

# SPR

**SOCIETY FOR PSYCHOTHERAPY RESEARCH**  
an international, multidisciplinary, scientific organization

SPR Newsletter,  
2013:3

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## The Conference Venue - University of Copenhagen City Campus



**See You Here, June 25-28. 2014!**

# Call for Submissions for the 45th International SPR Meeting in Copenhagen, Denmark, June 25-28, 2014

## Program Planning Committee:

Jeanne Watson (President Elect & Program Chair), Martina Belz, Michael Constantino, Gary Diamond, Robert Elliott, Beatriz Gomez, Martin Grosse Holtforth, Eunsun Joo, Robert King, Aarno Laitila, Evelyn McMullen, J. Christopher Perry (General Vice-President), Alberta Pos, Stig Poulsen (Local Host)

The theme for the 45th Annual International SPR meeting in Copenhagen is "**Facilitating Change: Learning from the Past, Looking to the Future.**" The Program Committee encourages proposals that explore how change is facilitated in psychotherapy from multiple perspectives including clients, therapists, and researchers. We hope that participants will draw on the rich history of research and scholarship in psychotherapy process and outcome, build on the lessons learned to inform current theoretical issues and problems facing the field, and point to future directions for research and practice. The intent is to stimulate discussion among our colleagues from around the world as well as across the generations of psychotherapy researchers. We would like to encourage presentations, panels, discussions, and posters from a broad spectrum of psychotherapy researchers and clinicians drawn from diverse theoretical orientations, modalities, methodologies, and cultures.

In addition to the specific conference theme, the program committee invites submissions on all areas of psychotherapy research, practice, and training. We welcome the full range of contributions to the field of psychotherapy, including reports of innovative research methods and empirical studies of varied treatment modalities (individual, couple, family, group, and milieu therapies), diverse patient populations (children, adolescents, adults, and seniors), a wide range of diagnostic and problem categories (e.g., various psychological/psychosomatic disorders as well as the effects of cultural, political or economic oppression and migration), and a broad spectrum of theoretical approaches (e.g., CBT, behavioral, existential-humanistic, interpersonal, psychodynamic, systemic, etc.). As in all previous calls for submissions to SPR conferences, we invite qualitative as well as quantitative studies, single case research, process and outcome studies, meta-analyses, methodological contributions, research on psychotherapy measures, literature reviews and so forth.

There are 5 categories or types of presentation for the 2014 Conference: Panels, Brief Papers, Structured Discussions, Posters, and Pre-Conference Workshops. To increase the value of Poster and Brief Paper sessions, the Program Committee will organize them into groups by topic. The following is an overview of submission types:

## Panels

Panels should include **three** to **four** presentations focused on a common theme or various facets of a large-scale research project. Panels with international representation and presenters at different career stages are especially encouraged.

Panels will be 90 minutes in duration with a minimum of 15 minutes for open discussion with audience members.

Each panel should have a moderator (normally the organizer of the panel or another relevant person).

Panels with papers are expected to have a discussant prepared to offer comment on the papers or the topic being presented. We encourage the inclusion of panel discussants that can provide a distinctive research and/or clinical perspective on the panel presentations.

## Brief Papers

Brief Papers are 8-10 minute reports about ongoing or completed studies.

Brief paper sessions will be 90 minutes in duration and will consist of five to six short presentations, with 5 minutes for discussion with audience members allotted to each.

The Program Committee will designate moderators for the Brief Paper sessions. If it proves difficult to schedule all submissions of brief papers, the program committee may request that the work be presented as a poster.

## Structured Discussions

These are meant to provide an opportunity for group discussion among colleagues on a specific topic in psychotherapy research (e.g., specific methods, theories, new developments in research and practice, disorders, etc.).

A number of persons should be named who have agreed to lead the discussion.

Sessions should be structured by having each designated discussant give a position statement, of maximally 5 minutes, on the theme to elicit active participation from audience members.

## Call for Submissions (continued)

### Posters

Posters are appropriate for the full range of research reports, including completed projects, single case studies, pilot studies, and work-in-progress. They provide a good opportunity for detailed discussion with interested colleagues. We will try to group the posters by topic to stimulate discussion and the exchange of ideas. Poster dimensions should be approximately 32" x 40" (80cm x 100cm) in portrait format. Please keep in mind that many attendees will appreciate receiving a handout summarizing your research findings.

### Pre-Conference Workshops

Workshops will be held on the afternoon prior to the evening session that opens the conference Wednesday afternoon. Two types of pre-conference workshops are encouraged. The first is intended to provide training in specific areas of psychotherapy research, methods, or data analysis. The second type of workshop entails the clinical presentation of an assessment or treatment method that is followed by discussion on how best to empirically study or validate the clinical procedures described. Submissions should indicate the amount of time desired for the workshop (either 2 or 3 hours).

### Submission Policies and Guidelines

The official conference language will be English; all submissions should be made in English.

First authorship by an individual is limited to **one** presentation on a Panel or Brief Paper session and **two** presentations in the Poster format. However, please note that one person can be listed as a co-author on multiple presentations as long as different people present them. There is no limitation on Chairing panels. In order to ensure a broad range of participation on panels and in discussion sessions, each attendee may serve as a discussant on a maximum of **two** panels and/or participate in a maximum of **two** open discussions.

