SPR European Chapter

Newsletter, November 2016

In the recent international newsletter, you can find a brief update on the year’s activities in the European Chapter of SPR. Here, I would like to give you a little more details on some of these activities as well as the latest news from the European chapter.

Methods workshop in Krakow

As already mentioned in the international newsletter, the 5th Society for Psychotherapy Research European Chapter Methods Workshop for Early Career Researchers was held in Krakow, September 5-10, 2016. Here, 35 young researchers from 12 countries attended workshops and lectures given by experienced members of the SPR. All of us who were present had a wonderful time in a very sunny Krakow and found time to meet old friends and make new ones both at the workshop and later in the evening in the restaurants in the old town. Once again, I would like to thank the organizing committee, Katarzyna Cyranka, Michal Mielimaka and Henning Schauenburg, as well as the local researchers and students for making this workshop possible.

Country reports

In the previous chapter newsletter from June, we published country reports from the Czech Republic and Turkey. Subsequently, we have received several new reports on psychotherapy research in European countries. Due to the wealth of information in these report, rather than publishing them in the newsletter they are now posted at the European Chapter section of the international SPR website – you can access the individual reports by clicking the links below:

- The Czech Republic
- France
- Germany
- Greece
- Italy
The Netherlands
Norway
Serbia
Turkey

All these reports show the vast amount of activity all around Europe, including the many inter-European research collaborations that are already established. It is my hope that whenever you consider finding collaborators for a research project, these country reports may be helpful in guiding you to researchers with interests similar to your own.

European research network approved by COST and Horizon 2020

One example of an initiative rooted in the SPR that has been highly successful in 2016 is the European Network on Individualized Psychotherapy Treatment of Young People with Mental Disorders (TREATME), which was accepted in October this year with activities starting early in 2017.

TREATME is a so-called COST Action research network supported by the EU Horizon 2020 program. The proposal process was initiated during the SPR-conference in Klagenfurt in September 2015, where Randi Ulberg from Norway suggested the theme for the COST Action. The proposer network, which includes a high proportion of female and Early Career Investigators, consists of psychotherapy researchers from 14 European countries as well as from Canada and US. The main aim of the Action TREATME is to establish a sustainable European multidisciplinary researcher network focusing on individualized psychotherapy for young people with mental disorders. The Action will review the state of the art and identify putative specific markers and mechanisms of change in different psychotherapy modalities, as well as suitable psychotherapy process and treatment measures, and study designs.

Congratulations to Randi and her co-workers – let us hope that many more international research networks and projects rooted in the SPR will follow! And please inform me if you have similar news about European research initiatives – I will be happy to publish these in future newsletters.

Student travel awards

10 Student Travel Awards (800 €) will be available to support participation at the 48th international SPR meeting in Toronto.

Student members of EU-SPR are eligible to apply for a travel award if: (a) they are master or doctoral students; (b) they are in good standing in their graduate program (and they will still be a student at the time of their presentation), (c) their SPR membership is current, (d) they are first author on a paper or poster presentation, and (f) they will register for and attend the conference to present their work and receive their award in person. Students who received an award for the 2016 meeting in Jerusalem may apply, but will be considered only if the number of new applications remains below 15.

Applications should include a cover page, an abstract of the presentation, a short CV, the accreditation of the student status, and the accreditation of current SPR membership. As soon as available, the acceptance letter from the SPR meeting should be added. All awards are paid after the meeting upon receipt of attendance verification (received at the registration on site), an invoice for the awarded sum with bank account details, and a brief report on the conference.
Applications should be submitted to the chapter president (stig.poulsen@psy.ku.dk) no later than January 1st, 2017 and will be reviewed by the European Student Award Committee (S. Poulsen, S. Taubner, R. Holmqvist).

**Joint conference UK/ European Chapters September 2017**

Wednesday 20 September – Friday 22 September 2017, the joint European – UK SPR conference will take place in Oxford. In October, together with the local organizing committee, I visited the site, including the Examination Schools where the main part of the conference will take place. And I can assure you that all of you who have followed inspector Morse in his relentless pursuit of criminals in the academic realm will feel at home immediately in the beautiful gardens and impressive ancient buildings of the various colleges! A special treat will be the conference banquet hosted in the Harry Potter-esque and very impressive Grand Hall at Balliol College.

The Call for Submissions will go out in January 2017. Do not forget to put the dates in your calendar!

**Organizational news**

As you all know, Henning Schauenburg’s term as president of the European chapter has ended. Luckily, Henning continues in the position of past president and thus will be part of the informal executive committee of the chapter for years to come. Once again, I would like thank Henning for his contributions to the SPR over the past three years. I would also like to thank Stephanie Bauer who has been replaced by Jana Volkert in the SPR Communications Committee for her work in the committee.

Best wishes,

Stig Poulsen
President – SPR European Chapter