

Mentorship Program

YOUR ROLE AS A MENTOR

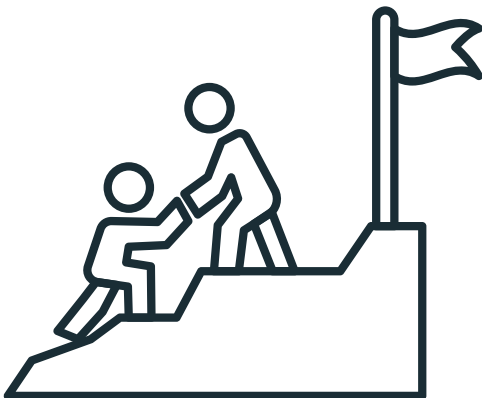


SAFE STATES
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TIPS TO GUIDE AND PREPARE YOU FOR MENTORING

WAYS MENTORS CAN ASSIST THEIR MENTEES:

- **Act as a role model** - offer insights on your journey and how you “made it” to where you are in your career.
- **Advise** - sharing both institutional and professional wisdom.
- **Network** - help your mentee get connected with others who can help and support them in their work.
- **Share** - bring resources, opportunities, and other types of learning and professional development to help your mentee grow personally and professionally.
- **Support** - listen, explain, acknowledge and help your mentee understand their field and their job better.
- **Teach** - help your mentee learn new skills.



DURING YOUR MENTORSHIP DISCUSS THE FOLLOWING WITH YOUR MENTEE:

- At your initial meeting, share backgrounds to get to know each other and gain better understanding of each other’s jobs
- Discuss the structure of the mentorship
- Establish a meeting schedule
- Set goals for your mentee
- Provide recommendations based on their goals
- Discuss outcomes of their goals, projects and other work they shared with you
- Enjoy the mentorship and find mutual benefit!
- At end of mentorship, determine next steps - if you will continue to meet or conclude

CELEBRATE SUCCESS IN YOUR MENTORSHIP

As you work with your mentee on their goals, be sure to celebrate successes and encourage them to continue to grow and learn.



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The **Safe States Alliance** is a national non-profit 501(c)(3) organization dedicated to serving as the national voice in support of state and local injury and violence prevention professionals engaged in building a safer, healthier America. Founded in 1993, the Safe States Alliance is the only national non-profit organization comprised of public health injury and violence prevention professionals representing all states and territories in the United States.