Program submissions will be accepted via the submission portal (online), beginning **November 1, 2013**. The deadline for submissions is **December 1, 2013**. Notification of acceptance will be emailed mid-February 2014.

Information and detailed instructions for program submission through the portal can be found on the SPR website: [www.psychotherapyresearch.org](http://www.psychotherapyresearch.org).

To submit go to the submission portal for Copenhagen 2014:

<http://www.mymeetingsavvy.com/spr/login.aspx>

Please retain your submission ID.

**Please read these instructions carefully before submitting your work!**

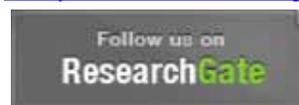
Although preference in general will be given to presentation of completed studies, we also aim to foster discussion of research projects at various stages of development (especially in Structured Discussion Groups, Posters, and Brief Paper sessions). In selecting Panels, preference will be given to those that include: (a) presentations on a topic common to different treatment approaches or research methods, (b) representatives from different research teams, (c) members from different countries, and/or (d) presenters at different career stages.

All abstracts are limited to 250 words. For Panels, Structured Discussions, and Pre-Conference Workshops, the moderator/organizer should provide an overview of the session as a whole. Brief Papers, Papers in a Panel, and Posters should be structured using the following headings: Aim, Methods, Results, Discussion.

Click the word [example](#) to see a sample of a Panel submission. The Book of Abstracts will be available for download on the SPR 2014 Copenhagen website and hardcopies will be available for purchase at the time of registration and at the conference.

A central purpose of SPR is to foster discussion between members and it is therefore essential that presenters leave ample time for discussion of their work. A minimum of 15 minutes in each 90-minute panel session should be reserved for open discussion with members of the audience. We encourage the inclusion of panel discussants that can provide a distinctive research and/or clinical perspective on the panel presentations. We strongly recommend submission of coherently organized Panels, as stand-alone presentations will be designated Brief Papers and limited to 8-10 minutes. Depending on the number of submissions and possible time constraints, it may be necessary for the Program Committee to request changing the type of presentation (e.g., oral presentation to poster).

Finally, if you have an idea for a panel or other collaboration, to find colleagues with similar interests please consider using the SPR mailing list [list@psychotherapyresearch.org](mailto:list@psychotherapyresearch.org), or ResearchGate <https://www.researchgate.net/group/PsychotherapyResearch/>



Please note that well-integrated panels with authors from different research groups often have the largest attendance.

If you have any questions, requests, ideas or sugges-

## Call for Submissions (continued)

tions for the conference and its scientific program, please send an email to Jeanne Watson: [oise.spr2014@utoronto.ca](mailto:oise.spr2014@utoronto.ca)

### Dates to Remember

- Online submissions will be open from **November 1** to **December 1, 2013**.
- Notifications of acceptance will be emailed mid-February 2014.

Online revision period: Presenters will be able to modify their abstracts between March 1 and April 1, 2014.

**We look forward to receiving your program proposals and seeing you in Copenhagen, Denmark, June 25-28, 2014!**

## Important Dates for the Conference:

**November 1, 2013 — Start of On-line Submissions**  
**December 1, 2013 — Conference Submissions Deadline**



## President's Corner: Hadas Wiseman

We are very pleased to announce that J. Christopher Perry has been elected as our new SPR General Vice-President and his acceptance statement appears in this newsletter. Chris will join the Executive Council this month and we all look forward to working with him. I also wish to thank Brin Grenyer for his willingness to be a candidate. Brin's invaluable contributions to SPR are well known and most recently we owe to him as our local host the fantastic organization and outstanding success of the international meeting in Brisbane, Australia.

The major feature of this newsletter is the next International conference, the 45<sup>th</sup> SPR Annual Meeting that will take place in Copenhagen. Jeanne Watson and her program committee have been putting a lot of thought into organizing an innovative and rich conference program with the exciting theme: *"Facilitating Change: Learning from the Past, Looking to the Future."* The Call for Submissions provides all the information you need in order to start working on organizing panels, structured discussion sessions, paper presentations, posters and pre-conference workshops. The Submission Portal will open November 1 and the closing deadline for submissions is December 1, 2013 so start planning your submissions now!

For students we plan to continue to develop mentorship opportunities that will be built into the program schedule during the conference. Those of us who were introduced to SPR as students, even many years ago, still appreciate the impact of those first SPR conferences on our subsequent professional development. Student SPR members who are first authors on a paper or poster are eligible to apply to their respective chapters for Travel Awards. Furthermore, this year for the first time there will be additional international student travel awards for students from developing countries. More information on applications to the student chapter travel awards and the international student awards (including eligibility for the international program) will be posted on the website of the conference in the coming weeks.

Stig Poulsen our Copenhagen local host and his team provide important information at the end of this newsletter with attractive pictures of the venue and of Copenhagen. Together with Sven Schneider our webmaster, Jeanne and her team and Stig and his team, are all working together to prepare for us a most informative and user-friendly website for the conference. The conference website will be ready soon and we encourage you to read and check out all the



various helpful features that you will be able to find there.

