) allows advisors to request for a limited number of individuals to join for free if they have unique financial situations. Our fund was depleted with a total of 100 new members who received the privilege to join through this program!

With today’s increasing university tuition costs and competitive job market, Psi Chi’s professional networks and countless membership programs are more important than ever to student success. Thanks to our continued growth and donations to Psi Chi, we will be able to continue providing this program for years to come!

“To become a member of Psi Chi was one of my best accomplishments thus far here at the University of Southern Miss.”

Sondeika Miller
Psi Chi MAF Recipient

Resources

Chapter advisors and student officers around the world frequently ask the Central Office and Board of Directors for ideas about what they can do to make a meaningful impact in their communities. This places Psi Chi in a unique position to provide resources that chapters can use, in this case, to make a significant difference in how people perceive and pursue help-seeking behaviors.

This year, Psi Chi has published multiple articles in support of the #Help_HelpedMe Initiative including two empirical research studies in Psi Chi Journal of Psychological Research.

My Psi Chi Presidential Initiative: Help Helped Me
Uniting Psychology, Uniting the World
How to Talk About Suicide
Help for Students Who “Don’t Do Well on Tests”
Membership Assistance Fund Recipient: Sydnee Akubiro

“Well, help helped me. The academic merit of Psi Chi is resounding, but the human elements of compassion and kindness it fosters remain paramount.”

Reed Priest
Belmont University (TN)
II. Funding Our Members

Psi Chi proudly disseminates significant awards, grants, and scholarships to eligible undergraduate and graduate students, as well as eligible faculty. Several key changes have been made during the past year to increase participation and ensure that the maximum number of members are aware of Psi Chi’s many financial opportunities. For example, application instructions have been streamlined for all programs, and some programs were recently combined in order to increase member awareness.

As a result, a total $397,794 was awarded during the 2017–18 year out of a total $420,100 in available awards, grants, and scholarships. This number is up significantly from the $327,556 bestowed during the previous year. Overall, annual Psi Chi Awards and Grants funding amounts to approximately 19% of Psi Chi’s total operating budget. Of 1,818 eligible applications submitted in 2017–18, 508 received anywhere from $100 to $3,500 each. We are excited to announce that the number of international applications also increased to 44 applicants, 18 of whom were selected as award or grant recipients!
Undergraduate Research Grants

Gabriella Pucci
Loyola University
New Orleans (LA)

Gabriella is one of 68 fall, spring, and summer recipients. A rising senior psychology major from Connecticut, she also has minors in biology and chemistry at Loyola University, New Orleans. Gabriella plans to pursue a PhD in clinical psychology. Her research focuses primarily on risk factors associated with the development of eating disorders. Her secondary interest is autism spectrum disorder.

Specifically, Gabriella received this grant for her project, “The Effect of Punishment Sensitivity and Anxiety on the Development of Eating Disorder Behaviors in College Students.” About the funding she received, she says, “This grant enables me to pursue my honors thesis dealing with eating disorder behaviors, and facilitates my education in the cognitive and biological bases of such disorders. I am grateful for the funding because ultimately it contributes to advancement in my career.”

Graduate Research Grants

Melanie Hom
Florida State University

Melanie and 25 other students received this grant in 2017–18. Melanie is a fifth-year graduate student in the clinical psychology doctoral program at Florida State University. She works under the mentorship of Dr. Thomas Joiner in the Laboratory for the Study and Prevention of Suicide-Related Conditions and Behaviors within the Department of Psychology.

Melanie received funding for her doctoral dissertation, “Identifying Correlates and Predictors of Help-Seeking and Treatment Engagement Among Undergraduates at Elevated Suicide Risk.” Melanie says, “Despite the relative affordability and accessibility of mental health care services for undergraduates, rates of mental health service use remain low in this group including among undergraduates reporting serious thoughts of suicide. Findings from this study have the potential to illuminate intervention points and avenues by which at-risk undergraduates can be connected with mental health care services.”

Florence Denmark Faculty Advisor Award

Jennifer L. Hughes, PhD
Agnes Scott College (GA)

Dr. Jennifer L. Hughes has served as advisor for Psi Chi for the past 20 years. She enjoys working with the officers and members to host service projects, social events, and inductions.

She also organizes departmental events each year to promote psychology student engagement on campus.

