

President

Erhard Mergenthaler, Prof. Dr.
Sektion Informatik in der
Psychotherapie
Universitätsklinik für
Psychosomatics Medizin
und Psychotherapie
Am Hochsträß 8,
89081 Ulm
GERMANY
erhard.mergenthaler@uni-ulm.de

Past-President

Michael J. Lambert, Ph.D.
Department of Psychology
272 TLRB
Brigham Young University
Provo, UT 84602
USA
mike_lambert@byu.edu

President-Elect

Jacques P. Barber, PhD
Center for Psychotherapy Research
Department of Psychiatry
University of Pennsylvania School of
Medicine
Room 648, 3535 Market Street
Philadelphia, PA 19104-3309
USA
barberj@mail.med.upenn.edu

Executive Officer

Tracy D. Eells, MBA, PhD
Department of Psychiatry and
Behavioral Sciences
University of Louisville
500 South Preston Street
Louisville, KY 40202
eells@louisville.edu

Regional Chapter Presidents:

Elisa Yoshida (SA)
eyoshida.tln@terra.com.br
Chris Evans (UK)
rju101@sghms.ac.uk
J. Christopher Muran (USA)
JMuran@chpnet.org
Giuseppe Nicolò (EU)
giuri@iol.it

THIS ISSUE:

<i>International Conference 2007</i>	1
<i>New General Vice President</i>	2
<i>President's Message</i>	2
<i>Call for Submissions</i>	3
<i>Call for Award Nominations</i>	4
<i>News about Area Chapters</i>	5
<i>Members' Measures Directory</i>	6



38th SPR International Meeting Madison, Wisconsin June 20-23, 2007

The Madison SPR local arrangements committee is excited to invite colleagues from around the world to take part in the Society for Psychotherapy Research 2007 International meeting June 21-24. Madison, Wisconsin (www.visitmadison.com) is a community long known for academic excellence, year-round recreational opportunities and cultural richness. The City of Madison's Monona Terrace Community and Convention Center (www.mononaterrace.visitmadison.com) will host our meeting. Located on the shoreline of Lake Monona, this Frank Lloyd Wright designed state-of-the-art conference facility features panoramic vistas and an architecturally stunning meeting environment. The combination of unique meeting space and dramatic lakeside setting make Monona Terrace an ideal venue for our meeting.

MADISON FACTS

One of only a few cities in the world built on an isthmus, downtown Madison is set on a narrow strip of land between two glacial lakes - Lake Monona and Lake Mendota.

The Wisconsin State Capitol is the city's signature landmark by design. No building in Madison can rise higher than the 284-foot white granite dome of the Capitol.

A one-mile pedestrian mall, the famed State Street, links the Capitol Square to the beautiful lakeside campus of the University of Wisconsin-

sin-Madison.

Madison is a recreational paradise with four lakes, 100 miles of bike trails and 200 parks. Many major thoroughfares have special lanes reserved for bicycles. Even Monona Terrace® Community and Convention Center has a bicycle elevator.

WI-FI

By 2007, downtown Madison and much of the city will be covered by a network of wireless transmitters, making Madison one of the first cities of its size to go wireless.

ACCESS

Located in south central Wisconsin, Madison is just off Interstates I-90, I-94 and I-39 providing easy access to Milwaukee (90 minutes), Chicago (2 1/2 hours) and Minneapolis (4 1/2 hours). Dane County Regional Airport offers direct nonstop service to Atlanta, Chicago, Cincinnati, Cleveland, Dallas/Fort Worth, Denver, Detroit, Las Vegas, Memphis, Milwaukee, Minneapolis, New York-LaGuardia, Newark, St. Louis and Washington, D.C. Commercial air carriers that offer service from the Dane County Regional Airport include Northwest, United Express, Midwest Connect, Continental Express, American Eagle, American Connection, Comair and Atlantic Southeast Airlines, a Delta Connection carrier.

Bernhard M. Strauss Elected General Vice President

Congratulations are due to Bernhard Strauss who has been elected General Vice President of the Society for Psychotherapy Research. Dr. Strauss will serve the remainder of the 2006-2007 year as General Vice President, after which he will serve a year each as President-Elect, President (2008-2009), and Past-President.

