

Society for Psychotherapy Research

an international, multidisciplinary, scientific organization

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Call for submissions for the 2002 SPR meeting

by Karla Moras, David Orlinsky, Clara Hill, and Larry Beutler
Program Council

The 33rd Annual Meeting of the SPR will be Sunday, June 23rd through Thursday, June 27th in southern California, U.S.A.--Santa Barbara, to be exact. For a description of this year's particularly enticing meeting site, see the local coordinators' (Larry Beutler and Hether Brown) invitation in this Newsletter.

Special considerations for this year. Many SPR members and interested others doubtless will find themselves evaluating travel risks in ways that they would not have before September 11, 2001. Given the unprecedented circumstances, we understand that some presenters might opt to withdraw if risks seem too high as the meeting time approaches. Ideally, first authors will be able to arrange for someone else to present their work rather than withdraw it. Alternatively, completed written papers can be forwarded to the Program Chair (Karla Moras) to find substitute presenters.

General Information

Submission topics. As usual, submissions are encouraged on all types of research on all forms of psychotherapy and related interventions, and on all closely related topics (e.g., psychopathology). An illustrative list of SPR "special interest" topics is available at the international SPR web site, www.psychotherapyresearch.org (click "About the

Society" link). Also, in light of advances in neuroscience since the U.S. National Institute of Mental Health's "Decade of the Brain," submissions are sought on the implications of findings from affective neuroscience and/or the neurochemistry of emotions for enhancing the efficacy and efficiency of psychotherapeutic interventions.

Types of submissions. As usual, the program will include posters, paper sessions, panels, discussion groups, and pre-conference workshops.

Participation limits. Submissions as first author are limited to one paper or panel presentation. Other forms of participation are unlimited—e.g., posters, being a panel discussant or moderator, a discussion group leader or member, or co-author of a paper or panel.

Continuing education credits. CE credits (and MCEP for California) approved by the American Psychological Association (APA) will be available for some sessions thanks to the sponsorship of APA's Division 12 and to the efforts of Larry Beutler, our local host, who also is President-Elect of Division 12. If you submit a paper, panel, or pre-conference workshop proposal and are willing to complete additional paperwork (e.g., provide each presenter's Curriculum Vitae) so that attendees can receive CE credit for it, please indicate "CE Okay" in the submission abstract.

Mark Aveline is new International Vice-President

Mark Aveline is the newly elected International Vice-President. In his statement of candidacy, Mark mentioned that he had just completed a six-year cycle of office in the UK Chapter. During that period, links with the European Chapter were built up, culminating in a successful joint conference in Leiden, organized by Hans Kordy, Else Guthrie and Uwe Hentsche. As UK Vice-President, he served on the international Executive Committee from 97-00. He knows at first hand about the workings of the Society, both internationally and nationally, and enjoys the detail of organization. Over the last two years,

David Orlinsky, Bill Stiles, Franz Caspar and he have redrafted the Constitution.

Mark enunciated the following priorities for his term:

- preserve the friendly collegiate quality of SPR
- implement the new Constitution (if adopted)
- speak up for practice-close research
- encourage the return of psychiatrists to membership

Call for submissions (from previous page)

General Instructions for Submissions

1. The DEADLINE FOR RECEIPT of submissions is Monday, DECEMBER 10, 2001. Acceptances will be sent by early February, 2002.
2. Please use English for submissions (sincere apologies to all from the uni-lingual American who is Program Chair this year). Speakers are welcome to arrange to have their presentations translated but translators will not be hired for this meeting.
3. Please submit via email if at all possible. Send submissions as a document attachment to an email or "paste" the text of your submission into an email message. The next most preferred method to send submissions is by regular mail. Include both printed ("hard") copies and a 3.5 inch, clearly labeled diskette with the submission file(s).
4. Document files in Microsoft Word, Word Perfect, Rich Text Format (.rtf), and HTML can be read. (If you cannot send files of those types, you might try to paste the text of your submission into an email if email is available to you.)
5. Please submit via one method only (e.g., not both fax and email). Acknowledgment of receipt of submissions will be sent via email within 5 working days. If you do not use email, include a fax or a telephone number with voice message capability to receive an acknowledgment. Include the country code for fax and phone numbers not in U.S.
6. Format for submissions. A one page (8 1/2 " X 11" or A4 paper) abstract of the content of proposed presentations, maximum of 200 words, that includes additional information depending on type of submission (see specifications below) is required for all submissions. Leave 1 1/2" margins on left side of the abstract page. Please follow the format specified for each type of submission exactly.
7. Key words for submissions. The "Chicago 2000" program innovation of organizing presentations by themes/topics (e.g., to increase sequential rather than concurrent scheduling of sessions on the same theme) will be used. To facilitate this, please be sure to include key words in submission abstracts. The SPR special interests topics list (see "General Information, Submission topics," above) might help with key-word selection.
8. Please follow the format for abstracts for each type of submission exactly as specified (see below). Doing so will both help ensure that all required information is received and markedly reduce the time needed to retype abstracts for inclusion in the meeting Abstract book. Abstracts will be converted into digital form to create the book that will be available at the meeting and on the World Wide Web via the SPR website.
9. Include audiovisual equipment needs in the submission abstract. Overhead and slide projectors, and video (VHS) players and monitors will be available. Projectors for Power Point (LCD) presentations cannot be promised.

