

Mental Health/COVID-19 Telehealth Referral List

Rhode Island Psychological Association

PRACTICE NAME	PSYCHOLOGISTS	LOCATION	PHONE	EMAIL	WEBSITE	ISSUES	AGES	OFFERING	INSURANCE
Key for Offering: I - Individual Therapy ; C - Couple's/Marital Therapy ; F - Family Therapy ; G - Group Therapy ; Consult - Various Consultation Services									
BARRINGTON									
Ann Adler, Ph.D.	Dr. Ann Adler	310 Maple St Ste L-06A Barrington	401-714-6109	annadlerphd@gmail.com	www.annadlerphd.com	Behavioral Medicine, Anxiety, Depression, Caregiver Issues, Medical Professionals	18 & up	I	BCBS, UHC, NHP, HP, Tufts, TriCare, USFamily, Medicare
Feil & Oppenheimer Psychological Services	Dr. Leslie Feil Dr. Peter Oppenheimer Dr. Kyle Faust	260 Waseca Ave. Barrington	401-245-4040 Emergency: 401-237-0260	feiloppenheimer@gmail.com	www.feiloppenheimer.com	General practice, Anxiety, Trauma, Depression, ADHD, ASD, Family Issues	3 & up	I, C, F, Consult	BCBS, UHC, Tufts,
RICBT	see multiple locations section at end								
CRANSTON									
Dr. Suzanne Borstein	Dr. Suzanne Borstein	960 Reservoir Ave Ste 10 Cranston	401-941.2159	spb@drborstein.com	www.drborstein.com	Anxiety, Depression, PTSD Consultation to Therapists	Adults	I, Consult	BCBS
Clinical Psychological Evaluation & Consultation	Dr. Nora Santamour	994 Reservoir Ave 2nd Floor Cranston	401-556-8881	nora.santamour@gmail.com		Clinical psychological evaluation- pediatric/adolescent, development/ behavioral health concerns	5-16	Eval, Consult	BCBS, UHC, NHP
Jeffrey Hughes, Psy.D. LLC	see multiple locations section at end								
CUMBERLAND									
Lesley B. Landau, Ph.D.	Dr. Lesley Landau	2180 Mendon Road Suite 21 Cumberland	401-333-3810 option 2			Depression, Mood, Anxiety, Grief Parenting Concerns, Family Conflict	3 - Adult	I	Most Major
EAST GREENWICH									
Aspire Psychological and Executive Coaching Services	Dr. Phillip Dang	50 Main St Ste 203 East Greenwich	401-298-9109	phildangpsyd@gmail.com	www.apecs-ri.com	Mood, Anxiety, Anger Management, Men's Issues	18 & up	I, Consult	Medicare
Elevate Psychological Services, LLC	Dr. Tara Bogs	58 Main St Ste 303 East Greenwich	401-787-1113	elevatepsychsvcs@gmail.com	www.psychologytoday.com	Depression, Anxiety, Life Transitions, Substance Use, Sex Therapy	18 & up	I, C, Consult	BCBS
MaryAnn Ford, Ph.D.	Dr. MaryAnn Ford	5586 Post Rd East Greenwich	401-884-2733			Anxiety, Depression, Behavior Management, Social Challenges	6 & up	I, F	BCBS
Lifespan Adult Outpatient Psychiatry	see multiple location section at end								

