

# Child Maltreatment: What We're Learning and Where We're Going

Ernestine Briggs-King, PhD

Duke University

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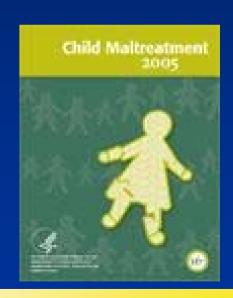
### What we know....



# Prevalence of Child Maltreatment in the General Population

- 3.6 million children received an investigation
- 899,000 children confirmed as abused or neglected
  - 62.8% neglect, 16.6% CPA, 9.3 CSA, 7.1 emotional abuse
- 1460 child fatalities

Source: *Child Maltreatment 2005* (U.S. Department of Health and Human Services, Administration on Children, Youth, and Families, 2007).



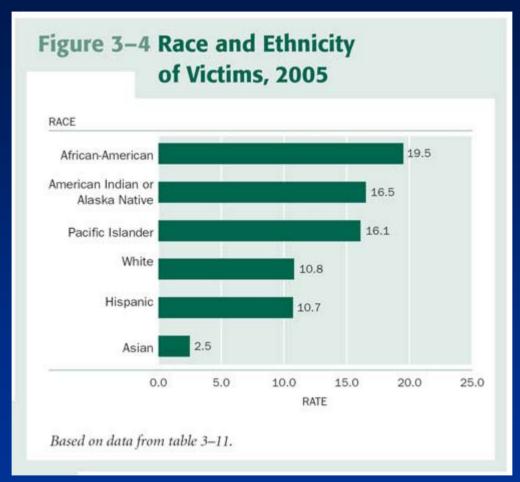
#### Children of Color in Child Welfare

- Over representation of children of color
- Differential rates of maltreatment substantiation
- Placement in out of home care (e.g., foster care)
- Longer stays in out of home care
- Fewer opportunities for reunification
- Greater likelihood of multi-system involvement (e.g., foster care, juvenile justice)

Source: Child Maltreatment 2005 (U.S. Department of Health and Human Services, Administration on Children, Youth, and Families, 2007).



## Race and Ethnicity Matter



Source: Child Maltreatment 2005 (U.S. Department of Health and Human Services, Administration on Children, Youth, and Families, 2007).



#### Children of Color in Child Welfare - Cont.

- Disparities Complicated by:
  - Racial/Ethnic group
    - (AA, PI, AI/AN, E, H/L, AsA 19.9-2.3 per 1,000)
  - Location of study
  - Type of maltreatment
  - Level of aggregation (county, state, or nation)
  - Stage of CW process (report, investigation, substantiation, service determination).

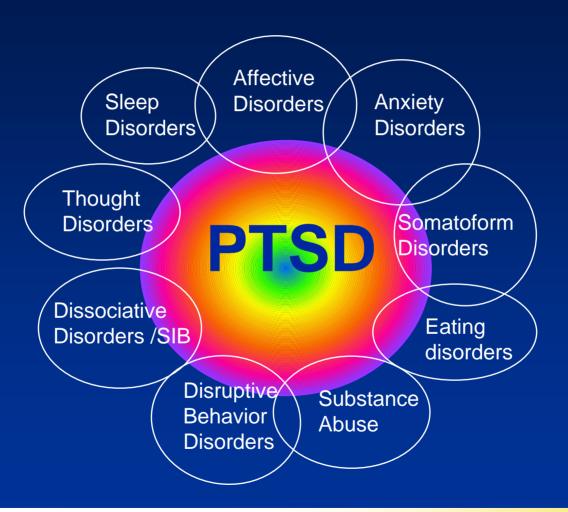
(Carter, 2003)



#### Potential Consequences of Maltreatment

- Post-traumatic stress, depression, anxiety & other disorders
- Suicide risk
- ullet capacity to regulate emotion, behavior, & attention
- Impaired social development/interpersonal problems
- Impaired cognitive development: IQ, language
- Poor academic performance
- Substance use/abuse
- Numbness, desensitization to threat
- Subsequent victimization
- Recklessness & reenacting behavior (e.g., risky sex)
- Health problems
- Changes in brain chemistry lead to changes in brain growth and development

## Comorbidity





#### Continuum

#### Resilience

#### Severe Distress

- Nature & severity of symptoms can vary from child to child
  - Asymptomatic
  - Delayed onset of symptoms
  - Moderate distress
  - Major mental health disorders (severe distress)



#### Continuum

#### 

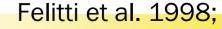
## Varies by:

- Type of maltreatment
- Severity
- Chronicity
- Cultural beliefs
- Other experiences
- Timing
- Cumulative risk



#### Adverse Childhood Experiences Study (ACES)









#### Costs of Child Maltreatment

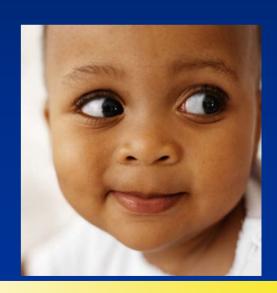
- Direct costs (judicial, law enforcement, and health system responses to child maltreatment) are estimated at \$24 billion each year
- Indirect costs (long-term economic consequences of child maltreatment) exceed an estimated \$69 billion annually

Fromm S. Total estimated cost of child abuse and neglect in the United States—statistical evidence. Chicago (IL): Prevent Child Abuse America (PCAA); 2001. [cited 2005 Jan 1]. Available from: URL: <a href="www.preventchildabuse.org/learn\_more/research\_docs/cost\_analysis.pdf">www.preventchildabuse.org/learn\_more/research\_docs/cost\_analysis.pdf</a>.



## Summary

- Millions of children each year experience maltreatment
- Disparities exist
- Short and long-term consequences
- Importance of resiliency
- Direct & indirect costs



### What we don't know...

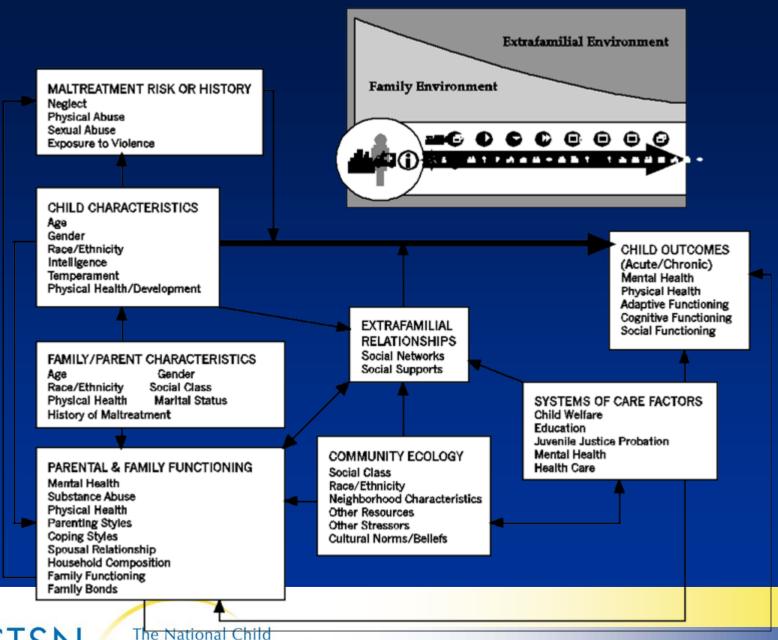


## How do all the pieces fit together?

- Racial/ethnic differences
- Gender differences
- Different types of maltreatment
- Other forms of trauma

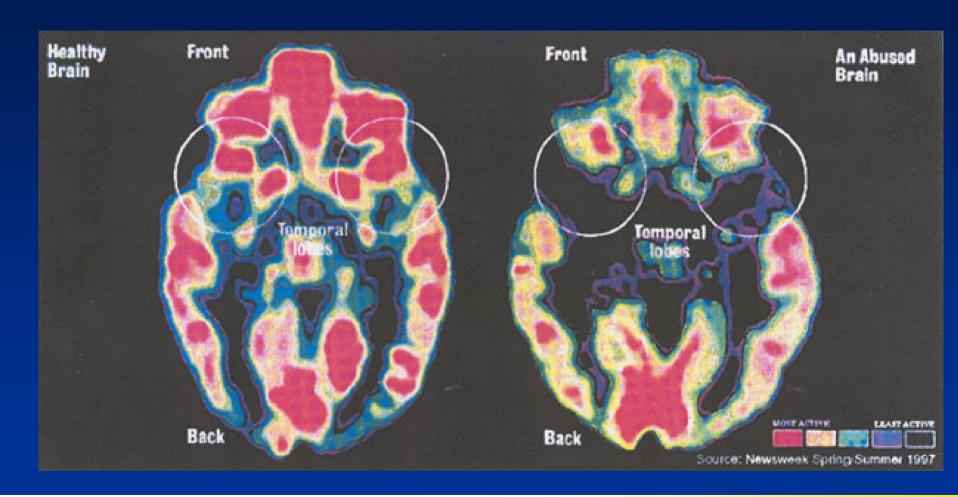
# What we're learning & where we're going...

