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Join us for the 46th Annual Conference,
Philadelphia, USA, June 24-27, 2015

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The theme for the 46th Annual International Meeting of SPR in Philadelphia is:

"Psychotherapy: improving adaptation from the inner life to the outer world."

People seek psychotherapy when some aspect of their lives brings distress to themselves or others. Psychotherapy directs attention to the sources of this distress. The aim is to improve psychological adaptation and relieve emotional suffering. A central focus of all psychotherapies is helping individuals adapt more effectively. This happens on many levels. The innermost level includes the psychological experiences and processes by which the individual adapts to internal and external stressors and conflict. These are assessed using measures like defense and coping mechanisms, beliefs, cognitive errors, emotion and self-esteem regulation, and the like. Inner adaptive mechanisms in turn affect how the individual adapts to the world, in ways of relating to others, society and the environment, measured by quality of life, satisfaction, psychosocial functioning, interpersonal functioning, creative accomplishment and the like. Helping to improve adaptation operates in many modalities and formats: individual, couple, family, group, and newer versions adapted to the digitally inter-connected world; durations that are brief/short, medium-term, long-term, open-ended; frequencies that include infrequent, intermittent, monthly, weekly, intensive; with training and implementation that includes manual-based, supervised, unsupervised, experience-based, and non-traditional types. All of this occurs within a cultural context, influenced by societal factors, third-party payers, and both cost and cost-effectiveness considerations. The Society for Psychotherapy Research is the “big tent” that encompasses the empirical study of all of these. SPR’s aim is to facilitate the exchange of ideas and knowledge, connect students and researchers around the world, and encourage new developments and collaborations. We are looking forward to doing all of this once again, at this coming year’s annual international meeting in Philadelphia, a city which has been the venue for many transformative developments over the past several centuries.

With this introduction, the Program Committee would like to encourage you to consider proposals that explore how and under what circumstances psychotherapy improves some aspects of adaptation. As always we welcome research from multiple perspectives including patients/clients, therapists, researchers, health care systems, and society. We hope that participants will draw on the rich history of research and scholarship in psychotherapy process and outcome, build on the lessons learned to inform current theoretical issues and problems facing the field, and point to future directions for research and practice. As always, we want to stimulate discussion among colleagues from around the world as well as across the generations of psychotherapy researchers. We would like to encourage presentations, panels, discussions, and posters from a broad spectrum of psychotherapy researchers and clinicians drawn from diverse disciplines, theoretical orientations, modalities, methodologies, and cultures. In addition to the specific conference theme, SPR’s Program Committee invites submissions on all areas of psychotherapy research, practice, and training. We welcome the full range of contributions to the field of
Call for Submissions (continued)

psychotherapy, including reports of innovative research methods and empirical studies of varied treatment modalities (individual, couple, family, group, and milieu therapies), diverse patient populations (children, adolescents, adults, and seniors), a wide range of diagnostic and problem categories (e.g., various psychological/psychosomatic disorders as well as the effects of cultural, political or economic oppression and migration), and a broad spectrum of theoretical approaches (e.g., CBT, behavioral, existential, humanistic, interpersonal, psychodynamic, family systems, etc.). As in all previous calls for submissions to SPR conferences, we invite qualitative as well as quantitative studies, single case research, process and outcome studies, meta-analyses, methodological contributions, research on psychotherapy measures, literature reviews and so forth.

In addition to the above, this year the Program Committee would also like to invite presentations in two new initiative areas: 1) economic aspects of psychotherapy including cost-effectiveness studies; and 2) psychotherapy in medical contexts and/or directed at medically related problems. Both have significant public health implications.

There are 5 categories or types of presentation for the 2015 Conference: Panels, Brief Papers, Structured Discussions, Posters, and Pre-Conference Workshops. To increase the value of Poster and Brief Paper sessions, the Program Committee will organize them into groups by topic. The following is an overview of submission types:

Panels
Panels should include three to four presentations focused on a common theme or various facets of a large-scale research project. Panels with international representation and presenters at different career stages are especially encouraged. Panels will be 90 minutes in duration. Please allow a minimum of 15 minutes for open discussion with audience members. Each panel should have a moderator (normally the organizer of the panel or another relevant person). Panels with papers are expected to have a discussant prepared to offer comment on the papers or the topic being presented. We encourage the inclusion of panel discussants that can provide a distinctive research and/or clinical perspective on the panel presentations.

Brief Papers
Brief papers are 8-10 minute reports about ongoing or completed studies. Brief paper sessions will be 90 minutes in duration and will consist of five to six short presentations, with 5 minutes for discussion with audience members allotted to each. The Program Committee will designate moderators for the Brief Paper sessions. If it proves difficult to schedule all submissions of brief papers, the program committee may request that the work be presented as a poster.

Structured Discussions
These are meant to provide an opportunity for group discussion among colleagues on a specific topic in psychotherapy research (e.g., specific methods, theories, new developments in research and practice, disorders, etc.). A number of persons should be named who have agreed to lead the discussion. Sessions should be structured by having each designated discussant give a position statement, of maximally 5 minutes, on the theme to elicit active participation from audience members.

Posters
Posters are appropriate for the full range of research reports, including completed projects, single case studies, pilot studies, and work-in-progress. They provide a good opportunity for detailed discussion with interested colleagues. We will try to group the posters by topic to stimulate discussion and the exchange of ideas. Poster dimensions should be approximately 32" x 40" (80cm x 100cm) in portrait format. Please keep in mind that many attendees will appreciate receiving a handout summarizing your research findings.