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EAST PROVIDENCE									
Kristie Puster, Ph.D.	Dr. Kristie Puster	1445 Wampanoag Trail #106 East Providence	401-903-2413	kristiepuster@ripsychology.com	www.ripsychology.com	Anxiety, OCD, Eating Disorders Somatic Symptoms, Health-related Concerns	5-25	I, F	BCBS, UHC
Lifespan Adult Outpatient Psychiatry	see multiple locations section at end								
RICBT	see multiple locations section at end								
GREENVILLE									
Greenville Psychology	Dr. Mark Schneider Dr. Ann Frank	600 Putnam Pike Ste 12 Greenville	401-949-2900	mssphd@att.net dr.ann76@verizon.net	markschneiderphd.com	Behavioral Medicine (Chronic Illness Adjustment, Pain Management, Diabetes), Anxiety, OCD, Depression	14 & up	I, Consult	BCBS, UHC, Aetna, Tufts, NHP
JOHNSTON									
Lisa M. Rocchio & Associates, Inc.	Dr. Lisa Rocchio	1524 Atwood Ave. Ste 222 Johnston	401-751-5880	info@drlisarocchio.com	drlisarocchio.com	Anxiety, Depression, Trauma, Life Transitions, Rape & Sexual Assault, Intimate Partner Violence, Grief & Loss, Chronic Illness, Physical Injury/Disability, Work-Related, Parenting, SUD, Women's Health, Gender & Sexuality, Relationships	5 & up	I, C, F, Consult	BCBS, UHC, NHP, Tufts, Medicare
KINGSTON									
Psychological Consultation Center	Dr. Lindsey Anderson Dr. Ellen Flannery- Schroeder, Dr. Emily Gentes	University of RI Chafee Building Suite 100 142 Flagg Road Kingston	401-874-4263	lindseyanderson09@uri.edu	https://web.uri.edu/pcc/	Training clinic for clinical psychology doctoral students. Child Anxiety Program and Adult CBT	7 & up	I	Sliding scale only
MIDDLETOWN									
Center for Self Care CSC Children In Balance Psychological Associates	Tiffany Bourquin, LMHC	575 East Main Road Wyatt Square Plaza Middletown	401-924-3924	info@cibalance.com	www.cibalance.com	Depression, Anxiety, Relationship Issues, Trauma, Anger Management, Bariatric Clearance, Body Image & Weight Issues, Postpartum & Pregnancy-Related, Addiction, Chronic Pain, Parenting, Holistic & Wellness, ADHD, Men's Issues, Self Esteem	0-65	I, C, F, G Consult	All Major

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NEWPORT									
Jeff Goldman, Ph.D.	Dr. Jeff Goldman	117 Bellevue Ave. Newport	401-406-9284	jmgphd@gmail.com	www.jmgpsychology.com	Depression, Anxiety, Sexual Abuse, Grief, Trauma, PTSD, Sexuality & Gender, Relationship, Parenting, Adolescent Issues	14-80	I, C, Consult	
Newport Hospital Partial Hospital Program		20 Powel Avenue Newport	401-845-1910		www.lifespan.org/centers-sen	General and dual diagnosis tracks	Adults	I, G	All Major
NORTH KINGSTOWN									
Julie B. Wolter, Psy.D. LLC	Dr. Julie Wolter	426 Scrabbletown Rd. A-1 North Kingstown	603-340-1167	julie@DrJulieWolter.com	www.drjuliewolter.com	Relationship Issues, Anxiety, Mood, Financial Therapy, Life Transitions, Self Esteem	18 & up	I, C, Consult	BCBS, Cigna
RICBT	see multiple locations section at end								
PORTSMOUTH									
Joyce A. Stein, Ph.D.	Dr. Joyce Stein	74 Water St. Portsmouth	401-864-1148	joycestein.phd@gmail.com		Depression, Anxiety, Family Conflict, Marital Discord, Eating Disorders	15 & up	I, C, F, Consult	BCBS, UHC, Tricare Cigna, Aetna, NHP
Karyne B. Wilner, Psy.D.	Dr. Karyne Wilner	116 Gideon Lawton Lane Portsmouth	401-316-7041	Karynew@aol.com	www.drkarynewilner.com	Depression, Anxiety, Panic, Loss, Relationships, Hopelessness, Stress, Health		I, C	BCBS, UHC, Tufts
John E. Zeller, Psy.D.	Dr. John E. Zeller	11 King Charles Drive Portsmouth	401-835-5041	drjohnzeller@therapysecure.com	www.psychologytoday.com	Anxiety, Depression, Grief & Bereavement, Spirituality-Related Concerns	18+	I	BCBS, UHC Tufts, NHP
PROVIDENCE									
Allan J. Brenman, Ed.D., MBA	Dr. Allan Brenman	189 Governor Street Providence	401-831-5262	dr.allan.brenman@gmail.com		Anxiety, Depression, Relationship Issues, Sexual Issues, ADHD, Parenting	All	I, C, F	BCBS, NHP, UHC, Aetna, Medicaid, Medicare, Tufts
Elizabeth Didie, Ph.D.	Dr. Elizabeth Didie	325 Angell St. Providence	401-787-3219	Elizabeth_Didie@brown.edu	zencare.co	Eating Disorder, BDD, OCD, Adjustment Disorders	Adults	I	Brown, BCBS
Marie Donabella, Ph.D.	Dr. Marie Donabella	193 Waterman St Providence	401-829-7527	mariedonabella@outlook.com	aimforchange.com	Stress/Anxiety, Mental Fitness for Athletes, Performance Anxiety	18 & up	I	BCBS, UHC/Optum Brown, Tufts