Talking about SPR awards, George Silberschatz (Chair) invites Nominations for the 2014 International SPR Awards for the two important awards: The Senior Distinguished Investigator Award and the Outstanding Early Career Achievement Award. See the Call for 2014 Nominees in this newsletter. This is followed by the Call of the committee of the fifth Luborsky Student Poster Award for Copenhagen, chaired by Laurie Heatherington.

In addition to the important deadlines for the Copenhagen meeting, there are other important SPR activities and opportunities you will want to pay attention to and mark down in your calendar. I am happy to announce that the special ***Small Research Grants program*** that is available to all SPR members, which was launched last year, is continuing strongly to its second year. Andrzej Werbart will Chair the committee and all of the relevant and important details appear in an article below. The application deadline is December 1, 2013.

## President's Corner (continued)

Another SPR program that is thriving is the Webinars Program that has been successfully running and is being managed by the communication committee. The recent webinar in the Distinguished Researcher series featured Sarah Knox on the topic: *Three stages of data collection using Consensual Qualitative Research*. Nick Mossison, one of the enthusiastic attendees of Sarah Knox's webinar, has written a short piece for the newsletter about this special experience. Marvin R. Goldfried will be next in the Distinguished Researcher series that will be this time a co-sponsored webinar of SPR together with SEPI (Society for the Exploration of Psychotherapy Integration). The topic: *Psychotherapy Integration: Past, Present, and Future*, is a natural point of connection between SPR and SEPI as it fits with Marvin Goldfried's and others' attention to the important issue of closing the gap between research and practice, which is central to SPR's mission. See Nick's impressions of the recent webinar and details on the updated list of webinars below.

Finally, the newsletter includes updated reports from the four regional chapter presidents. I would like to take this opportunity to wholeheartedly thank three outgoing chapter presidents Laurie Heatherington (NA), Andrés Roussos (LA), and Mikael Leiman (EU). Each of you has both worked hard to serve your chapter successfully, as well as contributed immensely to the executive committee and to the society at large. I also want to thank you all for the smooth transition into their roles of the new regional presidents – Michael Constantino (NA), Mariane Krause (LA) and Henning Schauenburg (EU). The EC that includes also all the regional presidents will meet in Copenhagen in January and I look forward to reporting to you about this meeting in the next Newsletter in March. [I hope to see you all in Copenhagen in June!](#)

## 2014 Membership Dues

<b>Member Type</b>	<b>Early Bird Rate (Oct. 15 - Dec. 31, 2013)</b>	<b>Regular Rate (After Dec. 31, 2013)</b>
<b>Regular Member (including Latin America) Eastern European, African, Indian &amp; Other Category II Country Member</b>	<b>\$95</b>	<b>\$115</b>
<b>Student Member</b>	<b>\$40</b>	<b>\$60</b>
<b>Retired Member</b>	<b>\$45</b>	<b>\$65</b>

## Call for Nominees for the 2014 International SPR Awards: Distinguished Research Career and Outstanding Early Career Achievement

### George Silberschatz

I would like to invite you to nominate candidates for two important SPR Awards: The Senior Distinguished Investigator Award and the Outstanding Early Career Achievement Award. Please think about colleagues who you would like the awards committee to consider and send us your nominations. Do not to assume that someone else will nominate deserving individuals for these prestigious awards. Although nominees do not need to be SPR members their contributions need to be in the field of psychotherapy research. Please note: nominees must be planning to attend the 2014 Conference in Copenhagen in order to be eligible. The deadline for the submission of nominations is **DECEMBER 15, 2013**.

A list of past winners is posted on the International SPR web-site ([www.psychotherapyresearch.org](http://www.psychotherapyresearch.org), "About the Society" link, then click "Awards"). Informal inquiries may be made to any member of the awards selection committee, which is composed of the three most recent past presidents: George Silberschatz, Chair ([george.silberschatz@ucsf.edu](mailto:george.silberschatz@ucsf.edu)), Guillermo de la Parra ([guillermo.delaparra@gmail.com](mailto:guillermo.delaparra@gmail.com)), and Lynne Angus ([langus@yorku.ca](mailto:langus@yorku.ca)).

#### **Distinguished Research Career Award**

This award reflects a lifetime of scientific work that constitutes a major and significant contribution to psychotherapy research. The primary criterion for this award is the scientific merit of the nominee's contribution. To make a nomination, the nominator prepares three sets of the supporting documents and sends (via email) one set to each member of the Awards Committee. The documents are: (a) the nominee's curriculum vitae; (b) six of the nominee's most important publications, (c) at least three letters of recommendation (one from the nominator) attesting to the quality, significance, and impact of the nominee's research. The three recommenders should represent more than one institution. All of the materials, except for the publications, must be in English. If the publications are not in English, please include an abstract of each in English.

#### **Outstanding Early Career Achievement Award**

The early career award is granted no more than 9 years after the person has completed his or her main research training. The award should reflect the person's productivity as well as promise in making scientific contributions to psychotherapy research. To make a nomination, the nominator prepares three sets of the supporting documents and sends (via email) one set to each member of the Awards Committee. The documents are: (a) the nominee's curriculum vitae; (b) a personal statement from the nominee that summarizes his/her program of research; (c) copies of four representative publications (the nominee should be the first author on some of these publications); (d) at least three letters of recommendation (one from the nominator) attesting to the quality, significance, and promise of the nominee's work. The three recommenders should represent more than one institution. All of the materials, except for the publications, must be in English. If the publications are not in English, please include an abstract of each in English.