Dr. Strauss is Professor of Medical Psychology and Psychotherapy at the University Hospital of the Freidrich-Schiller-University in Jena, Germany. In addition to his many other scholarly activities, he is past European Editor of *Psychotherapy Research* (1995-2000) and served as the local host of the 34th Annual Meeting of SPR 2003 in Weimar (Germany).

In his statement of interest, Bernhard identified his goals as a leader within SPR. These include continuing to foster SPR's interdisciplinary and international focus, and its methodological, theoretical and cultural pluralism. In addition, he will encourage greater participation in SPR by people whose ideas have traditionally been underrepresented, and will strengthen interests that have played a relatively less important role in SPR, for example, small group research and psychotherapeutic interventions for the medically ill. Finally, Bernhard is committed to incorporating within SPR discussions of the challenges to psychotherapeutic work and research presented by political and societal change.



President's Message

Erhard Mergenthaler

Hans Strupp has died. From 1972 to 1973 he was our third president following Ken Howard and David Orlinsky and he markedly shaped our society. His life is now complete, but inside of us his spirit will stay alive. Hans was a man of integrity and solidity, generous and gracious. He will be missed.

Thanks to both Héctor Fernández- Alvarez and Bernhard Strauss who were willing to stand as candidates for the General Vice President position. It is important for a society to have such volunteers and thus keep the organization alive. This year was the first time we could offer electronic voting and it was well accepted.

I am very pleased to report that the Edinburgh conference made a substantial profit. Our society is on a solid financial footing that provides us with a secure base for the near and even longer term future. This certainly is due to the efforts of my predecessors and the members of the Executive Committee, but also to our members who have kept on paying their dues and attending our meetings. Thanks to all of you.

"Innovation and Convergence in Psychotherapy Research" will be the theme of our 2007 annual meeting to be held in Madison, MA. The Program Council will be chaired by Jacques Barber and we hope you will submit your best work for presentation at the conference. You can be assured that we will be able to keep the conference fee significantly lower than it had to be this year.

By the time this newsletter appears both the Latin American and the North American chapters of SPR will be about to hold their annual meetings in Montevideo, Uruguay and in Burr Oak, Ohio, respectively. The Italian Regional Group held its annual meeting at the end of September. With more than 200 delegates it was well attended and quite a number of the scientific presentations were outstanding. The international SPR was represented in this meeting by Paulo Machado, John Clarkin and myself. The scientific and organizational committees were chaired by Girolamo Lo Verso and Giuseppe Nicolò. The European chapter will have its next meeting March 22-24, 2007 in Funchal, Madeira, an island that belongs to Portugal. As usual, all of you are warmly invited to submit and register for this event. The chairs will be Paulo Machado and Giuseppe Nicolò.

President's Message (continued)

For those of you interested in psychotherapy integration, the XXIII Annual Meeting of the Society for the Exploration of Psychotherapy Integration (SEPI) will be held in Lisbon, Portugal, July 5-8, 2007. You will find more information on SEPI's home page at <http://www.cyberpsych.org/sepi/>. As quite a number of SPR members are also SEPI members, I have approached our colleagues to find out whether we could find ways of supporting each other. One idea was to allow those who are members of either SPR or SEPI to attend meetings of the other society at a reduced membership rate. I would appreciate

hearing your ideas and comments to bring them to our respective executive meetings.

The next meeting of the SPR Executive committee will be held at the end of January in Madison to prepare for the upcoming annual meeting and to discuss the business of the society and set its future direction. Members who would like to bring matters to the attention of the Committee are welcome to bring them to my attention so that they can be considered.

Call for Submissions for the 2007 International SPR Meeting in Madison, Wisconsin, USA

by Jacques P. Barber (Chair), Anna Buchheim, Gary Diamond, Gregory G. Kolden, David Orlinsky (culture interest group representative), and Bernhard Strauss (General Vice-President)

Program Council

“Innovation and convergence in psychotherapy research” will be the leading theme of our forthcoming international conference to be held June 20-23, 2007 in Madison, Wisconsin, USA. We would like to encourage submissions that give special thought to methodological diversity and innovation as exemplified by different treatment approaches, various ways to conduct research on psychotherapy efficacy and process, or by the diversity of the population treated. Of course, we will also welcome the full range of contributions to the field. In the tradition of SPR, we also welcome research projects at various stages of development, though again preference is given to completed studies. We will also give preference to panels which include presentations reflecting different treatment approaches or methods as well as panels which involve presenters with different levels of experience coming from different locales. The conference language will be English and we ask that submissions be in English.