Dr. Hughes has coauthored research papers with 162 students. That work has resulted in 30 published journal articles (including 15 in Psi Chi Journal), 137 presentations at national and regional conventions, and 132 presentations at Agnes Scott’s research conference. She has been involved with Psi Chi Journal since 2002 and has been an Associate Editor since 2015. In addition, she received the Mentor Award from the Southeastern Psychological Association in 2014 and has received several other awards for teaching, academic advising, and club advising. She looks forward to working with Psi Chi for many more years.

Ruth Hubbard Cousins Chapter Award

University of Mary Washington (VA)

The chapter was recognized as an exceptional role model for current and future chapters. Each year, the chapter organizes informative panels about life after graduation, service projects on campus and in the greater community, and collaborative social events. The chapter also maintains events where students can present their research.

This award will allow the chapter to continue to thrive, foster the growth of future psychologists, and open new avenues enabling positive contributions to the department, university, and community. Officers plan on expanding their successful Mental Health Awareness Week events by inviting speakers to campus and securing screening rights for educational films. They will also be able to expand their dues and travel scholarship programs in order to reduce barriers to joining for potential members and financial barriers that often prevent student conference attendance.
**Bestowed Sixteen $3,000 Scholarships**

Do you share our belief that all Psi Chi students should be able to afford a college education? For many, a Psi Chi scholarship could mean the difference between having to work a second job instead of earning summer research experience. A scholarship could even mean the difference between graduating with honors or delaying a student’s graduation indefinitely.

In addition to Awards and Grants funding, Psi Chi’s new Scholarships program provided sixteen $3,000 awards in 2017. This is four times more awards given than in 2016. And just as notable, 2017 was also the first year that graduate students were eligible to apply, in addition to undergraduates.

Our latest scholarship recipients have future aspirations such as strengthening online and software-based therapy treatments, discovering new trends in couples’ dietary habits, and uncovering the effects of short- and long-term child welfare and foster care systems. We have steadfast faith in these rising scholars’ futures—each and every one.

Scholarships are rapidly becoming Psi Chi’s most popular program. In 2017, 175 students applied altogether, resulting in a funding rate of just 9.14%. Despite the swift rate that this program has grown in the past three years, there remains a clear need to continue expanding the current $48,000 in annual funding. Our ultimate vision is to award 100 scholarships by Psi Chi’s 100th year in 2029.

“Participating in Psi Chi has been a wonderful gateway into meeting new mentors, understanding requirements for graduate programs, and being able to receive assistance as my husband and I continue to further our educations in graduate and medical school.”

**Sariah Porter** has been married for one year to her best friend, Caleb. She received her undergraduate degree in psychology from Brigham Young University (UT) in April 2018. Sariah plans on specializing in school psychology and hopes to help families understand the needs and proper methods of helping their children succeed academically and socially.

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**Undergraduate Scholarship Recipients**

*Left to right:*
- My Nguyen, Liberty University (VA)
- Lauren Paradis, Carroll College (MT)
- Arynn Prescott, University of Colorado Denver

*Left to right:*
- Samelfi Raposo-Mena, Central Connecticut State University
- William “Bill” Silvia Jr., Western Connecticut State University
- Rebekah Turbett, Albright College (PA)
- Kenia Williams, University of Mount Olive in Mount Olive (NC)
Kelsey Clayback is a master’s student in the Child Studies Clinical and Developmental Research program at Vanderbilt University (TN). Kelsey graduated from the University of Dayton (OH) in May 2017. Kelsey’s research interests include child clinical psychology, prevention of mental illness in childhood, school-based prevention, and social and emotional development.

“This scholarship helped ease the stress of paying for tuition at the start of my master’s program. I am so thankful for the role Psi Chi played in my undergraduate education and now in my graduate education as well!”

Susan Selfridge
Loyola Marymount University (CA)

“This scholarship has allowed me to focus on what is truly important—receiving quality training to become an advocate for students and a leader in creating sustainable, student-centered, and data-driven programs that contribute to effective learning environments.”

Susan Selfridge
Loyola Marymount University (CA)
III. Nurturing Future Leaders

Every Psi Chi member has the potential to become a leader. Psychologists are in a perfect position to lead, inside and outside of the field, due to the variety of communication, critical thinking, and ethical reasoning skills provided by their education. But will they become leaders?

To encourage student and faculty members to become leaders in their communities, Psi Chi welcomed and supported officers and advisors at 1,150+ chapters. Located across the United States and internationally, our chapters each generally have three to five officers and provide other ways to gain resumé-building skills too. For example, many chapters conduct multiple projects each year—creating more than enough leadership opportunities for everyone!