Pre-Conference Workshops
Workshops will be held in the morning and/or afternoon prior to the evening session that opens the conference (i.e., Wednesday morning and afternoon). Two types of pre-conference workshops are encouraged. The first is intended to provide training in specific areas of psychotherapy research, methods, or data analysis. The second type of workshop entails the clinical presentation of an assessment or treatment method that is followed by discussion on how best to empirically study or validate the clinical procedures described. Submissions should indicate the amount of time desired for the workshop.

Submission Policies and Guidelines
The official conference language will be English; all submissions should be made in English. First authorship by
Call for Submissions (continued)

an individual is limited to **one** presentation on either a Panel or Brief Paper session and **two** presentations in the Poster format. However, a given individual can be listed as a co-author on multiple presentations as long as different people present them. There is no limitation on Chairing panels. In order to ensure a broad range of participation on panels and in discussion sessions, each attendee may serve as a discussant on a maximum of **two** panels and/or participate in a maximum of **two** open discussions. Program submissions will be accepted via the submission portal (online), beginning **Monday November 3, 2014**. The deadline for submissions is **Friday December 5, 2014**. Notification of acceptance will be emailed mid-February 2015. Information and detailed instructions for program submission through the portal can be found at on the SPR website: [www.sprpsychotherapyresearch.org](http://www.sprpsychotherapyresearch.org). To submit go to the submission portal for Philadelphia 2015: [http://www.mymeetingsavvy.com/spr/login.aspx](http://www.mymeetingsavvy.com/spr/login.aspx)

Please retain your submission ID.

Please read these instructions carefully before submitting your work!

Although preference in general will be given to presentation of completed studies, we also aim to foster discussion of research projects at various stages of development (especially in Structured Discussion Groups, Posters, and Brief Paper sessions). In selecting Panels, preference will be given to those that include:

(a) presentations on a topic common to different treatment approaches or research methods,

(b) representatives from different research teams,

(c) members from different countries, and/or

(d) presenters at different career stages.

All abstracts are limited to 250 words. For Panels, Structured Discussions, and Pre-Conference Workshops, the moderator/organizer should provide an overview of the session as a whole. Brief Papers, Papers in a Panel, and Posters should be structured using the following headings: Aim, Methods, Results, Discussion. Click the word **example** to see a sample of a Panel submission. The Book of Abstracts will be available for download on the SPR 2015 Philadelphia website and hardcopies will be available for purchase at the time of registration and at the conference. A central purpose of SPR is to foster discussion between members and it is therefore essential that presenters leave ample time for discussion of their work. A minimum of 15 minutes in each 90-minute panel session should be reserved for open discussion with members of the audience. We encourage the inclusion of panel discussants that can provide a distinctive research and/or clinical perspective on the panel presentations. We strongly recommend submission of coherently organized Panels, as standalone presentations will be designated Brief Papers and limited to 8-10 minutes. Depending on the number of submissions and possible time constraints, it may be necessary for the Program Committee to request changing the type of presentation (e.g., oral presentation to poster). Finally, if you have an idea for a panel or other collaboration, to find colleagues with similar interests please consider using the SPR mailing list list@psychotherapyresearch.org, or ResearchGate [https://www.researchgate.net/group/Psychotherapy_Research/](https://www.researchgate.net/group/Psychotherapy_Research/)

Please note that well-integrated panels with authors from different research groups often have the largest attendance. If you have any questions, requests, ideas or suggestions for the conference and its scientific program, please send an email to Chris Perry: **SPR2015Program.psychiatry@mcgill.ca**

**Dates to Remember**

Online submissions will be open from **November 3 to December 5, 2014**.

Notifications of acceptance will be emailed mid-February 2015.

Online revision period: Presenters will be able to modify their abstracts between March 1 and April 1, 2015.

**Program Planning Committee:**

J. Christopher Perry (President Elect & Program Chairperson), Marna Barrett (Local Host Chairperson), Paul Crits-Christoph, Caroline Dovick (Program Committee Coordinator), Juan Martin Gomez, Brin Grenyer, Per Høglend, Shigeru Iwakabe, Ueli Kramer, Kevin McCarthy, J. Christopher Muran (General Vice-President), Alessandro Talia, Giorgio Tasca, Christina Temes.

**Important Dates for the Conference:**

**November 3, 2014 — Start of On-line Submissions**

**December 5, 2014 — Conference Submissions Deadline**
The members of the EC would like to extend congratulations and a warm welcome to Chris Muran, who will assume the role of General Vice-President and serve on the executive committee for the next four years. We thank Andres and Chris for being willing to serve SPR. SPR is truly fortunate in having scholars of the caliber and status of Andres Roussos and Chris Muran, whose dedication and commitment to the organization foster its long term well being and enable it to thrive and grow. Chris will be stepping down from his role as Managing Editor of Psychotherapy Research in January 2015 but will be staying on as co-editor until January 2016. Wolfgang Lutz will assume the role of Managing Editor in January 2015, for a period of three years until January 2018. Jeff Hayes will join the editorial team as co-editor in January 2016 but in the meantime he will begin to work with the team and shadow their activities.

