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Call for submissions for the 2005 SPR meeting by Mike Lambert, Program Council Chair



The International SPR meeting in Montreal promises to be another great opportunity to interact with colleagues from around the globe on topics of contemporary interest to serious minded professionals and scientists. We welcome the widest variety of research submissions on the process and outcome of psychotherapy.

In the tradition of SPR we welcome research contributions at various stages of development with preference given to completed studies. The abstract is structured so that you can give a clear indication of the status of your proposed presentation. The conference language will be English and we ask that submissions be in English. It is unfortunate that the cost of translation is prohibitive.

Type of submission

- Paper**
- Poster / Previewed Poster**
- Panel**
- Plenary**
- Open Discussion**
- Pre-conference Workshop**
- Conference Workshop**
- Research Consultation Workshop**

A full description of each type of submission is at the SPR web site.

Participation by an individual is limited to one paper or panel presentation. Other program formats, such as posters are unlimited. For example an author can be on multiple papers so long as the multiple papers are presented by different persons.

Submission and revisions

The deadline for submissions is **December 9, 2004**. Acceptance notification will be sent in mid February.

Submission will be via the web and can be done starting November 22, 2004. The conference web site can be reached by clicking on the SPR 2005 Montreal "A Lasting Effect" logo on the society's home page www.psychotherapyresearch.org. You will be able to get information about types of submissions, and

make and revise submissions. You will be given a unique number to identify the submission. Please use this number when corresponding about your submission. During the submission period and again after notice of acceptance you can return to the web site to review your submission or to make changes to your submission. If you have an idea or suggestion for the conference and its scientific program or if you have a question or request you may send an email to the program chair <Michael_Lambert@byu.edu>. If you need assistance regarding the use of the web pages you may send an email to <webmaster@psychotherapyresearch.org>.

Stages and types of work. You will be asked to identify the stage of your work. Preference for a paper presentation will go to completed work. Classifying the stage and type of work will assist the program committee group similar work and inform potential attendees more fully about the expected content.

Abstract. Abstracts will be published on the World Wide Web at the SPR net site, and may be published in hardcopy and available at the conference. Structure the abstract with headings: Aim, Methods, Results, Discussion. For panels, plenary, workshops, and open discussion provide an overview of the session as a whole. Maximum length: 250 words.

Additional Notes

Remember that a central purpose of SPR is to foster discussion and interaction between members. With this in mind it is essential that presenters leave ample time for discussion during presentations. One-third of available time is a guideline that we believe will make the meetings most rewarding.

Due to time constraints it may be necessary to request that those who make submissions consider changing the venue for presentation (e.g., paper to poster) If you have no preference for poster or paper presentation, list your submission as paper/poster. Remember that preference for a paper submission will be for Completed work.

If you have an idea for a panel or other collaboration, please consider using the SPR listserver list@psychotherapyresearch.org. To subscribe, go to the society's home page and follow the "Contact" link.

SPR 2005 Montreal: A lasting effect

Call for Nominees 2005 International SPR Awards: Distinguished Research Career Outstanding Early Career Achievement

Each year, SPR makes two achievement awards: one to a senior distinguished investigator and one to a promising investigator early in her or his research career. Every SPR member is encouraged to nominate deserving individuals for the awards. *Don't assume that someone else will nominate deserving individuals this year.* Such assumptions can lead to deserving researchers being passed over for an award. The deadline for the submission of nominations is

DECEMBER 1, 2004.

A list of past winners is posted on the International SPR website www.psychotherapyresearch.org ("About the Society" link, then click "Awards").

Informal inquiries may be made to any member of the awards selection committee, which is composed of the three most recent past presidents:

Mark Aveline (Chair) mark.aveline@btinternet.com,
Karla Moras karla.moras@verizon.net, and
Franz Caspar franz.caspar@psychologie.uni-freiburg.de.