Traditionally the types of submission are **Paper, Poster, Panel, Plenary, Open Discussion, Pre-Conference Workshop, Conference Workshop, and Research Consultation Workshop**. A full description of each type of submission will be found at the SPR conference web site.

First authorship by an individual is limited to one paper or panel presentation. Other program formats such as posters are currently unlimited, but could become limited if need be. For example an author can be named on multiple papers so long as the multiple papers are **presented** by different persons. Submission will be via the web starting on November 14, 2006. **The deadline for submissions is**

December 12, 2006. Notification of acceptance will be sent toward the end of February. From past experience we know that the submission process may be slow close to the deadline due to heavy electronic traffic. We highly recommend that you enter your submission as early as possible or at least not during the last 24 hours before the deadline.

The conference web site can be reached by clicking on the SPR 2007 Madison logo on the society's home page www.psychotherapyresearch.org. You will be able to get information about types of submissions, and make and revise submissions. You will be given a unique number to identify your submission. Please use this number when corresponding about your submission. During the submission period and again after notice of acceptance you can return to the web site to review or to make changes to your submission. If you have a question or request or if you have an idea or suggestion for the conference and its scientific program you may send an email to the program chair, <mailto:Barberj@mail.med.upenn.edu>. If you need assistance regarding the use of the web pages you may send an email to <mailto:support@psychotherapyresearch.org>. The local organizing committee can be reached at host@psychotherapyresearch.org.

Stages and types of work. You will be asked to identify the stage of your work. Preference for a paper presentation will go to completed work. Classifying the stage and type of work will assist the program committee group similar work and inform potential attendees more fully about the expected content. However, we also strongly recommend considering getting together with other members into creating an organ-

Call for Submissions (continued)

ized panel.

Abstract. Structure the abstract with headings: Aim, Methods, Results, Discussion. Keep your abstract under 250 words to prevent your abstract from being cut arbitrarily by the computer. For panels, plenary, workshops, and open discussion provide an overview of the session as a whole. For panels, you will also be asked to submit an abstract for each paper included in the panel. Abstracts will be published on the conference SPR web site, and maybe also published in hardcopy and available at the conference.

Additional Notes. Remember that a central purpose of SPR is to foster discussion and interaction between members. With this in mind it is essential that presenters leave ample time for discussion during presentations. One-quarter of available time is a guideline that we believe will make the meetings most rewarding. Also, we strongly recommend authors to submit coherently organized panels rather than stand alone papers. Depending on the number of submissions and the possibly resulting time constraints it may be necessary for the program council to request that those who make submissions consider changing the venue for presentation, e.g. paper to poster. Remember that preference for a paper submission will be for completed work.

Finally, if you have an idea for a panel or other collaboration, please consider using the SPR mailing list <mailto:list@psychotherapyresearch.org> to find colleagues with similar interests. It is our experience that in most cases, well integrated panels with authors from different research groups have the largest attendance. To subscribe to the list, go to the society's home page and follow the "Contact" link.

CE credits:

SPR and NASPR will again provide CE credits in collaboration with Division 29 of the American Psychological Association. CE Credits are granted to participants with documented attendance at individual workshops and completed evaluation forms for those sessions. Attendance is monitored. Credit will not be granted to registrants who are more than 15 minutes late, are absent for more than 15 minutes during a session, or those who depart more than 15 minutes early from a session. Credit will not be granted to registrants who do not submit a completed evaluation form at the end of the session. It is the responsibility of registrants to comply with these requirements. It is the responsibility of the attendee to determine whether these CE credits are valid in his/her state of licensure or his/her country.

CE CANCELLATION POLICY: Full refund for a cancellation received prior to April 15, 2007. A 50% handling charge is imposed on cancellations received between April 16 and May 15, 2007. No refunds are given for cancellations received after May 16, 2007.

CE COMPLAINT PROCEDURE: Should you wish to file a formal complaint about the CE process, please visit the Division of Psychotherapy's website: www.divisionofpsychotherapy.org for a complete list of instructions. APA Division 29 - Division of Psychotherapy - is approved by the American Psychological Association to offer continuing education for psychologists. APA Division 29 - Division of Psychotherapy - maintains responsibility for the program.