Facilitating chapter and student success is perhaps our most enjoyable and rewarding endeavor at the Central Office. To accomplish this, Psi Chi maintains online resources, publications, and training videos to help advisors and officers reach their potential. There is no limit to the number of ways that members can gain leadership skills and make a difference in their communities.
Meet the Winning Chapter of the Kay Wilson Leadership Award

San Diego State University’s (CA) officer team consists of driven individuals passionate about psychology. During the past year, they have dedicated extensive effort to increase officer communication; ensure that the chapter maintains an active membership; and expand the chapter’s presence to external businesses, universities, and conventions.

The chapter plans to allocate the funds from this award toward unifying psychology students, fostering professional growth, and encouraging academic development in psychology. The award will also allow the chapter to expand its presence in the greater psychological community outside of the chapter’s limits.

Here are some activities completed by the chapter—but not nearly all of them—each of which gave students the opportunity to develop valuable leadership skills.

- Invited a weekly lecturer from various psychology professions
- Maintained a point system that rewarded active members with a free cord at graduation
- Attended the 2018 Western Psychological Association (WPA) convention as a group after applying for and receiving $46,750 in funding from the university’s Student Success Fee board
- Offered weekly officer hours, where current and potential members could visit and ask questions
- Promoted a bowling event for members to have fun, network, and relax prior to finals
- Organized recurring trips to tapings of the *Dr. Phil Show* and *Sea World*

Students Make a Difference

To promote our members’ accomplishments, *Eye on Psi Chi* magazine publishes brief activity submissions submitted by local officers and advisors. Here is an example chapter that does an excellent job conducting numerous events and taking an active stance on topics that its members are passionate about.

More than 150 Psi Chi members at St. Ambrose University (IA) walked in the Quad Cities’ National Alliance on Mental Illness (NAMI) 5K walk to build awareness about living with a mental illness. Team Ambrose raised more than $4,800 in donations, money that will be used for research and to support people of all ages living with a mental illness.

In the same semester, the chapter hosted its fourth annual psychology night to educate current and prospective students in psychology about the abundance of local psychology opportunities. The event included poster displays of recent student and faculty research, an invitation to participate in upcoming Psi Chi events, and volunteer and internship information shared by faculty. Finally, more than 100 students attended an invited alumni panel about potential career and graduate school paths.

For Thanksgiving, St. Ambrose members volunteered at an after-school program for at-risk kids, where they helped the kids make hand-shaped turkeys filled with things to be thankful for. Then, after playing games, the chapter made turkey dressing sandwiches accompanied by sides, drinks, and desserts provided by community members. The chapter attributes the success of this event to member and officer involvement, as well as fund-raising efforts throughout the year.

To celebrate the end of the fall semester, members bonded over cookies while watching *The Grinch Who Stole Christmas* and decorating 60 cards for a local assisted-living community. At the same time, they discussed upcoming service events for the year ahead.

St. Ambrose University members helped raise $4,800 for NAMI.
Lessons From the Top Minds in Psychology

Every year, members of Psi Chi’s Board of Directors invite notable psychologists to become a Distinguished Lecturer for each of Psi Chi’s regional and national conventions. These highly accomplished Lecturers serve to inspire and motivate future leaders in psychology by sharing their passions for research, educational and career experiences, and contributions to psychological science.

An effective strategy to advance the science of psychology is to learn from others who have already done so in numerous ways. Following the invited talks, most Distinguished Lecturers took part in special conversation hours where student attendees had the priceless opportunity to ask them specific, relevant questions in a safe environment. All eight lecturers also participated in interviews for publication in Eye on Psi Chi magazine, thus spreading their vast knowledge far and wide to members unable to attend the conventions.

2017-18 Distinguished Lecturers

APA: Phillip McGraw, PhD
APS: Mahzarin Banaji, PhD
EPA: Megan Sumeracki, PhD
MPA: Mark R. Leary, PhD
RMPA: Nadine J. Kaslow, PhD
SEPA: Ralph W. Hood, Jr, PhD
SWPA: Anthony Biglan, PhD
WPA: Paul Quinnell, PhD

Thousands of Career Opportunities Throughout the Year

Go ahead—count them! Throughout 2017 and 2018, the Psi Chi Career Center has consistently maintained thousands of active psychology-related openings available across the United States. Specific psychology-related job openings on the Psi Chi Career Center were viewed more than 700,000 times in the past fiscal year. Of these jobs, people clicked more than 50,000 times to view information about specific job positions.

