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BENMAYOR, CHILE, 2005

40th SPR International Meeting Santiago, Chile June 24 - 27, 2009

Guillermo de la Parra

Dear members:

Few people will ever have a chance to visit the last corner of the world, down south on planet Earth, where a beautiful country hangs, like a balcony, from the Andes Mountains over the Pacific Ocean. Chile is a jewel of Latin America and Santiago is one of its vibrant centers.

Santiago is also surrounded by wonderful sites: it is only 100 km away from Valparaiso, a beautiful city fringing the coast, which has been declared a human heritage. In addition, it is an hour and a half from one of the best ski resorts in Latin America and near wineries that have made Chile world famous for its wines!

Because Chile is a thin country, a brief

flight will bring you to the driest desert of the world, with the spectacular moon valley in San Pedro de Atacama (an experience not to be missed!). Also within reach are the majestic rock towers and landscapes in Torres del Paine, on the southernmost part of the planet.

Santiago is a modern and safe city, with state of the art technologies and communications that will allow you to maintain contact with your home and work. In the civic center, where the meeting will take place, you will have the opportunity to get to know our past and recent history, including the peaceful transition from a dictatorship to our well-known democracy. Great restaurants (where you can expect exquisite seafood like no other place

International SPR Meeting in Santiago (continued)

in the world and exciting nightlife (plenty of bars and pubs!) will provide you with the ideal conditions to digest and process (or forget!) all the intellectual stimulation that you will experience during the meeting. However, we urge you not to make plans for Saturday night, as we plan some surprises for the SPR closing banquet.

We are, of course, aware that coming to our country is rather expensive, but your stay will be more convenient than what you may expect—meals and lodging are less expensive than in Europe and North America.

In addition to all the sights and excitement, Santiago, Chile and Latin America are experiencing a great period of development in psychotherapy research, due in part to the vitality and recognition of several international Ph.D. programs. As such, our postgraduate students and young researchers are

expecting to share their findings and learn from the discussion with their international colleagues.

It is with great pleasure that the local arrangements committee invites you to attend and participate in the 2009 International Meeting of the Society for Psychotherapy Research, which will be held on June 24-27, Santiago de Chile

<http://www.sernatur.cl/internacional/?lang=2>
http://www.welcomechile.com/santiago/index_i.html

The local arrangement committee will work in close collaboration with the Department of Psychiatry of the Pontificia Universidad Católica, the Psychotherapy Task Force of the Society of Neurology and Psychiatry, and the local SPR group to make Santiago a great host of the next SPR meeting. We are all looking forward to welcoming you!

Call for Submissions for the 40th International SPR Meeting in Santiago, Chile 24-27 June 2009

Louis Castonguay (President-Elect & Program Council chair), Michael Barkham, Gary Burlingame, Isabel Caro, Laurie Heatherington, Beatriz Gomez, Gary Diamond, Heidi Levitt, Robert Russell, Bernhard Strauss, with Guillermo de la Parra (local host), William West (Culture and Psychotherapy section chair), and Lynne Angus (General Vice President).

The theme of the 40th annual international SPR meeting will be “Building bridges between clinical practice and research.” The Program Council encourages proposals that demonstrate or foster clinically relevant science (applied and basic; quantitative and qualitative) for the understanding, conduct, and improvement of psychotherapy. Presentations based on or aimed at facilitating dialogue and collaboration between clinicians and researchers are particularly welcome.

In addition, the Program Council welcomes the full range of contributions to the field of psychotherapy,

including reports of innovative research methods and empirical studies of varied treatment modalities (individual, couple, family, group, and milieu therapies), diverse patient populations (children, adolescents, adults, and seniors), a wide range of diagnostic and problem categories (e.g., effects of cultural, political or economic oppression and migration as well as various psychological/ psychosomatic disorders), and a broad spectrum of theoretical approaches (e.g., CBT, existential-humanistic, interpersonal, psychodynamic, and systemic).

Call for Submissions (continued)

Although preference in general will be given to presentation of completed studies, we also aim to foster discussion of research projects at various stages of development (especially in Structured Discussion Groups, Posters, and Brief Communication Sessions).

In Panels, preference will be given to those that include (a) presentations on a topic common to different treatment approaches or research methods, (b) representatives from different research teams, (c) members from different countries, and (d) presenters at different career stages.

The official conference language will be English; all submissions should be made in English.