#### LONGSCAN's Ecological - Developmental Conceptual Model



NCTSN The National Child
Traumatic Stress Network

### **PET Scans of Activation in the Brain**

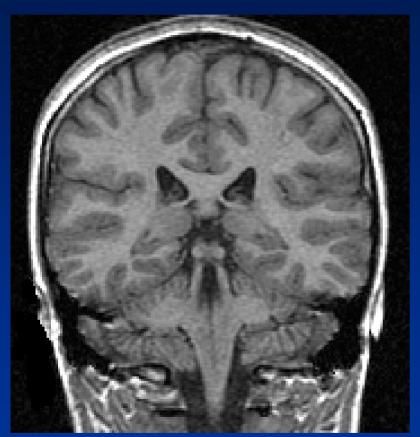


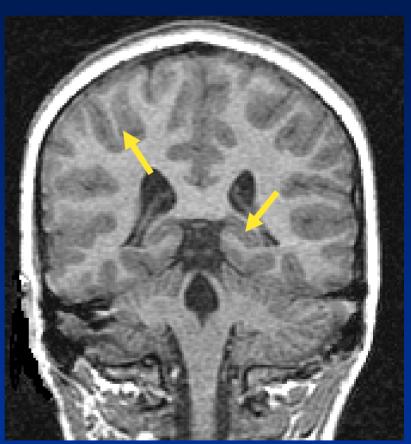


# Lateral Ventricles Measures in an 11 Year Old Maltreated Male with Chronic PTSD, Compared with a Healthy, Non-Maltreated Matched Control

**Control** 







DeBellis et al., Biological Psychiatry (1999)

#### National Child Traumatic Stress Network Sites



#### National Child Traumatic Stress Network (NCTSN)

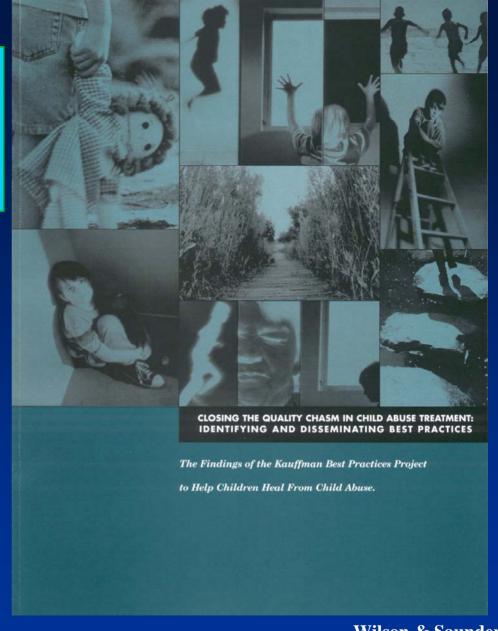
- Established by Congress in 2000, the NCTSN is a unique collaboration of academic and community based service centers whose mission is to increase access to services and the standard of care for traumatized children.
- Combining knowledge & expertise on trauma, culture, & family/consumer perspectives the NCTSN serves as a national resource for disseminating EBT, trauma-informed services, and public and professional education.
- NCTSN 63 centers (43 current grantees, 20 alumni)

#### Trauma History Timeline: Male Age 18

	Age In Years																			
Trauma Information	0	1	2	! 3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	Unk
Sexual Maltreatment/Abuse																				
Sexual Assault/Rape																				
Physical Maltreatment/Abuse																				
Physical Assault																				
Emotional Abuse/Psychological Maltreatment																				
Neglect																				
Domestic Violence																				
Kidnapping																				
Trauma Loss or Bereavement																				
Forced Displacement																				
Impaired Caregiver																				
Extreme Violence																				
Community Violence																				

## Kauffman Best Practices Project Final Report

Download at www.chadwickcenter.org



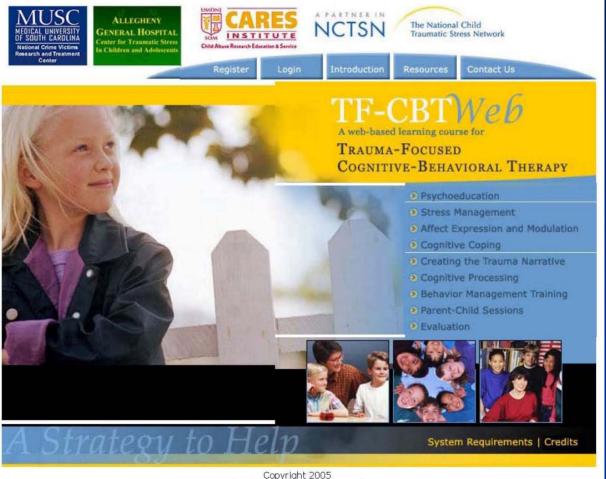
--Wilson & Saunders, 2005

# TF-CBTWeb

## www.musc.edu/tfcbt

TF-CBT Web is an Internet-based, distance education training course for learning Trauma-Focused Cognitive-Behavioral Therapy (TF-CBT).