Please email your nominations by December 15, 2013 to each member of the Award Committee:

George Silberschatz, Chair ([george.silberschatz@ucsf.edu](mailto:george.silberschatz@ucsf.edu))

Guillermo de la Parra ([guillermo.delaparra@gmail.com](mailto:guillermo.delaparra@gmail.com))

Lynne Angus ([langus@yorku.ca](mailto:langus@yorku.ca))

## SPR Student Poster Award

The fifth Lester Luborsky Student Poster Award competition will be held at the 2014 SPR conference in Copenhagen, Denmark. Three student poster prizes will be awarded - first place \$500.00, second place \$300.00 and third place \$200.00. An international jury of SPR members will select the most inventive and scientifically convincing studies that also demonstrate excellence in poster design.

To be eligible for participation the student must be:

- The first author of the presentation.
- Available to present during the poster session.
- Prepared to demonstrate their student status with appropriate documentation if asked to do so by the Student Poster Award committee chair.

The poster must be sent (a .pdf file) to the award committee chairman, Laurie Heatherington [Laurie.Heatherington@williams.edu](mailto:Laurie.Heatherington@williams.edu), the latest by **MAY 14, 2014**.

### **Important Deadlines:**

**November 1, 2013 — Start of On-line Conference Submissions**

**December 1, 2013 — Conference Submissions Deadline**

**2014 early bird dues renewal begins October 15, 2013.**

**December 31, 2013 — Early Bird Membership Dues Rate for 2014 Ends**

Go to [www.psychotherapyresearch.org](http://www.psychotherapyresearch.org) to renew online or to download a renewal form. Paper renewals will not be mailed this year.

## Small Research Grants: Apply NOW!

The Executive Committee of SPR is delighted to announce the second year of the Small Research Awards program for the 2014-2015 academic year (September 1, 2014 to August 31, 2015). The due date for submitting the application online will be **December 1, 2013**. A maximum of 9 awards, each with a maximum value of \$2000, will be made annually to SPR members (6 awards to regular and retired members and 3 to student members) across SPR chapters. All members in good standing within the Society are encouraged to apply for these awards.

Applicants are invited to address research questions specifically pertaining to psychotherapy research, such as processes and outcome, methodological developments (data analysis, instruments, diagnostics, etc.), and the training/supervision of psychotherapists.

Only projects that are in the planning stages or are ongoing at the time of application will be considered. That is, completed research projects will not be eligible. The awards are specifically designed to aid investigators complete small pilot projects that are expected to provide data for future, larger projects.

Awards may be used to purchase supplies (including instruments, equipment, postage, photocopying, software, etc.); to pay coders, research, or technical assistants; and to remunerate client or therapist participants. Awards may not be used for travelling expenses to present at conferences, but travel funds may be reimbursed if travel is necessary to collect data.

A Review Committee, comprised of one member from each SPR chapter, is nominated by each chapter's President. This Review Committee will evaluate proposals and make recommendations for funding to the Executive Committee. To the extent possible, the intent is to seek balance in awardees across chapters.

This year's grant applications are due **December 1, 2013** to this year's Review Committee Chair, Andrzej Werbart. The Review Committee's recommended awardees will be submitted to the Executive Committee for final approval by April 15, 2013, and award recipients will be notified after they have been approved by the Committee. The awards will be announced at the next annual SPR International Meeting.

Grantees will receive their awards through a Responsible Authority (university or other institution). Please note that no indirect costs will be granted to the awardee's institution. All funds must be spent by August 31, 2015. A Final Report will be due to the SPR Executive Committee by February 1, 2016.

### Application Process

The application should be submitted electronically to the Research Awards Review Committee Chair, Andrzej Werbart <[andrzej.werbart@psychology.su.se](mailto:andrzej.werbart@psychology.su.se)>. The application includes an Abstract (limited to 250 words), a summary of the proposed project (limited to 1500 words), an abbreviated Curriculum Vitae (CV), the total budget for the project, and the proposed timeline for completion of the research. Student members must, in addition, submit an Evaluation Form (included in application) from the supervising faculty member. That is, if the proposed project is a master's thesis or doctoral dissertation, the faculty member should be the Chair of the student's thesis or dissertation committee; if the project is independent research other than a thesis or dissertation, the faculty member should be the responsible supervisor of the project.

For all applications (regular/retired and student member), the applicant must be in good standing with the Society (i.e., current year's dues paid, as well as past dues, if applicable). For both regular/retired members and student members, priority will be given to applications that are submitted with documentation from the applicant's institutional review board that the proposed project has been approved (if such approval is required by the applicant's institution and/or country). Secondary priority will be given to applications with pending institutional review board approval (again, if such approval is required). Student applications without approval documentation must be accompanied by a clear statement from the supervisor confirming that no problems with institutional review board approval are expected.