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Dove Psychology	Dr. David Dove	194 Waterman St Suite 7 Providence	401-533-3015		zencare.co	Anxiety, Depression, Life Transitions, Adolescent & Student Mental Health, Academic & Medical Professionals Mental Health, Race & Ethnic Identity Issues	14 & up	I, F	BCBS
Peter G. Erickson, Ph.D.	Dr. Peter Erickson	184 Waterman St. Ste 209 Providence	401-649-0007		PeterGEricksonPhD.com	Anxiety, Trauma, Sadness, Loss, Depression, Marital Issues	14 & up	I, C, F, Eval	BCBS, UHC/Optum, Medicare, NHP, Tufts Coventry, 1st Health
Gifted Resource Center Of New England	Dr. Deirdre Lovecky	11 Whiting St. Providence	401-421-3426	GRCNE02940@aol.com	grcne.com	Gifted Children & Adolescents Issues, School Issues, ADHD, ASD, Anxiety, Depression, Behavior Issues	5 - 18	I, F, Consult, Ed Eval	BCBS
Jeffrey Hughes, Psy.D. LLC	see multiple locations section at end								
Lifespan Adult Outpatient Psychiatry	see multiple locations section at end								
Sherri Nelson, Ph.D.	Dr. Sherri Nelson	172 E. Cushing St. Providence	401-354-7224	snelson@sherrinelsonphd.com		Mood, Anxiety, Relationships, Life Transitions, Academic/Work Stress, Identity Issues, Trauma, Students, Women's Issues	18 & up	I, Consult	United Student Resources
The NeuroDevelopment Center	Dr. Laurence Hirshberg	245 Waterman St. Providence	401-351-7779	lhirshberg@neurodevelopmentcenter.com	neurodevelopmentcenter.com	Anxiety, Mood, Autism Spectrum Disorders, ADHD, Parent-Child Relationship, Parent Guidance	5-85	I, F, Consult	BCBS, UHC/Optum, Tufts, HP
RI Hospital Adult Partial Hospital Program		593 Eddy Street Providence	401-444-2128		lifespan.org/centers-services	Mood, Anxiety, Personality Disorders, Young Adults, Trauma, Borderline Personality Disorder	Adults	I, G	All Major
Michael Robbins, Ph.D.	Dr. Michael Robbins	295 Angell Street Providence	401-400-0424	michaelrobbinsphd@hotmail.com	www.michaelrobbinsphd.com	Anxiety, Life Transition, Depression Relationship Issues	13 & up	I, C, F	Brown Student Heath, BCBS
Cynthia Rosengard, Ph.D.	Dr. Cynthia Rosengard	295 Angell Street Providence	401-305-0364	crosengardphd@gmail.com	Cynthia Rosengard, Ph.D.	Anxiety, Depression, Relationship Challenges, Transgender Issues	16 & up	I	Beacon, BCBS, NHP Cigna, UHC/HP Tufts, Medicare
Michael R. Slavit, Ph.D.	Dr. Michael Slavit	777 North Main St	401-919-6228	mikeslavit@cox.net	MikeSlavit.com	Anxiety/Stress, Depression, ADHD,	16 & up	I	BCBS, UHC, Tufts,