If you have not already done so, please visit our new website. Special thanks to the members of the ComCom, Chaired by Kim de Jong, and to Sven Schneider, our webmaster, for their hard work, dedication, and planning to develop the site. I trust you all agree that they have made a stellar effort. Their creativity and technological wizardry has enhanced the website enormously. A new feature is the photographs of our membership reflecting its diversity across the generations. Over time we hope to profile many of our scholars as they share their experience of SPR and provide sound bites reflective of the rich scholarship and sense of community that many experience as members of the society. Another feature of the website will be a news section where members can share information on books and publications as well as other items of interest. We hope to update this regularly and are counting on our membership to share their news and successes with us so that we can keep the site current and reflective of the work in which you are all engaged. If you have any news that you would like to share please forward it to Lorenzo Lorenzo-Luaces lorenzl@sas.upenn.edu.

Along with these new initiatives to refresh our website, the webinars committee, chaired by Sam Nordberg, continues to expand its focus. The webinars we have hosted to date have been a huge success. They provide a wonderful portal for us to share our knowledge and expertise with others – all the more so since the EC has decided to make these freely available on the website. The idea of webinars has caught on and is so popular that SEPI and APA’s Division 29, have been exploring with us how we can collaborate to deliver webinars on psychotherapy research that are of interest to our broad membership base. Currently we are co-hosting a webinar with each of these groups and hope to engage in more joint efforts in the months and years to come. We see this as a way of reaching out to the membership in each of the organizations with the potential of expanding our bases and encouraging student membership particularly. It is anticipated that by sharing the costs, we may be able to expand our range of offerings. Other ways that we are exploring collaboration between the three groups is to try to obtain CE credits for the webinars through APA. This would be a real boost to the series and provide additional benefits for our membership. Our next webinar is October 30, 2014. Please join Louis Castonguay when he presents a session on Practice Based Research.

Other attempts to work together with SEPI are with respect to conference planning. For next year SEPI has scheduled its conference later in the Spring so that it is closer to the dates of the SPR International Conference in Philadelphia to try to encourage people to attend both meetings. The meetings are scheduled few days apart with SEPI’s 31st Annual Conference in Baltimore, Maryland, scheduled for June 18-21, 2015 and SPR’s 46th Annual International Conference in Philadelphia,
President’s Corner (continued)

Pennsylvania scheduled for the following weekend June 24-27, 2015. In order to continue to build on our joint interest in psychotherapy and to develop areas for greater collaboration I have been in dialogue with Rhonda Goldman the current President to explore other possibilities for hosting meetings closer together in time or in the same city.

As you have seen the program planning committee is very busy developing the program for the upcoming meeting in Philadelphia. The program committee, Chaired by Chris Perry, is working to ensure that we have a wonderful and enjoyable program. The conference theme, *Psychotherapy: improving adaptation from the inner life to the outer world*, promises to deliver a rich and exciting program that we hope will appeal to our members around the world so that they join us in Philadelphia. We look forward to receiving many submissions and reaching the level of engagement that we had at the conference in Copenhagen. As part of my commitment to SPR, I will be working with Hadas Wiseman and others on the EC to augment and maintain our mentorship activities. We hope to continue some of the initiatives that were started in Copenhagen and follow them up with additional ones. In Copenhagen, a request was made by students to host an event early in the meeting for them, so that they would have the opportunity to connect early on and begin to build a support network with peers. The details will be worked out at our EC meeting in January. Perhaps some of you have other suggestions and would be willing to participate and support these initiatives as we continue to build the “future of SPR”.

Marna Barrett and her dedicated team have worked to ensure that we have a beautiful site at the University of Pennsylvania, a historic setting in the US. You can read about the city and the many wonderful and exciting places there are to visit later in the newsletter. People attending the conference are encouraged to think of attending SEPI and then spending a few days in the Maryland, Virginia, Pennsylvania environs exploring historic sites as well as some of the loveliest scenery in North America.

This is a time of year when committees are renewed and members express their intention to stay on or rotate off. This year Laurie Heatherington is rotating off as Chair of the Lester Luborsky Student Poster Awards Committee. We would like to acknowledge Laurie’s contribution to this committee. She is a tireless contributor to SPR, who brings order and a thoughtful understanding to whatever role she assumes. We thank her for her dedication and commitment. In her stead we are delighted that Claudio Martinez has agreed to assume the role of Chair and to welcome Heidi Levitt as the North American representative on the committee – Thank you both.

Lynne Angus has rotated off of the Awards Committee, we thank her for her service and her many contributions to the Society over the years. Hadas Wiseman will join the two remaining members, George Silberschatz and Guillermo de la Parra, as Chair of the committee. They are looking to the larger membership to nominate colleagues for the senior and early career awards and for the recently established Lifetime Contribution to SPR award. Please read the Call for Nominations later in the newsletter. Your participation in nominating colleagues is very important and meaningful to them as well as the membership at large. Please take some time and put a nomination package together for a deserving colleague.

Our small research grant initiative continues, the committee, chaired by Andrzej Werbart, continues to streamline the application process. We hope to have an online application system set up in time for the next submission cycle. This year we welcome two additional members from the EU Chapter, Björn Philips, and as a new member Armin Hartmann from Freiburg. Thank you both for taking on this responsibility and supporting colleagues in their applications to the small grants committee.

More information about the conference in Philadelphia will be available in our March, 2015 newsletter. We wish you all the best for the remaining few months of 2014 and into the New Year.

