THE ANNUAL MEETING
OF
THE SOCIETY FOR
PSYCHOTHERAPY RESEARCH (UK)

RAVEN HALL HOTEL
RAVENSCAR
NORTH YORKSHIRE

14 – 16 MARCH 2009
Saturday, 14 March

16.00 – 18.00  Registration
19.00 – 19.30  Reception and Wine
19.30          Dinner

Sunday, 15 March a.m.

09.00 – 09.15  Welcome and opening remarks
               Gillian Hardy & Jenny Taylor

Plenary 1: Practice Based Evidence

Chair:         Thomas Schröder
09.15 – 09.45  Understanding therapists’ response processes
               Gillian Hardy
09.45 – 10.15  Empirical support for Person-Centred/Experiential
               psychotherapies: Meta-analysis update 2008
               Robert Elliott
10.15 – 10.45  Prevalence and characteristics of
               Relational Depth Events
               Sue Wiggins
10.45 – 11.00  Plenary Discussion

COFFEE

Plenary 2: Research Methods in Action

Chair:         Gillian Hardy
11.30 – 12.00  Update on CORE
               Chris Evans
12.00 – 12.30  Complex clients or worried well?
               Thomas Schröder & Sue Wheeler
12.30 – 13.00  Clients’ experiences of Psychodynamic Psychotherapy
               Jodie Fellows

LUNCH
Sunday, 15 March p.m.

14.00 – 16.00 **Workshops**
Workshop A  Teaching Research Methods  
*Robert Elliott & Sue Wheeler*

Workshop B  Introduction to PSYCHLOPS  
*Chris Evans*

Workshop C  The Interpersonal Octagon  
*John Birtchnell*

**TEA**

16.30 – 17.30 **Open Discussion: Session-by-session measurements - bonus or burden?**  
*Facilitated by Jeremy Halstead & Chris Evans*

17.30 – 18.00 **Poster Session**  
(preceded by one-minute introductions)

18.00 – 19.00 **Annual General Meeting**  
(SPR (UK) members)

20.00 **Conference Dinner**  
(Dress informal)

Monday, 16 March

**KEYNOTE ADDRESS**

Chair:  
*Robert Elliott*

09.00 – 10.00 The therapist matters: Some arguments and approaches to dealing with the second most important person.  
*Franz Caspar*

10.00 – 10.30 Panel Discussion

**COFFEE**
Monday, 16 March cont.

Plenary 3: Presentation and Call for Collaboration
11.00 – 11.50  Hermeneutic single case efficacy design: Example with Paranoid Personality Disorder; Call for an expert Personality Disorder panel
Stephen Kellett

Plenary 4: Teaching Research Methods to Practitioners
Chair:  Chris Evans
12.00 – 12.30  Teaching research methods to counsellors and psychotherapists: Overcoming resistance with innovation and creativity.
Robert Elliott
12.30 – 13.00  Training the Trainers in Research Methods: An Evaluation
Sue Wheeler

LUNCH

Plenary 5: Individual Papers
Chair:  Jeremy Halstead
14.00 – 14.30  Too close for comfort - therapists’ and patients’ interpersonal problems and negative process.
Thomas Schröder & John Davis
Robert Elliott, Christine Fox, Svetlana Beltyukova, Andrew Moskowitz, Alison Lowit & Linda Treliving

TEA
15.30 – 16.30  Open Discussion: Current trends in psychotherapy research and the future of SPR
Facilitated by Thomas Schröder & Chris Evans

16.30  Conference ends