## Small Research Grants Announcement (continued)

### Evaluation Criteria

The Awards Committee will evaluate each proposal along the following criteria:

- Importance or significance of the topic to the field
- Clarity and quality of the methodology
- Appropriateness of the budget
- Feasibility of completing the project within one year
- Prospects for future funding
- Applicant's qualifications for completing the proposed project successfully  
(for students only): Faculty Evaluation Form

### Application Materials

All applications must be submitted electronically in the order noted below in one document in PDF format:

- 1) Application cover sheet
- 2) Abstract (maximum 250 words)
- 3) Project Description (maximum 1500 words, exclusive of references)
- 4) Timeline of proposed activities/work schedule
- 5) Itemized budget, with justification as indicated on the Budget form
- 6) A letter (or e-mail to the applicant) from the applicant's institutional review board indicating that the proposal has been approved or has been submitted and is awaiting approval (if approval is required by the applicant's institution and/or country). Letters of approval should indicate the start and end dates of the project. For students, the Faculty Evaluation Form should indicate whether any problems with institutional review board approval are expected.
- 7) Abbreviated curriculum vitae (CV); 5 pages maximum, focusing on the applicant's major research activities (presentations, publications, works in progress) within the past 5 years. Students' CVs should indicate educational status (e.g., master's student, doctoral candidate).
- 8) For students: Faculty Evaluation Forms must be submitted electronically in PDF format to the Awards Committee Chair ([andrzej.werbart@psychology.su.se](mailto:andrzej.werbart@psychology.su.se)) separately from the student's application. Students should provide the advisor with their application and with the e-mail address of the Chair of the Awards Committee. Student applications lacking a **Faculty Evaluation Form** will not be considered.

The Project Description should not exceed 1500 words, single-spaced (exclusive of references, tables, and figures). The narrative should include the major research questions, the specific objectives of the study, the research methodology, the preliminary work already accomplished (if applicable), the anticipated significance to the field, and any supporting evidence regarding the likelihood of future funding (if applicable).

**Small Research Grant Application Deadline:  
December 1, 2013**

Submit applications electronically to:

Andrzej Werbart [andrzej.werbart@psychology.su.se](mailto:andrzej.werbart@psychology.su.se)

# Student Impressions of Recent Webinar

**Nicholas R. Morrison**  
**University of Massachusetts—Amherst**

As a student invested in research focusing on psychotherapy process, outcome, and integration, I am particularly interested in qualitative methods. I am a second-year graduate student at the University of Massachusetts- Amherst and have devoted many hours to incorporating qualitative studies in Dr. Michael Constantino's Psychotherapy Research Lab. SPR has served as an excellent resource in the past, offering pertinent journal articles and engaging discussion at conferences. Most recently, however, I have been taking advantage of SPR's Webinars.

Although I have not had the opportunity to attend many Webinars, I have found them to be extremely useful. It can often be difficult to find talks related to psychotherapy research at a departmental level at the university, but the Webinars afford researchers the opportunity to engage with their peers on a more regular basis. I find it refreshing to know that I don't have to wait for the next conference to interact with like-minded colleagues, but rather can do so from the comfort of home (or, more realistically, in my office between classes and clients)!

Recently, I very much enjoyed attending Dr. Sarah Knox's recent Webinar focused on Consensual Qualitative Research (CQR). The presentation provided a solid overview for the audience interested in this increasingly popular qualitative paradigm. I appreciated Dr. Knox's use of research-related examples, as the distinction between domains, categories, and core ideas can sometimes be confusing to those unfamiliar with the method. Additionally, it was particularly helpful when Dr. Knox and the Webinar staff would take time periodically to answer questions and clarify points of confusion. I enjoyed being able to electronically "raise my hand" and have Dr. Knox address some of my concerns as they arose in real time.

The Webinars present a great avenue to hear about psychotherapy topics from authorities in the field. Additionally, the SPR Webinars present a fantastic opportunity to investigators wishing to keep informed about pressing issues in the field of psychotherapy research. As a graduate student, these avenues are particularly useful in terms of exposure to ideas for theses, new methodologies, and a host of other benefits. Overall, the Webinars serve as a great resource for psychotherapy researchers everywhere, and I look forward to attending them in the future!

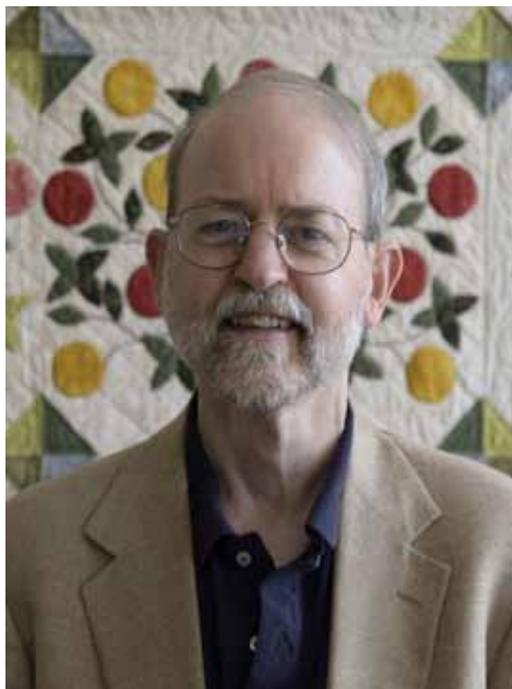
## Upcoming Webinars:

- 24 Oct 2013 12pm EST** *Dissertation Dissemination series:* Dr. Sam Nordberg (Pennsylvania State University) – Modeling heterogeneity in patient populations: Building data-driven clinical tools
- 18 Nov 2013 12pm EST** *Distinguished Researcher series:* Dr. Marvin R. Goldfried (Stony Brook University) – Psychotherapy Integration: Past, Present, and Future
- 13 Jan 2014 1pm EST** *Distinguished Researcher series:* Dr. Larry Beutler (Palo Alto University) - Research methods and the nature of empirically based practice

## J. Christopher Perry Elected General Vice President

Dear Colleagues,

Allow me to express my gratitude to you for the responsibility that you are entrusting in me by my election as General Vice-President of the Society for Psychotherapy Research. At this moment I am struck by the challenge my election represents: helping SPR flourish in its overarching aim of supporting psychotherapy, psychotherapy research and psychotherapy researchers around the world. Leadership is a collaborative effort and my first task will be to listen and learn from those on the Executive Council and also from you, the broader membership. With my nomination I stated some meaningful issues that I wanted to address, such as augmenting resources and the possibilities which that would allow, additional overtures to psychotherapists not in SPR, including psychiatrist-psychotherapists, and greater emphasis on costeffectiveness research as a way to join the variety of national public debates on funding psychotherapy for mental health care. I hope to make some good efforts on these and other important avenues that are brought to my attention. So, if I ask you a question, I'll appreciate your thoughts. Together we'll help SPR grow in ways that the luminaries who created the organization might find exceed their hopes. Thank you.



## Mark Your Calendar!!

**2014 International Meeting: Copenhagen, Denmark—June 25-28, 2014**

**2015 International Meeting: Philadelphia, PA, USA—June 24-27, 2015**

**2016 International Meeting: Jerusalem, Israel—June 22-25, 2016**

## Regional Chapter Reports

### European Chapter Henning Schauenburg, President

Mikael Leiman's (Finland) term as chapter president has ended this year and Henning Schauenburg (Heidelberg, Germany) has taken over presidency in Brisbane. Thanks to Mikael's very thorough and well organized work, the chapter is in good shape. The financial situation is quite well, especially due to a very successful joint EU & UK Chapter meeting in Porto in October 2012. The conference was attended by over 200 participants and featured 242 different presentations.

Total membership of the chapter in June 2013 was 370.

European attendance to the Brisbane conference was, despite the long distance, quite good (73 of 250 presenters). The chapter had 7 travel award winners: Antonia Friedrich, Erkki Heinonen, Francesco Pagnini, Joakim Norberg, Julian Rubel, Patrick Figlioli and Xiarong Zhou.

The chapter announces 20 student travel awards (à 400,- €) for the Copenhagen meeting in 2014. Information for applicants will follow soon on the SPR website. Members of the award committee are Ulrike Willutzki, Wolfgang Tschacher and Henning Schauenburg.

Several European colleagues are active in the SPR. Stephanie Bauer is new member in the Communication Committee (ComCom), Ulrike Dinger is on the international student awards committee. Presently we look for new members to serve in the Small Research Grant and the International Travel Award committee.

In early 2014 the new SPR website will be launched. It will be much more user-friendly and it will allow, through the use of a new content management system, an easy access and installation of new content. Sven Schneider ([sven.schneider@uni-ulm.de](mailto:sven.schneider@uni-ulm.de)) who is in charge of the *ResearchGate* site and other web activities will also be the webmaster for the European chapter.

The chapter meeting decided to hold a European Conference in 2015. Applications for the location of the venue should be directed to the president until December 2013. Research summer schools or workshops will be held in 2014 (Trier, Wolfgang Lutz) and 2015 (Bern, Franz Caspar).

Upcoming issues for the chapter will be the idea of a circle of local coordinators in every active European country and also the initiation of a small management committee for the chapter which would give us more manpower for the further development of the chapter.

### Latin American Chapter Mariane Krause, President

The Latin American (LA) Chapter of the SPR is in great shape thanks to the gracious and able leadership of the immediate Past-President, Andres Roussos, and his general coordinator, Malena Braun. Their management allowed Latin-American SPR members to be in touch with each other. They implemented more regional newsletters with updates on coming events, news about SPR international congresses, award winners, etc., allowing all of us to feel part of the region. This was also enriched by the active participation of Malena Braun in the Communication Committee (ComCom).

Meanwhile, our Past President, Guillermo de la Parra, the first Latin-American president of the SPR was our pride. The results of his investigation about research in our continent will be published in the next number of *Psychotherapy Research*.

As Tracy Eells refers in the 2012 (2) SPR Newsletter, “the Latin American chapter enjoyed the largest percent increase last year, rising 10%” (p. 5). This was evident at 2013 Conference in Brisbane where the Latin-American participation was extensive. During the chapter meeting 6 student awards were presented. The students who received the awards were: Paula Balbi and Martín Gomez Penedo from Argentina; Giovanna Del Grande from Brasil; and Ximena Pereira, Johana Zapata and Pablo Fossa from Chile.

We have several new local coordinators who have accepted to work for the development of the SPR in their respective countries. These are: Martín Gomez Penedo (Argentina), Emilia Afrange (Brasil), Jorge Vanegas (Colombia), Claudio Martínez (Chile), Isabel Espindola Oleas (Ecuador), and Denisse Dogmanas (Uruguay). We have also created a management committee for the Latin-American chapter, composed of Paula Dagnino -as general coordinator-, Carolina Altimir, Marcelo Cárcamo and Nelson Valdés. Álvaro Carrasco is the new Latin-American member of the ComCom.