To accommodate the large number of proposals that are typically submitted for SPR meetings, we have modified the types of submissions: In addition to the usual Panels, Structured Discussion Groups, and Pre-Conference Workshops, we will encourage the presentation of Posters and Brief Communications (10-12 min.), accompanied by distribution of printed material. To increase the value of Poster and Brief Communication sessions, the Program Council will organize them into groups by topic, and access to posters will be available for an entire day. A full description of each type of submission will be found at the SPR conference website:

<http://www.psychotherapyresearch.org/displaycommon.cfm?an=1&subarticlenbr=175>.

Please read these descriptions carefully before submitting your work!

First authorship by an individual is limited to one presentation on a Panel or Brief Communication session. Other program formats such as Posters or Structured Discussion Groups are currently

unrestricted, but this may change if required by limitations of time and space. However, please note that one person can be listed as a coauthor on multiple presentations so long as they are presented by different persons.

Program submissions will be accepted via the web beginning November 1, 2008. The deadline for submissions will be December 1, 2008 (by 23:59 in your time zone). Notification of acceptance will be sent toward the end of February 2009. From past experience we know that the processing of submissions is likely to become very slow close to the deadline due to heavy electronic traffic. We highly recommend that you submit your proposals as early as possible – not during the last 24 hours before the December 1st deadline!

The conference website can be reached by clicking on the “SPR 2009 Santiago” icon on the Society’s home page www.psychotherapyresearch.org. You will be able to get information about types of submissions, and write and revise submissions. You will also be given a unique number to identify each submission. Please use this number when corresponding about your submission. During the submission period, and again after notice of acceptance, you will be able to review or to make changes to your submission by returning to the website. If you have any questions, requests, ideas or suggestions for the conference and its scientific program you may send an email to the Program Council chair Louis Castonguay (lgc3@psu.edu). If you need assistance regarding the use of the web page you may send an email to support@psychotherapyresearch.org. The local organizing committee can be reached at host@psychotherapyresearch.org.

Call for Submissions (continued)

Submission Format

Stage and type of work. You will be asked to identify the type of your work and the stage of its development. This will help the Program Council to organize sessions and inform potential attendees more fully about the expected content. However, we strongly recommend considering communicating with other members in order to organize panels that reflect your own interests.

Abstract. Structure the abstract with headings: Aim, Methods, Results, Discussion. Keep your abstract under 250 words to prevent it from being cut arbitrarily by the computer. Please provide an overview of the session as a whole for panels, pre-conference workshops, and structured discussion sessions. For panels, an abstract must also be submitted for each paper included in the panel.

You will find [HERE](#) an example of a panel submission illustrating the structure of abstracts. We are requesting that you use the format (abstract title, names, etc.) illustrated in this [example](#). Otherwise, corrections of all non-conforming abstracts will have to be made by the Program Council. Your attention to the requested format is therefore greatly appreciated.

Abstracts will be published on the conference SPR website, and in hardcopy for purchase at the conference. Please note that typos will not be corrected before the abstracts are published.

Also please note that CE credits will not be available for the 2009 meeting.

Additional Notes. Please remember that a central purpose of SPR is to foster discussion between members, and it is essential that presenters leave ample time for discussion of their work. A minimum of 20 minutes in each 90 minute session should be reserved for open discussion with members in the audience, which means that presentations be limited to 20 minutes (if there are three) or 15 minutes (if there are four). We also strongly recommend that authors submit coherently organized Panels, as stand alone presentations will be designated Brief Communications and limited to 10-12 minutes. Depending on the number of submissions and possible time constraints, it may be necessary for the Program Council to request that those who make submissions consider changing the venue for presentation (e.g., oral presentation to poster).

Finally, if you have an idea for a panel or other collaboration, please consider using the SPR mailing list (list@psychotherapyresearch.org) to find colleagues with similar interests. It is our experience that in most cases, well-integrated panels with authors from different research groups have the largest attendance. To subscribe to the list, go to the society's home page and follow the "Contact" link.

We are looking forward to receiving your program proposals and welcoming you in SANTIAGO!

President's Corner: Bernhard Strauss

The Executive Committee of the SPR expresses its gratitude to **Giuseppe Nicoló** and to **Lynne Angus** who had been willing to serve as this year's candidates for the General Vice Presidency of SPR. Thanks all members for voting! Lynne Angus finally made it. We congratulate and look forward to working together with her. Lynne will immediately join the program committee for the next annual meeting. This committee will be chaired by our President-Elect, Louis Castonguay. He and his colleagues have prepared a call for papers in this newsletter. Please note that the deadline for submissions will be December 1, 2008.