Types of Submissions and Instructions

- (a) **Posters or Previewed Posters:** Posters are appropriate for the full range of research reports, including completed projects, single case studies, pilot studies, and work-in-progress. Note: Some poster sessions will be preceded by "preview" sessions that consist of 1 minute introductions by presenters (often rather freewheeling) that are intended to pique potential viewers' interest. Submit: One page abstract that includes elements specified for poster submissions. Be sure to indicate if the submission is for a "poster" or for a "previewed poster."
- (b) **Papers:** Papers are expected to be reports of *completed* studies. A paper presentation will be 15-20 minutes. Paper sessions will be 90-minutes and will consist of three paper presentations with 5-10 minutes of discussion allotted to each paper. Moderators for paper sessions will be designated by the program council. Submit: One page abstract that includes elements specified for papers *plus* a 4-6 page summary of the paper.

(c) **Panels:** Panels should include three presentations focused on a common theme, or reporting different aspects of a large scale research project. Panels will be 90-minutes and consist of three 15-20 minute presentations, with a minimum of 30 minutes for open discussion. Each panel should have a moderator (normally, the organizer of the panel, or another clearly relevant person) and three formal participants, e.g., three papers, or two papers and a prepared discussant. (If planning a panel with more than three planned participants, consider an open discussion session as a possible alternative.) Panels with international representation are strongly encouraged. If a panel features your research group, consider inviting a discussant from a different region. Submit: One page abstract that describes the panel as a whole *plus* separate one page abstracts for each presentation within the panel (be sure to include all elements specified for abstracts for panels).

(d) **Open Discussion:** This is an opportunity to gather a group of colleagues for an informal discussion of a specific topic in psychotherapy research. Two or three persons should be named who agree to lead the discussion, but who should not make formal presentations. Submit: One page abstract of the topic that includes elements specified for open discussion submissions.

(e) **Pre-Conference Workshops:** Workshops will be held Sunday (June 23) before the conference begins. They are intended to provide methodological information and training in specific areas of psychotherapy research. Submit: One page abstract that includes elements specified for pre-conference workshops. Also indicate the amount of time you want for the workshop (normally 2 or 3 hours).

Additional Notes

1. Due to scheduling constraints, some submitters might be asked to shift presentation mode (e.g., from paper to poster).
2. If you have no preference between presenting your work as a paper or poster, list the type of presentation as "Poster or Paper" (but remember that paper submissions must include 4-6 page summaries, in addition to an abstract).
3. If you have an idea for a paper but would like to find other members to join you to create a panel on the topic, try putting a notice on SPR's listserver. To subscribe, email to <listproc@sip.medizin.uni-ulm.de> the message "subscribe SPR-L your_name_and_affiliation."

Addresses for Submissions:

- (a) Email (strongly preferred): spr2002program@landru.cpr.upenn.edu
- (b) Mail (next most preferred):
For mail submissions, send both a paper copy of submission and a 3 1/2" diskette that includes the submission as a document file (Microsoft Word, Word Perfect or Rich Text Format [.rtf], HTML). Be sure to label the diskette with your name and the title of the presentation.
Send to:

Karla Moras, SPR Program Chair
Center for Psychotherapy Research
3535 Market St., 6th floor, Rm. 677
Philadelphia PA 19104
USA
- (c) Fax : + 1 215 349 5171

Student Travel Awards

Do not send applications for student travel awards to the program chair.

SEE INSTRUCTIONS PAGE 3

Santa Barbara, CA, the site of SPR 2002

by Larry Beutler & Hether Brown
Meeting Coordinators

We will be pleased to welcome you to Santa Barbara, California for the SPR (International) meeting from June 23rd (Sunday) through June 27th (Thursday). The program promises to parallel and surpass our usual SPR quality, with an ample number of sections on therapy process, outcome, predictors, and moderators. A preliminary view of that program will be on the website in due course. In the meantime, we would like to introduce you to the beautiful city of Santa Barbara.