Searching and applying for all jobs is 100% free, making our Career Center an especially attractive tool for members interested in seeking out new jobs and opportunities to lead others. All employers are encouraged to post psychology-related job opportunities. To further help members start or further their careers, Psi Chi maintains a free Careers in Psychology online resource. This resource shares articles about writing a resumé, acing an interview, and more.

Resources

Are You Building Your Leadership Skills?
How to Run a Chapter Meeting
Think You’re Ready to Be an Officer?
Psi Chi UCA Receives Model Chapter Award
TEN Years Running!
IV. Developing Networking Skills

Building a professional network is essential to advancing your career. This is well-known by career experts everywhere. And yet, obtaining worthwhile networking experience is often easier said than done. Identifying potential contacts and conversing with strangers can be awkward and time-consuming—however, this is greatly reduced when you are connected with groups of passionate, like-minded professionals, such as fellow Psi Chi members.

Psi Chi invests heavily in networking opportunities for our members through conventions and other programs. Further, our chapters are rooted within psychology departments around the globe. This allows us to connect promising psychology students and notable psychologists in unique ways and places like no other organization can.

In 2017–18, Psi Chi proudly provided a total of $88,350 in travel grants to help members with the costs of attending conventions. Undergraduate, graduate, and faculty travel grants are available each year. And importantly, international travel grants also empower members to obtain valuable first-hand relationships with people of different cultures and perspectives.
Organized 70+ Educational Sessions at Conventions

Workshops, panels, symposiums, award ceremonies—Psi Chi leadership and staff really outdid themselves. In addition to Psi Chi-led events, literally hundreds of student researchers gained invaluable networking experience at poster sessions across six regional and two national conventions. Psi Chi chapters also hosted countless local conferences to help students practice their presentation and communication skills.

Funding Member Relationships in Chapters and Beyond

In Spring 2018, Psi Chi invested in a brand-new online networking platform for members called Psi Chi Connect. Available as an app in the iTunes Store and on Google Play, this platform unites members who share similar interests and helps keep alumni members connected to our Professional Organization. Members can create a free account to gain access to specific groups for officers, advisors, counselors, students, and more.

Notably, Psi Chi Connect features a unique mentorship program, which matches you with individual mentors or mentees so that you can discuss specific subject areas as desired. This personalized, international networking and mentoring system marks the addition of a significant benefit to all members!

Above: Katie McNealy (the University of Alaska Anchorage) shares her research poster on response sensitization following binge eating behavior in a rat model.

Below: Belmont University (TN) members presenting research at the 2018 Eastern Psychological Association (EPA) convention.

Above: Nova Southeastern University’s (FL) Joshua Braverman (student) and Dr. Weylin Sternglanz (advisor) at the 2017 Society for Personality and Social Psychology Convention.
Networking at Conventions Through Collaborative Service

Early on Thursday morning before RMPA 2018, the Psi Chi chapters of Northwest Nazarene University, Adams State University, the University of Colorado Denver, Northern Arizona University, and the Metropolitan State University of Denver got together to serve a nonprofit “innovative community” that serves adults with mental illness. The Capitol Hill Action and Recreation Group (CHARG) has worked for 25 years in the Denver area to serve those with mental illness with outstanding care and an innovative model that has won awards, including Organization of the Year in 2016. Together with their Program Director, Margie Carlin, 50 students clad in red T-shirts descended on the CHARG facility to meet the consumers and work to clear debris on the grounds in anticipation of the annual spring garden.

The students had a blast chatting and getting to know each other as they worked together weeding, picking up leaves, clearing dead plants, and preparing the planter boxes for new crops.

Many students noted that they were nervous about presenting posters at the conference, but felt much better about their presentations now that they had a chance to meet some of the other presenters. For some students, the service project was the highlight of their trip.

Lauren Akkerman (president of the NNU Psi Chi Chapter) stated, “We do so many service projects during the year on our own. This is my third service project at RMPA, and I just love being able to come out here and do a service project all together. It is so cool that we can make a difference while we are at a conference with people who will be our future colleagues.”
V. Expanding Research Opportunities

If you’re a psychological scientist, then you probably remember the very first time that you stood before your peers to present your research. And, you probably remember how exhilarating that special moment was, too. After all those months of hard work, you were finally ready to share your study results—how exciting, nerve-wracking, and powerful!

Presenting research to a group of likeminded professionals at Psi Chi conventions is often the catalyst that inspires the next generation of researchers to pursue future careers in psychological science. Therefore, Psi Chi strives to make conducting research an immersive experience for all.

