**Reading & Analyzing Primary Source Documents – The Catholic Reformation**

**Directions:** Read the two documents and complete the chart on the second page.

**Document A – Excerpts from The Spiritual Exercises, St. Ignatius Loyola**

Third Rule. The third: To praise the hearing of Mass often, likewise [40] hymns, psalms, and long prayers, in the church and out of it; likewise the hours set at the time fixed for each Divine Office and for all prayer and all Canonical Hours.

Fifth Rule. The fifth: To praise vows of Religion, of obedience, of poverty, of chastity and of other perfections of supererogation – (which means going above your duty). And it is to be noted that as the vow is about the things which approach to Evangelical perfection, a vow ought not to be made in the things which withdraw from it, such as to be a merchant, or to be married, etc.

Sixth Rule. To praise relics of the Saints, giving veneration to them and praying to the Saints; and to praise Stations, pilgrimages, Indulgences, pardons, Cruzadas (Crusades), and candles lighted in the churches.

Seventh Rule. To praise Constitutions about fasts and abstinence, as of Lent, Ember Days, Vigils, Friday and Saturday; likewise penances, not only interior, but also exterior.

Eighth Rule. To praise the ornaments and the buildings of churches; likewise images, and to venerate them according to what they represent.

Ninth Rule. Finally, to praise all precepts of the Church, keeping the mind prompt to find reasons in their defense and in no manner against them.

Eleventh Rule. To praise positive and scholastic learning. Because, as it is more proper to the Positive Doctors, as St. Jerome, St. Augustine and St. Gregory, etc., to move the heart to love and serve God our Lord in everything; so it is more proper to the Scholastics, as St. Thomas, St. Bonaventure, and to the Master of the Sentences, etc., to define or explain for our times [41] the things necessary for eternal salvation; and to combat and explain better all errors and all fallacies.

Thirteenth Rule. To be right in everything, we ought always to hold that the white which I see, is black, if the Hierarchical Church so decides it, believing that between Christ our Lord, the Bridegroom, and the Church, His Bride, there is the same Spirit which governs and directs us for the salvation of our souls. Because by the same Spirit and our Lord Who gave the ten Commandments, our holy Mother the Church is directed and governed.

**Document B – Words of St. Teresa of Avila**

“Let nothing disturb thee; Let nothing dismay thee; All things pass; God never changes. Patience attains All that it strives for. He who has God finds he lacks nothing: God alone suffices.”

“We can only learn to know ourselves and do what we can – namely, surrender our will and fulfill God’s will in us.”
“I saw in his hand a long spear of gold, and at the point there seemed to be a little fire. He appeared to me to be thrusting it at times into my heart, and to pierce my very entrails; when he drew it out, he seemed to draw them out also, and to leave me all on fire with a great love of God. The pain was so great, that it made me moan; and yet so surpassing was the sweetness of this excessive pain, that I could not wish to be rid of it...”

"At that time, the news reached me of harm being done to the Church, and that the works of her opponents were flourishing. This news distressed me greatly, and I wondered if I could do anything. I cried to the Lord and begged him that I might be his instrument to help remedy such evils..."

"As a result, I resolved that there was little that I could accomplish through my own limited power... So I discerned that I should follow the evangelical counsels as perfectly as I could, and invite others to do the same. It was my desire that since the Lord has many enemies, and so few friends, that his few friends should be good ones..."

**Use both documents to evaluate the argument:**

Ignatius Loyola and Teresa of Avila were advocating acceptable and legitimate Catholic reforms during the sixteenth century.

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Document A

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