As I mentioned in the August newsletter, it is my personal concern to motivate as many people as possible from all parts of the world to come to next year's meeting in Santiago de Chile. This 40th (!) Annual Meeting will be held from **June 24 to June 27, 2009**.

The Latin American chapter has become a very active part of our society and deserves our visit. The chapter will hold its 8th "Conferência do Capítulo Latino Americano da SPR" under the title "Desenvolvimentos metodológicos na pesquisa em psicoterapia" from October 20-22 in Campinas, Brasil. Among other guests, our past president Erhard Mergenthaler, Stanley Messer and I will be at this meeting and we will invite many Latin American colleagues to join SPR and to come to Santiago in June 2009. Guillermo de la Parra and his colleagues will undoubtedly provide us a wonderful meeting. Santiago de Chile will be a beautiful site for our conference.

Apart from the elections and an overwhelmingly positive feedback related to our meeting in Barcelona (many people who participated at this meeting decided to join our society), one important decision has been made: Since Clara Hill will step down as editor of our journal, *Psychotherapy Research*,



the EC installed a nomination committee, chaired by Paul Crits-Christoph, further consisting of Lynne Angus, Mike Lambert and Mark Evans. This committee prepared a list of potential nominees to replace Clara as the North American editor. We would like to thank this committee for an excellent job and we are happy to announce that J. Christopher Muran has accepted to serve as editor of the journal from 2010. We will ask Chris to introduce himself more detailed in the spring newsletter.

As usual, the EC will meet early in January (8-11) at the place of the next annual meeting to visit the conference site and to discuss important SPR business. Please do not hesitate to send any comments, critiques or suggestions to me (Bernhard.strauss@med.uni-jena.de) or any other member of the EC.

Important Deadlines for SPR Members:
December 31, 2008 — Early Bird Membership dues for 2009*
November 1, 2008 — Start of on-line submissions
December 1, 2008 — Conference submissions due

*Go to www.psychotherapyresearch.org to renew online or to download a renewal form.
Paper dues renewal forms will not be mailed this year.

Lynne Angus Elected General Vice President

It is a true honor to have been elected General-Vice President of SPR and I am deeply grateful to my fellow SPR colleagues and friends who made this outcome possible. As proposed in my nomination statement, I am committed to fostering a sense of communality amongst SPR members that not only tolerates, but prizes and respects the importance of theoretical, methodological and cultural diversity for the achievement of research excellence and innovation in psychotherapy research. To this end, I will work toward enhancing the visibility of SPR internationally for broader participation by child, family, couples and CBT psychotherapy researchers as well as developing strategies to engage clinical practitioners. As I believe that it is only through knowing and understanding our past, that we can begin to imagine and shape a desired, possible future, I am also fully committed to increasing students', young



scholars' and senior SPR members' active participation in ongoing activities of the Society. My ultimate hope is that each of these contributions will help SPR flourish and grow in the years to come and I am looking forward to joining with the SPR Executive Committee to achieve this outcome.

Call for Nominees for the 2008 International SPR Awards: Distinguished Research Career and Outstanding Early Career Achievement

Jacques Barber

Each year, SPR considers making achievement awards: one to a senior distinguished investigator and one or two to promising investigators early in their research careers. Every SPR member is encouraged to nominate deserving individuals for the awards. Don't assume that someone else will nominate deserving individuals this year. Such assumptions can lead to deserving researchers being passed over for an award. Similarly, nominees do not need to be SPR members but they need to be Psychotherapy Researchers. The deadline for the submission of nominations is *DECEMBER 1, 2008*.

A list of past winners is posted on the International SPR web-site (www.psychotherapyresearch.org, "About the Society" link, then click "Awards").

Informal inquiries may be made to any member of the awards selection committee, which is composed of the three most recent past presidents: Jacques P. Barber (Chair) Barberj@mail.med.upenn.edu; Erhard Mergenthaler erhard.Mergenthaler@uni-ulm.de; and Michael Lambert michael.lambert@byu.edu

Distinguished Research Career Award. This award reflects a lifetime of scientific work that constitutes a major and significant contribution to psychotherapy research. The primary criterion for this award is the scientific merit of the nominee's contribution. To make a nomination, the nominator prepares three sets of the supporting documents. The nominator sends one set to each member of the Awards Committee. The documents are: (a) a copy of the nominee's curriculum vitae; (b) copies of six of the most important papers or books, (c) at least three letters

Call for Nominees for 2008 International SPR Awards (continued)

of recommendation (one from the nominator) attesting to the quality, significance, and impact of the nominee's research. The three recommenders should represent more than one institution. All of the materials, except for the publications, should be in English. If the publications are not in English, please include an abstract of each in English.