We are looking forward to your submissions and to welcome you in Madison, WI

Call for Nominees for the 2007 International SPR Awards: Distinguished Research Career and Outstanding Early Career Achievement

By
Michael J. Lambert

Each year, SPR considers making achievement awards: one to a senior distinguished investigator and one or two to promising investigators early in their research careers. Every SPR member is encouraged to nominate deserving individuals for the awards. Don't assume that someone else will nominate deserving individuals this year. Such assumptions can lead to deserving researchers being passed over for an award. The deadline for the submission of nominations is *DECEMBER 1, 2006*.

A list of past winners is posted on the International SPR web-site (www.psychotherapyresearch.org, "About the Society" link, then click "Awards").

Informal inquiries may be made to any member of the awards selection committee, which is composed of the three most recent past presidents: *Michael Lambert (Chair)* michael_lambert@byu.edu; *John Clarkin*, jclarkin@med.cornell.edu, and *Mark Aveline* mark.aveline@mac.com.

Distinguished Research Career Award. This award reflects a lifetime of scientific work that constitutes a major and significant contribution to psychotherapy research. The primary criterion for this award is the scientific merit of the nominee's contribution. To make a nomination, the

nominator prepares three sets of the supporting documents. The nominator sends one set to each member of the Awards Committee. The documents are: (a) a copy of the nominee's curriculum vitae; (b) copies of six of the most important papers or books, (c) at least three letters of recommendation (one from the nominator) attesting to the quality, significance, and impact of the nominee's research. The three recommenders should represent more than one institution. All of the materials, except for the publications, should be in English. If the publications are not in English, please include an abstract of each in English.

Outstanding Early Career Achievement Award. The early career award is granted no more than 9 years after the person has completed his or her main research training. The award should reflect the person's productivity as well as promise in making scientific contributions to psychotherapy research. To make a nomination, the nominator prepares three sets of the supporting documents. The nominator sends one set to each member of the Awards Committee. The documents are: (a) a copy of the nominee's curriculum vitae;

(b) a personal statement from the nominee that summarizes his/her program of research; (c) copies of four representative publications (the nominee should be the first author on some of these publications); (d) at least three letters of recommendation (one from the nominator) attesting to the quality, significance, and promise of the nominee's work. The three recommenders should represent more than one institution. All of the materials, except for the publications, should be in English. If the publications are not in English, please include an abstract of each in English.

Please send nominations to *Michael J. Lambert, 272 TLRB, Brigham Young University, Provo, UT 84602, USA; Dr John Clarkin, New York-Presbyterian Hospital—Cornell Medical Center, 21 Bloomingdale Road, White Plains, New York 10605, USA; Prof. Mark Aveline, Barnfield House, Chedworth Laines, Glos GL54 4NS, UK.*

It is not necessary for the material to be in printed form. **E-mailable attachments are acceptable but large attachments should be compressed before sending.**

News from the Latin Chapter

By Denise Defey

On October 20-21 the Latin American chapter had its bi-yearly chapter meeting in Montevideo, Uruguay with researchers from Argentina, Brazil, Chile and Uruguay presenting an update of their current research. Erhard Mergenthaler and Juan Pablo Jimenez (first chapter president) were invited to deliver keynote addresses as the chapter will be completing its 15th anniversary. This meeting was organized in conjunction with the School of Psychology of the University of Uruguay and some 300 students were ex-

pected to attend the main lectures. At the meeting the new chapter president took office. The LA chapter has a rotation system by which each country holds the presidency every two years and Brazil will be taking office this time, which coincides with the fact that its latest governments have greatly favoured research and thus a flourishing group of researchers have developed in the last years, many of whom have had their master, doctorate and postdoctorate degrees from European and U.S. universities.

The New SPR Interest Section on Culture and Psychotherapy Research

By David Orlinsky

In January the Executive Council gave formal recognition to the organization of a SPR Interest Section on Culture and Psychotherapy (SPRISCAP). According to SPRISCAP by-laws, the aims of the new section are to advance scientific understanding and promote researchers' awareness of the social and cultural influences on psychotherapeutic processes and outcomes, and on the forms of psychotherapy in contemporary and traditional societies. SPRISCAP hopes to enrich the theoretical landscape of psychotherapy research by adding the conceptual perspectives and methods of social scientific disciplines like anthropology and sociology to those of psychology and psychiatry in order to broaden the range of questions investigated by psychotherapy researchers.