To do this, our Professional Organization tackles every stage of the research process. For example, Psi Chi offers online tools to help students locate potential projects to join, and our Journal is where many Psi Chi’s members ultimately gain their first publication experience. Helping members pursue their research passions—whatever those might be—is key to our dedication for building the future of psychology.
Introducing NICE, a New Way to Get Involved in Research

For many years, Psi Chi has promoted student research opportunities. But, with the creation of Psi Chi’s new Network for International Collaborative Exchange (NICE), our organization is in a better position to encourage participation than ever before. In 2017, NICE began accepting volunteers from around the world interested in joining a network of researchers to collaborate on cross-cultural research projects following a crowdsourcing model. Since that time, the following two components of NICE have been developed:

NICE Connect has partnered with StudySwap to initiate research collaborations. Member and nonmember researchers simply post brief HAVEs or NEEDs in search of collaborators. Then, others review the list and contact leaders of any potential projects that they are interested in collaborating on. Members are encouraged to include “Psi Chi NICE” at the beginning of their project titles so that other members can connect with them.

NICE Crowd invites members to submit potential projects that they would like to see investigated cross-culturally. The NICE Committee will then select one to three research questions for Psi Chi to promote in order to generate large-scale, collaboratively collected, data from the United States and beyond.

Research opportunities such as NICE can be accessed on Psi Chi’s Conducting Research online resource. Various other related information is also provided in this resource including a special tool to recruit participants for your online research and Psi Chi’s Research Measures Database.

Meet Psi Chi’s NICE Chair, Kelly Cuccolo, representing our Professional Organization at WPA 2018.

“Lifelong membership means a life of opportunity and growth potential that I believe is an essential part of any education.”

Kevin M. P. Woller, PhD
Rogers State University (OK)
Open Practices—the Future of Psychological Science

Psychological science has been increasingly scrutinized, both within the field and in the major news media. To clear a path for future researchers, *Psi Chi Journal of Psychological Research* resolved to become a part of the solution by recognizing and promoting increased standards of research. Therefore, the *Journal* published its first special issue in response to the current "replication crisis" and to show how Open Sciences Badges can be used to reinforce authors’ efforts to conduct transparent and replicable research.

Educating authors in this way is consistent with the *Journal’s* primary goal to create a rigorous, but also supportive and educational, publication process for our authors. Even those whose articles are not ultimately accepted for publication gain invaluable information about writing manuscripts and the peer-review process.

*Psi Chi Journal* is now indexed in PsycINFO; EBSCO Academic Search Complete, Ultimate, Premier, and Elite; Crossref; the NSA Collection; and Google Scholar. As of spring 2017, all published articles have their own unique DOI identifier links. Also, ORCID was integrated into the *Journal’s* online submission portal this spring so that authors can include a unique permanent link in their published articles, which leads to a webpage sharing their other professional activities. Annual citations have steadily climbed for the fourth year in a row, from 64 in 2013 to 256 in 2018. Annual submissions have also increased from 89 in 2015 to 102 in 2018.

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**Resources**

- Undergraduate Researchers Will Save Psychological Science
- Publishing Research: Why You Should Think of Our Journal First
- Undergraduate Research: A Valuable Experience
- On Being NICE: Expanding Cross-Cultural Research Opportunities
- Spring Into Research
VI. Supporters of Psi Chi

During the 2017–18 fiscal year, Psi Chi implemented its first-ever annual giving campaign called the Give Back to Psi Chi campaign. As chaired by Dr. Nadine Kaslow, 2014 American Psychological Association President, the campaign reached $32,033 by June 30, 2018. One hundred forty-five donors gave to the Give Back campaign during the fiscal year.

Thank you to all our many supporters—including our Board of Directors, chapter leaders, students, alumni, and friends of Psi Chi. Without your loyalty and trust, Psi Chi could never have become the world’s largest student psychology organization. We owe everything to you for your investment in making our Professional Organization a true symbol for academic excellence in the science and application of psychology.

Psi Chi is an organization of volunteers who dedicate their time to support our members and people in their communities. Whether you are a Board member organizing conventions, a faculty advisor mentoring future generations, or a student helping in your local community—your time and contributions are much appreciated!
Our Donors

Psi Chi’s Board of Directors and Central Office staff extend their deepest gratitude to you for your dedication to Psi Chi, for your service, for your participation in local and Society-wide elections, and for your financial contributions to our organization. Below, we acknowledge the many generous members of the Psi Chi 1929 Society—individuals who made a financial contribution to Psi Chi between July 1, 2013, and June 30, 2018.