Jeanne
Call for Nominees for the 2015 International SPR Awards: Distinguished Research Career, Outstanding Early Career Achievement, and SPR Lifetime Contribution

Hadas Wiseman

I would like to invite you to nominate candidates for three important SPR Awards: The Senior Distinguished Research Career Award, the Outstanding Early Career Achievement Award, and the Lifetime Contribution to SPR Award.

Please think about colleagues who you would like the awards committee to consider and send us your nominations. Do not to assume that someone else will nominate deserving individuals for these prestigious awards. Although the nominees of the Distinguished Career and the Early Career awards do not need to be SPR members their contributions need to be in the field of psychotherapy research. Nominees for the Lifetime award must be SPR members.

The deadline for the submission of nominations is DECEMBER 15, 2014.

A list of past winners is posted on the International SPR website: www.psychotherapyresearch.org, “About SPR” link, then click “Awards”. Informal inquiries may be made to any member of the awards selection committee, which is composed of the three most recent past presidents: Hadas Wiseman, Chair (hadasw@edu.haifa.ac.il), George Silberschatz, (george.silberschatz@ucsf.edu), and Guillermo de la Parra (guillermo.delaparra@gmail.com)

Distinguished Research Career Award

This award honors a long career and a substantial body of scientific work that constitutes a major and significant contribution to psychotherapy research. The primary criterion for this award is the scientific merit of the nominee's contribution. To make a nomination, the nominator prepares three sets of the supporting documents and sends (via email) one set to each member of the Awards Committee. The documents are: (a) the nominee's curriculum vitae; (b) six of the nominee's most important publications, (c) at least three letters of recommendation (one from the nominator) attesting to the quality, significance, and impact of the nominee's research. The three recommenders should represent more than one institution. All of the materials, except for the publications, must be in English. If the publications are not in English, please include an abstract of each in English.

Outstanding Early Career Achievement Award

The early career award is granted no more than 9 years after the person has completed his or her main research training. The award should reflect the person's productivity as well as promise in making scientific contributions to psychotherapy research. To make a nomination, the nominator prepares three sets of the supporting documents and sends (via email) one set to each member of the Awards Committee. The documents are: (a) the nominee's curriculum vitae; (b) a personal statement from the nominee that summarizes his/her program of research; (c) copies of four representative publications (the nominee should be the first author on some of these publications); (d) at least three letters of recommendation (one from the nominator) attesting to the quality, significance, and promise of the nominee's work. The three recommenders should represent more than one institution. All of the materials, except for the publications, must be in English. If the publications are not in English, please include an abstract of each in English.

Lifetime Contribution to SPR Award

The SPR lifetime contribution award is intended to honor exceptional service contributions to the International Society for Psychotherapy Research. This award was established recently, David Orlinsky was the first recipient.
Call for Nominees (continued)

To make a nomination, the nominator prepares a letter detailing the lifetime service contributions to the society of the nominated SPR member, signed by at least three SPR members in good standing. The nominator will send the nomination letter with the supporting signatures (via email) to each member of the Awards Committee. This award will not necessarily be awarded every year.

Please note: In order to be eligible, nominees for the 2015 awards must be planning to attend the Conference in Philadelphia, Pennsylvania, USA.

Please email your nominations by **DECEMBER 15, 2014** to each member of the Award Committee:

Hadas Wiseman, Chair (*hadasw@edu.haifa.ac.il*)
George Silberschatz, (*george.silberschatz@ucsf.edu*)
Guillermo de la Parra (*guillermo.delaparra@gmail.com*)

**Banquet Rooms, Museum of Archeology and Anthropology**
University of Pennsylvania, Philadelphia, PA, USA

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### 2015 Membership Dues

<table>
<thead>
<tr>
<th>Member Type</th>
<th>Early Bird Rate (Nov. 1 - Jan. 15, 2015)</th>
<th>Regular Rate (After Jan. 15, 2015)</th>
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<td>Regular Member (including Latin America)</td>
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<td>$115</td>
</tr>
<tr>
<td>Eastern European, African, Indian &amp; Other</td>
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<td>$105</td>
</tr>
<tr>
<td>Category II Country Member</td>
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<tr>
<td>Retired Member</td>
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SPR Student Poster Award

The sixth Lester Luborsky Student Poster Award competition will be held at the 2015 SPR conference in Philadelphia, USA. Three student poster prizes will be awarded - first place $500.00, second place $300.00 and third place $200.00. An international jury of SPR members will select the most inventive and scientifically convincing studies that also demonstrate excellence in poster design.

To be eligible for participation the student must be:
- The first author of the presentation.
- Available to present during the poster session.
- Prepared to demonstrate their student status with appropriate documentation if asked to do so by the Student Poster Award committee chair.
- The poster must have been accepted by the program committee for the meeting in Philadelphia in 2015

The poster must be sent (a .pdf file) to the award committee chairperson, Claudio Martinez – Claudio.martinez@mail.udp.cl by the deadline of MAY 14, 2015

Award Committee Members: Claudio Martinez, Rolf Holmquist, Heidi Levitt, Jeremy Halstead

Important Deadlines:

November 3, 2014 — Start of On-line Conference Submissions
December 5, 2014 — Conference Submissions Deadline

2015 early bird dues renewal begins November 1, 2014.
January 15, 2015 — Early Bird Membership Dues Rate for 2015 Ends

Go to www.psychotherapyresearch.org to renew online or to download a renewal form. Paper renewals will not be mailed this year.
Small Research Grants: Apply NOW!