Distinguished Research Career Award. This award reflects a lifetime of scientific work that constitutes a major and significant contribution to psychotherapy research. The primary criterion for this award is the scientific merit of the nominee's contribution. To make a nomination, the nominator prepares three sets of the supporting documents. The nominator sends one set to each member of the Awards Committee. The documents are: (a) a copy of the nominee's curriculum vitae; (b) copies of six of the most important papers or books, (c) at least three letters of recommendation (one from the nominator) attesting to the quality, significance, and impact of the nominee's research. The three recommenders should represent more than one institution. All of the materials, except for the publications, should be in English. If the publications are not in English, please include an abstract of each in English.

Outstanding Early Career Achievement Award. The early career award is granted no more than 9 years after the person has completed his or her main research training. The award should reflect the

person's productivity as well as promise in making scientific contributions to psychotherapy research. To make a nomination, the nominator prepares three sets of the supporting documents. The nominator sends one set to each member of the Awards Committee. The documents are: (a) a copy of the nominee's curriculum vitae; (b) a personal statement from the nominee that summarizes his/her program of research; (c) copies of four representative publications (the nominee should be the first author on some of these publications); (d) at least three letters of recommendation (one from the nominator) attesting to the quality, significance, and promise of the nominee's work. The three recommenders should represent more than one institution. All of the materials, except for the publications, should be in English. If the publications are not in English, please include an abstract of each in English.

Please send nominations to
Prof. Mark Aveline,
Barnfield House,
Chedworth Laines,
Glos GL54 4NS,
UK
Dr. Karla Moras,
415 City Avenue, A-3,
Merion Station, PA 19066,
USA
and
Prof. Dr. Franz Caspar
Klinische Psychologie und Psychotherapie,
Univ. Freiburg
Engelbergerstr. 41,
79085 Freiburg i.Br.,
Germany

It is not necessary for the material to be in printed form.
Emailable attachments are acceptable.

**REMEMBER: The deadline for the submission of nominations is
DECEMBER 1, 2004**

36th SPR International Meeting Montreal: June 22-25, 2005 by Chris Perry

On behalf of the Host Committee for SPR 2005 in Montreal, let me invite and welcome all to the next international meeting. We in Montreal are working with enthusiasm to make every aspect of next year's annual meeting live up to our logo:

SPR 2005 Montreal – "A Lasting Effect"

Montreal is one of the pearls of North America, where pleasantly enough there is world enough for everyone. Montreal is a mix of cultures, languages, intellectual traditions, cuisines, architectural styles and so on which everyone will find appealing.

The meeting dates will be Wednesday through Saturday night June 22 - 25, 2005. The conference center, Centre Mont Royal, is a spacious, modern facility in the middle of downtown Montreal within easy walking distance of many hotels

at a range of prices. Good student housing will also be available at McGill University at very reasonable rates. Restaurants abound to match any cuisine and purse. The night life – whether jazz, discotheque, comedy club or espresso bar – may usher in those 8:30 panels sooner than you think. And all of this will be partly underwritten by a foreign exchange rate which is very favorable to the Euro, US dollar, and Yen.

Together we plan to ensure that both the city and the science of psychotherapy leave a lasting effect on us all. So, until next year, A bientôt.

The Montreal SPR 2005 Host committee meets frequently to plan to make this an excellent annual meeting. Please feel free to contact us with any early questions at cdovick@icfp.jgh.mcgill.ca or 1 514 340 8222 extension 4626. Please check the Web site for updated information.

President's message

by John Clarkin

The creation of special interest groups within SPR is formally recognized and there is a process for creating such groups. According to the by-laws of our society, any group with a petition from some 25 members may form a special interest group. This is a relatively recent innovation in SPR, and, to date, only one special interest group has applied for and received special status. This group is focused on qualitative and narrative research. In the on-line submission process for the international Rome meeting, each submitter was asked to classify his/her submission by type of research, and or, content area by the use of key words. What was striking was the large diversity of research represented in the annual meeting. One of the outstanding qualities of our society is that it attracts and fosters the communication of individuals interested in a diversity of approaches to psychotherapy and its investigation. With the various venues in the annual meeting (plenary sessions, panels, papers grouped into sessions by common content, poster sessions), communication between researchers and clinicians is encouraged. The recognition of special interest groups was seen as yet another opportunity for enrichment. However, the fact that only one special interest group has asked for official status makes it an open question as to whether this initiative is working. Please let the executive officers know your thoughts on this organizational issue.