Platinum Level: $1,000 or Greater

Stephen Beuttel
Dr. Melissa Buelow
Dr. Robert Ciadini and Bobette Gorden
Dr. Daniel Corts
Dr. Florence Denmark
Dr. Jon Grahe
Dr. Patricia Keith-Spiegel
Dr. R. Eric Landrum
Dr. David Myers and Carol Myers
Drs. Jim Potter and Nell Potter
Dr. Martha S. Zlokovich

Gold Level: $500–$999

Dr. Regan A.R. Gurung
Dr. Virginia Andreoli Mathie
Dr. Betsy Morgan
Silicon Valley Community Foundation

Bronze Level: $250–$499

Bryan Barker
Charles-Michael Berry
Dr. Shawn Chariton
Dr. Leslie Cramblet Alvarez
Dr. Stephen F. Davis and Kathleen Davis
Dr. Marianne Fallon
Sandra Fowler
Dr. David Osburn
Dr. Heidi Villaneuva
Christian Webster

Navy Level: $1–$249

Dr. Susan Amato-Henderson
Valerie Andrews
Dr. Kasey Andrist
Dr. Drew C. Appleby
Alexandria Assareh
Jennifer Baldwin
Dr. Albert Bandura
Laura Bauer

Dr. Susan Becker
Jennifer Belding
Terece Bell
Dr. Suzanne Bennett Johnson
Dr. Bailey Bodell
Sky Boydstun
Jessica Boyette-Davis
Dr. Ron Bramlett
Dr. Theresa Brown
Dr. Ngoc Bui
Cynthia Cain
Jason Cammuse
Dr. Elizabeth Campbell
Bradley Cannon
Susan Cardwell
Dr. Mark Carrier
Alice Christian
Beth Conte
Dr. Joy Cooley-Doles
Paul Cosby
Dr. Donna Crawley
Dr. Edward Cumella
Dr. Francis Dane
Dr. Teddi Deka
Krystal Dennis
Aabhas Desai
Rajeev Desai
Chrssy Dillon
Dr. Peter Dodson
Dr. Melanie M. Domenech Rodríguez
Rhonda Dreggors-Newport
John Dunay
Dr. Carolyn Fallahi
John Fallon
Dr. D. Jake Follmer
Erin Gallagher
Kevin Germain
Dr. Katherine Goldey
Dr. Leonard Green
Jessica Guillemette
Emily Gurry
Dr. Jane Halonen
Dr. Diane Halpem

Dr. Richard Harrish
Dr. Deborah Harris O'Brien
Stephanie Hilliard
Bree Hubert
Kadija Hunnicutt
Susan Illes
Dusty Jenkins
Dr. Linda Jones
Dr. Nadine Kaslow
Dr. Mary Beth Kenkel
Dr. Shelley Kilpatrick
Dr. Randi Kim
Dr. David Kreiner
Dr. Holly Krogh
Edwanda Larkin
Dr. Maria Lavooy
Dr. Mark Leary
Dr. Seunygyeon Lee
Dr. Marianne Lloyd
Shynika Loften
Harmony Longstreth
Paula Lovell
Jacqueline Maglorno
Dr. Doug Maynard
Emily McBride
Dr. Mercedes McCormick
Dr. Shannon McGillivray
Dr. Albee Therese Mendoza
Dr. Carla Micheletto
Dr. Tyler M. Miller
Isaac Moore
Timothy Moore
Dr. Cynthia Najdowski
Dr. Elisa Nevius
Lisa Norman
Antoinette E. Nowak
Tina Perdue
Dr. Terry Pettijohn
Dr. Julie Radico
Dr. Marcia Ratner
Christian Ratti
Robert Reeves
Dr. Mark Rivardo

Joel Robbins
Michael Rulon
Dr. Duane Rumbaugh
Brenda Sara
Roxana Saremi
Lisa Schultz
Dr. Alphonso Sealey
Malik Shafi
Garrett Sims
Dr. Christina Sinisi
Dr. Merry Sleigh-Ritzer
Patricia Smith
Derman Spragg
Jeremy Stephens
Ann E. Stickel
Dr. Karen Stovall
Margaret Stridick
Lauren Surmann
Dr. Kate Sweezy
Elizabeth Tesoriero
Dr. Jeri Thompson
Michelle Thompson
Janet Trieschmann
Dr. Richard Tropper
Aisha Udochii
Linda Uson
Dr. Scott VanderStoep
Dr. Melba Vasquez
Kent Watson
Ellen Williams
Cynthia Wilson
Dr. Jason Young
Ahmar Zaman
Dr. Evan Zucker
Georgia Gwinnett College
The Ohio State University at Newark Campus
University of Pittsburgh at Greensburg
Womble Carlyle Sandridge & Rice LLP
Anonymous
Anonymous
Anonymous
Anonymous