The Executive Committee of SPR is delighted to announce the third year of the Small Research Awards program, this time for the 2015-2016 academic year (September 1, 2015 to August 31, 2016). The due date for submitting the application online will be December 1, 2014. A maximum of 9 awards, each with a maximum value of $2000, will be made annually to SPR members (6 awards to regular and retired members and 3 to student members) across SPR chapters. All members in good standing within the Society are encouraged to apply for these awards.

Applications should address research questions specifically pertaining to psychotherapy research, such as processes and outcome, methodological developments (data analysis, instruments, diagnostics, etc.), and the training/supervision of psychotherapists.

Only projects that are in the planning stages or are ongoing at the time of application will be considered. That is, completed research projects will not be eligible. The awards are specifically designed to aid investigators complete small pilot projects that are expected to provide data for future, larger projects. In general the project should be clearly capable of being completed to the time scale proposed and within the budget applied for and that budget should be justified.

Awards may be used to purchase supplies (including instruments, equipment, postage, photocopying, software, etc.); to pay coders, research, or technical assistants; and to remunerate client or therapist participants. Awards may not be used for travelling expenses to present at conferences, but travel funds may be reimbursed if travel is necessary to collect data. It is not necessary to specify every last dollar but applications that are vague or fail to make the costing convincing will not be supported. In general only work that fits within the funds applied for from SPR will be funded, such as small pilot projects or well-delimited sub-studies. Applications that ask for funds primarily to complement other funds will not be supported.

A Review Committee, comprised of one member from each SPR chapter, is nominated by each chapter’s President. This Review Committee will evaluate proposals and make recommendations for funding to the Executive Committee. To the extent possible, the intent is to seek balance in awardees across chapters.

This year’s grant applications are due December 1, 2014 to this year’s Review Committee Chair, Andrzej Werbart. The Review Committee’s recommended awardees will be submitted to the Executive Committee for final approval by April 15, 2015, and award recipients will be notified after they have been approved by the Committee. The awards will be announced at the next annual SPR International Meeting.

Grantees will receive their awards through a Responsible Authority (university or other institution). Please note that no indirect costs will be granted to the awardee’s institution. All funds must be spent by August 31, 2016. A Final Report will be due to the SPR Executive Committee by February 1, 2017.

Application Process

The application should be submitted electronically to the Research Awards Review Committee Chair, Andrzej Werbart <andrzej.werbart@psychology.su.se>. The application includes an Abstract (limited to 250 words), a summary of the proposed project (limited to 1500 words), an abbreviated Curriculum Vitae (CV), the total budget for the project, and the proposed timeline for completion of the research. Student members must, in addition, submit an Evaluation Form (included in application) from the supervising faculty member. That is, if the proposed project is a master’s thesis or doctoral dissertation, the faculty member should be the Chair of the student’s thesis or dissertation committee; if the project is independent research other than a thesis or dissertation, the faculty member should be the responsible supervisor of the project.

For all applications (regular/retired and student member), the applicant must be in good standing with the Society (i.e., current year’s dues paid, as well as past dues, if applicable). Thus, the applicants should be members of the
Small Research Grants Announcement (continued)

Society and their dues paid for the year of application, this time for 2014. For both regular/retired and student members, priority will be given to applications that are submitted with documentation from the applicant’s institutional review board (ethics committee) that the proposed project has been approved (if such approval is required by the applicant’s institution and country). Secondary priority will be given to applications with pending institutional review board approval (again, if such approval is required). Student applications without approval documentation must be accompanied by a clear statement from the supervisor confirming that no problems with institutional review board approval are expected.

Evaluation Criteria

The Awards Committee will evaluate each proposal along the following criteria:

- Importance or significance of the topic to the field
- Clarity and quality of the research methodology and analyses that will be conducted
- Appropriateness of the budget
- Feasibility of completing the project within one year
- Prospects for continuation of work building on the pilot project (if applicable) and for future funding
- Applicant’s qualifications for completing the proposed project successfully (for students only): Faculty Evaluation Form

Application Materials

All applications must be submitted electronically in the order noted below in one document in PDF format:

1. Application cover sheet
2. Abstract (maximum 250 words)
3. Project Description (maximum 1500 words, exclusive of references)
4. Timeline of proposed activities/work schedule
5. Itemized budget, with justification as indicated on the Budget form
6. A letter (or e-mail to the applicant) from the applicant’s institutional review board indicating that the proposal has been approved or has been submitted and is awaiting approval (if approval is required by the applicant’s institution or country). Letters of approval should indicate the start and end dates of the project. For students, the Faculty Evaluation Form should indicate whether any problems with institutional review board approval are expected.
7. Abbreviated curriculum vitae (CV); 5 pages maximum, focusing on the applicant’s major research activities (presentations, publications, works in progress) within the past 5 years. Students’ CVs should indicate educational status (e.g., master’s student, doctoral candidate).

For students: Faculty Evaluation Forms must be submitted electronically in PDF format to the Awards Committee Chair (andrzej.werbart@psychology.su.se) separately from the student’s application. Students should provide the advisor with their application and with the e-mail address of the Chair of the Awards Committee. Student applications lacking a Faculty Evaluation Form will not be considered.