Santa Barbara was founded by the Franciscan monks along the Calle Real in the 16th century. Those historic days are represented today in a city that looks more like it was extracted and transplanted from the coast of the Mediterranean than that it sprang from the euro-American traditions of the central and eastern United States. The Santa Barbara Mission overlooks the ocean as well as a downtown community of red roofed stores, a magnificent Spanish court house, and rows upon rows of tree lined streets and Spanish and Mexican architecture.

On the weekend of your arrival, we will be celebrating the Summer Solstice with a parade and lots of ethnic food (come a

day early). You will be staying in one of four resort hotels and the meeting will be held in a five star resort, all for remarkably cheap prices (from \$115 to \$225 per night). on the beach. The convention hotel (Doubletree Inn) is a five star resort built by Fess Parker, whom some of you older folks may remember as being Davy Crockett in the old Walt Disney series (\$179/night).

We have arranged for a variety of special activities to enhance your stay, including trolley tours along the beach and through the charming streets of Santa Barbara, wine tours through the Santa Barbara wine country, and a Society dinner at the zoo. For the latter event, we will have the zoo all to ourselves—except for the animals—and will be able to ride the zoo's train around the property for a special look at the wild-life.

You will find Santa Barbara to be a remarkable (and safe) coastal community that will welcome you, charm you, and invite you back. We hope you join us. Information about the meeting will shortly be available through the SPR website and through our SPR convention e-mail address <spr2002@education.ucsb.edu>.

Student travel awards

Student travel awards for presentations at the Santa Barbara meeting are made separately by each regional chapter.

Contact your regional chapter vice-president for these awards, please be aware that different chapter have different deadlines and rules for applying to travel support.

You are strongly encouraged to contact your regional vice-president as soon as possible, if you are considering applying for such support.

Bellow please find email contacts:

North America: Luois Castonguay <lgc3@psu.edu>

South America: Guillermo de la Parra <gdelap@vtr.net>

Europe: Eva Baenninger-Huber
<eva.baenninger-huber@uibk.ac.at>

U.K.: Elspeth Guthrie <eguthrie@fs1.cmht.nwest.nhs.uk>

Future Meetings

- 2003 International Meeting: Weimar, Germany, June 25-29, host: B. Strauss
- 2004 International Meeting: Rome, Italy, host: A. Semerari

Web news

by Adam Horvath

More about the on-line membership directory:

I have received quite a few e-mail messages from members who are wondering why they cannot access their own data on the directory even though they have a valid password. The answer is usually simple: If you have not given us permission to "list" you on the web then, as far as the directory is concerned, even if you are the "owner" of the record, you do not exist (sorry). For security reasons this must be the case, so please consider "listing" yourself.

New material:

1. Those of you on the North American side have probably noted that our Puerto Vallarta Conference Site (<http://www.naspr.org/pv/default.html>) is now quite comprehensive: We have an exciting program of over 100 presentations online as well as more information on travel bargains. (Abstracts are coming soon) You can also register via the web or by faxing (but please note the deadlines).
2. I have heard rumors that the UK chapter's long dormant website is about to come alive: Keep looking for it!
3. We have retired our SPR mirror site in Portugal. It has served us well, (thank you Paulo!) but since the access speed to the North American site has improved greatly, there did not seem to be justification to invest energy in maintaining two parallel services.

If you think of something we could do to improve on or add to the site, and also if –HORRORS- something does not appear to function like it should, please do not hesitate to contact myself (NA–SPR@home.com) or the technical staff directly (jhorvath@quicktech.bc.ca).

Call for Nominees for the 2002 Awards Distinguished Research Career and Outstanding Early Career Achievement

Each year, SPR makes two Achievement awards: one to a senior distinguished investigator and one to a promising investigator early in her or his research career. We encourage everyone to nominate deserving individuals for these awards. Don't assume that someone else will nominate the person that deserves this year's award. The deadline for the submission of nominations is DECEMBER 1, 2001.

Informal inquiries may be made to any member of the awards selection committee, which is composed of the three most recent past presidents: Marv Goldfried (committee chair) <marvin.goldfried@sunysb.edu>, Bill Piper <piper@interchange.ubc.ca>, and Robert Elliot <relliot@uoft02.utoledo.edu>.

Distinguished Research Career Award. This award reflects a lifetime of scientific work and constitutes a major and significant contribution to psychotherapy research. The primary criterion for this award is the scientific merit of the nominee's contribution. To make a nomination, please send: (a) a copy of the nominee's curriculum vitae; (b) copies of six of the most important papers or books, (c) at least three letters of recommendation (one from the nominator) attesting to the quality, significance, and impact of the nominee's research. The three recommenders should represent more than one institution. All of the materials, except for the publications, should be in English. If the publications are not in

English, please include an abstract of each in English.