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		Providence				Unresolved Grief, Relationship Issues, Health/Fitness/Weight			Aetna, Medicare, Brown, NHP
Jackie Twitchell, Psy.D.	Dr. Jackie Twitchell	1 Richmond Sq. E154 Providence	239-770-4255	twitchpsyd@gmail.com	JackieTwitchell.com	Mood, Anxiety, PTSD, Personal Growth, Relationship Issues, Computer Use Disorders	Adults	I	BCBS, Tufts, UHC/Optum
Dianne L Wilkin, Ph.D.	Dr. Dianne L. Wilkin	534 Angell Street Providence	401-246-1660	dianne.wilkin@yahoo.com		Depression, Anxiety, Relationship Issues	Adults	I	BCBS, UHC/Optum Medicare
RIVERSIDE									
Bradley Hospital Crisis Clinic/Outpatient	Dr. Caley Arzamarski	1011 Veterans Memorial Pkwy Riverside	401-432-1119 Emergency: 401-432-1695	carzamarski@lifespan.org	Lifespan Dr. Caley Arzamarski	Anxiety, Depression, Behavioral Concerns	5-18	I, F	
SHARON, MA									
Lisa A. Gallagher, Psy.D.	Dr. Lisa Gallagher	46 South Main Street Sharon, MA 02067	781-277-4677	drlgallagher@gmail.com	www.integrative-practices.com	Healthcare Provider/First Responder Impact of COVID19, Anxiety, OCD, Depression, Grief & Loss, Divorce, Relationships, Coparenting, Hypnosis, Emotional Regulation Skills	11 & up	I, C, F Consult	AllWays, BCBS, Cigna, Optum/UHC
WAKEFIELD									
Delta Consultants of South County	Dr. Lynn Nicoletta Dr. Jason Spas Dr. Lizbeth Wolfgang	24 Salt Pond Road Ste H-1 Wakefield	401-789-3694	deltaconsultantsofsouthcounty@gmail.com	www.deltasouthcounty.com	Generalists	5 & up	I, C, F	BCBS, UHC, NHP, Medicare, Medicaid
WARWICK									
Center for Psychological Wellness	Dr. Julie Lucier Dr. Brian Lucier Dr. Letician Burman	3296 Post Rd. Suite 2A Warwick	401-739-1010	admin@centerforpsychwellness.com	www.centerforpsychwellness.com	Anxiety, Depression, Attentional Issues, Adjustment Issues, Assessment/Evaluation	6 & up	I, C, F, G Consult	BCBS, UHC
Greenwood Psychotherapy	Jill Wolff, LISCW	100 Toll Gate Rd Ste 101C	401-336-5721	jwolffclinician@hotmail.com		Anxiety, Depression, PTSD, ADHD, Loss/Grief, Relational Issues, Parenting, Foster Care, Adoption, Play Therapy, Sand Tray Therapy	3 & up	I, F	BCBS, Cigna, UHC, NHP
Lori L. McKinsey, Psy.D.	Dr. Lori McKinsey	44 Love Lane	401-885-0462	dr.lorimckinsey@gmail.com		Anxiety, OCD, Depression, Mood	5 & up	I, F	BCBS

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		Warwick				Adjustment, Developmental			
Strategic Psychological Services	Dr. Louis Turchetta & Associates	1035 Post Road Warwick	401-785-0040	info@spsri.com	www.SPSRI.com	Anxiety, Depression, ADHD, Adjustment	6-65	I, C, F, G Consult ADHD eval	BCBS, UHC, NHP, Tufts
Wilder Therapy & Wellness	Dr. Jami Wilder	535 Centerfille Rd Ste 302A Warwick, RI 02886	401-921-3600	wildertherapy@gmail.com	www.wildertherapy.com	Trauma, Anxiety, Depression, Gender Identity & Sexual Orientation Concern LGBTQ Affirming Therapy	Teens Adults	I	BCBS, UHC, NHP
MULTIPLE LOCATIONS									
Jeffrey Hughes, Psy.D. LLC	Dr. Jeffrey Hughes	7789 Park Ave Cranston	401-243-7210	drjeffreydhughes@gmail.com	www.drhughes.org	Personality Disorders, Anxiety, Depression, Phobias, Alcohol/SUD, Psychotic Disorders	18-80	I	BCBS, UHC, Tufts, Medicare, no charge for uninsured during pandemic
		340 Broadway Ste 2 Providence							
Lifespan Adult Outpatient Psychiatry	Dr. Abigail Mansfield Marcaccia Dr. Cerissa Blaney	1407 South County Trail 421 East Greenwich	401-606-4415		www.lifespan.org/centers-services	Mood, Anxiety, Substance Use, OCD, BDD, Trauma, Eating Disorders Weight Issues, Gender Issues	18 & up	I, C, F, G Consult	All Major
		950 Warren Avenue East Providence	401-606-3711						
		146 West River Street Providence	401-606-0606						
RICBT	40+ Clinicians	400 Massasoit Ave. Ste 305 East Providence	401-294-0451	receptionist@RICBT.com	www.RICBT.com	Full range of mental health concerns	5 & up	I, C, F, G Consult	BCBS, UHC/Optum Tufts
		1130 Ten Rod Road Ste E305 North Kingstown							
		60 Bay Spring Ave. Ste 5B Barrington							