The Project Description should not exceed 1500 words, single-spaced (exclusive of references, tables, and figures). The narrative should include the major research questions, the specific objectives of the study, the research methodology, the preliminary work already accomplished (if applicable), the anticipated significance to the field, and any supporting evidence regarding the likelihood of continuation of work building on the pilot project and future funding (if applicable). It is particularly important that applications specify analysis of the data collected sufficiently to convince raters that the project will be completed to an ethical and publishable standard. Quantitative projects should address sample size, power/effect sizes and use of confidence intervals to complement or replace hypothesis testing and should spell out aims leading to specific hypotheses or effects/models to be explored and the particular statistical and/or psychometric methods to be used. Qualitative projects should say what methods of exploration of the data will be used and how the chain of evidence and its plausibility and value will be conveyed in the report.

Download the application form [doc]
J. Christopher Muran Elected General Vice President

I am truly honored & grateful for the opportunity to serve SPR in the role of general vice president and eventually president. I hope to protect the legacy of SPR as an international organization that prizes supportive discourse. I will aim to further relations with like-minded organizations and promote interdisciplinary discourse. And I will make it a priority to develop various ways to support future generations of psychotherapy researchers. Thank you for the vote of confidence in me.

Mark Your Calendar!!

2016 International Meeting: Jerusalem, Israel—June 22-25, 2016
2017 International Meeting: Toronto, Canada—June 21-24, 2017
Regional Chapter Reports

European Chapter
Henning Schauenburg, President

The European Chapter is quite busy at the moment. After the wonderful meeting in Copenhagen, several activities were and are on the agenda.

Trier Research Workshop, August 2014
More than 50 young researchers took part in this workshop in Trier, the oldest city in Germany, founded by the Romans. Wolfgang Lutz and his team did a great job to make this an impressive experience for all who attended. Many of our distinguished SPR researchers and also colleagues from other backgrounds shared their research ideas and their knowledge in methods with the participants. Also there were many opportunities for making contact and networking. For details see https://www.psychotherapyresearch.org/resource/resmgr/EU-SPR/Methods_Workshop_Report.pdf.

EU Conference, Klagenfurt, Austria, September 2015
Another issue is the preparation of the next chapter conference which will take place in September 2015 in the beautiful city of Klagenfurt at the Wörthersee in Austria. You can find more detailed information including deadlines etc. under: http://www.spr2015.com/klagenfurt or http://klagenfurt.spr2015.com

Initiatives for new Regional Groups and Perspectives for a SPR research network in the EU
There is an initiative for another regional group in Europe, which is supported by the EU president and will be discussed in the EC. In connection with this initiative and with the existence of the Italian regional group, the chapter president wants to discuss the idea of further groups in other countries. This would promote the idea of an SPR based European network of Psychotherapy Research. Applications for funding by the EU can be discussed.

Election of next president
The EU chapter has to elect the president for the next term, starting in 2016. Candidates are Rolf Holmqvist from Linköping, Stig Poulsen from Copenhagen and Michael Wieser from Klagenfurt. More information on the website for the online voting under http://www.psychotherapyresearch.org/surveys/?id=EUSPR_President_Election_2014

Latin American Chapter
Mariane Krause, President

During this year the Latin American Chapter has invested efforts in increasing its membership as well as in adding new countries to SPR. As a result, we have been able to increase our membership, as well as to add two countries. The countries included in the chapter and its local coordinators are: Argentina (Juan Martín Gomez), Brazil (Emilia Afrange), Colombia (Jorge Vanegas), Chile (Claudio Martinez), Costa Rica (Diego Chacón), Guatemala (Angelina González), Panamá, (Rubén Díaz), Perú (José Mogrovejo), and Uruguay (Denisse Dogmanas). The countries with most members are Chile, Argentina, Brazil, and Uruguay.

The 11th Latin American SPR Conference developed during the days 29, 30 and 31 in Reñaca, Chile, a beautiful location close to the Pacific Ocean. It was a success, with 250 participants and 93 presentations. International keynote speakers were Andrés Roussos (Argentina), Bill Stiles (USA), and Mary Target (UK).
Another highlight was Uruguay’s local Meeting for Psychotherapy Researchers, organized by the country coordinator (Denisse Dogmanas) and supported by the Universidad de La República, the Ministry for Health, and several clinical and scientific organizations. The chapter president (Mariane Krause) was invited as keynote speaker.

North American Chapter
Michael J. Constantino, President

Time marches on. Not only has it been several months since the wildly successful SPR meeting in Copenhagen, but it is also almost time for another election for our next NASPR President-Elect. And, in the background over these past few months, our Chapter Steering Committee has continued to maintain our recurring initiatives, consider changes and new initiatives, and plan for our future. For more news about the North American Chapter please visit our website by clicking this link.

We would like to draw your attention to a number of important items:

Item #1 - Call for President-Elect Nominations

The NASPR Nominations Committee is now accepting nominations for the next President-Elect of NASPR. This elected official will serve for two calendar years starting at the business meeting of the 2015 SPR Convention. After this term, the elected official will serve as NASPR President for two calendar years, and then assume the office of Immediate Past-President for two calendar years.

