An eventful half year has passed since the June 2017 newsletter with conferences both in Toronto and Oxford and lots of activities in the member countries. Here you will find brief reports on some of the events along with links to new country reports and local news about research, meetings and conferences etc. I hope to see you at some of the future SPR meetings located in Europe, e.g. the Methods workshop in Braga and the International Meeting in Amsterdam.

Organizational news

As previously announced, we have a new President-Elect, Svenja Taubner. Svenja, who is the director of the Institute for Psychosocial Prevention at the University of Heidelberg, Germany, has been an active member of the SPR community since 2008 and has served as an Early Career Counselor for the SPRISTAD special interest section on trainee development for the past three years. She was the local host for the European Meeting of the SPR 2015 in Klagenfurt and is already involved in planning the international meeting of the SPR in Heidelberg in 2021. Congratulations to Svenja!

We have, furthermore, decided to appoint an Executive Officer from a Eurozone country to ensure financial continuity across changes in the Executive Council. Corina Aguilar-Raab, Heidelberg, has agreed to serve a five-year term as Executive Officer.

48th International SPR Meeting, Toronto, June 2017

The Toronto meeting was a great event with a very large representation of papers from European countries. As usual, the European Chapter had issued student travel awards, which were given to the following worthy recipients: Tommaso Boldrini, Tohar Dolev, Hadar Fisher, Thorsten-Christian Gablonski, Anna Katharina Georg, Viola Müller, Jessica Prinz, Luise Prüßner, Julian A. Stewart and Suzanne C. van Bronswijk. Let me just take the opportunity to share some highlights from the feedback on the conference received from the recipients of the awards:
“I have attended many psychology conferences, but this one stood out as being both highly professional and having a wonderfully communal atmosphere.”

“Attending talks and posters, engaging in discussions and meeting prominent scientists inspired me to think about possible improvements for psychotherapy, in particular with regard to personalized treatment.”

“The feedback I received was very helpful to my progress and left me eager to come back home and continue analyzing my data.”

“I was great to get an impression on how other researchers deal with common obstacles and it was interesting to get the feedback of experts in this field on my work.”

“It doesn’t matter where you are from or who you are. In the SPR family we are all the same. Regardless of whether you are undergraduate, PhD student or professor – you will be heard.”

Joint conference UK/ European Chapters September 2017

The 4th joint UK & European SPR Chapters conference took place in Oxford, UK, September 20-22, 2017. With more than 240 participants and a substantial financial surplus the congress was a great success, thanks to the combined efforts of the local hosts committee and the program committee with members from both chapters. The Examination Schools in the historic centre of Oxford provided a perfect venue for the conference, which was kicked off by an inspiring and thought provoking keynote address by our new President-Elect, Bruce Wampold. The breadth and quality of the presentations was remarkable and the conference banquet, hosted in the Harry Potter’esque Grand Hall at Balliol College, proved that SPR-members not only know how to dress properly for the occasion but also how to keep each other spellbound with song and dance from our respective countries!

Once again, we had issued student travel awards for the conference and the recipients were: Ylva Gidhagen, Rebecca Kratochvil, Tamar Axelrad Levy, Jonas Lüdemann, Danilo Moggia, Beatriz Garcia Ruiz, Paul Schröder, Karolina Staniaszek, Brian Schwartz and Noa Tsvieli. We asked the recipients of the awards to write a few words about their experiences at the conference and the following statement sums up the ambiance of the conference really nicely: “The thing that I really value at SPR conferences in contrast to other conferences is the absolutely relaxed feeling and collegiate spirit. After my talk, for example, it felt OK to ask a renowned scientist what he thought of my statistical analysis and he told me I could send him my analysis and we could have a chat about it”.
The 6th SPR European Chapter Methods Workshop for Early Career Researchers, Braga, Portugal, May 8-12, 2018

The next Methods Workshop will take place in Braga, Portugal this spring, May 8-12, hosted by Paulo Machado. The workshop is open to anybody interested in learning about new, exciting research methods, but in case of a very large turnout, early career researchers will be prioritized. The list of teachers is really impressive:

- Catherine Eubanks, Yeshiva University, USA
- Giorgio Tasca, University of Ottawa, Canada
- Joana Coutinho, University of Minho, Portugal
- Julian Rubel, University of Trier, Germany
- Kim de Jong, Leiden University, the Netherlands
- Miguel Gonçalves, University of Minho, Portugal
- Ross Crosby, University of North Dakota, USA
- Wolfgang Tschacher, University of Bern, Switzerland

A detailed announcement of the workshop with a program and instructions for registration will be issued later in January

49th International SPR Meeting, Amsterdam, June 27-30, 2018

This year, the International SPR meeting will be in Amsterdam, June 27-30. I hope you will use the opportunity of having a conference closer to home to register for the Amsterdam meeting – I know many of you have already submitted presentations. The theme of the conference, "Integrating Diversity into Psychotherapy Research", is obviously relevant in the present political climate so I look forward to sharing the excitement of an SPR conference with you. If you have not already checked out the conference web page, go to http://www.sprconference.com/.

9th European SPR chapter Conference on Psychotherapy Research, Krakow, Poland, September 2019

The planning of the European SPR chapter conference in Krakow is still in its early stages – we will keep you updated!

Country reports

More and more country reports on psychotherapy research in European countries have been posted at the European Chapter section of the international SPR website. Since the last newsletter, we have received new reports from Finland by Erkki Heinonen and from Poland by
Michal Mielimaka and Katarzyna Cyranaka as well as updated versions of the country reports from Austria and the Czech Republic. They can be accessed by clicking the links below:

- Austria – SPR country report
- Czech Republic – SPR country report
- Finland – SPR country report
- Poland – SPR country report

As in the previous newsletter, in the following section we will present news about activities related to psychotherapy research around Europe.

**Local news**

**European news**

**9th Conference of the European Association of Integrative Psychotherapy**


**The Single Case Archive Project**

As a researcher, therapist, student or teacher in the field of psychotherapy, you might be interested in how therapy creates its effect. As an example, you might be interested in the interpersonal processes underlying psychoanalytic treatment for borderline personality disorders. To learn about these therapy processes, case reports of clients suffering from specific mental problems are a very useful source. However, finding these single case studies often is a difficult task.

The Single Case Archive project wants to facilitate the search for single cases studies by setting up an Archive of at least 3,000 cases studies from different therapeutic schools. An easy-to-use search engine, which operates on the basis of descriptive criteria such as diagnosis, age, and gender of the patient, or type, outcome and setting of the therapy, simplifies the search for specific single case studies.

Currently, the Archive comprises almost 1,500 case studies and the project is still ongoing. Go to [http://www.singlecasearchive.com/](http://www.singlecasearchive.com/) to discover the project and search for single case studies in the Archive.

The Single Case Archive is made possible by Ghent University (supported by a Flanders Research Foundation grant) and the University of Essex.

**European Network on Individualized Psychotherapy Treatment of Young People with Mental Disorders (TREATME)**

The TREATME network on Individualized Psychotherapy for Young People has been active for almost a year now. Among the results of the first year is the launching of the network’s website at
http://www.treat-me.eu/, the opening of a Facebook account, and the organization of a so-called “training school” in Athens, February 2018 where the network members will meet to receive training in systematic reviews and meta-analyses as well as in research on moderators and mediators.

Country news

France

In Paris, May 2017, Florence Belasco, Vincent Béja and Sylvain Risse, French Members of the SPR, organized the international conference, Exploring Practice-Based Research in Gestalt therapy, with the support of researchers such as Louis Castonguay (Penn State University), Wolfgang Tschacher (Bern University) and Xavier Briffault (CNRS). The website, www.gestalt-research.com, is full of information and documentation about the event.

Italy

The following activities will take place in Italy during 2018:

- First results of SPRISTAD study in Italy: open conference to psychotherapeutic training schools, April 2018.
- Workshops with Ordine degli Psicologi Nazionale, di Umbria e Abruzzo: PSYCHOLOGICAL INTERVENTIONS OUTCOME EVALUATION IN PUBLIC SETTINGS,. May/June 2018
- Seminar on research methodology in group setting, University of Palermo, September, 2018.
- National Congress SPR Italy, Palermo, October 2018.

That is all for now – see you in Braga and Amsterdam!

Best wishes,

Stig Poulsen
President – SPR European Chapter