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Chapter Challenge

One way that Psi Chi sought to help support and guide its chapters’ philanthropic efforts was through the Psi Chi Chapter Challenge. In 2018, 15 chapters “took the Challenge” from March 1 to April 30. Proceeds jointly supported these local chapters, as well as all Psi Chi programs through the Annual Give Back to Psi Chi Campaign.

Participating chapters include:

- California State University, Sacramento
- Central Connecticut State University
- Norfolk State University
- Purdue University Global
- Stony Brook University, SUNY
- The Ohio State University at Newark Campus
- Towson University
- University of Alaska Fairbanks
- University of California Riverside
- University of Central Arkansas
- University of Guam
- University of La Verne
- University of Wisconsin–Madison
- Virginia Union University
- Youngstown State University

“By Giving Back we can get back as well. What we were doing was larger than just us.”

Bryan Barker
Norfolk State University (VA)
Chapter Challenge Participant

“I continue to support Psi Chi because of its investment in the future of our discipline by providing benefits to students and faculty members. I urge you to give back to Psi Chi.”

Albert Bandura, PhD
Psi Chi Distinguished Member
Stanford University (CA)
Psi Chi Leadership

Many, many people—students and faculty alike—took on key leadership roles during the past year in order to make Psi Chi thrive. Here, we recognize many, but not nearly all, of the outstanding individuals who have chosen to stand together in support of our Professional Organization.

EXECUTIVE COMMITTEE

President
R. Eric Landrum, PhD
Boise State University (ID)

Past-President
Jon Grahe, PhD
Pacific Lutheran University (WA)

President-Elect
Melanie M. Domenech Rodríguez, PhD
Utah State University

Executive Director
Martha S. Zlokovich, PhD
Psi Chi Central Office

CENTRAL OFFICE STAFF

Martha S. Zlokovich, PhD
Executive Director

Laura Bauer
Director of Finance

Kevin Germain
Director of Information Systems

Susan Iles
Director of Communications

Cynthia Wilson
Director of Membership & Development

Paige Anctil
Awards & Grants Officer

Bradley Cannon
Writer/Journal Managing Editor

Alice Christian
Administrative Assistant

Chrissy Dillon
Network Administrator

Lisa Norman
Associate Director of Membership Services

Garrett Sims
Help Desk

Jeremy Stephens
Database Administrator

Lauren Surmann
Graphic Designer

Ayana Woodard
Merchandise Coordinator

REGIONAL VICE-PRESIDENTS

Eastern
Marianne Fallon, PhD
Central Connecticut State University

Midwestern
Melissa T. Buelow, PhD
The Ohio State University–Newark

Rocky Mountain
Leslie D. Cramblet Alvarez, PhD
Adams State University (CO)

Southeastern
Christina Sinisi, PhD
Charleston Southern University (SC)

Southwestern
Shawn R. Charlton, PhD
University of Central Arkansas

Western
Elizabeth “Betsy” Campbell, PhD
Whitworth University (WA)

“Let’s work together toward a future where seeking help is universally perceived as a psychological strength.”

R. Eric Landrum, PhD
Psi Chi President (2017–18)

“It’s the stories of our members and the mentoring of our incredible advisors that get me excited about the possibilities for the future of Psi Chi.”

So says Cynthia Wilson, Psi Chi’s new Director of Membership and Development. Cynthia has been tasked with raising funds to support all Psi Chi member programs. She is also responsible for increasing chapter engagement, ultimately resulting in more projects like the 2018 Psi Chi Chapter Challenge.
We are excited to have received our first international Board of Director’s Nominee this year: Dr. Michael Souza from the University of Toronto, Scarborough.

“I would highly encourage others to give back to Psi Chi because it is an honor society that gives so much to its members!”

Hanna Rebadulla
University of Guam
Will You Join Us?

You can make a difference in the future of psychology by donating to Psi Chi. Your gift to the Give Back to Psi Chi campaign will support scholarships and all Psi Chi programs. For the upcoming year, our goal is to raise $89,000—and we WILL make that happen, if we all work together!