To be eligible, the candidate must be a Chapter member in good standing who has not served in a NASPR office for at least three years. The candidate should have achieved visibility in the field of psychotherapy research, and show clear promise to lead the organization and serve its interests. Taking these parameters into account, please consider nominating yourself or someone else in the organization. To do so, please send an email to mconstantino@psych.umass.edu. In the body of the email, please include the following:

(1) Name and affiliation of the nominee
(2) A brief statement (400 words or less) as to why this person is a strong candidate for the position of Chapter President-Elect

Also, please attach:

(3) The candidate's updated CV

Please submit nominations by November 21, 2014.

Item #2 - Announcement: Fall 2015 "Science to Practice Workshops"

NASPR will sponsor several training-, consultation-, and/or mentoring-themed workshops during fall 2015. The idea was for these meetings to be one day, low cost, limited planning events with financial support provided by the organization.

We are happy to announce that two of these meetings are in the works:

(1) Lake George, Holiday Inn (tentative date: October 24, 2015; local hosts: James Boswell and Michael Constantino) - This meeting, which remains in development, will feature a research methodology workshop and student research/mentoring consultations. Details on the final program and registration guidelines to follow.

(2) New York City, New School for Social Research (date: November 7, 2015; local hosts: Christopher
Muran, Jeremy Safran, and Catherine Eubanks-Carter) - this meeting, which is titled, "Alliance-Focused Training: Research and Practice," will include plenary sessions featuring Jacques Barber, Jeff Binder, Louis Castonguay, Doris Chang, Micki Friedlander, Marvin Goldfried, Robert Hatcher, Laurie Heatherington, and Clara Hill. It will also include workshops focused on the challenges related to alliance-focused training and research on such training. Details on the final program and registration guidelines to follow.

Item #3 - Pre-Announcement: Fall 2016 Chapter Meeting

We are extremely excited to announce that plans are in the works to hold a full chapter meeting during the fall of 2016 on the beautiful campus of the University of California, Berkeley! The local host will be Aaron Fisher, and he will be joined in planning this meeting by John Orgodniczuk (who will be President at the time of the meeting) as Conference Planning Committee Chair, the incoming President-Elect as Program Chair, and the entire Steering Committee as members of these committees. We will provide many more details as the planning unfolds, but for now we can all get excited about this forthcoming meeting and its fantastic location!

Thanks! -- Mike

United Kingdom Chapter
Susan Hajkowski, President

The past few months have seen a time of change for SPR UK Chapter. The International Conference in Copenhagen, June 2014, marked a transition for us, as Jeremy Halstead’s presidency came to an end, and I took over the role of UK Chapter President. It was a great honour to take on the role in the presence of so many UK Chapter members, including many who have played a committed and vital role in the development of the Chapter. I think we counted over six past UK Chapter presidents amongst us! This helped to provide me personally with a great sense of history of the Chapter, and responsibility for the role I have undertaken.

In making this transition we have to say goodbye to Jeremy Halstead as President. Jeremy has served diligently as Chapter President since 2011, and we are grateful to him for all his work and efforts in maintaining the Chapter in a strong position. We look forward to continuing to benefit from Jeremy’s wisdom and wealth of knowledge about all things SPR in his new role of Past President to the Chapter.

Similarly, we have seen some further changes to our local council, or ‘steering group’, as we welcome Mark Widdowson as Secretary and Andrew Hill, who has joined to help us further develop close links with professional organisations in the UK.

The International Conference in Copenhagen proved to be very popular with UK Chapter members, with a large number of members attending, presenting, and undertaking various roles. Feedback from the conference was excellent. It provided a place to meet, gain inspiration, collaborate, and enjoy being with colleagues. We are especially pleased within UK Chapter to have provided a number of student travel awards this year.

We are now looking to consolidate and build upon these recent changes. We are looking to plan local UK based events, collaborate with UK professional organisations, and work closely with our neighbouring SPR European Chapter colleagues. We will shortly be publishing our latest newsletter which contains further information about what is currently happening in the Chapter. The newsletter contains some of the thoughtful reflective accounts
from UK Chapter members who attended the International Conference in Copenhagen, including people supported by student travel awards.

We are looking forward to the next stage in the Chapter, building on what has gone before!

Susan

More Good Food and Good Times to Come in Philadelphia, 2015!
Philadelphia — The City of Brotherly Love

Local Organizing Committee:
Marna Barrett (local host), Paul Crits-Christoph, Kevin McCarthy

Please join us in the historic and beautiful city of PHILADELPHIA for the 46th annual meeting of SPR, June 24-27, 2015. The theme for the conference is *Psychotherapy: improving adaptation from the inner life to the outer world.*

This SPR we want you to experience FFFBF. No, not Facebook. Not F-values and beta weights. And not “best friends forever,” although SPR is known for facilitating lasting relationships. FFFBF is “First, Foremost, and Founded by Benjamin Franklin” and is how we Philadelphians designate the “Philadelphiaess” or relative importance of our institutions. We’ve worked hard to bring you a conference that is FFFBF down to the venue and logo design.

First is a common status in Philadelphia, as it is home to many original ideas and events that have occurred in the United States or around the world (like the first computer, ENIAC, developed at the University of Pennsylvania). Foremost is being among the most prominent or impressive in the nation or the world (City Hall is the tallest masonry structure in the world at 548 feet; the Pyramid of Giza is a paltry 455). And Ben Franklin is the favorite adopted son of Philadelphia, famous statesman, inventor (think bifocals, lightning rods), publisher, and scientist whose name shows up on nearly everything in Philadelphia.

