

Rx for Behavioral Health: An Update on Medications, Marijuana and more...

Fri Jan 29, 2016 8:15 AM

This workshop will review basic psychopharmacology. It will also highlight behavioral health medications that have been recently approved. We will discuss products (vitamins, supplements, cannabis) that may be commonly consumed by your patients or clients, and which may affect their clinical presentation. We will discuss the landscape of the polarized debate on the legalization of marijuana.

Presented by:

Sarah Xavier, D.O. is board certified in three areas of psychiatric medicine: Adult, Child & Adolescent, and Forensic psychiatry. She has served in a variety of positions within Rhode Island including Bradley Hospital's Pediatric Partial Hospital Program; Butler Hospital PAS (Emergency Room/Triage and Risk Manager); the RI Training School (detention for children); and the RI Family Court Mental Health Clinic.

(4 CE Credits)

LEARNING OBJECTIVES:

At the conclusion of the presentation, participants will be able to:

1. Understand the classes of psychotropic medications, major side effects and major drug interactions.
2. Be aware of recently approved behavioral health medications and how they are different or similar to medications that are already approved.
3. Understand any major changes in prescribing recommendations; for example, SSRIs for Bipolar depression; Vyvanse for Binge Eating Disorder.
4. Be aware of the most common "over the counter products" (OTC) that are consumed to target mental health symptoms, that cause mental health symptoms or that interact with psychiatric medication.
5. Understand the landscape of the national debate regarding marijuana legalization, decriminalization and/or medical marijuana.
6. Understand the FDA indications for medical marijuana.
7. Understand what is known about side effects and complications of chronic, heavy marijuana use in the general population as well as in more vulnerable populations, viz., youth.