Countless students, Psi Chi members, and others depend on Psi Chi for financial and educational support. As you learned earlier in our report, Psi Chi provides more than $400,000 in awards, grants, and scholarships as well as numerous resources and opportunities for helping others, networking, leadership skills, and research experiences. We want to do even more next year, and your support—however great or small—is certain to bring us one step closer to that worthy goal.

Please contribute to the future of psychology. Consider making a gift to Psi Chi at www.donate.psichi.org.

Ways to Give Back

Online. Visit donate.psichi.org to make a secure online donation. One-time and monthly donation options are available.

In the Mail. You can easily mail your check to Psi Chi ATTN: Give Back to Psi Chi 651 E. 4th Street, Suite 600 Chattanooga, TN 37403

Tribute Giving. Donate on behalf of a birthday, anniversary, or other special occasion. In memory gifts are also an eloquent way to honor the life or career of someone special.

In Your Will. Planned giving allows you to support causes you care deeply about without reducing funds needed during your life. Visit www.psichi.org/LegacyGiving.

Stocks or IRAs. Psi Chi would be grateful for your gift of stock or a donation from your IRA. Please contact Cynthia.Wilson@psichi.org.

Volunteer. Psi Chi offers numerous local and international volunteer positions for both individuals and chapters. Contact Cynthia.Wilson@psichi.org.

Psi Chi Gift Form

Name ______________________________

☐ I would like my gift to remain anonymous.

Street ______________________________

City/State/Zip ______________________________

Phone ______________________________

Email ______________________________

Leave a comment _______________________

Company ______________________________

What is your Chapter Affiliation? ______________________________

☐ Are you a Psi Chi Faculty Advisor? ______________________________

☐ I would like to make a one-time gift of $___________________

☐ I would like to make a monthly gift of $___________________

Please make checks payable to Psi Chi, the International Honor Society in Psychology

I would like to pay by credit card. Please charge my

☐ Visa ☐ Mastercard ☐ Discover ☐ AmericanExpress

Credit Card# ________________________________________

Exp. Date _______________________

CVC ______________________________

Today’s Date _______________________

Name on Card _______________________

Signature _______________________

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VII. Financial Report

In recent years, Psi Chi leaders placed a focus on expanding collaboration and enhancing transparency within the organization. Through these efforts, staff members and others have become more involved in developing projects and the budget as a group than they were in the past. This collaboration has resulted in a better understanding of how money flows and how everything fits together within our Professional Organization as a whole.

To extend this culture of enhanced financial transparency to our members and donors, we would like to emphasize the following to provide a clear view of Psi Chi’s financial stature. During the past fiscal year, Psi Chi doubled donations, increased merchandise sales, and tripled advertising revenue. Further, we created two new invaluable staff positions (Welcome, Cynthia and Lauren!) to help us launch our fundraising campaign and other projects. Despite increasing expenditures in FY18, largely in support of our Award, Grants, and Scholarships programs, we are proud to have simultaneously increased our total net assets by $16,516 over the previous year!

Laura Bauer  
Psi Chi Director of Finance
Psi Chi, The International Honor Society in Psychology
Audited Statement of Financial Position as of June 30, 2018

**ASSETS**

Current Assets
- Cash and cash equivalents: $644,538
- Accounts receivable, prepaid expenses and inventory: $96,587
- Investments: $4,040,730
- Property and equipment: $110,476
- Total Current Assets: $4,892,331

**LIABILITIES AND NET ASSETS**

Current Liabilities
- Accounts payable and accrued expenses: $116,239

**NET ASSETS**

- Unrestricted net assets: $4,765,876
- Temporarily restricted net assets: $10,216
- Total Net Assets: $4,776,092

Total Liabilities and Net Assets: $4,892,331

Psi Chi, The International Honor Society in Psychology
Audited Statement of Activities July 1, 2017 through June 30, 2018

**FY2018 Annual Revenue**

- Membership Dues: $1,196,773 (56%)
- Merchandise Sales: $359,534 (17%)
- Investment Income: $398,308 (19%)
- Other Income: $191,250 (9%)

**FY2018 Annual Expenses**

- Programs: $1,368,056 (64%)
- Management and General: $252,097 (12%)
- Fundraising: $112,302 (5%)
- Awards, Grants, and Scholarships: $332,794 (19%)
- Investment Income: $398,308 (12%)