Outstanding Early Career Achievement Award. This is an early career award, normally granted no more than 9 years after the person has completed his or her research training. The award should reflect the person's productivity as well as promise in making scientific contributions to psychotherapy research. To make a nomination, please send: (a) a copy of the nominee's curriculum vitae; (b) a personal statement from the nominee that summarizes his/her program of research; (c) copies of four representative publications (the nominee should be the first author on some of these publications); (d) at least three letters of recommendation (one from the nominator) attesting to the quality, significance, and promise of the nominee's work. The three recommenders should represent more than one institution. All of the materials, except for the publications, should be in English. If the publications are not in English, please include an abstract of each in English.

Please send nominations to Marv Goldfried, Psychology Dept., SUNY, Stony Brook, NY 11794-2500, USA
Email <marvin.goldfried@sunysb.edu>

A list of past winners of these awards is posted in the archive section of SPR's web site.

News from members

New Psychotherapy Research Book:

Joerg Frommer & David L. Rennie (Editors)
Qualitative Psychotherapy Research: Methods and Methodology, Pabst Science Publisher.
Lengerich 2001
204 pages, ISBN 3-935357-74-5
Price: 30,- DM / 15 EURO

PABST SCIENCE PUBLISHER
Eichengrund 28, D-49525 Lengerich
Tel. ++49(0)5484-308; Fax ++49(0)5484-550
e-mail: pabst.publisher@t-online.

News from members: If you have contributions or announcements for these section, like books you've published, awards, special accomplishments please email Paulo Machado <pmachado@iep.uminho.pt>

News from chapters

News from South America:

The South America Chapter is organizing the 5th SPR SOUTH AMERICAN MEETING to be held from August 8th to 11th in Viña del Mar, Chile.

As international guests are invited Prof. Robert Elliot and Prof. Horst Kaechele. We are waiting for other international guest confirmation.

This meeting will be held in association with the 3th Psychotherapy Meeting of the Chilean Neuropsychiatric Society as an opportunity to bridge the research / practice gap.

Guillermo de la Parra

Required Elements of Abstracts for Each Type of Submission

Type of presentation:

(Indicate Poster, Previewed Poster, Pre-Conference Workshop, etc.)

Title:

(Insert here. This is an element of all types of submissions.)

Author(s):

Institutional affiliation(s):

(Include above elements in Poster and Paper submissions and in the abstracts of each presentation in a Panel submission.)

Moderator:

Participants:

Discussant: (if one is to be included)

Institutional affiliations:

(Use above elements for the overall abstract that is required for Panel submissions.)

Contributor(s):

Institutional affiliation(s):

Educational goals: (list at least three)

(Use above elements for Pre-Conference Workshops.)

Discussion leaders:

Institutional affiliations:

(Use above elements for Open Discussion submissions.)

Correspondence address:

(Include in all types of submissions. Give name and address of the person to whom correspondence should be sent; include email if available.)

ABSTRACT

(Insert text of abstract here. Maximum 200 words.)

Keywords:

(Include in all types of submissions. List up to four words or brief phrases that characterize the proposal topic and content.)

Audiovisual needs:

(Include in all submissions. See “General Instructions for Submissions” section, above)

CE okay?:

(Element applies only to Pre-Conference Workshops, Panels, and Papers)

**** SAMPLE ABSTRACT****

Type of presentation: Paper

Title: Have Different Personality Disorders Different Profiles of Metacognitive Malfunctioning? And How Do They Vary During the Psychotherapeutic Process?

Authors: Antonio Semerari, A. Carcione, Giuseppe DiMaggio, Igor Pontalti, & M. Proccacci

Institutional affiliation: III Centro di Psicoterapia Cognitiva, Rome

Correspondence address: Antonio Semerari
Associazione di Psicologia Cognitiva III Centro di Psicoterapia Cognitiva
Via Ravenna 9/c
I-00161 Roma
Italy
Terzocentro@iol.it

ABSTRACT

Variations in metacognitive functions during the first year of psychotherapy of 10 patients diagnosed with personality disorder were evaluated. Analysis of 333 audio taped and transcribed sessions was done with the Metacognition Assessment Scale (MAS). The MAS is a tool that was created to individuate the different subfunctions (monitoring, differentiation, integration) that compose metacognitive activity and to evaluate their change during the therapeutic process.

The results suggest that in a personality disorder different profiles of metacognitive malfunctioning are present and that each subfunction is subject to different types of changes during the course of therapy.

The clinical relevance of differentiating the profiles is discussed.

Keywords: Personality disorders, cognition, therapeutic change

Audiovisual needs: Overhead projector

CE okay?: Yes