

Physical Activity Resource Assessment Instrument (PARA)

1) Date _____		2) Data col _____		3) HD/PA Resource ID _____							
4) Time start: _____ stop: _____		5) Phone Call departure: _____ arrival: _____									
6) Type of Resource 1 fitness club                      2 park 3 sport facility                      4 trail 5 community center                6 church 7 school 8 combination _____				7) Approximate Size: 1 sm 2 med 3 lg							
				8) Capacity (indoor) _____							
				9) Cost 1 Free 2 Pay at the door 3 Pay for only certain programs 4 Other _____							
10) Hours a) open _____ b) close _____											
11) Signage – Hours    yes <input type="checkbox"/> no <input type="checkbox"/>				12) Signage – Rules                      yes <input type="checkbox"/> no <input type="checkbox"/>							
Feature		Rating		Amenity		Rating					
13) Baseball field		0	1	2	3	26) Access Points		0	1	2	3
14) Basketball courts		0	1	2	3	27) Bathrooms		0	1	2	3
15) Soccer field		0	1	2	3	28) Benches		0	1	2	3
16) Bike Rack		0	1	2	3	29) Drinking fountain		0	1	2	3
17) Exercise Stations		0	1	2	3	30) Fountains		0	1	2	3
18) Play equipment		0	1	2	3	31) Landscaping efforts		0	1	2	3
19) Pool > 3 ft deep		0	1	2	3	32) Lighting		0	1	2	3
20) Sandbox		0	1	2	3	33) Picnic tables shaded		0	1	2	3
21) Sidewalk		0	1	2	3	34) Picnic tables no-shade		0	1	2	3
22) Tennis courts		0	1	2	3	35) Shelters		0	1	2	3
23) Trails – running/biking		0	1	2	3	36) Shower/Locker room		0	1	2	3
24) VB courts		0	1	2	3	37) Trash containers		0	1	2	3
25) Wading Pool < 3 ft.		0	1	2	3						
Incivilities		Rating		Incivilities		Rating					
38) Auditory annoyance		0	1	2	3	44) Graffiti/tagging		0	1	2	3
39) Broken glass		0	1	2	3	45) Litter		0	1	2	3
40) Dog refuse		0	1	2	3	46) No grass		0	1	2	3
41) Dogs Unattended		0	1	2	3	47) Overgrown grass		0	1	2	3
42) Evidence of alcohol use		0	1	2	3	48) Sex paraphernalia		0	1	2	3
43) Evidence of substance use		0	1	2	3	49) Vandalism		0	1	2	3
<b>Comments:</b>											