In serving as the Program Chair for the Rome meeting, I contacted individuals at the National Institute of Mental Health for possible participation in one of the plenary sessions. This did not come to fruition because of budgetary reasons, but recently I have been contacted by the same individual from NIMH for possible participation in the up-coming Montreal meeting. At various times in the history of SPR, there have been efforts to make communica-

tion between the NIMH, a major funding source of psychotherapy research in the U.S., and SPR. SPR and its membership could probably profit from some form of ongoing contact with federal funding agencies in many countries and the European Union. Such contacts would provide not only information about grant applications but also make more manifest the current priorities in the various countries and the research designs that are being developed and applied. Such a development would probably need SPR initiative at the chapter levels.

Congratulations to both Erhard Mergenthaler and Jeremy Safran who competed for the general vice president position. These elections remind one of the essential importances of volunteer effort by many to keep SPR creative and functional. Thanks to all those who serve.

As of calendar year 2005, our society's journal, *Psychotherapy Research*, is in the hands of a new publisher, Taylor and Francis with offices in Oxford, England. The publisher has proposed a campaign to attract more subscribers, especially institutional libraries. They are printing an advertising flier, and we have obtained endorsements like the following two from prominent members of SPR. From Paul Crits-Christoph, "*Psychotherapy Research* is a leading journal for studies of the basic processes and outcomes of psychotherapy. While other journals tend to specialize, the full range of psychotherapies, and research designs, are found in articles published here. Thus, this journal is 'required reading' for anyone interested in the science of psychotherapy." And, from Mark Aveline, "Strong in process, outcome, methodology, and quality management studies, *Psychotherapy Research* is the natural home for researchers and clinicians who prize non-sectarianism in refining scientific truth."

Erhard Mergenthaler is the new Vice-President



Erhard Mergenthaler is the newly elected Vice-President. Erhard is Professor of Medical Informatics in Psychotherapy and Director of the Section of Informatics in Psychotherapy that is closely associated with the Department of Psychosomatic Medicine and Psychotherapy at the University of Ulm, Germany.

In his statement of candidacy, Erhard mentioned that he has the general commitment to forging links between the various regional and scientific groups within SPR, his specific goal as president elect will be to develop the capacity for information exchange in the society by opening up the resources of modern information technology (e.g., content management systems, newsrooms) to special interest groups. Thus we will be in a position to foster communication and scientific exchange by sharing research findings and data material through the WEB efficiently.

Student travel awards

Student travel awards for presentations at the 2005 SPR International meeting in Montreal are made separately by each regional chapter.

Contact the president of your regional chapter for these awards. Please be aware that different chapters have different deadlines and rules for applying to travel support.

You are strongly encouraged to contact your regional chapter president as soon as possible, if you are considering applying for such support.

Below please find email contacts:

Europe:
Giuseppe Nicolò <giuri@iol.it>

North America:
Lynne Angus <langus@yorku.ca>

South America:
Hector Fernandez-Alvarez <hfa@aigle.org.ar>

U.K.:
Glenys Parry <g.d.parry@sheffield.ac.uk>

International Meetings

2005 International meeting:
June 22-25, 2005
Montreal, Canada,
host: Chris Perry

2006 International meeting:
June 21-24, 2006
Edinburgh, UK,
host: John McLeod

2007 International meeting:
June 20-23, 2007
Madison, WI, USA,
host: Greg Kolden

Regional Meetings

2004 NASPR meeting
Springdale, UT,
November 4-7, 2004

2005 Joint EU-UK meeting -
Lausanne, Switzerland,
march 3-5, 2005

2005 SPR AWARDS:
Remember to nominate
candidates by
December 1st, 2004

WWW.
psychotherapyresearch.org

In Memoriam Sol L. Garfield † 14 August 2004

Dear SPR members,

It is with sadness that we note the passing of Sol Garfield a founding member of the Society. Sol L. Garfield was born on Jan. 8, 1918 (Chicago, Illinois) and passed away on August 14, 2004 at the age of 86. His parents immigrated to the United States in the early 1890's from Russia-Poland and were among a cohort of Jews from Eastern Europe who sought escape from persecution and discrimination. He grew up in Chicago and worked in his father's grocery store. With his parents' encouragement he sought advancement from the economic and social margin of society toward a professional life. He worked hard to achieve his goals through the Depression of the 1930's and World War II of the 1940's, often suffering from anti-Semitic discriminatory practices. Fortunately, he received substantial support from a wide variety of people in and out of academia.

He received his bachelors, masters and doctoral degrees from Northwestern University (1938, 1939, 1942) and became a U.S. Army Clinical Psychologist during World War II (1943-1946). After the war, the U.S. Veterans Administration (VA) became a nurturing environment for numerous mental health professionals who became prominent. Dr. Garfield was one of them, and he benefited from VA positions for about ten years (1946-1956), emerging as a leader in clinical practice, education, and research. He later served as President of the Division of Clinical Psychology of the American Psychological Association (1964) and Editor of the *Journal of Consulting and Clinical Psychology* (1979-1984).

In academia he conducted research, published seminal materials, and directed clinical training for about thirty years (1957-1986) at the University of Nebraska Medical School, Columbia University in New York, and Washington University in St. Louis. His studies and reviews of psychotherapy became prominent and are widely cited. His energetic and forward-looking approach continued unabated after university retirement in 1986. His books on *Eclectic Psychotherapy* (2nd ed. 1995) and *Brief Therapy* (2nd ed. 1998) have been part of the cutting edge of the field.

Because of all these works, he is one of the most frequently cited and influential psychologists in America. He is also well-known for leadership and administration in professional organizations, government research programs, and universities where high standards of performance and ethics are maintained. His numerous influential textbooks span a publication period from 1957 to 2000 and include the classic co-edited *Handbook of*

Psychotherapy and Behavior Change in four editions (1971, 1978, 1986, 1994).

Sol Garfield's contributions have been recognized many times by awards committees, perhaps most notably in the "Distinguished Professional Contributions to Knowledge" award of the American Psychological Association (APA) the "Distinguished Career Research" award of the Society for Psychotherapy Research, and as an honored figure in the APA Oral History of Psychology Project. There are few practitioner-scientists whose range of influence has stood up so well for such a long period of time.

He was married to Amy Nusbaum Garfield for 57 years. She is an award-winning reading specialist and a frequent attendee at the Society for Psychotherapy Research annual meetings. They have four adult children whose work spans a spectrum from music to psychology.

Sol Garfield will be sorely missed by the Society. He stood out as a consistent advocate of scientific evidence in service to psychotherapeutic practice.

Allen E. Bergin

Selected Publications

Evaluation of treatment and related procedures in 1,216 cases referred to mental hygiene clinics. *Psychiat. Quart.*, 1952, 26, 414-424 (with Kurz).

Introductory clinical psychology. New York: MacMillan, 1957.

Handbook of psychotherapy and behavior change. Co-editor with A.E. Bergin. New York: Wiley, 4 editions, 1971, 1978, 1986, 1994.

Psychotherapy: An eclectic approach. New York: Wiley (1980, 2nd ed. 1995).

Psychotherapy: A 40-year appraisal. *American Psychologist*, 1981, 36, 174-183.

Clinical Psychology: The study of personality and behavior. 2nd Edition. Hawthorne, NY: Aldine, 1983.

Common and specific factors in psychotherapy (1991). *Journal of Integrative and Eclectic Psychology*, 10, 5-13.

Some problems associated with "validated" forms of psychotherapy. *Clinical Psychology. Science and Practice*, 1996, 3, 218-229.

The practice of brief psychotherapy. New York: John Wiley & Sons (2nd Ed., 1998).

Eclecticism and Integration: A personal retrospective view. *Journal of Psychotherapy Integration*, 2000, 10, 341-355.