The University of Pennsylvania (“Penn” as it is known), our conference venue, is FFFBF: the first university in the nation (1740) (you might think Harvard has that claim, but Harvard was the first “college”), the first medical school in the country (1765), the oldest continuously functioning psychology department in North America, and the birthplace of American psychiatry through the work of Benjamin Rush. Rush was the world’s leading expert on mental diseases in the late eighteenth and early nineteenth centuries. In 1812, Rush published *Medical Inquiries and Observations Upon Diseases of the Mind,* the first American textbook in psychiatry. Penn was founded by Benjamin Franklin as the “Public Academy of Philadelphia,” the first higher education institution open to all segments of the population. By way of contrast, the Philadelphia Orchestra, while incredible, only gets an •F••• (foremost) because it is one of the “Big Five” concert orchestras in the United States but alas was not founded until 1900 nor did Ben Franklin have a hand in it.

Philadelphians can be quite creative at making things FFFBF, twisting them like a Philly pretzel (try one with mustard when you get here!). For instance, Pennsylvania Hospital is F•FBF even though it was actually the second hospital in the nation (the first one in South Carolina doesn’t count because it opened and closed within a couple of months). It was legitimately founded by Benjamin Franklin and has a great reading room with antiquarian medical illustration folios, a 19th century surgical amphitheater you can visit, and the archives of the early psychiatry department at Penn.
In that tradition, our logo for the meeting is FFFBF. The image on the left is the Liberty Bell. It hung in the statehouse (Independence Hall) and was rung to celebrate the signing of the Declaration of Independence and the first birthday of the new nation (sorry UK Chapter). It can be seen downtown on Independence Mall, along with Independence Hall, the National Constitution Center, the American Jewish History Museum, and the original “White House” (Philadelphia was the first capital of the US).

The second image is of College Hall at the University of Pennsylvania. Its characteristic green serpentine rock and imposing Victorian and Second French Empire architecture made it a model for the creepy Addams’ Family House. Notably for us, College Hall was host to the first convention of the American Psychological Association (1892) and the first Psychology Clinic in the U.S. (1896). The SPR meeting will be on the Quadrangle shared with this building (Houston Hall, the staging area, was the first student union building in the world). The University of Pennsylvania is located in University City, a colorful and popular neighborhood for students, faculty, artists, and resident Philadelphians and where 4 of 36 higher educational institutions in Philadelphia are located. Food trucks are where the locals go for fine foods, new and international cuisines, and cheap prices, and one lunch at the conference will feature a selection of these trucks to sample. Of course, there are many exquisite restaurants with seating to choose from in Philadelphia, home to such world famous chefs as Georges Perrier, Marc Vetri, Jose Garces, and Stephen Starr, to name a few.

Lastly, there is Ben Franklin, the third image. SPR is clearly the first organization devoted to solely psychotherapy research, but is it founded by Benjamin Franklin? Ben was a qualitative researcher, using single case studies (himself) to show improvement on his many vices (moderation, frugality). We also know from reading his “Poor Richard’s Almanac” Ben was the father of nearly every therapy orientation represented at SPR: behavioral therapy (“speak little, do much”); exposure therapy (“the way to be safe is never to be secure”); cognitive therapy (“my Way is, to divide half a Sheet of Paper by a Line into two Columns, writing over the one Pro, and over the other Con”); process-experiential (“what you would seem to be, be really”); motivational interviewing (“would you persuade, speak of interest, not of reason”); and psychodynamic (“A slip of the foot you may soon recover, but a slip of the tongue you may never get over”). So yes, with a clever Philadelphia twist, SPR indeed can be traced back to Ben.

And SPR itself has a strong historical connection to Philadelphia and the University of Pennsylvania. The third annual meeting of SPR (in 1973) was held here. Seven SPR past Presidents spent all, or a significant portion, of their psychotherapy research careers at Penn (Luborsky, Auerbach, Beck, Mintz, Crits-Christoph, Moras, Barber), and another trained at Penn (Rush). There are now psychotherapy researchers (many as active SPR members) across the range of Universities and colleges in the Philadelphia area (e.g., Penn, Temple University, Drexel University, Villanova University, Bryn Mawr College, Thomas Jefferson University, West Chester University, Chestnut Hill College, and others). So we warmly invite you to Philadelphia, the City of Brotherly Love and Sisterly Affection, to join us in our local traditions and to renew the interdisciplinary scientific traditions of SPR. We need you to attend and submit so that we can keep SPR “foremost” in the discussion and science of psychotherapy research!

The Conference Venue

The meetings will be held on the campus of the University of Pennsylvania. Located in the central part of the
campus, three adjacent buildings — Houston Hall, Claudia Cohen, Irvine Music Hall — will serve as the hub for all conference related activities. The campus is beautifully situated with huge oak trees and green open spaces. The two major hotels offering special conference rates are conveniently located on the edge of campus (~3 blocks). Additionally, the city subway stop and train station are within easy walking distance of the venue …… making museum visits and old town Philadelphia convenient.

Getting to Philadelphia

Philadelphia has an international airport with daily non-stop service to more than 38 international destinations in 20 countries. The city is also easily accessed by bus or train from other Northeastern cities such as Boston (6 hours), New York (2.5 hours), and Washington, D.C. (2.5 hours).