Outstanding Early Career Achievement Award. The early career award is granted no more than 9 years after the person has completed his or her main research training. The award should reflect the person's productivity as well as promise in making scientific contributions to psychotherapy research. To make a nomination, the nominator prepares three sets of the supporting documents. The nominator sends one set to each member of the Awards Committee. The documents are: (a) a copy of the nominee's curriculum vitae; (b) a personal statement from the nominee that summarizes his/her program of research; (c) copies of four representative publications (the nominee should be the first author on some of these publications); (d) at least three letters of recommendation (one from the nominator) attesting to the quality, significance, and promise of the nominee's work. The three recommenders should represent more than one institution. All of the materials, except for the publications, should be in English. If the publications are not in English, please include an abstract of each in English.

Please send nominations to Jacques P. Barber, Center for Psychotherapy Research, Department of Psychiatry, University of Pennsylvania, Room 648, 3535 Market Street, Philadelphia, PA 19104, USA (email barberj@mail.med.upenn.edu); Prof. Dr. Erhard Mergenthaler, University of Ulm, Am Hochstraess 8, 89081 Ulm (email erhard.mergenthaler@uni-ulm.de); Michael J. Lambert PhD, Department of Psychology, 272 TLRB, Brigham Young University, Provo, UT 84602, USA (michael_lambert@byu.edu); It is neither necessary nor recommended for the material to be in printed form. **E-mail submissions and attachments are preferable**



BENMAYOR, CHILE, 2005

Mark Your Calendar!!

2009 International meeting: Santiago, Chile—June 24-27, 2009

2010 International meeting: Asilomar, USA—June 23-27, 2010

Types of Submissions for the 40th International SPR Meeting in Santiago, Chile 24-27 June 2009

Posters

Posters are appropriate for the full range of research reports, including completed projects, single case studies, pilot studies, and work-in-progress. They provide a good opportunity for detailed discussion with interested colleagues. We will try to group the posters by topic to stimulate discussion and exchange of ideas. Poster presenters are also encouraged to link up with each other if they know they will be presenting on common themes. Required poster size will be announced on the conference website.

Brief Communications

Brief communications are expected to be 10-12 minutes reports about ongoing or completed studies. Brief communications sessions will be 90 minutes and will consist of five to six short communications, with 5 minutes for discussion allotted to each presentation. The Program Council will designate moderators for the sessions. If it proves difficult to schedule all submissions of brief communications, the Program Council may request you to consider presenting your work as a poster (see above).

Panels

Panels should include three to four presentations focused on a common theme, or reporting different aspects of a large-scale research project. Panels will be 90 minutes with a minimum of 20-30 minutes for open discussion. Each panel should have a moderator (normally the organizer of the panel, or another relevant person). Panels with two or three papers are expected to have a prepared discussant. Panels with international representation are strongly encouraged and will be preferred. If a panel features your research group, consider inviting a discussant from a different region.

Structured Discussions

These are meant to provide an opportunity for a group of colleagues to discuss a specific topic in psychotherapy research (e.g., specific methods, theories, new developments, disorders, socio-cultural aspects, etc.). A number of persons should be named who agree to lead the discussion. Sessions should be structured by having each designated discussant give a position statement (of maximally 5 minutes) on the theme to elicit active participation from audience members.

Pre-Conference Workshops

Workshops will be held on the afternoon prior to the evening session that opens the conference (i.e., Wednesday afternoon). For the Santiago meeting, two types of Pre-conference workshops are encouraged. As in past meetings, the first type will be intended to provide training in specific areas of psychotherapy research and in advanced research methods. In line with the theme of the Santiago conference ("Building bridges between clinical practice and research"), we also invite the submission of a second type of workshop involving the active collaboration of clinicians and researchers. These workshops could involve, for example, the clinical presentation of an assessment or treatment method, to be followed by a discussion (led by an expert researcher) on how best to empirically study or validate the clinical procedures described. Alternatively, these workshops could also feature the description of research and/or statistical methods, to be followed by a discussion (led by an expert clinician) on the clinical implications of the empirical procedures described. Submissions should indicate the amount of time desired for the workshop (normally 2 or 3 hours).

**Looking forward to seeing you in
Santiago de Chile!
24-27 June 2009**