TF-CBTWeb is offered free of charge.

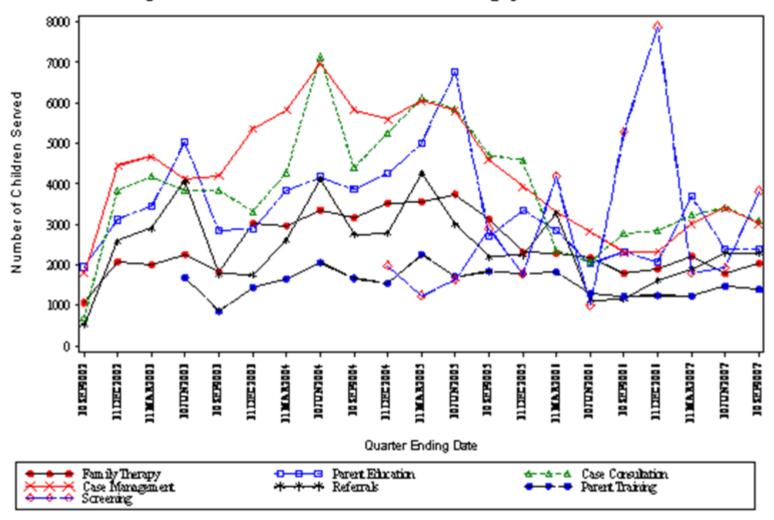


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Figure 3. Client Related Services for Children - Category II and III Centers

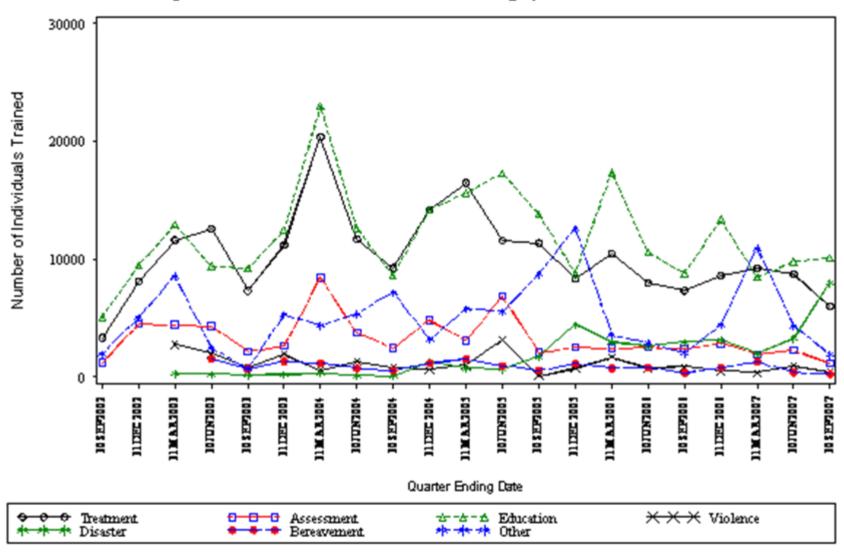


Parent Training was added to the SUF for the quarter ending  $06.30\,2003$ . Screening was added to the SUF for the quarter ending  $12.31\,2004$ .

Q. Total = 18,038



Figure 4. Number of Individuels Trained — Category I, II and III Centers



Political Molence & Disaster were added to the SUF for the quarter ending 03.31.2003.

Q. Total= 27,877

Traumatic Bereavement was added to the SUF for the quarter ending 06:30:2003.



## Summary

- Strategies to examine mediating and moderating effects over time
- Divergent trajectories
- Developmental impact of trauma
- Effective treatment strategies
- Importance of collaboration



#### **Future Directions**

- Adapt prevention, intervention, and research efforts to explore the roles of race & gender
- Continue to move toward greater collaboration
- Continue to examine mediators and moderators to explore complex relationships
- Work toward sustaining data collection efforts that will help us to continue to disentangle complex phenomena
- Bridging the gap to bring cutting edge innovations to the communities that need it most