The SPR members who formed SPRISCAP met in open discussion groups at the last several annual conferences and

expressed the following concerns, citing:

1. The need to become more clearly aware of the implicit ideological, social, and value presuppositions of psychotherapy as a modern form of psychological healing that has developed and been practiced in the "Western" cultural region.

2. The need to balance narrow, de-contextualized conceptions of individuals in psychotherapy with an ecologically valid understanding of clients and practitioners as operating within defined sociocultural and developmental contexts.

3. The need to creatively adapt (or re-invent) modern Western psychotherapies to meet the psychological needs of (a) immigrant/minority and traditionally religious populations in Western countries, and (b) traditional/majority populations in non-Western coun-

SPR Interest Section (continued)

tries impacted by globalization.

4. The value of exploring traditional forms of psychological healing, within Western as well as non-Western societies, as parallel and potentially viable and instructive psychotherapeutic modalities.

5. The impact of language and expressive norms on the communication of meanings and feelings in psychotherapy, comparison of these processes when participants communicate in varied languages, and the problems of therapy conducted in one's mother-tongue or in a foreign language.

6. The need to appreciate the multiplicity of cultural "voices" (ethnic, religious, political, family, gender, class, etc.) influencing the development of individuals, and doing justice (in therapy and in research) to the complexity of individuals who internalize, embody, reorganize, and transform those varied voices, in an increasingly globalized cultural context.

Any SPR members who share these interests and concerns are welcome and can become SPRISCAP members by writing to D. Orlinsky at d-orlinsky@uchicago.edu. To date approximately 95 SPR members have joined SPRISCAP, representing the countries (in alphabetical order) of Argentina, Australia, Brazil, Canada, Chile, China (Hong Kong), Germany, Greece, Israel, Italy, Japan, Malaysia, Mexico, Netherlands, Norway, Poland, Portugal, South Africa, South Korea, Sweden, Switzerland, Thailand, United Kingdom, United States of America, and Uruguay.

A mail ballot held in March and April resulted in the election of David Orlinsky (Chicago) to serve as chair, and William West (Manchester) to serve as chair-elect, for two-year terms. Planning is currently underway to develop programmatic contributions from SPRISCAP to the 2007 SPR conference in Madison.

Members' Measures Directory

By Armin Hartmann

We are pleased to announce the development of a new section for SPR's new website: A Members' Measures Directory. Many SPR members have developed instruments for process and outcome research. Many of these have been translated into multiple languages, described in many publications and used in many studies. The idea of the Members' Measures Directory is to provide a forum for SPR members to make their research instruments readily available to others.

Making use of the SPR website, the authors of instruments will be able to post their instruments, along with descriptions and references. In this way we hope to help the authors distribute their instruments and promote their research interests.

This could expand to a library of license-free instruments for psychotherapy research, including the latest reference lists. Or in case of published instruments with licenses: a documentation of latest versions and reference lists (We think of the recent mailing concerning SASB).

We encourage SPR members to indicate their interest by sending a note to Armin Hartmann (armin.hartmann@uniklinik-freiburg.de), who has agreed to moderate the Directory. If we get at least five instruments for a start up, we plan to develop the web pages and set up basic rules for publication on the web site. Please indicate your interest to Armin by December 31, 2006

Student Travel Awards

Student travel awards for presentations at the 2007 SPR International meeting in Madison are made separately by each regional chapter. Contact the President of your regional chapter for these awards. Please be aware that different chapters have different deadlines and rules for applying for travel support. You are strongly encouraged to contact your regional chapter president as soon as possible if you are considering applying for such support. E-mail addresses of the chapter presidents can be found on page 1 of this Newsletter.

International Meetings

2007 Int'l meeting:

June 20-23, 2007

Madison, WI, USA

host: Greg Kolden

2008 International meeting:

June 18-21, 2006

Barcelona, Spain

host: Luis Botella

Important Deadlines for SPR Members:

November 1, 2006 Membership dues for 2007
November 14, 2006 Start of on-line submissions
December 12, 2006 Conference submissions due