To increase the within-chapter communication on administrative matters, we have created a “Society for Psychotherapy Research LA Chapter” group in the ResearchGate site. ResearchGate has become an important platform for the SPR, and certainly for the LA chapter, that extends over a vast geographical area and includes many countries. Please go to the web link <https://www.researchgate.net/profile/Society-for-Psychotherapy-Research-Latinamerican-chapter/>. Also we have established a Facebook group as <https://www.facebook.com/spr.latinoamerica?fref=ts>, which has already 170 friends.

The next SPR Latin American Chapter Conference will be held in Reñaca (Chile) from August 28 to August 31, 2014. It is entitled “Harmony & Dissonance: Therapeutic Dialogues”, and will be held in the same location as the SPR Chilean meeting has traditionally been held. Deadline for the submission of papers, posters, panels and workshops is March 31. Those of you who have attended these meetings know the mystic of these encounters, the high-standard research and clinical presentations and the exceptionally good social life, allowing us to participate, share, reunite, and why not, dance and sing... For more information please contact us at [congresopsico-terapia.renaca@gmail.com](mailto:congresopsico-terapia.renaca@gmail.com)

We hope you can come to this important meeting to continue our regional research growth and to build more bonds between each other.

## North American Chapter Michael J. Constantino, President

The North American Chapter of the Society for Psychotherapy Research (NASPR) is in good shape in terms of membership, financials, and professional activities. The bar for our Chapter across these domains remained very high during the terms of our immediate Past President, Laurie Heatherington, and our immediate Past Executive Officer, Sarah Knox. The organization is extremely grateful to Laurie and Sarah for their competence, dedication, and vision during their extremely successful terms. As of July 2013, NASPR has welcomed a new leadership team: Michael Constantino is current President, John Ogrodniczuk is President-Elect, and Catherine Eubanks-Carter is Executive Officer. This team spans countries and professional contexts: Mike is Associate Professor of Psychology and Graduate Program Director at the University of Massachusetts Amherst, John is Associate Professor of Psychiatry and Director of the Psychotherapy Program at the University of British Columbia, and Catherine is Assistant Professor of Clinical Psychology at the Ferkauf Graduate School at Yeshiva University and Assistant Director of the Brief Psychotherapy Research Program at Beth Israel Hospital.

Among various initiatives of NASPR leadership, the current priority is preparing for the next NASPR conference. This meeting, which will set an attendance record, will take place from **October 17-19, 2013** in the beautiful,

vibrant, and soulful **Memphis, Tennessee**. We are extremely grateful to our local hosts, Jeffrey Berman and Robert Niemeyer (University of Memphis) for their extraordinary efforts in event planning. The conference theme (*Beyond the Brand: What Makes Psychotherapy Work?*) is sure to stimulate lively dialogue and debate regarding the multitude of factors that contribute to the effectiveness of psychotherapy. Among many program highlights, we will have an opening BBQ reception, several pre-conference workshops, an opening plenary discussion speaking to the conference theme, a closing plenary on *Confounding psychotherapy practice and science: Perspectives on and illustrations of practitioner-researcher collaborations*, and our traditional banquet with live dance music that embodies the rich and historical Memphis music scene. Our **business meeting will occur during the conference**. In addition to providing an update on the state of the organization, we will discuss other topics, such as using our funds to meet organizational missions and soliciting recommendations for the location of the next NASPR meeting (which will take place in fall 2016). For the latest details on the Memphis conference, see the conference [website](#), which is updated regularly.

In 2011, NASPR substantially increased the stipend amounts for our student travel awards, from \$500 to \$850 for international meetings held outside of North America, and from \$250 to \$400 for meetings held in North America. The awards are named in memory of eminent psychotherapy researchers. We have recently followed other chapters in requiring students to submit brief online applications for the awards and we are happy with the results of this change. The awards winners for the upcoming meeting in Memphis are as follows:

Edward Bordin Memorial Award – Andrew McClintock (Ohio University)

Sol Garfield Memorial Award – Rebecca Ametrano (University of Massachusetts Amherst)

Enrico Jones Memorial Award – Kristen G. Pinto-Coelho (University of Maryland)

Laura Rice Memorial Award – Genevieve Vrana (York University)

Kenneth Howard Memorial Award – Samantha Bernecker (University of Massachusetts Amherst)

Hans Strupp Memorial Award – Christina M. Temes (The Pennsylvania State University)

Congratulations to these students for their awarding winning work! And many thanks to the members of the Awards Selection Committee (Laurie Heatherington, John Ogrodniczuk, Catherine Eubanks-Carter, Georgios Lampropoulos, and Kevin McCarthy) for their efforts in rating a large group of high quality submissions.

We hope to see many of you in Memphis and then again in Copenhagen!

## United Kingdom Chapter Jeremy Halstead, President

The main role of the UK Chapter has continued to be to organise conferences either independently or together with other organisations. Following on from the excellent Porto conference most of our efforts this year have gone into organising a Chapter conference that took place in Oxford in September.

The Oxford conference marked a departure from the UK tradition of holding conferences in North Yorkshire and was well attended with delegates from four continents and fourteen countries. We had an increased attendance from London based psychotherapists and from the psychoanalytic and psychodynamic researchers and practitioners.

Our Keynote Speaker was former SPR President Lynne Angus and one theme throughout the conference was the major role of narrative as the mutative agent across many therapeutic schools. Nick Midgley, recent SPR early career award winner, was active in recruiting child and adolescent and systems practitioners giving the conference a strong lifespan perspective. The conference was organised by our steering committee who all played important

roles but we were particularly grateful for the efforts of Susan Hajkowski who worked tirelessly as conference organiser and Robert Elliott who pulled the programme into shape.

Following on from the AGM at the conference, we are pleased to announce that we have two excellent candidates for the role of UK president elect (taking over in June 2014 in Copenhagen).

UK membership numbers appear to be up boosted by people joining ahead of the conference. The figure stands at around 127, of whom 98 are UK based. The majority of non UK members are Australian.

Chapter finances seem to be in reasonable order. They were contributed to by the Porto conference and the anticipation is that Oxford will make a small profit.

SPR in the UK (and globally) continues to be the home of a relatively small proportion of practitioners punching above their weight when it comes to research activity. Our membership is not expanding rapidly but new people are coming in and it is exciting to be here at a time when research continues to be taken seriously despite the challenges associated with the UK's commitment to Austerity.



**Susan Hajkowski Indomitable UK Conference Organiser**



**Michael Barkham speaks while Mike Lambert listens**



**Joao Salgado and Lynne Angus share a moment**



**Thomas Schroder former UK President with David Orlinsky**

## *Come to Beautiful Copenhagen in June 2014!*

### **Local Organizing Committee: Stig Poulsen** (Local Host)

Sarah Daniel, Susanne Harder, Susanne Lunn, Birgit Bork Mathiesen, Jan Nielsen.

Next year, we invite you all to experience the relaxed atmosphere and historic scenery of Copenhagen as participants of the 2014 SPR conference, June 25-28. The theme for the conference is, **Facilitating Change: Learning from the Past, Looking to the Future**. We look forward to hosting you.

### *About Copenhagen*

With a population of 1.9 million, Copenhagen is the largest city in Scandinavia: a city that combines old and new, preserving its 1,000-year history yet looking to the future. Safety, tolerance, green initiatives, international connectivity, creative environment, a relaxed lifestyle and cycle culture are key characteristics of Copenhagen, the capital of “The World’s Happiest People” according to the UN’s World Happiness Report.

After the official Congress programme, we encourage you to have a stroll through the historic city centre and browse Copenhagen's unique shops or enjoy a guided boat tour of the city's 17th century canals. You can also visit one of its many art museums; the historic amusement park Tivoli Gardens; or the contemporary Opera House, just to mention a few of the pleasures in a city which is also home to the world’s oldest monarchy. Finally, do like the Copenhageners: hop on a bike to get some exercise, or simply to get around easily, in this welcoming and open city.

A particular point of interest: In recent years, Copenhagen has earned quite a reputation as a gastronomic capital. The city boasts 15 Michelin stars, and the UK's Restaurant Magazine ranked Copenhagen restaurant, Noma, the World’s Best in 2010, 2011 and 2012. The New Nordic Cuisine, which emphasizes seasonal and regional ingredients, was pioneered at Noma. Today, this environmentally-friendly cuisine is served in a number of restaurants in the city, including Geranium, where the winner of the 2011 world championship for chefs, the Bocuse d’Or, runs a 100% organic gourmet restaurant. It is, however, not only in Michelin starred restaurants that you can get a taste of Copenhagen gastronomy. Copenhagen has high quality restaurants to accommodate all pockets, tastes and cuisines.

### *The Conference Venue*

The venue will be Faculty of Social Sciences, University of Copenhagen, 5 Øster Farimagsgade, DK-1353 Copenhagen K (click on Faculty of Social Sciences on this map: <http://findvej.ku.dk/english/>). Located in the historic buildings of the former municipal hospital of Copenhagen, the campus area with its green and friendly surroundings provides great opportunities for chats in the breaks. As Danish summers can be unpredictable so that you never quite know what the weather will bring, We suggest that you bring an umbrella just in case. Usually the weather is warm, with daytime averages around 20°C (68°F) – but it becomes really hot as well.

Since the venue is in the city centre, there are plenty of hotels close to the venue. At the conference website (opening soon), you will find links to hotels in all price ranges with rooms reserved for the delegates.

## *Travelling to Copenhagen*

With non-stop flights from around 140 international destinations, the city is easy to access from all continents and all major European cities are within a one or two hour flight. Upon arrival, you will see that the city centre is only 13 minutes away by Metro or train.

Citizens of the EU, US, Canada and most (but not all) South American countries do not need a visa to enter Denmark. Details around visa requirements may be found at [http://www.nyidanmark.dk/en-us/coming\\_to\\_dk/visa/visa.htm](http://www.nyidanmark.dk/en-us/coming_to_dk/visa/visa.htm)

**For more information about Copenhagen**, this is the place to start:  
<http://www.visitcopenhagen.com/copenhagen-tourist>

# *See you in Copenhagen in 2014!*



Ireneusz Cyraanek, copenhagenmediacenter.com



Adrian Cowo, wonderful copenhagen



Morten Jerichau, copenhagenmediacenter.com

